

TEAM PAGE EXPLANATION

2023 Starting Power Rating 13															SPREAD		PWR	SPR	SIT
SCHEDULE		PAC	OPP	AZ	EST	LAS VEGAS		FINAL	PT SP	PR	ATS			RW	RANGE	RTG	RNG	SIT	
Week	OPP	TIME	PR	PR	LINE	LINE	O/U	SCORE	DIF	ADJ	W/L	O/U	G/T	RL	AZ	OPP	Play	Play	Play
WK 1	WAS	10:00	20.5	13	7.5	7	40	16-20	3	0	W	U	G		▼	▼	WAS		ES QB
WK 2	<u>NYG*</u>	1:05	18	15.5	2.5	4	40	28-31	1	0	W	O	G		1	-6	AZ		
WK 3	<u>DAL*</u>	1:25	29	15.5	13.5	13	43	28-16	25	3	W	O	G		2	10	AZ		OP ⬇
WK 4	SFO	1:25	33	16	17	14	43.5	16-35	-5	-1	L	O	G		8	9	SFO		OP P⬇
WK 5	<u>CIN*</u>	1:05	19.5	17.5	2	3	44.5	20-34	-11	-2	L	O	G		6	-13	CIN	CIN	OP Δ
WK 6	LAR	1:25	23.5	13	10.5	7	47.5	F 9-26	-10	-2	L	U	T		2	5	LAR		
WK 7	SEA	1:05	28	11	17	8.5	44.5	F 10-20	-1.5	0	L	U	T		-2	5	SEA		3rd
WK 8	<u>BAL*</u>	1:25	30.5	13.5	17	10	44.5	24-31	3	0	W	O	G		-3	9		AZ	op P⬇
WK 9	CLE	10:00	29	11	18	13	38	0-27	-14	-2	L	U	G	RL	-2	7	CLE	QB	3RD ES
WK 10	<u>ATL*</u>	1:05	18.5	20.5	-2	2.5	43.5	25-23	4.5	0	W	O	G		-7	-14	AZ		QB ↑P↑
WK 11	HOU	10:00	24.5	18	6.5	5.5	48	16-21	0.5	0	W	U	T		-5	9	AZ		P ↑
WK 12	<u>LAR*</u>	1:05	18.5	20.5	-2	2.5	45.5	14-37	-20.5	-3	L	O	G	RL	-4	-6	AZ		P↑
WK 13	PIT	10:00	25	15	10	8.5	43.5	24-10	22.5	3	W	U	G		-10	1	AZ		Δ ES
BYE																			
WK 15	<u>SFO*</u>	1:05	35.5	20.5	15	11.5	48.5	29-45	-4.5	0	L	O	G		-4	17	SFO	AZ	
WK 16	CHI	1:25	24	18	6	4	42	16-27	-7	-1	L	O	G		-6	2	CHI		
WK 17	PHL	10:00	23	17	6	12.5	48	35-31	16.5	3	W	O	G		-3	-10	AZ		OP Δ* E
WK 18	<u>SEA*</u>	TBA	19.5	22.5	-3	3	47.5	20-21	2	0	W	U	G		3	-3	AZ		

Starting from top left to right. Each team's starting power rating is listed on top. I went back to dates of games played to identify the short weeks and extra rest for this season. Last seasons playoff teams are shaded in light orange. Home teams are identified with an asterisk. Teams in green have a new head coach. Prime time games are in black in the time slot. West coast teams with early start times are in red.

Division games power ratings are shaded yellow. The opponents power rating column is first followed by the team page you are on. The difference between the two power ratings is your estimated line shaded in light orange. The next column is your actual line. You will compare your estimated line to the actual line to determine which team is getting line value. The total is listed, but has no involvement in your calculations.

The final score is where you will determine your point spread difference for the next column. You will add the score difference to the actual line and use the power rating adjustment chart to determine what the adjustment will be for the team's power rating the following week. The next two columns are tracking the team's against the spread and total results.

Grass and turf is shown to identify a surface switch and the next column is when a team comes off a rout win or rout loss, you can see how the team performs the following week. The spread range column is listed next. You will use the same point spread difference next to your blue shaded power rating adjustment column and record the value using the spread range adjustment chart. Both charts are on every team page.

The spread range qualifiers are highlighted in yellow. The next column, power rating play is where I list the team with line value. I will replace a team in that column if the team is due up. The next column is the spread range play and the last column is the situation. The symbols on the bottom of each team page.