

FAST HEARTS AND SLOW TOWNS



Chorégraphes : Alison Biggs & Peter Metelnick

Description : Danse de ligne / Débutant / 32 comptes / 4 murs / Finale

Musique : Fast Hearts and Slow Towns by Midland

Intro: Start after 40 count intro approx. 21.5secs on the word 'Silverado'

1-8 GRAPEVINE RIGHT, R CHASSÉ, L BACK ROCK/RECOVER

1-4 Step R side, cross step L behind R, step R side, cross step L over R

5&6 Step R side, step L together, step R side

7-8 Rock L back, recover weight on R

9-16 GRAPEVINE LEFT WITH ¼ L & R FWD, L FWD ROCK/RECOVER, L COASTER

1-4 Step L side, cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)

5-6 Rock L forward, recover weight on R

7&8 Step L back, step R together, step L forward

17-24 R DIAG FWD, LOCK L BEHIND R, R LOCK STEP FWD ON DIAGONAL, L FWD ROCK/RECOVER, L CHASSÉ TURNING ¾TH LEFT

1-2 On right diagonal step R forward, lock L behind R

3&4 On right diagonal step R forward, lock L behind R, step R forward

5-6 Rock L forward, recover weight on R

7&8 Step L to left side, step R together, turning ¾th L step L forward (6 o'clock)

25-32 R FWD, ¼ L PIVOT TURN, R CROSS SHUFFLE, L SIDE ROCK/RECOVER, L BEHIND/SIDE CROSS

1-2 Step R forward, pivot ¼ left (3 o'clock)

3&4 Cross step R over L, step L side, cross step R over L

5-6 Rock L side, recover weight on R

7&8 Cross step L behind R, step R side, cross step L over R

ENDING To finish facing front wall on wall 10 execute counts 25-30 adding a ½ L turning coaster for counts 31&32 to face front!

Bonne Danse!