

The Beacon

MAR. 2025



Hours Mon.-Thurs., 10-3pm and Fri. 10-4pm
DINNER P/U 4:00-4:15pm

ONGOING WEEKLY PROGRAMMING

- Mon. 10:15 Yoga (pg3)
- Mon. 12:30 Musical Movie Monday (pg 6)
- Mon. 1pm Chess (pg5)
- Tues. 10:15 Jill Art Class
- Tues. 10:30 Competitive Party Bridge (pg 3)
- Wed. 10:30 Beginners Party Bridge (pg3)
- Wed. 12:30 New Release Movies (pg6)
- Wed. 12:30 Mexican Train (pg3)
- Thurs. 10:15 Julie Art Class (pg 4)
- Thurs. 10:30 Poetry (pg4)
- Thurs. 12:30 Pitch (pg3)
- Fri. 12:00 Mah Jong (pg3)

MARCH MONTHLY PROGRAMMING

- **MEMBERSHIP RENEWAL DEADLINE 3/15**
- 3/2 3:30-5 Mayor's Drive Thru Turkey Dinner (cover)
- 3/4 12:30 Paper Crafting w/ Barb Card Making (pg4)
- 3/4 12:30 Mardi Gras Lunch (cover)
- Thurs., 3/6 & 3/20 12:30pm French Ville (pg5)
- 3/7, 3/14, 3/21, 3/28 Friday 11am Crafting for a Cause (pg4)
- 3/7 1pm BINGO with a Lucky Day Flare (pg 3)
- 3/11 12pm Presentation The Hearth (pg 3)
- 3/12 11-6pm Doug's Fish fry To Go Truck (pg2)
- 3/13 12:30 Military History Club "Winston Churchill" Documentary (pg5)
- 3/17 11:45 St Pats Day Lunch and Dancers (cover)
- 3/17 6pm Board of Dir. Meeting (back cover)
- 3/18 12:30 Scam Alert presentation (pg3)
- 3/18 6:45 Model Car Club (pg5)
- 3/18 1:00 Book Club (pg3)
- 3/24 12:30pm Grief Support Program (pg10)
- 3/27 12pm Birthday Lunch & 12:45 Movie (pg10)
- 3/31 12:30 Ortho & Regenerative Med Pres. (pg3)
- TBA 10:30 Fall Prevention Class (pg3)
- 4/3, 4/10 & 4/17 12:30pm Series on Ulysses S. Grant (pg5)

ST Patrick's Day Luncheon
performance by McDonald Irish
School of Dance

Join us **Monday, March 17th at 11:45 AM**
\$20.00 RSVP by 3/14

for a lovely Luncheon, appetizers, and Irish Music and Dance. Let's liven up our day and come together to celebrate and enjoy ourselves.

Menu: **Corned Beef and Cabbage, Potatoes, carrots, Fruit, Irish Soda Bread & Irish Dessert.**

SORRY NO TAKEOUTS FOR THIS MEAL

Mardi Gras, Fat Tuesday

Tuesday, March 4 12:00

\$10.00 RSVP by 3/3

Join us for a Mardi Gras themed lunch and music. Come on in, receive your beads and a free Louisiana Pralines.

Menu:

- Shrimp Po' Boy**
- Sweet Potato Fries**
- Bananas Foster with**
- Vanilla Ice Cream**

Annual Mayor's Turkey Dinner Drive Thru Fundraiser

Mayor Mike Small and the Village of Fayetteville are once again supporting the Fayetteville Senior Center through the Annual Mayor's Turkey Dinner. This fundraising tradition was started long ago continuing to this day. This dinner has generated in excess of \$5000 in donations each year. Please support your senior center by buying a dinner.



- **PICK-UP BETWEEN Sunday, March 2nd, 3:30-5pm, RESERVATIONS BY 2/28**
- **walk-ins are welcome After 4:30 Until gone**
- **DONATION: \$15 or 2/\$25** can be made thru cash, check or charge.
- **DINNER INCLUDES:** Roast Turkey, Mashed potatoes, gravy, Dressing, squash, veggies, roll, cranberry sauce and choice of pie (you choose at pick-up)
 Your dinner will be brought to you in the comfort of your car, payment is due at pick-up .
 We are very thankful for the support of the greater Fayetteville area businesses and residents.

INFORMATION PAGE

MEMBERSHIP DEADLINE MARCH 15

Please make sure you have sent in your membership by **March 15**. If you are not renewing, this will be your last newsletter. Membership is **\$25 per household** for the year. Please contact us if you need to check on your membership, renew or would like information for a friend. Form is included in the back of this newsletter. 315-637-9025

Annual Appeal 2025.

Within the next few weeks, you all should receive FSC's Annual Appeal Letter in the mail. Being a small not-for-profit and dependent upon the community, raising funds has become a large part of the staff's and Board of Directors responsibility. Our target goal of \$35,000 will help provide all the services we offer plus any new ones. Without the Annual Appeal, programming will be affected. In today's economy, it is very difficult to continue to keep costs balanced. Prices continue to rise and products continue to shrink. Our commitment to you is to provide the best services at a affordable cost to you. Please help to continue the centers mission and invest in your senior center. Thank you for your time and consideration when you are donating to your favorite charity. Your support will guarantee our success.

This Issue of the newsletter has a copy of the form on the back page.

COME CHECK OUT OUR NEW FLYER STATION. TAKE ONE FOR YOURSELF OR BRING ONE TO A FRIEND!

LOOK WHATS COMING UP IN 2025

- ♦ **January:** Membership renewal
- ♦ **February:** Valentines Day Lunch. 2/14, Annual Appeal Fundraiser
- ♦ **March:** Mayor's Annual Turkey Dinner 3/2 Fundraiser, Mardi Gras Party 3/4, St Pat's Day 3/17
- ♦ **April:** Volunteer appreciation luncheon, Annual Meeting luncheon , TBA
- ♦ **May:** Spirit of Syracuse Concert & dinner for FSC 5/16 **Jill Class** Art Show 5/31
- ♦ **June:** Rummage Sale 6/27 & 28, summer Kick-off cookout 6/20.
- ♦ **July:** Harvey's Beer Garden TBA Car Model Swap Meet and Car Show TBA
- ♦ **August:** Chicken BBQ 8/15
- ♦ **September:** Fay. Festival 9/20, Murder Mystery Dinner 9/26
- ♦ **October:** Annual Fundraiser TBA
- ♦ **November:** Annual Thanksgiving Take out dinner, Village Tree lighting 11/28
- ♦ **December:** Holiday Party/entertainment 12/12



Doug's Fish Fry To-Go Truck Wednesday, March 12, 11-6pm.

The senior center is able to partner with Doug's to receive a portion of the profit. The more they sell, the more we make. Tell your friends and family to come on over and have a great meal. **NO SIGN-UP NECESSARY**

Current prices and food available will be listed at the trailer when you order.

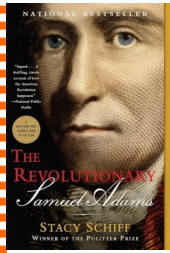
Prices and combinations of food are subject to change.



Rummage Sale is coming back in Friday, June 27 & Saturday, June 28!

Starting on May 1, 2025, 10-3pm not during 11:30-12:30pm

we will be accepting gently loved, clean, sellable items. A list of items we can accept is available in the office March 1. We will need volunteers for intake, pricing, set-up, working the sale, and clean-up. All positions will be posted on the bulletin board outside the office. All you have to do is sign your name, phone number where you can be reached and how you would like to help. when you would like to help us out. Please See Janet or Cindy if you need any other information. 315-637-9025



*****Book Club*****

Tuesday, March 18, 1pm, “The Revolutionary Samuel Adams” by Stacy Schiff. Thomas Jefferson asserted that if there was any leader of the Revolution, “Samuel Adams was the man.” With high-minded ideals and bare-knuckle tactics, Adams led what could be called the greatest campaign of civil resistance in American history. Stacy Schiff returns Adams to his seat of glory, introducing us to the shrewd and eloquent man who supplied the moral backbone of the American Revolution. For his efforts he became the most wanted man in America

Book is available from Janet.

Mexican Train Wednesdays:

Come play this creative domino game **every** Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up.

Party Bridge: Competitive group that plays every Tuesday 10:30

Party Bridge: Beginners group Wednesdays 10:30am.

Mah Jong Fridays: Mah Jong Fridays at 12pm! All levels welcome.



Join us on **Friday, March 7, at 1pm** for a game of Shamrock BINGO. All prizes will be luck inspired. This will be a fun afternoon. Call to sign-up by 3/14

Thursday Pitch Group 12:30

Join us for a rousing game of Pitch. If you don't know what pitch (High Low Jack) is, it is a card game that revolves around betting and trick-taking to score the most points. It can be played in partners or solo. How you play is determined by the group. It's good fun and great for your brain.



Call the center to sign up or to see if group is playing.



IS CHAIR YOGA FOR ME???

Do you want to feel more comfortable in your own skin? Do you have arthritis or some other form of muscle or bone issue? Would you like to be able develop better balance? Well, Chair Yoga may be for you. It promotes cognitive, physical, spiritual and emotional wellbeing. You won't know until you try it. **JOIN US FOR CHAIR YOGA Mon. 10:15am, Wed. 10:15am**



CENTER FOR AGING RESOURCES AND ENRICHMENT

7 WEEK FALL PREVENTION CLASS

Tues., June 12 1:15pm, CARE, a program from Le Moyne College and the Office of the Aging, are sponsoring this **FREE** 7 week course in fall prevention **AT FSC**. Thru Education and Exercise, Paul Musso and Meghan Winje from LeMoyne, will be presenting proactive as opposed to reactive fall prevention. You will receive an Individual fall assessment as well as an exercise program. **This program builds on the previous class. You need to attend all 7 classes to get the full benefit. If not attending you must call.** Please call 315-637-9025 to sign up



Avoiding Scams Presentation

Tuesday, March 18th 12:30 join Melody Stephens from M and T bank for a presentation on different kinds of fraud and how to avoid it. Scams take form in all kinds of ways, bank, email, text, by phone and even by mail. Be educated, rely on your instincts, if it's too good to be true, it is, do not give your private information learn the tricks to spotting a scam, protect yourself.



Girl Talk with Lyn and Anne after lunch Tuesday's at 12:30

Ladies, miss talking with the girls? Join Lyn and Anne, partners in crime, to have a good old fashioned afternoon to “gab”. No need to sign up, just come on over for a visit. See calendar for dates and time.



A VISIT FROM THE HEARTH AT GREENPOINT

March 11, 2025 12pm

THE HEARTH at Greenpoint provides total living and care options. We can make your search for senior living an easy one. Join us for a brief talk and cookies to learn of their services and support they offer the community and their residents.

DR KIM MEDICINE Non-surgical Ortho & Regenerative Medicine

Do you want to find out how to treat your joints without surgery? Dr Kim of Dr. Kim Medicine, Regenerative Therapy will be here on **Monday, March 31 at 12:30pm** to discuss your options. There are many ways to treat arthritis, Knees and Shoulder's without the use of surgery.



Poetry

“You don’t need to have experience to write your feelings, observations or views.”

Join us Thursdays

10:30am

No experience in writing is needed, you can come hear ideas, make a new friend or listen to stories.

This is a wonderful supportive group to be involved with.

SNOW GLOBE

Living in a snow globe was fun at first
But now is tedious with daily snow burst.
Looking out is beautiful to behold
But I don’t relish snow removal in the bitter cold.
Cannot accomplish everything in one trip
Bone chilling cold soon takes it’s grip.
No long walks to enjoy with the pup. Indeed
there are frostbite warnings we must heed.
Even my battery died.
Enough of this!! I was warm inside.
AAA responded to my driveway
With a new battery, saving my day.
Grateful for food and a warm house out of
The cold.
Looking out **IS** beautiful to behold!!

KAY FAUS



Watercolor Painting Class with Julie Gratien

Thursdays 10:15-11:45 AM, Feb. 27-April 3

This 6 week session will begin with a focus on color theory and brushstrokes. The class is designed to help you begin or improve your art skills through instruction in drawing and watercolor painting. If you have watercolor supplies, bring them to the first class. If not, we will discuss what is needed.

Cost is \$40 Sign-up required.



“CRAFTING FOR A CAUSE” and “Cards For Kindness”

FSC has teamed up with the Ronald McDonald House and Creative Kindness.com

This group will meet every Friday at 11am, sit together and enjoy each others company while providing some much needed comfort and support to others. **NO EXPERIENCE NEEDED!**

Do you Knit, Crochet, Sew, or do any crafting you wish to share. Would you like to create cards of support or inspiration for others? We have the group for you!

Ronald McDonald House is in need of homemade blankets, pillows, ETC..., crocheted, knitted or sewn. Anything that would make the people staying at their residence feel more at home . We have sewing machines and knitting needles. Yarn, fabric and other supplies can be supplied if you do not have any.

“Cards For Kindness” is a national organization that provides cards in support, thanks, and kindness for others to enjoy. This will be a permanent display so you can come in anytime and create a card. All supplies are provided. The Card will be picked up and sent to the organization and distributed to those in need.

We would love to have as many people as we can get to do this community project. Let’s show a little love to those who need it.

Date: check calendar

Cards for Kindness through Creativekindness.org All supplies will be available at any point, feel free to stop in and participate.



Paper Crafting with Barb “Let’s Make Some Cards”

Join us on **Tuesday, March 4 at 12:30**, for some fun and fellowship. Join us for this ever popular class on card making and paper craft. Each kit includes enough for 5 cards **\$5.00. Don’t forget to**



Course title: A Vichy French Ville in World War 2 Thursday, March 6 & 20 12:30pm with Mike O'Neal

A historical perspective that is still relevant today, this limited series on Prime, views the “what would you do if you had to collaborate with the enemy.” It follows several characters through what we would consider heart breaking decisions and way of living. With accounts from historians and accounts of those that lived through it. Join Mike for a discussion of the previous episode, and a viewing of the current episode. This is a fascinating docuseries based on true events.



Military History Club Story of German American Bund

- **Date:** Thursday, March 13 **Time:** 12:30pm, **Presenter:** Steve Nathan
The story of the German American Bund, a pro-Nazi group active across the US in the 1930s. PBS documentary, Nazi Town USA.

In the next few months look forward to a discussion on Parks and Landmarks, WW1 Women phone operators "Hello Girls", "Hang Tough" Dick Winters Story, Band of Brothers and of course Mike O'Neal's presentation on Gen Ulysses Grant.

Coming April 3, 10, & 17 12:30pm

3 Part Series on Ulysses S. Grant

As W.T. Sherman said “Ulysses S. Grant was of Simple Faith and Simple Success.” Who was he? Lt General, Military genius, President of the United States, Savior of the Nation, or a crook, butcher of men, bankrupt businessman or Drunk?

Series is Free please RSVP by 3/30 if you would like to attend.

Led by Charles Sparnecht, Series Arranged by Mike O'Neal.

The History Club is happy to be included in the participation of this series, this is in lieu of regular April History Club date.

Make it a day and sign up for lunch too. We offer homemade lunch at a very reasonable cost. Call 24 hours ahead to reserve.



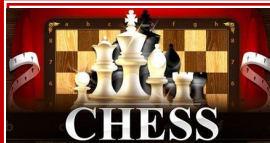
Salt City Auto Modelers

Remember building scale models as a kid? Well, some of us never gave up on this wonderful hobby, and that's where the Salt City Auto Modelers model car club comes in. We're a fun group of 10 or so that meet once a month for “show-n-tell”, to share our scale modeling projects, and enjoy each other's company. Meetings are held at the Fayetteville Senior Center on the 3rd Tuesday of every month from **6:45pm-9pm**, and the next gathering is scheduled for **Mar. 18**. It's all FREE, and if you have any questions, please call David Best at 315-663-7045, or talk to Janet.

Would you like to learn chess?

Do you enjoy playing chess?

Chess Club meets every **Monday at 1pm**. We could use a few extra players and welcome teaching those who would like to learn. Now is the time to come on over to FSC, meet new people, play some chess and have a great time.





Monday and Wednesday at the Movies 12:30pm,
POPCORN INCLUDED
DONATION WELCOMED
Movies are open to everyone.
Popcorn and beverage are provided.

TO PREVIEW THE MOVIE, PLEASE GO TO MOVIE WEBSITE OR YOUTUBE, AND VIEW THE TRAILER.

Mon., March 3, 12:30pm, “Mary Poppins” PG 140 Min Starring: Julie Andrews. The four rambunctious Banks children have driven away their latest nanny, and their father is at his wits' end as he writes a want ad for a strict, no-nonsense babysitter. The children compose their own advertisement, asking for a sweet-natured and fun-loving nanny instead.

Mon., March 10, 12:30pm, “Chicago ” PG-13 113min. Starring: Rene Zellweger The slick film adaptation of "Chicago" stars Renee Zellweger as murderess Roxie Hart, who seeks the assistance of slick lawyer Billy Flynn (Richard Gere) to get her off the hook. The movie features an A-list cast, including Queen Latifah, Catherine Zeta-Jones and John C. Reilly, all showing off their vocal chops in this glitzy musical set in the underbelly of crime-soaked Chicago of the 1920s.

Mon., March 24, 12:30pm, “La La Land” PG-13 129 Min Starring: Ryan Gosling Sick of serving coffee to movie stars, Mia is an aspiring actress rushing around Los Angeles to audition for the big break that will finally let her quit her day job; Sebastian plays jazz piano at dive bars while waiting to be discovered. These two fall head-over-heels in love with each other but when their careers start to take off, their new found success puts their romance to the test. They will have to decide whether living their dreams of fame is worth the heartbreak.

Mon., March 31, 12:30pm, “Sunset Boulevard” PG 145 Min Starring: Gloria Swanson An out-of-work screenwriter attaches himself to a tragically deluded screen star attempting a comeback.

Wed., March 5, 12:30 pm, “Goodrich” PG-13 R, 111 min. Starring: Michael Keaton **DRAMA/COMEDY:** Andy Goodrich's life is upended when his wife enters a rehab program leaving him with their young kids. Goodrich leans on his daughter from his first marriage, Grace, as he ultimately evolves into the father Grace never had.

Wed., March 12, 12:30 pm, “September 5” R, 95Min. Starring Peter Sarsgaard HISTORY /DRAMA: During the 1972 Summer Olympics in Munich, Germany, an American sports broadcasting team must adapt to live coverage the Israeli athletes being held hostage by a terrorist group. .

Wed., March 19, 12:30 pm, “Nyad” PG-13 120 Min. Starring Annette Bening SPORT/BIOGRAPHY: In 2010, sixty-year-old Diana Nyad resolves to accomplish the one thing that has eluded her—a 110-mile nonstop swim from Cuba to Florida, which she unsuccessfully attempted thirty years prior. She appoints her best friend and former partner, Bonnie Stoll, to train her

Wed., March 26 12:30 pm, “Bonhoeffer” PG-13 132 Min. Starring David Duchovny DRAMA/HISTORY: As the world teeters on the brink of annihilation, Dietrich Bonhoeffer joins a deadly plot to assassinate Hitler, risking his faith and fate to save millions of Jews from genocide.

MARCH

MENU

*****PLEASE NOTE CHANGE ON THURSDAY'S PRICE AND MENU*****

RESERVE 24 hours in-advance 315-637-9025

- Tues. -Thurs. 12:00 Lunch \$6, Friday 4:00-4:15 Dinner \$14 take-out
- Always check for special events during the month as prices may change.
- Menu is subject to change! Beverages included with lunches Desserts \$1.00
- Alternative meals available for food allergies, just ask ahead of time.
 - Lunch Take outs available for an additional \$1.00 per meal.
 - Lunch starts promptly at NOON unless otherwise noted.

Sun	Mon	Tue \$6	Wed \$6	Thu \$6	Fri \$14 p/u 4-4:15	Sat
					28 CLOSED	1
2 \$15 Mayor's Turkey Dinner see article for menu on COVER	3 Cookies and Cocoa	4 Mardi Gras \$10 Lunch Shrimp Po' Boy Sweet Potato Fries Bananas Foster with Vanilla Ice Cream	5 Egg or Tuna salad sandwich (please specify when ordering) Salad Fruit	6 Bacon Cheeseburger Waffle Fries Fruit	7 Cod Piccata over Campanella Mixed Veggies Roll Fruit Dessert	8
9 Day Light Savings	10 Cookies and Cocoa	11 Mild Chicken Enchilada Verde Yellow Rice Salad Fruit	12 DOUG'S FISH FRY TO GO Desserts available in lunch room \$1.00-\$2.00	13 Meatloaf with Gravy Baked Potato Fresh Fruit	14 Mediterranean Baked Fish Wild Rice Roll Fruit Fruit Dessert	15
16	17 \$20 St. Pat's Day Corned Beef and Cabbage, Potatoes, carrots, Fruit, Irish Soda Bread & Dessert	18 Biscuit Chicken cobbler Salad Fresh Fruit	19 Chicken Salad on Croissant Macaroni Salad Fruit	20 Pulled Pork Cole slaw Fresh Fruit	21 Sherried Shrimp White Rice Zucchini & Summer Squash Fresh Fruit Roll Dessert	22
23	24 Cookies and Cocoa	25 Choice Deli Sandwich Chips Three Bean Salad Fruit	26 Pesto Chicken Spaghetti Fresh Fruit	27 \$8 B'Day Vegetable Lasagna Salad Baked Garlic Bread Fresh Fruit B'day cake	28 Salmon w/ Dijon Maple Glaze Mashed Red Potatoes Carrots roll Fresh Fruit Dessert	29
30	31 Cookies and Cocoa					

MARCH

Events

<u>Sun</u>	<u>Mon 10-3</u>	<u>Tues 10-3</u>	<u>Wed 10-3</u>	<u>Thurs 10-3</u>	<u>Fri 10-4</u>	<u>Sat</u>
2 Mayor's Turkey Dinner	3 10:15-Yoga 12:30-Musical Movie Monday 1-Chess Club	4 10:15 Art Jill 10:30-Competitive Party Bridge 12:00- Mardi Gras Lunch 12:30 Card Making	5 10:30-Beginners Party Bridge 12-Lunch 12:30- Movie 12:30- Mexican Train	6 10:15 Art with Julie 10:30 Poetry 12:00 Lunch 12:30Pitch 12:30 A French Village	7 10:30 Yoga 11-Crafting for a cause 12- Mah Jong 1- BINGO 4-4:15 Drive thru Dinner	
9 Day Light Savings	10 10:15-Yoga 12:30-Musical Movie Monday 1-Chess Club	11 10:15 Art Jill 10:30-Competitive Party Bridge 12-Lunch 12- The Hearth 12:30 Girl Talk	12 10:30-Beginners Party Bridge 12-Lunch 12:30- Movie 12:30- Mexican Train	13 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30Pitch 12:30 Military History Club	14 10:30 Yoga 11-Crafting for a cause 12- Mah Jong 4-4:15 Drive thru Dinner	8
16	17 10:15-Yoga 12:30-Musical Movie Monday 1-Chess Club 6pm Board Meeting all welcome	18 10:15 Art Jill 10:30-Competitive Party Bridge 12:00- Lunch 12:30 Avoiding Scams 1-Book Club 6:45 Salt City Auto Modelers	19 10:30-Beginners Party Bridge 12-Lunch 12:30- Movie 12:30- Mexican Train	20 10:15 Art with Julie 10:30 Poetry 12:00 Lunch \$6 12:30 Pitch 12:30 A French Village	21 10:30 Yoga 11-Crafting for a cause 12- Mah Jong 4-4:15 Drive thru Dinner	15
23	24 10:15 Yoga 12:30-Musical Movie Monday 12:30 Grief Support Group 1-Chess Club	25 10:15 Art Jill 10:30-Competitive Party Bridge 12:00- Lunch 12:30 Girl Talk	26 10:30-Beginners Party Bridge 12-Lunch 12:30- Movie 12:30- Mexican Train	27 10:15 Art with Julie 10:30 Poetry B'Day \$8 12-Lunch 12:30 Movie 12:30 Pitch	28 10:30 Yoga 11-Crafting for a cause 12- Mah Jong 4-4:15 Drive thru Dinner	29
30	31 10:15 Yoga 12:30-Musical Movie Monday 12:30 Rejuvenation Therapy 1-Chess Club					

Membership form

MARCH Birthdays



Steve Nathan	3/01	Patti Baker	3/07	Ed Zemanick	3/18
Niles Bell	3/02	Hazel Curtis	3/07	Diane Davis	3/22
Annie Twichell	3/03	Carol Sieban	3/07	Christina Wuerslin-Burr	3/22
Suzanne Gilson	3/03	Susan Vollmer	3/07	Paulina Murray-Lee	3/23
Jerry Klineberg	3/04	Charles Evans	3/08	Steve Heffron	3/25
Shirley Anderson	3/05	Rita Southwick	3/10	Deanna Johnston	3/25
Sue Goike	3/05	Spencer Brown	3/11	Linda Vaught	3/25
Diane Jecen	3/05	John Prendercast	3/11	Sheila Coyne	3/25
Melanie Comito	3/06	Nancy Walker	3/12	Ella Zukker	3/26
		Eugene Benman	3/13	Wendy Braund	3/27
		Carolyn Davidson	3/13	Lisa Thomas	3/27
		Robert Van Malderghan	3/14	Tessa Carrega	3/28
		Jeanne Lagergren	3/16	Pam Baran	3/29
		Patricia Nardella	3/16	Don Young	3/29
		Riva Wollen	3/16	Joel Melnicoff	3/30

March Birthday Celebration Lunch

Lunch, **Thursday, March 27, at 12:00pm** **RSVP BY 3/25** **Movie: Wed., March 5, 12:30 pm, "The Storied life of AJ Fikry" PG-13 R, 1hr 45 min.** Starring: Lucy Hale **DRAMA/COMEDY:** AJ Fikry has a second chance to find happiness after an unexpected visitor arrives at his bookstore. **Menu: Vegetable Lasagna, Salad, Baked Garlic Bread, Fresh Fruit, & Birthday Cake** Cost- **non-birthday is a donation \$8. Birthday in March, FREE with birthday coupon (check the b'day card you received)**

****There are NO TAKE-OUTS for this meal****

HAPPY BIRTHDAY TO EVERYONE IN MARCH!!

When filling out your membership form, don't forget to put your birthday month and day. We want you to receive your handmade card and free birthday lunch. Let's celebrate you!

Grief Support Group Monday, March 24, 12:30pm

Join us at our NEW monthly Grief Group led by Certified Grief Educator Nicole Kerekes. Find comfort and support with others who understand. Share and be heard, witness each other in grief, and receive support on your healing journey.

Recommended \$10*donation all grieverers are welcome, no matter their ability to donate.

Sign up today, space is limited. Nicole Kerekes is the Founder of [Front Porch Collective, LLC](#), providing support services to adults experiencing grief. As a Certified Grief Educator, Nicole helps folks navigate grief using a come-as-you-are approach, meeting grieverers where they're at with compassion and understanding. Through 1-on-1 and group sessions, grieverers are provided space to share stories of loss, have their grief witnessed, and explore strategies for growth and finding purpose in life after loss.

Annual Appeal



FAYETTEVILLE SENIOR CENTER



Board of Directors

Chairman: Tony Marsallo
Secretary: Janet Callahan
Financial Advisor:

Barbara Arnold
Patti Baker
Gwynn Hall
Barbara Hanzalik
Mary Kilpatrick
Jill McAndrew
Arlene Pritzker

***Village Liaison:** Jane Rice
***Mayor:** Mike Small

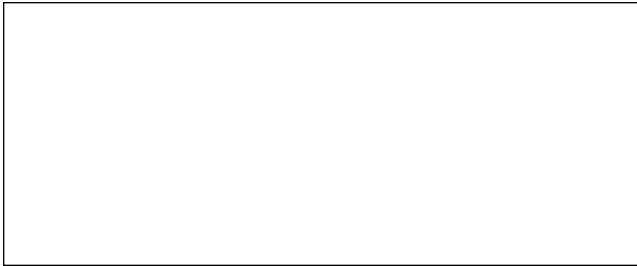
Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreational programs, nutritional programs and other activities in friendly, comfortable surroundings.

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings.

**584 E Genesee Street
Fayetteville, NY 13066
Hours: M-TH 10am-3pm Fri 10am-4pm
Phone: (315) 637-9025
Email: fayseniorcenter2@yahoo.com
Website: FaySrCtr.org**

March Meeting is 6pm Mon., March 17, 2025



Forwarding Service Requested

Fayetteville Senior Center
584 East Genesee Street
Fayetteville, NY 13066

US Postage
Paid
Permit No. 47
Non-Profit
Organization