

FAIRMONT COMMUNITY HOSPITAL FOUNDATION

THIS IS WHY I GIVE. WHAT ABOUT YOU?

We live in an era of 24/7/365 charitable asks, whether from friends, Twitter campaigns, or crowdfunding sites. How are we supposed to make the most of this charitable spirit? In a world of shared social challenges, what's a caring person to do?

And if I were to turn the mirror on myself: how should I think about my own charitable giving?

These are questions I've wrestled with a lot. I'm a self-proclaimed philanthropy wonk — I have worked in, written about, advised others, and helped track trends. But that doesn't make the question of charitable giving any less thorny.

At some point, I've realized that before I figure out how to give, I need to ask myself why. Why do I give? For you, the answer may be straightforward. It feels good. You were asked. You always do it. You enjoy the tradition. You've benefitted and wanted to give back. Perhaps you've been touched by world events and feel you can't stand by. Or your workplace matches gifts, and you like to take advantage of every possible perk.

All of those reasons have one thing in common. They all derive from the opt-in nature of charitable giving. No one can make you give. It's neither a requirement of citizenship nor the market economy, no matter how guilty the CVS cashier may make you feel. Each of us chooses whether and how to participate.

My own answer to "why I give," is, quite simply, because I can. Because it's my choice. Giving is a way to express myself, to signal what I care about, and what I stand for.

I don't have the financial resources of the Zuckerberg family, but I do have access to the same toolbox of options for how I use my money for good. If there's a way to invest, shop, volunteer, or vote to achieve the goal I'm interested in, I'll do that. Once I've found the right organizations, I give them money and let them do their work.

But ponder this — if you give charitably, why do you do it? If you don't give, why not? How intentional are you about your giving, and how do you think you can improve? How have you struggled with your personal giving?

If you have thoughts, questions, concerns, please reach out to me. I am here to help you.

Kayla Caven - Foundation Director



A STRONG FOUNDATION:

A gift to FCHF is a gift to the health of our entire community.

Welcome to the Fairmont Community Hospital Foundation, a 501(C)3 non-profit, charitable organization, led by a volunteer board of directors and a full-time Foundation Director. Together, they work to promote and support Mayo Clinic Health System - Fairmont through fundraising, bequests, and solicitations. FCH Foundation was formed as a non-profit, charitable corporation in 1989, and today-decades later, because of our generous supporters, we are stronger than ever.

Mission

The mission of Fairmont Community Hospital Foundation, a not-for-profit 501 (C) 3 corporation, is the development, management and distribution of philanthropic support to assist Mayo Clinic Health System – Fairmont, Minnesota (MCHS-Fairmont) in providing excellent health care for the local area.

Vision

Fairmont Community Hospital Foundation believes much of the strength of rural life lies in having excellent health care close to home, with neighbors caring for neighbors. We will continue to be an active and dedicated fund development entity that supports a first-class community Medical Center. We will work together with the Medical Center to serve as one set of eyes and ears to identify community health and wellness needs.

Purpose

The Fairmont Community Hospital Foundation was created in 1989 with sole purpose of enhancing health care in our community through charitable support of our locally-owned medical center. Our efforts are focused on the priorities in this community and we are directed by members of our community. Over the decades, the FCH Foundation has funded projects and initiatives that matter to both our local residents and our local health care providers. We are here to serve the local need, big or small.

BOARD OF DIRECTORS



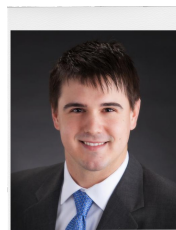
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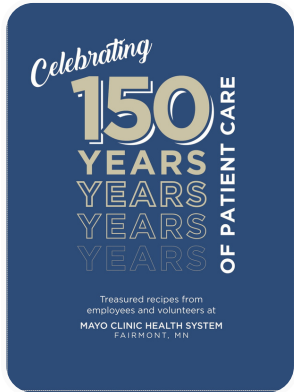
Robynn Buhmann



FCH Foundation Healthy Living Garden

The FCH Foundation Healthy Living Garden had an active and successful season! Thank you to all those that adopted a bed, took time to tend and care for the garden and to those who simply enjoyed it! Fresh veggies were available for pick-up to those in need and produce was also donated to area organizations that served those in need.

Cookbooks MCHS-FAIRMONT 150 YEARS



Available in the MCHS-Fairmont Administration Office for purchase! Cost is \$20 (cash or check payable to FCH Foundation - no credit cards). You can purchase them between the hours of 8am - 4pm, Monday-Friday.

Proceeds benefit the FCH Foundation Healthy Living Garden which provides fresh produce for patients and enables staff to address patients' needs by providing resources related to nutrition and food preparation.

Support while you shop!



DO YOU SHOP ON AMAZON?
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Start Shopping

Each time you visit AmazonSmile, FCH Foundation will default as your charity. Support & happy shopping!





2022 ERMA ROSEN NURSING SCHOLARSHIP

Fairmont Community Hospital Foundation is pleased to announce the recipients of the 2022 Erma Rosen Nursing Scholarship! This scholarship was available to students who were entering their fourth year of study in an accredited baccalaureate nursing program in the fall of 2022. Each are outstanding candidates and a total of \$29,500.00 was awarded!



KAETLYN KOTAS

"In 2017 my great grandmother suffered a stroke, and I went and visited her. I remember sitting on her hospital bed after she had finished speaking with her Occupational Therapist. She was tired, but the therapist asked if she could squeeze the foam blocks when she was feeling up to it again.

The therapist left and I started squeezing the blocks for fun and I said, maybe we could do a few more squeezes together. My grandma agreed and little did I know a nurse was in the room watching. She told me I would make a great nurse one day, and I decided that if other people could see me being a nurse and helping others, I should too."



JUSTINE HELMBRECHT

"Nursing always had a pull on me, I knew that I wanted to always help others, I've always wanted to brighten someone's day, and make a difference in their life but also those they love. I knew nursing was for me when I witnessed the nurse's taking care of the residents in the nursing home, while I was working as a dietary aid. After watching the nurse's make these differences in each individual that they cared for, I knew that I wanted to become a nurse."



LOGAN JOHNSON

"A native of Swea City, Iowa, I have always felt a strong desire to give back to the communities that have given and taught me so much. Throughout my early college years, I knew that I wanted to enter a career in the healthcare field, however, it wasn't until I began working as a Nursing Assistant in a local care center, which I quickly discovered my passion of caring for other through the nursing profession."

MADI HAGEN

"A native of Swea City, Iowa, I have always felt a strong desire to give back to the communities that have given and taught me so much. Throughout my early college years, I knew that I wanted to enter a career in the healthcare field, however, it wasn't until I began working as a Nursing Assistant in a local care center, which I quickly discovered my passion of caring for other through the nursing profession."



GRACE HAUGH

"During clinical rotations at MCHS-Mankato, Ridgeview Medical Center in Waconia and Masonic Children's Hospital in Minneapolis, I have found a keen interest in becoming a labor and delivery nurse. During my first clinical birthing experience I felt my heart strings pulling me to this specialty. Watching a family bring in a new baby to the world was a beautiful experience and supporting the family through it is a crucial portion of their lives."



ABDULAH ABDIAZIZ

"I have faced many challenges during my childhood years. This caused me to have a long-term goal of making sure that I educate myself and then help the communities in need. Earning my BSN will increase my nursing skills, develop my competency in nursing practice and help reach my long-term goal of becoming a nursing practitioner."



ALYSSA SCHWARTZ

"One of my favorite moments working at my clinical sight so far was when I was working with a surgical patient. He was having a difficult time with the IV and was really squeamish. I wanted to find a way to distract him, so I looked around the room and I noticed he had an FFA jacket. I asked him about his experience with FFA and his eyes immediately lit up. He started telling me stories about his experiences with FFA and before he knew it the IV was in. This was an incredible moment for me because it showed that a little bit of effort from me can go a long way and I intend to do more things like that moving forward."

KAETLYN ENGBRETSON

"My first experience while shadowing a nurse is one, I will never forget. As a senior in high school, I had the opportunity to shadow several departments across our small-town hospital to help figure out where my passion was. The day I was paired with nurses, I was both nervous and excited. The first patient's room I went into with my nurse was a diabetic patient who was suffering from diabetic ulcers on both of his legs and feet.

As I watched the nurse administer the healing cream, I knew this was the career I belonged to. This was the moment that I realized nursing was more than giving medications and providing care to the patient. I realized that nursing is first and foremost about the care of the patient both mentally and physically. I watched as she comforted him while also caring for his health needs."



LILLIAN MAES

"Growing up I knew I wanted to work where I could be part of a team in providing care to people. I enjoy having the opportunity to learn about others at the same time I can provide care for them. I want to be somewhere where the job is always different, the people are always different, and there is always something new to learn. Being a nurse is the profession I want to continue to pursue because, in one vocation, there are so many ways you can help people - all ages, all conditions, and different settings.



MARGARET RINGSMUTH

"Before starting my freshman year in college, I was planning to get my undergrad in biomedical science. With this degree, I was going to apply to physical therapy school. Then, in the summer of 2019, I broke my left ankle rock climbing. Due to this incident, I spent a large amount of time working with nurses to recover from my fracture. Getting to watch these nurses work made me realize that I wanted to go into nursing. I loved the idea of having a fast-paced job and never knowing what kind of patient I would be getting on any particular day."



JAKE PLUMMER

"I chose nursing as a career because I want to make a positive difference in the lives of others. When I was sixteen years old, I suffered a grade 3, severe concussion as the result of a BMX crash. It was the recovery period, after I came to awareness and full consciousness, that I realized the significance of the role of a nurse."

SARAH ZIMMERMAN

"When I was four years old, I spent two weeks in a hospital as I was diagnosed with pneumonia and needed a chest tube. Though I may not remember much of my time in the hospital, all the memories that I do have are very positive. Those two weeks sparked my interest to become a nurse. In the hospital, I told my mom that when I grow up, I wanted to be a nurse. When I was discharged, the nurses sent me home with scrubs, a mask and a surgical cap."



MARIAH LEIMER

"I have a passion for helping others and would like to make difference in people's lives, even if it just by simply making someone smile during a challenging time. I currently work as a Nursing Assistant at a Children's Hospital. Through this I have learned a lot about how to interact with the patient and their families."

It is with sincere appreciation that we acknowledge these gifts received by Fairmont Community Hospital Foundation from March 1, 2022 - October 31, 2022

In Memory

Colin Andrade

James & Betty Smith

Bruce, Carroll & Nathan Behne

Charlene Behne

Arnie Bentz

Donna Bentz

Marly & Mary Ann Hagen

Joann Deterling

Harvey Deterling

Marlys Deterling

Harvey Deterling

My Sister Elaine

Urban & Nina Nawrocki

Gloria Vandal Maschoff

Richard & Marlys Traetow

Leo Mau

Dolore Gronewald

Steven Mayo

Raymond & Amy Miller

Ardene Miller

Burdean & Dorothy Hartwig

Marlin Mosloski

Helen M. Mosloski

Glenn & Lura Reed

Wally & Mary Reed

Arla Ringeisen

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Leo Salz

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Clarence "Bud" Schulz

Julie Schulz

Margaret & Loren Stade

Janeen Stade

Tom Tow

Diane Luedtke

Dennis & Karen Trushenski

Robert & Laura Walker

In Honor

Tom & Jean Maday 50th

Wedding Anniversary

Helen M. Mosloski

James Smith 90th Birthday

James & Betty Smith

Donor Recognition

It is with great honor to recognize these donors who have increased their accumulative giving in 2021. Thank you for your commitment of enhancing health care in our community!

Philanthropist [\$25,000 - \$49,999]

Helen Koenerke Lueck

Benefactor [\$10,000 - \$24,999]

Rita & Dr. Amrit Singh

Patron [\$5,000 - \$9,999]

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Sponsor [\$1,500 - \$4,999]

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Theresa C. Smith Estate

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Partner [\$500 - \$1,499]

Robin Ekstrom

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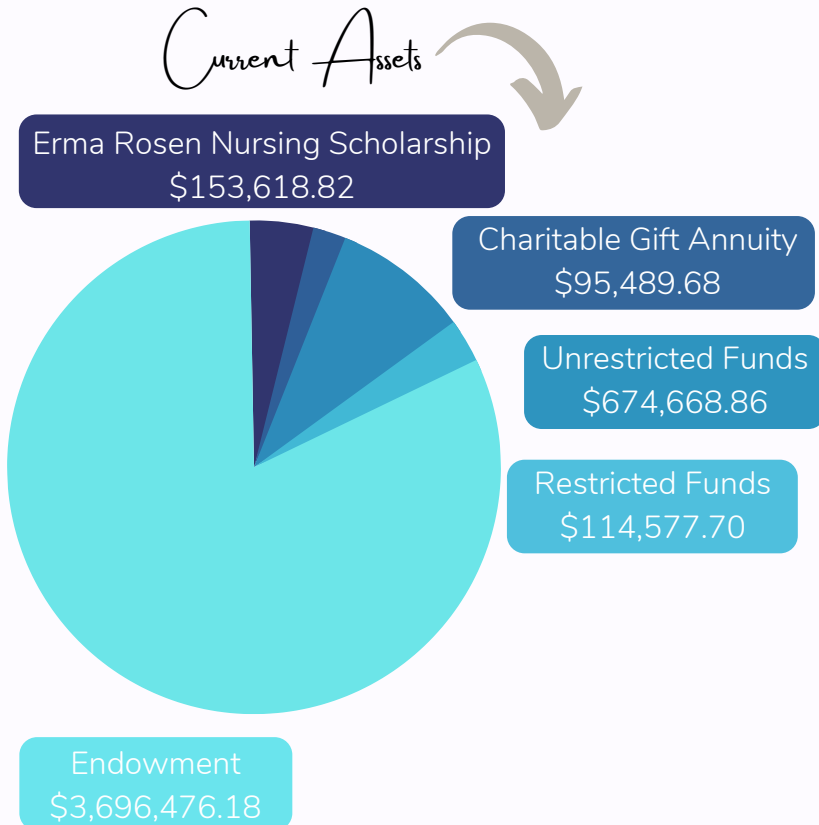
Doug & Dorothy Richards

Rob & Lynda Stauter

Pam Wedel

Ross & Cindy Wolhulter

Current Assets



NEW!

THERESA C. SMITH RADIOLOGY SCHOLARSHIP

Theresa Catherine (Loe) Smith was born Sept. 5, 1958, to Thomas and Myrna (Gulden) Loe at the Fairmont Community Hospital. She received her education in Welcome, MN and graduated as salutatorian of her class in 1977. She then attended the University of Minnesota and later extended her education at Loretto Hospital in New Ulm and received her Radiologic (X-ray) Technologist certification, RT (R). While employed with the Fairmont Hospital, Theresa also went on to complete her certification in Computed Tomography (CT), Mammography (M), and Bone Densitometry (BD). Theresa (Tess, as she was called by her co-workers) was employed at the Fairmont Community Hospital, now known as Mayo Clinic Health System in Fairmont for 37 years.



On April 25, 1981, she was united in marriage to Henry Smith and had 3 daughters-Cathy, Carey, and Abbey. Theresa valued education and always enjoyed working with students in the department. Theresa enjoyed working at the hospital and loved her patients and many coworkers. Education was very important to Theresa as she was often taking on new responsibilities and worked to obtain many certifications. She was very proud of her achievements at work. She enjoyed working in mammography and prided herself on making the room more comfortable for her patients. She took time to warm the plates, dim the lights, and play calming music. She had many patients request her by name, which she was very proud of. She took time to teach her students about the importance of the little details that make a big impact for patients. She was a member of St. John Vianney Catholic Church, member of St. Bernadette's Circle where she served as President at one time. She was a Girl Scout Service Unit manager for three years in Fairmont and was a Brownie and Junior Leader for seven years. Theresa enjoyed trap shooting and taught Gun Safety. [Theresa liked to remind people that "It's the friends we meet along the way that help us appreciate the journey."](#)

Theresa's daughters came to us with their idea of honoring their mom with a Scholarship. Helping students learn about the rewarding career of Radiology was something Theresa was very passionate about. Having this scholarship will help continue Theresa's legacy of supporting students so they too can experience this rewarding career.

Applicants for the Theresa C. Smith Radiology Scholarship must have completed one full year of an Accredited Joint Review Committee on Education in Radiologic Technology (JRCERT) program and be entering their second year. The applicant must be a full-time student and preference is given to students who graduated from a high school in Martin/Faribault County or surrounding areas. The Scholarship will be made available February 2023. You will find the application on our website.

welcome to FCH Foundation Board of Directors!



My name is Jacob Reuter, pharmacist at Sterling Pharmacy and most recent addition to the Fairmont Community Hospital Foundation Board. I grew up in St. James, attended South Dakota State University where I graduated with my doctorate in Pharmacy. My wife (Bernadette) and I moved to Fairmont in 2013 where we live with our three children: Briggs (5), Collins (3) and Crew (1). We have an active family that enjoys spending time on the water. I look forward to being involved in the foundation and what it offers to the Fairmont community!

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Give a Gift of Hope

There aren't enough words in the dictionary to describe the significance of giving back. Even the most simple acts of benevolence - the ones we think of as random acts of kindness or no big deal - are actually incredibly important. Giving in all shapes and forms strengthens our communities, brings people together and provides us with valuable experience and insight. We greatly appreciate each and every dollar.

Since 1989, FCH Foundation has partnered with the community to raise over \$9 million to support MCHS-Fairmont. Over those decades FCH Foundation has funded projects and initiatives that matter to both the local residents, Mayo patients, and to local health care providers.

In 2021, via our gracious donors, we were able to issue over \$200,000.00 in grants to MCHS-Fairmont!

We encourage you to show your commitment to local health care by giving to FCH Foundation. Contributions can be sent in the enclosed envelope or online at www.givemn.org and search for Fairmont Community Hospital Foundation. Or simply scan the QR Code to give online.

