

JUST LET GO



Chorégraphe : Dan Albro (USA) & Addison Albro (USA) - July 2020

Description : Intermédiaire / 64 comptes / 4 murs / 1 restart

Musique : Just Let Go by Gord Bamford

Intro : 32 comptes

1-8 ROCKING CHAIR, ½ TURN, ½ TURN

1,2,3,4 Rock fwd R, replace weight on L, rock back R, replace weight on L

5,6,7,8 Turn ½ L stepping back R, hold, turn ½ L stepping fwd L, Hold

9-16 HOP FWD, CLAP, HOP BACK, CLAP, 2 HIPS R, 1 HIP L, HOLD

&1,2,&3,4 Step fwd R, step side L, clap hands, step back R, step side L, clap hands

5,6,7,8 Bump hips R, bump hips R, bump hips L, hold (weight on L)

14-24 SHUFFLE BACK, COASTER STEP, SHUFFLE FWD, STEP, ½ PIVOT

1&2,3&4 Step back R, cross step L in front of R, step back R, step back L, step R next to L, step fwd L

5&6,7,8 Step fwd R, step L next to R, step fwd R, step fwd L, pivot ½ R (weight on R)

25-32 ROCKING CHAIR, STEP, ½ PIVOT, STEP SIDE, TOUCH

1,2,3,4 Rock fwd L, replace weight on R, rock back L, replace weight on R

5,6,7,8 Step fwd L, pivot ½ R (weight on R), step side L, touch R toe next to L

33-40 SHUFFLE SIDE, WEAWE, SHUFFLE SIDE, ROCK BACK, REPLACE

1&2,3&4 Step side R, step L next to R, step side R, cross L behind R, step side R, cross L over R

5&6,7,8 Step side R, step L next to R, step side R, cross rock L behind R, replace weight on R

41-48 ¼ TURN, ½ TURN, ¼ SHUFFLE SIDE, 2 SAILOR SHUFFLES

1,2 Turn ¼ R, stepping back L, turn ½ R, stepping fwd R,

3&4 Turn ¼ R, stepping side L, step R next to L, step side L

5&6,7&8 Cross R behind L, step side L, step side R, cross L behind R, step side R, step side L

Restart: 2nd repetition restart the dance here, facing 3 O'clock

JUST LET GO (SUITE)

49-56 STOMP, FAN, FAN, ½ TURN, STOMP, FAN, STOMP, FAN

1,2,3, Stomp R fwd with toes pointing L, fan R toes R, fan R toes L

4 Pushing off on the Ball of the R, fan L toes, turning ½ L

5,6,7,8 Stomp R fwd toes pointing L, fan R toes Right, stomp L fwd Toes pointing R, Fan L toes left

57-64 ROCK, REPLACE, ¼ SHUFFLE SIDE, CROSS OVER, TURN BACK ½, STEP, HOLD

1,2,3&4 Rock fwd R, replace weight on L, turn ¼ right, stepping side R, step L next to R, step side R

5,6,7,8 Step L over R, turn ¼ left, stepping back R, turn ¼ left, stepping side L, hold



Bonne Danse!