

## **WHAT ARE YOU TALKING ABOUT?**

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After a round of golf, do you sit around the table talking about every great shot you made, every birdie or par you had, every 6 footer you drained? Or do you talk about all the shots you missed, how you shot 98, but it should have been 92, EXCEPT you missed this putt and hit it in this hazard or in that bunker and so on. So the more you talk about all the negative things that happened to you during your round, the more likely you are of becoming that player in the future!

So many times during a lesson, a player wants to know what they did wrong, or they will tell me exactly why they topped that shot. They will have a list of 12 things they did wrong! When they hit a great shot, they say NOTHING! Which shot do you think they're reinforcing? Which shot do you WANT to reinforce? So talk about the GREAT shot! Try and discover why you hit the great shot and you may just hit more great shots!