

L.E.A.P.

Post-Thanksgiving

Adult Dance

Class



- Bring your journal (or we'll provide paper!)
- Bring a friend and let's dance, release, and reset together!



Cost: \$5

Pay online at www.freetoleap.com

Cash App: \$LEAPDanceCo

Cash also accepted at the door



Northwest Branch Library2410 Philadelphia Drive | Conference Room B

Join **Britany L. Thomas** of **L.E.A.P.** (*Live, Express, And Persevere*) for a refreshing morning of journaling, discussion, and dance!

This post-Thanksgiving session is the perfect way to recenter your mind, move your body, and shake off the holiday heaviness. All while connecting with others in a fun, faith-filled, and empowering environment!

Contact Us

937-234-7338 / britany@freetoleap.com

Reserve your spot today and take this moment to pour back into yourself — you deserve it!