Manue Term One

## 2 JANUARY TO 5 MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
POLE FUNDAMENTALS 7PM-8PM MAG	POLE INTERMEDIATE 7PM-8PM PERLYN	POLE ADVANCE 7PM-8PM VAL	TRICKS PRE ADVANCE 7PM-8PM PERLYN	TRICKS FUNDAMENTALS 7PM-8PM ARIEL	POLE JAM 9AM-1030AM	POLE JAM 9AM-1030AM	INVERSION LEVELS
POLE STARTERS 810PM-910PM WYNN	POLE MAUVES (WI-4) MAUVE FLOW (W5-8) 810PM-910PM PERLYN		TRICKS INTERMEDIATE 810PM-910PM PERLYN		POLE STARTERS 1040AM-1140AM JOEM		TOTAL BEGINNERS
					POLE INTERMEDIATE 11.50AM-1250PM PERLYN	POLE STARTERS 1150AM-1250PM ROSALIND	MULTI-LEVELS
					POLE MAUVES (WI-4) MAUVE FLOW (W5-8) IPM-2PM PERLYN	POLE FUNDAMENTALS  1PM-2PM  VAL	
						INTENSIVE FLEXIBILITY [12 FEB-5 MAR] 330PM-5PM APPLE	