

GAME AND SCORE MANAGEMENT

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Are you happy with your current score? Do you have a score in mind that you have been trying to reach for a long time? Taking a break from focusing on your score may help. Next time you play a round let someone else in your group keep the real scorecard. During the round, work in groups of 5 shots. Create a goal before you begin by deciding how many shots out of 5 you would like to hit well, like 2 or 3 out of every 5. Even include putts! Maybe this will help you to focus more on hitting good shots.

Another technique to try is to create your own scorecard for the golf course. Let's say your goal is to break 100. This, by the way, is the most common goal I hear. Here is an example of what your scorecard would look like. You can allow more shots on the holes that typically cause you trouble.

EXAMPLE: Goal: 99

Hole	My Par	Hole	My Par
1	5	10	5
2	4	11	4
3	7	12	6
4	7	13	7
5	5	14	5
6	4	15	5
7	5	16	4
8	6	17	5
9	7	18	8
Total	50	Total	49

Guess what...you don't need to make one PAR to break 100!! Isn't THAT a relief!

You can even take a SNOWMAN on #18 and still make it!!

How about standing on #3, #9 trying to make 7! Easier?

Try these 2 ideas, they may help alleviate some of that pressure you put on yourself!