

Hair Analysis Mineral Test Preparation

No perms or hair color for at least 6-8 weeks prior to hair sample being sent to lab.
Preferably no haircut at least 6-8 weeks prior to coming in for a sample to be sent to lab.
Wash hair the morning of the sample to be cut with clarifying shampoo.

No conditioner or any product added after shampooing.

No blow dry, gel, or any sprays on hair. Let hair dry naturally. Clean hair is a must for accurate testing.

Approx. 1 Tbs. of hair will be cut from the nape of the neck.

You will need to schedule an appointment and come into our office and Wendy will cut the sample and mail it in for you. Results take approximately 2 weeks.

Do not hesitate to call if any questions. I am happy to answer and get you prepared with a proper lab sample.

702-900-4804
NutritionWorksLV@gmail.com
Wendy Nickell

