

PICK HER UP



Chorégraphe : Darren Bailey

Description : Danse de ligne / Intermédiaire / 64 comptes / 2 murs / 1 restart

Musique : Pick Her Up by Travis Tritt

Intro: 16 Counts / Restart: Wall 5 after 56 counts (12:00)

1-8 R VINE WITH CROSS, POINT R, CROSS, POINT L, CROSS

- 1-2 Step RF to R side, Cross LF behind RF
- 3-4 Step RF to R side, Cross LF in front of RF
- 5-6 Point RF to R side, Cross RF in front of LF
- 7-8 Point LF to L side, Cross LF in front of RF

9-16 HEEL GRIND WITH 1/4 TURN R, ROCK BACK, RECOVER HEEL GRIND WITH 1/4 TURN R, ROCK BACK, RECOVER

- 1-2 Place R heel forward, Fan R toe out turning 1/4 R and stepping LF back (facing 3:00)
- 3-4 Rock RF back, Recover forward onto LF
- 5-6 Place R heel forward, Fan R toe out turning 1/4 R and stepping LF back (facing 6:00)
- 7-8 Rock RF back, Recover forward onto LF

17-24 STEP (CLAP), SWEEP (CLICK), CROSS, SIDE, BEHIND (CLAP), SWEEP (CLICK), BEHIND, SIDE

- 1-2 Step RF forward/clap, Sweep LF from back to front/click fingers L hand low R hand high
- 3-4 Cross LF in front of RF, step RF to R side
- 5-6 Cross LF behind RF/clap, Sweep RF from front to back/click fingers R hand low L hand high
- 7-8 Cross RF behind LF, Step LF to L side

25-32 STOMP R, STOMP L, SWIVET R, SWIVET L, STOMP R, STOMP L

- 1-2 Stomp RF forward, Stomp LF next to RF
- 3-4 Twist both toes to R (weight on Heel of RF and ball of LF), Return to centre
- 5-6 Twist both toes to L (weight on Heel of LF and ball of RF), Return to centre
- 7-8 Stomp RF forward, Stomp LF next to RF

33-40 ROCKING CHAIR WITH RF, 1/2 TURN PIVOT L, 1/2 TURN PIVOT L

- 1-2 Rock RF forward, Recover onto LF
- 3-4 Rock RF back on RF, Recover onto LF
- 5-6 Step RF forward, Pivot 1/2 turn L (facing 12:00)
- 7-8 Step RF forward, Pivot 1/2 turn L (facing 6:00)

PICK HER UP (SUITE)

41-48 R VINE WITH TOUCH, SIDE L, CLOSE, FORWARD, HOLD

- 1-2 Step RF to R side, Cross LF behind RF
- 3-4 Step RF to R side, Touch LF next to RF
- 5-6 Step LF to L side, Close RF next to LF
- 7-8 Step LF forward, Hold

49-56 CHASE 1/2 TURN TO L, HOLD, FORWARD L, R, L, HOLD

- 1-2 Step RF forward, Pivot 1/2 turn L (facing 12:00)
- 3-4 Step RF forward, Hold
- 5-6 Step LF forward, Step RF forward
- 7-8 Step LF forward, Hold

Option On counts 5-7 you can make a full turn R travelling forward

Reprise À ce point-ci de la danse, sur e 5e mur (12:00)

57-64 OUT, OUT, IN, CROSS, SIDE R, TOUCH BEHIND, 1/2 TURN L WITH 2 BOUNCES

- 1-2 Step RF out, Step LF out
- 3-4 Step RF in, Cross LF in front of RF
- 5-6 Step RF to R side, Touch LF behind RF
- 7-8 Make 1/4 turn L (with Bounce), Make 1/4 turn L (with Bounce) weight finishes on LF (facing 6:00)

Bonne Danse!