

# THE MORNING AFTER



Chorégraphe : Gary O'Reilly (IRE) & Maggie Gallagher (UK) - November 2022

Description : Ultra-Débutant / 16 comptes / 4 murs / 1 Finale / Aucun Tag et Restart

Musique : The Morning After by Nathan Carter

Intro : 32 comptes

1-8 R HEEL STRUT, L HEEL STRUT, FORWARD ROCK, BACK, L TOE STRUT, R TOE STRUT, L COASTER STEP  
1&2& R heel forward (1), drop R toes (&), L heel forward (2), drop L toes (&)  
3 & 4 Rock forward on R (3), recover on L (&), step back on R (4)  
5&6& L toe back (5), drop L heel (&), R toe back (6), drop R heel (&)  
7 & 8 Step back on L (7), step R next to L (&), step forward on L (8)

9-16 R JAZZBOX ¼ R, TWIST HEELS TOES HEELS CLAP, TWIST HEELS TOES HEELS CLAP

1 2 Cross R over L (1), step back on L (2)

3 4 ¼ R stepping R to R side (3), step L next to R (4) (3:00)

5&6& Twist both heels L (5), twist both toes L (&), twist both heels L (6), CLAP (&)

7&8& Twist both heels R (7), twist both toes R (&), twist both heels R (8), CLAP (&)

**ENDING:** At the end of Wall 13 have some fun swinging R up and around arm to finish with fun air guitar.

*Bonne Danse!*