

U18 Course Catalog-2024

At Heights

Aerial Lift
Boom Lift
Fall Protection
Fall Protection - Competent Person
Falling Objects
Ladder Safety
Ladder Safety - Competent Person
MEWP (Aerial Lift)
MEWP (Aerial Lift) - Supervisor
Pole-Top Rescue
Scaffolding
Scaffolding - Competent Person
Scissor Lift
Vertical Lift

Community Awareness

Active Shooter
Defensive Driving
Emergency Response
Human Trafficking Awareness
Mental Health First Aid
Opioid Awareness

OSHA

OSHA 10 Construction & General Industry
OSHA 30 Construction & General Industry

Industrial Hygiene

Asbestos Awareness
Beryllium Awareness
Bloodborne Pathogens
Carbon Monoxide Awareness
Combustible Dust Awareness
Confined Space
Confined Space - 8 Hour
Confined Space - Agriculture
Confined Space - Competent Person
Confined Space - Rescue
Hazard Communication (HazCom, WHMIS, GHS)
HAZWOPER 24
HAZWOPER 40
HAZWOPER 8
Hydrogen Sulfide (H₂S) Awareness
Intro to Industrial Hygiene
Lab Safety
Lead Awareness
Radiofrequency (RF) Awareness
Silica Awareness

Electrical/Telecom

Arc Flash (NFPA 70E)
Electric Utilities and Telecommunication
Electrical Safety
Lockout Tagout (LOTO)
Overhead Electrical Utilities

Earth mover

Amphibious Excavator
Backhoe Loader
Bulldozer
Dump Truck
Earth Mover General
Excavation Competent Person
Excavator
Front-End Loader
Grader
Haul Truck
Mini Excavator
Roller Compactor
Scraper
Skid Steer
Trench Safety
Trencher
Vacuum Truck



Health

CPR and AED
CPR and First Aid
CPR and First Aid - Agriculture
Ergonomics - Construction and
General Industry
Ergonomics - Healthcare
Ergonomics - Office
Eye and Face Protection
Hand Safety
Hearing Conservation
Heat and Cold Stress
Heat and Cold Stress - Agriculture
Infectious Diseases Awareness
Mental Health Awareness
Mold Awareness
Nutrition and Food Safety
Personal Protective Equipment
(PPE)
Respiratory Protection
Slips, Trips, and Falls – Healthcare
Stop the Bleed
Violence in the Workplace - Health- care
Walking-Working Surfaces

Human Resources

Cannabis Awareness
Communicating with Spanish Workers
Drug and Alcohol Awareness
Fatigue Prevention
HIPPA Compliance
Intro to Safety and Health Programs
Job Hazard Analysis (JHA)
Mental Health Awareness- HR
Record Keeping
Reasonable Suspicion (DOT) -
Supervisor
Risk Assessment
Sexual Harassment
Sexual Harassment - Supervisor
Violence in the Workplace
Workplace Civility
Workplace Stress Management

Fire

Fire Extinguisher
Fire Safety and Prevention
Fire Watch
Hot Work Safety
Self-Contained Breathing Apparatus
(SCBA)
Welding Safety

Cranes/Rigging

All-Terrain Crane
Boom Truck
Carry Deck Crane
Digger Derrick
Knuckle Boom Crane (Articulating
Crane)
Lattice Boom Crane
Overhead Crane
Pedestal Crane
Rigger & Signal person - Basic
Rigger & Signal person - Interm.
Rigger and Signal person -
Advanced
Rough Terrain Crane
Signal Person
Utility Crane

Small Equipment

Chainsaw
Hand and Power Tools
Snowblower



Mobile Equipment

Cargo Securement
Concrete Truck
Directional Drill
Garbage Truck
Ice Resurfer
Industrial Sweeper and Scrubber
OHV (UTV, ATV)
Pallet Jack (Manual, Electric)
Power Buggy
Powered Industrial Truck (PIT)
General
Railcar Mover
Scrap and Material Handler
Snowcat
Snowmobile
Snowplow
Street Sweeper
Tow Truck
Tractor
Utility Vehicle
Water Truck
Yard Truck

Forklift/PIT

Sit-Down Forklift
Stand-Up Forklift
Telehandler
Tugger
Walkie Stacker

Landscaping

Landscaping Safety
Lawnmower
Snow Removal

Environment

Bear Awareness
Biological Hazards
Stormwater Pollution Prevention

Road Work

Asphalt Paver
Asphalt Safety
Chip Spreader
Traffic Control and Flagging
Work Zone Safety

Maritime

Maritime Cold Water Survival
Maritime Fall Protection
Maritime Fire Fighting
Maritime First Aid
Maritime Health and Wellness
Maritime Man Overboard
Maritime Mooring Lines
Maritime Personal Survival Tech- niques
Maritime PSSR
Maritime Walking-Working Surfaces

Other

Concrete and Masonry Construction
EM 385-1-1 16 Hour
EM 385-1-1 8 Hour Refresher
Intro to OSHA
Intro to Rail Yard Safety
Machine Guarding
MSHA New Miner (Part 46)



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