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**Please note that all quotes included in this brochure were made anonymously.*

Receiving a diagnosis of any condition can be a scary thing, because you are finding out something you didn't know about yourself. You may be thinking, *Turner syndrome, what is it and what does it mean for me now and in the future?*

This handbook will help you understand Turner syndrome and give you an idea of what it means to be a girl with Turner syndrome.

It will provide you with input and advice from other girls and women with Turner syndrome about the issues they face and how they cope with them.

"Do not be afraid or discouraged. There are many other young women out there who have the same condition, plus women who have gone on to live completely full and wonderful lives."