

Syzygy Training and Consulting

Price List (Effective October 16, 2023)

All Prices for classes delivered at your facility within 50 miles of Belton, Texas. We reserve the right to inspect your facility to confirm suitability for class, and availability and condition of required rescue equipment. Additional fees apply for classes beyond 50 miles.

Red Cross Lifeguarding Classes, base price:

Class	Per Person	Min	Max	Course Length
ILT - Lifeguarding	\$ 275.00	6	18	29 hours in person
BL - Lifeguarding	\$ 200.00	6	18	7 hours online, 20 hours in person
ILT - Shallow Water Lifeguarding	\$ 275.00	6	18	27 hours in person
BL - Shallow Water Lifeguarding	\$ 200.00	6	18	7 hours online, 19 hours in person
Waterfront Skills - Add-on Module	\$ 50.00	6	18	5 hours in person
Waterpark Skills - Add-on Module	\$ 50.00	6	18	4 hours in person

ILT - Instructor-Led Training; traditional in-person training.

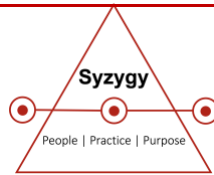
BL - Blended Learning; pre-course online training, followed by in-person skills sessions; for Blended Learning, all online material must be completed by participants prior to the start of the in-person skills sessions.

Notes:

- All classes delivered at your facility. For classes delivered elsewhere, additional fees may apply.
 - YOU MUST SUPPLY A CURRENTLY CERTIFIED LIFEGUARD FOR THE IN-WATER PORTIONS OF ALL LIFEGUARD CLASSES. THE LIFEGUARD **CANNOT** BE A PARTICIPANT IN THE CLASS.
 - Additional fees will apply if we have to provide a lifeguard.
- Lifeguard classes include Hip Pack, Whistle, and Pocket Mask. Manual available at additional charge.
- Waterfront and Waterpark courses can be delivered as an add-on to scheduled Lifeguard classes, or may be delivered on a standalone basis; for standalone classes, all participants must have a current Lifeguard Certificate.

Additional classes/skill modules available; prices on request:

- Review courses for the courses listed above
- Basic Water Rescue
- Safety Training for Swim Coaches
- Water safety presentations
- Longfellow's WHALE Tales
- Tourniquet Application Training
- Bloodborne Pathogens Training
- Asthma Inhaler Training
- Epinephrine Auto-Injector Training
- Junior Lifeguarding



Red Cross First Aid Classes, base price:

	Per Person	Min	Max	Course Length
ILT – Adult &Pedi First Aid/CPR/AED	\$ 100.00	4	12*	4.25 hours in person
ILT Adult First Aid/CPR/AED	\$ 80.00	4	12*	3 hours in person
BL - Adult And Pediatric First Aid/CPR/AED	\$ 90.00	4	12*	Up to 3 hours online, 2.5 hours in person
BL - Adult First Aid/CPR/AED	\$ 75.00	4	12*	Up to 3 hours online, 1.75 hours in person

* If you need more than 12 per class, reach out to discuss options.

ILT - Instructor-Led Training; traditional in-person training.

BL - Blended Learning; pre-course online training, followed by in-person skills sessions; for Blended Learning, all online material must be completed by participants prior to the start of the in-person skills sessions.

Notes:

- All classes that include CPR will include a keychain face shield breathing barrier for each participant. Pocket Masks available for an additional fee.
- The online portion of blended learning is adaptive, and may take anywhere from 30 minutes to 3 hours to complete, depending on participant knowledge.
- If you need other, unlisted combinations of Adult, Child, or Pediatric First Aid, CPR, or AED, we will provide those prices on request.
- Additional classes available, prices on request:
 - BLS Provider
 - CPR/AED for the Professional Rescuer
 - Wilderness and Remote First Aid

NOTE: If an attendee is not able to complete any course for any reason, including the inability to complete course prerequisites, there is a non-refundable \$50 registration fee per attendee (included in course fee) to cover course fees to the American Red Cross.

For questions or to discuss class needs, please email syzygytxllc@gmail.com, or call or text us at 512-887-4391. We look forward to meeting your safety training needs!