

Fayetteville Senior Center

The Beacon 2021

September

New Rules and Protocols for Covid Variant

With the rise of the Covid Variant we have been instructed by local government to request masks indoors regardless of vaccination status. We also ask that you respect signage posted around the building as well as employee only spaces. If anyone wishes to enter the employee areas you need permission and accompaniment of staff. These areas are employee only for safety reasons.

Thank you in advance for your cooperation.

The Staff

Do you have a great idea to improve the Center?

Or a suggestion for a new program?

Or a way to improve an existing program?

We want to hear it!



The Board is pleased to advise that there will be a Feedback box at the Center to help us listen better to you as we continue to work to serve our members. There will be forms next to the box for you to fill out. We welcome your questions, comments, compliments and complaints. All forms will go directly to the Board and will be reviewed by the Board. Whether you choose to comment anonymously or sign your name, we will consider all comments carefully. If you request a personal reply, we can do that. Also, from time to time we may share with the members feedback we have received and any action taken in response. This is your chance. Speak out, and we will listen!

THE RUMMAGE SALE FUNDRAISER

Sept. 10TH, 11TH AND 12TH

We will be collecting your **CLEAN** gently used items during business hours 10-3pm from Sept. 1st thru 2pm Sept. 10th. **ALL DONATIONS PLEASE CALL BEFORE DROP-OFF.** This way staff will know you are coming and it can be placed in the appropriate location. Please do not leave items on the ramp, on the porches, or after hours. If you need to drop off at a different time, it needs to be arranged with Staff. Please see page 2 for details. If you are not sure, please call (315-637-9025) and leave a message on the machine. We will answer your questions as quickly as possible. Thank you in advance for your donations.

FAYETTEVILLE SENIOR CENTER
584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066
(315) 637-9025

OUR STAFF:
Director/Kitchen : Janet Best
Admin. Assistant: Gracie Redmond

Annual Rummage Sale **2021!!!**

Friday September 10th 7pm-8pm;
Preview \$5 admission

Saturday September 11th 9am-2pm

Sunday September 12th 12pm-2pm;
\$5 Bag Sale

- Pay \$5 for a 45-55 gallon bag
- All items must FIT in the bag
- No ripped bags will be accepted
- Each additional bag is \$5
- Furniture is 50% off

We are in need of items for our Annual Rummage Sale.

The following is **NOT** accepted:

- ♦ pre 2015 electronics
- ♦ Pre 2015 exercise equipment
- ♦ Large appliance's, ie washers, dryers etc...
- ♦ Mattresses
- ♦ Medical equipment
- ♦ Used health and beauty products
- ♦ Food
- ♦ Chemicals
- ♦ Tires

All donations should be clean and in good condition. Preferably in working order.

Please **do not** leave items on the ramp, on the porches, or after hours. If you need to drop off at a different time, it needs to be arranged with Staff.

Collection of items during business hours starting Sept. 1st.

There is no pick up of items this year.

Coming soon...

New volunteer Recognition Program.

The board is looking to recognize all of the volunteers, NEW and CURRENT, for all the countless hour spent helping us out.

Details will follow in the coming month.

Not a volunteer yet? See Janet to sign up to help “your” Senior Center. No one’s help will go unnoticed.

NEW NEW NEW

Tuesday Afternoon Round Table Discussion, Tues., Sept 28th 1pm



Many of us have felt lonely and isolated during the Pandemic. In fact our emotions, patience and independence have been tested past what we thought were our limits. This discussion is so we can get together to talk about how the Pandemic has affected our emotions, our attitude and perspective towards others. It will be moderated, all opinions and thoughts will be heard. Please, this is not the place for arguments or political agendas. This is a safe space for all to voice their opinion. This is a new program that will occur the last Tues of every month. A new topic will be introduced and possible speakers will be invited. October's topic will be "How will the Pandemic affect our future?" We hope to see you there!

PROF. TOM HENRY

Thursday, Sept 23rd 1pm

Let's once again welcome Tom Henry for a history presentation on Korea and the years leading up to Vietnam. **Call to sign-up.**



Come one, Come all to celebrate

FREE FREE FREE Snacks and beverages will be available.

Come join us on **Friday, Sept. 24th 1pm** for snacks and beverages

and a performance from musician Dan Robbino. Dan is a local

talented pianist. The entertainment is for everyone, even if it's not your birthday month. Those

that have do have a birthday in this month will receive a goody bag. You **must sign up**. Call

315-637-9025.

Let us know it's your birthday so we can celebrate YOU.



Come join the fun and make your grandkids Handmade Halloween cards!

You will learn how to make five spooky, kooky greeting cards to send for Halloween. All materials are included. Any skill levels from complete beginners to advanced crafter. Barbara Arnold will walk you through the steps to create your very own cards. Please sign up to assure ample project kits.

Date: Sept. 17th

Time: 1pm

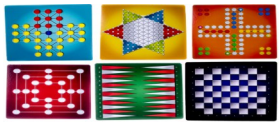
Donation: \$5.00



Pitch Tuesday's. Come play pitch with your friends **every** Tuesday at 11am, have lunch and play into the afternoon. Sign up required!

Mexican Train Wednesday's. Come play this creative domino game **every** Wed. at 12:30pm. If you would like, get lunch a head of time with your friends. Sign up required!

Friday Morning Coffee and Conversation or Games 10:30am. Bring a friend and have a cup of free coffee or tea. Bring in your own group and pick between 50 different games (single player to multi player). Do a puzzle, play chess, backgammon or checkers on our new game table, read a book in our new library or just sit on the porch and enjoy the fresh air. We are open for your choice on Friday's. It's our pleasure to have the facility open for your enjoyment. Sign up is required!



Mah Jong Friday's at 12:00pm

If you would like to learn Mah Jong are an avid player or a seasoned vet, come join us for a round. Mah Jong is a tile game of strategy developed in ancient China. It is suitable for all ages and is a great social outlet. Free to play, **please sign up ahead.**



Duplicate bridge- Three groups three different days and times. (check calendar) If you would like to play call for information and to sign up.

Party Bridge every Wed. 10:30am . Sign-up required

Let's Sing sing along with Walt Price, Friday, Sept. 17th at 10:30am.

No sign up required, a mask is suggested.



Welcome to our new exercise room.

We currently have a treadmill and recumbent bike. Reservations are 30 minute time slots. To reserve and schedule a day and time, call (315)637-9025.

For updates please check our website www.faysrctr.org

New guidelines for building usage and fitness room

- Masks are requested to be worn in the building even if you are fully vaccinated.
- You **MUST** sign in at sign in table this is so we can keep track for Covid tracing.
- If you have contracted or been exposed to Covid 19, you must alert the center if you have visited in the past 7 days
- You **MUST** reserve for meals by the day before. We purchase
- accordingly with very little left over
- Exercise equipment use is currently only by reservation. Each
- machine will have a sign up sheet. You can call to reserve. Available are a treadmill and recumbent bike. You will need to wipe the surface down after use. Wipes are provided. Please check with your doctor before use.
- If you have any other questions, please do not hesitate to call or ask.



GUIDELINES FOR MEALS: (RSVP Mandatory)

Mandatory information needed to participate in meals!

LUNCH Guidelines:

- Served Monday's, Tuesday's and Wednesday's
- Seat choice (inside or outside)
- ♦ Indoors: 4 people per table, separated by Plexiglas. Maximum 16 people.
- ♦ Outdoor: 4 people per table outside on new porch. Maximum 12 people.
- ♦ In-house Lunch is \$5.00 at 12pm **No Take-out**

DINNER Guidelines:

- ♦ Currently No Dining In, **Drive Thru only**, pick-up between 3:30pm-4:00pm
- ♦ Reservations mandatory, \$10.00

September 2021 Menu



Mon \$5.00

Tuesday \$5.00

Wed \$5.00

Thursday \$10.00

Fri

		1 Hot Dog Fries Fruit Beverage/Dessert	2 Roast Beef Mashed potatoes/ gravy w/Carrots roll/butter fresh fruit Dessert	3
6 Closed for Rummage Sale Prep	7 Closed for Rummage Sale Prep	8 Closed for Rum- mage Sale Prep	9 Closed for Rum- mage Sale Prep	10 7-8pm Pre view rummage sale \$5
13 Deli Sandwiches (turkey, Ham, Roast Beef) Tom/lettuce Chips Beverage/Dessert	14 Tomato Soup & Grilled Cheese Fruit Beverage/Dessert	15 Tuna Noodle Casserole Roll w/ butter Fruit Beverage/Dessert	16 Chicken Divan with broccoli & rice Roll w/ butter Fresh fruit Dessert	17
20 Deli Sandwiches (turkey, Ham, Roast Beef) Tom/lettuce Chips Beverage/Dessert	21 Cream of Mushroom Soup Salad Fruit Beverage/Dessert	22 Chicken Salad Chips Fruit Beverage/Dessert	23 Seasoned Pork Loin Mashed Sweet Potatoes w/ peas fresh Fruit Roll/butter Dessert	24
27 Deli Sandwiches (turkey, Ham, Roast Beef) Tom/lettuce Chips Beverage/Dessert	28 Tuna or Egg Salad Chips Fruit Beverage/Dessert	29 Hamburgers Onion Rings Fruit Beverage/Dessert	30 New England Baked Fish Mac & Cheese Roll w/ butter Fresh Fruit Dessert	



September 2021 Events



Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30- Party Bridge 12- Lunch 12:30- Mexican Train 12:30- Movie	2 10:30- Strength exercise 10:30- Poetry 3:30-4- To-Go dinners	3 10:30- Coffee, conversation and games 12- Mahjong	4
5	6 <u>Closed For Rummage Sale Prep</u>	7 <u>Closed For Rummage Sale Prep</u>	8 <u>Closed For Rummage Sale Prep</u>	9 <u>Closed For Rummage Sale Prep</u>	10 7-8pm Preview Rummage Sale \$5	11 9am-2pm Rummage Sale
12 12pm-2pm Rummage Sale \$5 bag sale	13 10-Duplicate Bridge <u>12- Lunch</u> <u>12:30 UNO</u>	14 10:30- Stretch exercise 11- Pitch 12- Lunch	15 10:30- Party Bridge 12- Lunch 12:30- Mexican Train 12:30- Movie	16 10:30- Strength exercise 10:30- Poetry 3:30-4- To-Go dinners	17 <u>10:30- Let's Sing!</u> 10:30- Coffee, conversation and games 12- Mahjong <u>1- Make & Take Cards</u>	18
19	20 10-Duplicate Bridge <u>12- Lunch</u> <u>1- Book Club</u>	21 10:30- Stretch exercise 11- Pitch 12- Lunch	22 10:30- Party Bridge 12- Lunch 12:30- Mexican Train 12:30- Movie	23 10:30- Strength exercise 10:30- Poetry 3:30-4- To-Go dinners	24 10:30- Coffee, conversation and games 12- Mahjong <u>1- Piano entertainment</u>	25
26	27 10-Duplicate Bridge <u>12- Lunch</u> <u>12:30 Bingo</u>	28 10:30- Stretch exercise 11- Pitch 12- Lunch	29 10:30- Party Bridge 12- Lunch 12:30- Mexican Train 12:30- Movie	30 10:30- Strength exercise 10:30- Poetry 3:30-4- To-Go dinners		

WELCOME TO THE MOVIES

Movies are free and open to anyone. Popcorn and beverage are provided.



Wed., Sept. 1st, 12:30pm, , "The Father", PG-13, 1hr 37 min Starring Anthony Hopkins

A loving father finds himself sinking ever deeper into the depths of dementia. He wants no help at all from his daughter, who is becoming further and further estranged from him. Slowly but surely, the man finds himself doubting everyone and everything around him. Will he be able to find peace in his new reality before he passes away or will he leave without knowing just how much he means to his family?

Wed., Sept. 15th, 12:30pm, "Queen Bees", PG-13, 1hr 14min Starring Ellen Burstyn & James Caan

Helen is forced by her daughter to move into the Pine Grove Retirement Community after she locks herself out of her house while a fire rages in the kitchen. At first, Helen is reluctant to stay there, but eventually is invited into the social circle of the Queen Bees: a group of women (and a few men) who rule the social scene like the popular kids in high school. Eventually, Helen comes into her own as she builds new friendships and even finds romance with a fellow resident named Dan.

Wed., Sept. 22nd, 12:30pm, "In the Heights", PG-13, 2hr 23min Starring Anthony Ramos & Corey Hawkins

Usnavi, a Dominican bodega owner in the Washington Heights neighborhood of New York City, longs for a nearby salon worker and fantasizes about a lavish return to the beaches of his homeland. Usnavi's childhood friend, Nina, a local success story, is back from her first year in college harboring a secret. Over the course of three days and through song, the residents of The Heights come together to move forward with a renewed sense of what it means to call a place "home."

Wed., Sept. 29th, 12:30pm, "Stillwater", R, 140min Starring Matt Damon

A hard-edged oil worker from Stillwater, Oklahoma, learns that his estranged daughter has been charged with murder in France and now sits in a French jail. Bill Baker upends his life and flies to Europe to find his daughter out of legal options but proclaiming her innocence. Baker moves permanently to France but does not speak the language and confronts a legal system vastly different from American justice. Baker is determined to clear his daughter's name. He meets a French woman, Virginie, who agrees to help him cope with what seems like an impossible challenge in a strange land.

Wed., Oct. 6th 12:30pm, "Respect", PG-13, 2hr 25min Starring Jennifer Hudson & Forest Whitaker

Based on the life and times of Aretha Franklin, the woman who would come to be known all over the world as the undisputed Queen of Soul, this story follows her beginnings back to when she'd first come onto the music scene as a singer in the choir at her father's church when she was a young girl growing up in Detroit. Following many difficulties in her adult life, due to bad marriages and other unwise choices, she still managed to keep contributing her natural talent to the music world, becoming one of the art's most recognizable voices, and producing songs that would be known and enjoyed by many generations.

Tuesday Afternoon Classic Movies 1pm free and open to everyone

Tuesday, Sept. 14th, 1pm "The First Wives Club" G 102 min.

Comedy sparked with satire and Physical comedy gags. Starring Goldie Hawn, Diane Keaton & Bette Midler
"Don't get mad. Get everything."



For updates please check our website www.faysrctr.org

September Birthdays

Maryellen Schoonmaker	9/1	Jeanne Dever-Hudson	9/16
Geraldine Walter	9/2	Carrie Knox	9/16
Ursula Waldron	9/4	Dan Kinsella	9/18
Lenore Ralph	9/6	Janice Fleischman	9/18
Diane Fairbank	9/7	Frank DeGrenier	9/18
Keith Robisch	9/8	Barbara Hammerlein	9/18
Rosemary Bell	9/8	Sylvia Broadhead	9/19
Michael Lynch	9/10	Linda McGraw	9/19
Diana Yeager	9/10	Lucinda Porter	9/22
Katherine Curulla	9/11	Sandra Quinn	9/23
Alice Partridge	9/11	Lynn Greene	9/23
Martha Twitchell	9/12	Jack Moffett	9/23
Sandra Niziol	9/13	Sue Patten	9/24
Susan Drapikowski	9/13	Maureen Teelin	9/28
Patrick Ryan	9/15	Charles Stine	9/30
Barry McMann	9/15		



Happy Birthday!





FAYETTEVILLE SENIOR CENTER



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Secretary: Janet Callahan

Treasurer: Don Brown

Paulina Murray-Lee

Mike Small

Patsy Scala

Kevin Kelly

Cindy Goldstein

Knowlton Foote

Peter Bertone

Barbara Arnold

*Village Liaison: Dan Kinsella

If interested in joining our Board, please
contact Janet or one of our Board
members for information. Members are
welcome to attend.

Mission Statement

The Fayetteville Senior Center meets
the challenges facing the senior
community by offering social
activities, education, health and
recreation programs, nutritional
programs and other activities in
friendly comfortable surroundings.

584 E Genesee Street
Fayetteville, NY 13066

Phone: (315) 637-9025

Email: fayseniorcenter2@yahoo.com

Website: FaySrCtr.org



Forwarding Service Requested

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Organization

Fayetteville Senior Center
584 East Genesee Street
Fayetteville, NY 13066