

IF YOU LOVE ME NOW



Chorégraphe : Dan Albro (USA) & Kelly Albro (USA) - 12 September 2023

Description : Danse partenaire / Intermédiaire / 64 comptes / 1 Tag-restart

Musique: if you love me now by Alana Springsteen

Intro: 32 comptes

*Tag/Restart, 2nd repetition, 2nd eight count

Intro: Start

Man facing OLOD. Lady facing ILOD, no hands, right shoulders angled toward partner. Opposite footwork except where noted. Mans footwork described.

1-8 STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, SIDE, TOGETHER (FLW TURNS)

- 1,2 Step fwd L, touch R next to L (touching FLOD hand)
- 3,4 Step back R, touch L next to R (clap your hands)
- 5,6 Step back L, touch R next to L (picking up BLOD hand)
- 7,8H: Step side R (turn FLW under right hand), step L next to R
- 7,8F: Turn ¼ left stepping fwd L, turn ½ left stepping back R

9-16 SHUFFLE ¼ TURN, ROCK, REPLACE, SIDE, TOGETHER, ¼ TURN BRUSH

- 1&2H: Step side R (release right hand & pick up FLW left), step L next to R, turn ¼ right stepping fwd R
- 1&2F: Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L
- 3-6 Rock fwd L, replace weight R, turn ¼ left stepping side L (both hands connected), step R next to L
- 7,8 Turn ¼ left stepping fwd L (release FLOD hand), brush R

TAG/RESTART: On count 4 (release hands), 5-8: stepping side L, step R next to L, touch L, hold

17-24 STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

- 1-8 Step fwd R, lock L behind, step fwd R, brush L, step fwd L, lock R behind, step fwd L, brush R

25-32 ¼ SIDE, TOGETHER, SIDE, TOUCH (BACK TO BACK), STEP ¼, BRUSH, SIDE, TOUCH

- 1-4 Turn ¼ left stepping side R, step L next to R (both hands connected), step side R, touch L
- 5- ¼ left stepping fwd L (release FLOD hand), brush R, turn ¼ left stepping side R, touch L

33-40 RUMBA BOX (HANDS GO TO CLOSED SOCIAL POSITION)

- 1-4 Step side L, step R next to L, step fwd L, touch R next to L
- 5-8 Step side R, step L next to R step back R, touch L next to R

41-48 BACK MAMBO, FWD MAMBO ENDING WITH SIDE TOUCH

- 1-4 Rock back L, replace weight R, step fwd L, hold
- 5-8 Rock fwd R, replace weight L, touch R toe side, hold (pick BLOD hand-two hand hold)

IF YOU LOVE ME NOW (SUITE)

49-56 WEAVE, TURN (LADY), SHUFFLE FWD

1-3H: Cross R behind L, step side L, cross R over L

4-6 Step side L (release BLOD hand & turn FLW under left hand), cross R behind L, turn $\frac{1}{4}$ left (change hands)

7&8 Stepping fwd L, step fwd R, step L next to R, step fwd R

1-6F: Cross L over R, step side R, cross L behind R, turn $\frac{1}{4}$ right stepping fwd R, turn $\frac{1}{2}$ right

7&8 Stepping back L, turn $\frac{1}{2}$ right stepping fwd R, step fwd L, step R next to L, step fwd L

57-64 ROCK, REPLACE, $\frac{1}{4}$ SHUFFLE, STEP, $\frac{1}{2}$ PIVOT, STEP, HOLD

1-3& Rock fwd L, replace weight R (release both hands), turn $\frac{1}{4}$ left stepping side L, step R next to L

4,5-8 Step fwd L, step fwd R, pivot $\frac{1}{2}$ left weight L, step fwd R, hold



Bonne Danse!