

**Instructions for Patients that are Breast Feeding &
Having a Procedure Done Under Deep Sedation or General Anesthetics**

24 to 36 Hours Prior To Surgery

- 1). You should pump and save the breast milk in the refrigerator to feed the baby after surgery.
- 2) You should not eat or drink anything for 24 hours prior to surgery.

The day of the surgery:

- 1). You must **NOT** eat or drink anything for 24 hours prior to the surgery.
- 2). You should “pump” your breast milk by machine and save the milk for the baby to eat after you have had the surgery!
- 3). For 24 hours after the surgery, you should pump your breast milk and throw it away! **DO NOT feed it to the baby!**
You should use the milk you pumped and saved prior to the surgery!
- 4). 24 hours after the surgery, you can start normal breast feeding again!

Please Remember:

- ** That the day of surgery you must have someone drive you to and from the doctor’s office.
- ** That children are **NOT allowed** in the surgery room with you during the surgery.
- ** You must have someone from your family to babysit your children during the surgery!
- ** Take the referral form the day of consultation.