## THE SILVER TIMES

### **FAYETTEVILLE CENTER FOR ACTIVE ADULTS**

**584 EAST GENESEE STREET FAYETTEVILLE, NY 13066** 

Sept. & Oct.

### **OUR STAFF:**

**Director: Janet Best** Kitchen: Dennis Murphy Housekeeper: Annie Twichell

# 

### ACME PLAYERS PRESENTS a Dinner and Murder Mystery Show

The event you requested is finally here! Join us for a professional theater group ( from the Spaghetti Warehouse. Most performances go for over \$70 for a dinner and show, we are fortunate to be able to offer it for \$45.

We need at least 60-70 people signed up by Sept. 19 to be able to put the show

together. Let's all enjoy an exciting Murder Mystery and help solve a crime!

**DATE: Fri., September 26** 

RICE: \$45.00 per

person

TIME: 6:00pm arrive 15

min early

<u>Payment and reservation</u> due by Fri., September 19

by **5:45**pm

MENU: Appetizers, Salad, Garlic **Rosemary Pork Loin with Mashed** Potatoes, Gravy, Green Beans, Fruit

🤍 Salad, Roll, and Crème Brule`. Vegetarian option Vegetable Lasagna

in place of Pork Loin. Please specify. If you have special dietary needs;

please let us know when reserving

ticket.

## 

A little thank you to the Tuesday night group, SCAM, for your donation from the Scale Model sale and car show on 8/2. It was a welcomed surprise.



## Join us for the Eighteenth **Annual Wine**

## and Cheese Reception

**DATE:** Friday, October 24, 2025

**TIME:** 6pm-8:30pm

**EVENT:** Wine and Cheese Reception hosted by our Board of Directors & Staff with contributions from the community and businesses. Live Music by Kimo and Anna. A silent auction, appetizers, Lottery ticket apron raffle, and a variety of beverages.

PRICE: \$30 each \$35 at the door This is our annual fundraiser for our members and the community. Look in your mail for your Invitation and RSVP.



THANK YOU AND HAPPY RETIREMENT TO TONY MARSALLO (Board Chair) AND JANET CALLAHAN (Secretary) THEIR YEARS OF SERVICE ON OUR BOARD OF DIRECTORS HAS BEEN PRICELESS. WE WISH YOU MUCH HAPPINESS AND ENDLESS SUNSHINE.

WELCOME TO ARLENE PRITZKER, OUR NEW BOARD CHAIRWOMAN. HERE'S TO A NEW ADVENTURE.

## **NEW PROGRAMMING/EVENTS**

## FRIDAY CRAFTING CORNER

NO EXPERIENCE IS NEEDED!

We have a new crafting room. Four sewing machines have been generously donated by Linda SoFranko and Arlene Pritzker. Thank you so very much. Thank you too to the anonymous donors for the fabric, thread, and other supplies. More donations are always welcomed.

Come and check it out, learn and make some new friends.

Join us for a cup of coffee, tea or cocoa, make something, or bring your own crafts and have a little fun.

#### **Crafting Classes and Schedule:**

11am-Card Craft time Join Barb Arnold in the art of card making. Each Friday you can make a seasonal or holiday themed card. Donation of \$5 is suggested. Everyone is welcome.

#### 12:30- Sewing Group

Free instruction if needed

Free Supplies, sewing machines ready for use, bring your own project or for a \$10 donation you can do one of our class projects (everything needed is provided).

Month of Sept. project—sew a kitchen apron or a baby bib

Month of October project—lap quilt or placemat



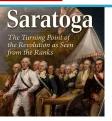
## Tuesday, Oct. 7th 12:45

How does your hearing loss affect your brain health and the way people communicate with you? Program is 20 minutes with 10 minutes of Q&A **Beltone** will be here to help.



## Saratoga, The Turning Point of the American Revolution

Thursday, Sept. 4, 11, & 18 at 12:45



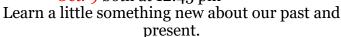
Join us for a three part series on how Saratoga became a vital part of our American History. Charles Sparnecht and Mike Oneal will be presenting a detailed presentation of our New York history during our formative years. Join us for lunch at 12:00pm for \$7. RSVP 24 hours ahead.



A French Village continuation of film/series Tuesday, Sept. 16 & 23, Thursday, Oct 7 & 21
Both at 12:45 pm
This series follows the life of

small town France during WWII.

Military History Club Look for flyer to describe upcoming programs Tuesday, Sept 9 and Thursday, Oct. 9 both at 12:45 pm



Wednesday Wii Sports During a Wii game, players hold the Wii Remote (looks like a tv remote) to control actions in the game shown on a TV screen by mimicking real-life movements (such as swinging a tennis racket or rolling a bowling ball) Wednesday Mornings in Sept and Oct.

10:30am. Check Calendar.



MILITARY HISTORY

We have a computer, Chromebook and a tablet available for use in Parnell Hall. There is no sign up sheet, they are hooked up to WiFi, and available for email, website look-ups, and "office tasks".

### IN SEPT. & OCT. NEW INSTRUCTOR LED CLASSES

Exercise protects against anxiety, depression, reduces stress, improves sleep and digestion, and boosts self-esteem. It's wise to speak with your doctor before starting any exercise program

Mon. Yoga with Chris & Fri. with Cris D. DVD 10:15am-11:15am Chair yoga Yoga Mondays with Chris DeAmicis, \$1 donation per live class. Fridays With DVD by Anne Pringle Burnell.

11:15am-12:00pm Stretch & Strength program designed to help adults of all fitness levels become more active, energized and empowered to sustain independent lives. Participants are led through a brief warm up, strength training, stretching, balance exercises and a cool down.

## **JOIN US AT Tully's** Thursday, Sept. 11, ALL DAY

We are hosting a fundraising day. You can visit all day and we will get a percentage of sales from anyone that presents the flyer from the center or in this newsletter. You can cut out this article or pick up a flyer at the center. Invite your friends, neighbors, and family to dinner. Enjoy a meal and support your center. Thank you in advance.

## **JOIN US AT PANERA** Monday, Sept. 29, 4-8PM

We are holding a "Raise the Dough" fundraiser. You can cut out this article or pick up a flyer at the center. Invite your friends, neighbors, and family to dinner. We can earn 25% of purchases on this day after the initial \$150 is ordered. Enjoy a meal and help out the center. Thank you in advance.



Join us in supporting

**Fayetteville Senior Center** 

Thursday, September 11, 2025
Bring this PRINTED coupon to

**Tully's Good Times FAYETTEVILLE** 

520 Towne Dr. Fayetteville, NY

Have dinner and support your community! Tully's will donate 10% of the sales from all receipts collected and accompanied by this coupon, excluding tax and tip. A printed coupon must be surrendered in order for the above organization/group to receive credit. Tully's gift cards cannot be used as a form of payment to count towards the 10% donation total.

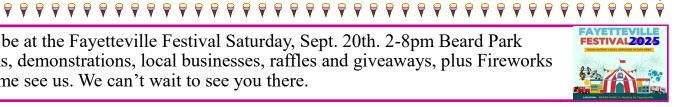




## Fayette's Soft Serve Café "Every Penny Counts" fundraiser.

Final month of round up your order to support the center. When paying by card you will be asked to round up to support your local not-for-profit. So far we have brought in a good amount from the community, let's make Sept. a great one. Hours M-S 12-10pm, Sun 12-9pm. 532 Towne Drive non-dairy and sugar free available.

FCAA will be at the Fayetteville Festival Saturday, Sept. 20th. 2-8pm Beard Park Food Trucks, demonstrations, local businesses, raffles and giveaways, plus Fireworks at 8pm. Come see us. We can't wait to see you there.



## WEEKLY PROGRAMS For more info. call 315-637-9025 or www.faysrctr.org

#### **MONDAY**

**YOGA:** Mondays 10:15-11:15 chair yoga with Chris DeAmicis

Strength and Stretch: Mondays 11:15-12:00 increase you stamina, flexibility, and balance with Arlene Monday Movies: Mondays 12:45 classic and musicals FREE popcorn/beverage offered

Beginner and Intermediate Chess: Mondays 12:30 Intermediate, 1pm Beginner

#### **TUESDAY**

Jill's Art Class: Tuesday 10:15 6 week session perfecting whatever form of art medium you would like to learn or expand on.

Party Bridge: Tuesday 10:30 Competitive group

#### WEDNESDAY

Wii Sports: Wednesdays in Sept 10:30am, Wednesdays in Oct. 10:30am

Mexican Train Wednesdays: every Wed. at 12:45pm. Come play this creative domino game

Party Bridge: Wednesdays 10:30am. Beginners group

New Release Movies: Wednesdays 12:45 FREE Popcorn/Beverage offered

#### **THURSDAY**

<u>Julie Watercolor Class:</u> Starting Thursday Sept. 11, 10:15am 6 weeks. Must sign up <u>Poetry:</u> Thursday 10:30 no experience needed, ideas provided, come and write or just listen <u>Thursday Pitch:</u> every Thursday 12:30 Card game involving Hi-Low-Jack

#### **FRIDAY**

**YOGA:** Friday 10:15-11:15 chair yoga DVD By Chris DeAmicis

**Strength and Stretch:** Friday 11:15-12:00 increase you stamina, flexibility, and balance with Arlene **Friday Crafting Corner:** Fridays 11AM Cards, 12:30 sewing For Class, see Article NO EXPERIENCE NEEDED.



## **AARP SMART DRIVERS ONE DAY COURSE**

Mon. Sept. 29, 8:45-4pm

The Senior Center has partnered up with AARP offering the Smart Drivers defensive driving course. This course is designed to reintroduce good driving habits that might've been lost over the years, explain new car features, and deduct 10% off of your insurance for a three year period. After 18 months it can also reduce points on your license. We have a brand new instructor, Bob McMahon. AARP members \$25 and for non-members \$30. You must call 315-637-9025 to register

and PAY for the course. Checks need to be written out to AARP not the center. Lunch will be available at noon if you wish to participate. Lunch donation of \$7. Reservations due 24 hours in





- September: 9/20 Fayetteville
   Festival 2-8PM
   9/26 Murder Mystery Dinner 6PM
- October: 10/24 Annual Fundraiser 6-8:30PM
- November: 11/25 Thanksgiving Take out dinner 4-5PM 11/28 Village Tree lighting
- December: 12/12 Holiday Party/ entertainment 12PM



EVERYONE IS WELCOMED FOR THE
BIRTHDAY LUNCHES. YOU DON'T HAVE TO
HAVE A BIRTHDAY IN THAT MONTH TO
HELP CELEBRATE OUR FRIENDS. A HOT
HOMEMADE MEAL, SOME SIDES, FRUIT,
BEVERAGE, AND BIRTHDAY CAKE, ALL
FOR \$8, PLUS A MOVIE. YOU CAN'T GO
WRONG, COME AND ENJOY!



## MONTHLY PROGRAMS For further details call 315-637-9025 or check website

#### **MONDAY**

<u>Board Meeting:</u> Monday, Sept. 15, 6pm, Monday, October 20, 6 pm. Monthly accounting of the business members welcome to attend

<u>Grief Group:</u> Monday, Sept. 22, 12:30pm, Monday, October 20, 12:30 pm. You are not alone. Group is a support for anyone affected by a personal loss of any kind. \$10 donation **group held in private on outdoor porch, incase of rain, it will be held in front room (craft room) with closed doors <u>Panera Fundraiser</u> Monday, Sept. 29 4-8pm. Pick up a flyer, mention you are dining for FCAA, or you can cut the article from cover and take it with you.** 

AARP One day Smart Drivers Course: Monday September 29 8:45-4pm. Lunch available

#### **TUESDAY**

<u>Salt City Auto Modelers:</u> Tuesday, Sept. 16, 6:45pm, Tuesday, October 21, 6:45pm local model group build, show, or enjoy the craft of expert design.

Book Club: Tuesday Sept. 23 12:45, "First to the Front" By Lorissa Rinehart Tues. Oct 21, 12:45 "The Little Liar" By Mitch Albom

<u>BINGO</u> Tuesday, Sept. 2 12:45pm prizes, <u>Tuesday</u>, Oct 14 12:45pm join us for a rousing game of BINGO <u>WWW</u> Tuesday, Sept.30 12:45pm, <u>Tuesday</u>, Oct 28 12:45pm Women's True Story Movie Series and discussion

#### **THURSDAY**

French Village: Tues., Sept. 16 & 23 Thursday, October 7 & 21 12:45, Series following a village and characters through WWII

<u>History of Saratoga:</u> Thur., Sept. 4, 11, & 18 Series exploring Saratoga NY History during the American Revolution

Military Club: Tuesday, Sept. 9, 12:45, Thursday Oct. 9, 12:45pm see flyers

B'Day Celebration(12:00)Movie(12:45): Thursday, Sept. 25, movie "Swimming with Men" Thursday, Oct. 30, Movie "Jane Austin Wrecked my Life"

#### **FRIDAY**

Murder Mystery Dinner with Acme Theater Troupe: Friday, Sept. 26 6pm \$45per Payment in-Advance

**Thirty First Wine and Cheese Reception:** Friday, October 24th 6-8:30 \$30per person



## THURSDAYS 10:30am JOIN US

### <u>"So We Keep On Keepin' On"</u>

Served with a healthy dose of humor

My "depends" have been dependable. My "Lunchables" have too much salt. My "words" have become so colorful sometimes too late too 'halt.'

My gait may have slowed a bit While I write poems in my head. Noticed my filter's been slippin' of late Catching words 'fore they come out of the gate!

My body continues to morph as I sleep In ways quite mysterious to me. I stand with absolute gratitude For the clothes that I wear and you see.

I'm ridin' today on the Aging Train. Bought my ticket with humor and grace. And yet I must still move each day puzzling' bout this thing we call "aging in place". My mind over-thinks in a headache-making way, While serving platitudes with plenty of attitude. So, whether I laugh today or cry... All done with a measure of gratitude.

I dance between being too careful And living to live While wondering when it's time to hold on Or just live and let live.

So, sit down and join me, Share a thought-maybe two 'bout this thing we call aging And how it's going for you.

Let's create a safe place In a no-judgement space, Celebrating life everyday Though, perhaps now, in a quieter way.

Susan N. Powers

10/27

10/31

## **BIRTHDAYS**

SEPT. BIRTHDA	Y	Sylvia Broadhead	9/19	Alan Brandolini	9/27	
Brenda Dera	9/1	Sylvia Westfall	9/19	Diane Phipps	9/27	
<b>Bob Livingston</b>	9/4	Pamm Mosey	9/21	<b>Christine Garritano</b>	9/29	
Lenore Ralph	$\frac{9}{6}$	Nancy Collins	9/21	Janet Callahan	9/29	
Janet Shaw	9/7	Lynn Greene	9/23			
Nacy Italiano	9/7	Jack Moffett	9/23			
John Jaconski	9/9	Sandra Quinn	9/23			
Diane Yeager	9/10	Frank Middleton	9/24			
Michael Lynch	9/10	Susan Patten	9/24			
William Foley	9/11	Margaret Taeler	9/25			
Ann Keany	9/11					
Mary Jerrigen	9/11	Sept. Birt	hday Cel	ebration Lunch & Movie		
Edward Veandry	9/11	<u> </u>		ct to change)		
Martha Twichell	9/12	Lunch, Thursday, Sept.25, at 12:00pm RSVP BY 9/23				
Barry McCann	9/15			<mark>dar.</mark> Cost– <u>non-birthday</u>		
Joan Gerardi	9/15		•	in Sept., FREE with birt	• = =	
Pat Ryan	9/15	coupon (check	the b'da	y card you received) BIF	RTH-	
Mike Ramont	9/16	<b>DAY MOVIE:</b>	THURSI	OAY, Sept. 25, 12:45pm		
Dora Elliott	9/17	"Swimming wi	th Men"	PG-13 1hr 13 Min. starri	ng:	
Ann Reed	9/17	<b>Rupert Graves</b>	COMED	Y, A man who is suffering a	a mid-	
Barbara Hemmerlei	n 9/18			g in his life as part of an all-	male,	
Dan Kinsella	9/18			nronized swimming team.		
<b>Kathleen Timmons</b>	9/18	**There are NO 1	<u> AKE-OUT</u>	S for this meal**		
Greg Mangan	9/18					

	DIKIII	
OCT	BIRTH	$\mathbf{D} \mathbf{A} \mathbf{V}$

10/4 **Nancy Tourville** Mary Linda McCrystal 10/5 Theresa Demario 10/6 Sarah O'Hara 10/6 Sharon Bailhe` 10/8 **Debbie Johnson** 10/9 Jean Wolfe 10/9 Tony Corasaniti 10/10 **Betsy Merriam** 10/10 **Geraldine Veaudry** 10/11 Nina Hodge 10/11 Richard Lamb 10/12 **Faith Nelson** 10/13 **Janet Terwilliger** 10/15 **Edwin Dawson** 10/16 **Linda Stone** 10/16 **Reta Stanley** 10/16 Frederick Micale 10/17 Jane Haas 10/18

10/18

10/20

Ben Moore

**Debra Terwilliger** 

Jim Wagner	10/20	Julia Gratien
Bernie Bugin	10/23	Carol McBride
Carl Chermack	10/24	
Marie Buckley	10/26	
Dale Roth	10/26	
<b>Marylea Lombard</b>	10/26	
Donna Lynch	10/27	

Oct. Birthday Celebration Lunch & Movie Lunch, Thursday, Oct. 30, at 12:00pm RSVP BY 10/28 Menu: see Menu Calendar. Cost-nonbirthday is a donation \$8. Birthday in Oct., FREE with birthday coupon (check the b'day card you received) BIRTHDAY MOVIE: THURSDAY, Oct. 30, 12:45pm "Jane Austin Wrecked my Life" R 1hr **34min Starring: Camille Rutherford ROM-COM:** An aspiring author looking to get more out of life takes up a writing residency and finds herself in the sort of romantic entanglements that could come from the pages of a Jane Austen novel.

\*\*There are NO TAKE-OUTS for this meal\*\*



TO PREVIEW THE MOVIE, PLEASE GO TO MOVIE WEBSITE OR YOUTUBE, AND VIEW THE TRAILER. Monday at the Movies 12:45pm
Wednesday at the Movies 12:45pm
Birthday Movie 12:45pm
POPCORN INCLUDED
DONATION WELCOMED

## MONDAYS in SEPT

#### SEPT. IS NETFLIX MURDER MYSTERY MONDAYS

Mon., Sept. 8, 12:45pm, "Murder Mystery" PG-13 1hr 37 Min Starring: Adam Sandler A New York cop and his wife go on a European vacation to reinvigorate the spark in their marriage, but end up getting framed and on the run for the death of an elderly billionaire.

Mon., Sept. 15, 12:45pm, "Murder Mystery 2" PG-13 1hr. 30 min. Starring: Jennifer Aniston Full-time detectives Nick and Audrey are struggling to get their private eye agency off the ground. They find themselves at the center of international abduction when their friend Maharaja is kidnapped at his own lavish wedding. Mon., Sept. 22, 12:45pm, "Enola Holmes" PG-13 2hr 04 Min Starring: Henry Cavill When Enola Holmes, Sherlock's sister, discovers her mother is missing, she endeavors to find her, becoming a super-sleuth in her own right as she outwits her famous brother and unravels a dangerous conspiracy.

## WEDNESDAYS IN SEPT

#### **NEW RELEASE WEDNESDAY**

Wed., Sept. 3, 12:45 pm, "Dark Feathers: Dance of the Geisha" PG-13, 93 Min. Starring Crystal Huang DRAMA: A young woman must choose loyalty to a historical Asian clan, and her non-traditional love, amidst the deaths of her dance partners being investigated by her new lover.

Wed., Sept. 10, 12:45 pm, "Alto Nights" R, 122 Min. Starring: Robert DeNiro Drama: Two of New York's most notorious organized crime bosses, Frank Costello and Vito Genovese, vie for control of the city's streets. Once the best of friends, petty jealousies and a series of betrayals place them on a deadly collision course that will reshape the Mafia (and America) forever.

Wed., Sept. 17, 12:45 pm, "Broke" R 104 Min. Starring Dennis Quaid Western: A bronc rider in denial about his fading rodeo career battles against brain injury and a sudden blizzard while reflecting on how it became so difficult to achieve his dreams.

Wed., Sept. 24, 12:45 pm, "EEPHUS" PG-13, 98 min. Starring: Cliff Blake COMEDY: As an imminent construction project looms over their beloved small-town baseball field, a pair of New England rec-league teams face off for the last time. Tensions flare up and ceremonial laughs are shared as an era of camaraderie and escapism fades into an uncertain future.

BIRTHDAY MOVIE: THURSDAY, Sept. 25, 12:45pm "Swimming with Men" PG-13 1hr 13 Min. starring: Rupert Graves COMEDY, A man who is suffering a mid-life crisis finds new meaning in his life as part of an all-male, middle-aged, amateur synchronized swimming team.

ANYONE CAN COME TO THE MOVIES! THESE ARE OPEN TO THE PUBLIC SO BRING A FRIEND, A NEIGHBOR, OR THE FAMILY. YOU CAN'T BEAT A NEW RELEASE MOVIE FOR FREE. WE WELCOME EVERYONE, SO JOIN US, 12:45PM, MONDAYS, WEDNESDAYS AND ON THE BIRTHDAY DAY.





TO PREVIEW THE MOVIE, PLEASE GO TO MOVIE WEBSITE OR YOUTUBE, AND VIEW THE TRAILER. Monday at the Movies 12:45pm
Wednesday at the Movies 12:45pm
Birthday Movie 12:45pm
POPCORN INCLUDED
DONATION WELCOMED

MONDAYS IN OCT.

#### OCTOBER IS THRILLER MONTH HAPPY HALLOWEEN

Mon., Oct. 6, 12:45 pm, , "Don't Bother to Knock" 1hr 16 Min Starring: Marilyn Monroe. After being dumped by his girlfriend, an airline pilot pursues a babysitter in his hotel and gradually realizes that she is dangerous.

Mon., Oct. 20, 12:45 pm, "The Letter" 1hr. 35 min. Starring: Bette Davis The wife of a rubber-plantation administrator shoots a man to death and claims it was self-defense, but a letter written in her own hand might prove her undoing.

Mon., Oct. 27, 12:45 pm, "Suspicion" 1hr 19Min Starring: Cary Grant Charming scoundrel Johnnie Aysgarth (Cary Grant) woos wealthy but plain Lina McLaidlaw (Joan Fontaine), who runs away with him despite the warnings of her disapproving father

## WEDNESDAYS IN OCT.

#### **NEW RELEASE WEDNESDAY**

Wed., Oct. 1, 12:45 pm, "The Accountant 2" R, 133min Min. Starring Ben Affleck MYSTERY/THRILLER: When an old acquaintance is murdered, Wolff is compelled to solve the case. Realizing more extreme measures are necessary, Wolff recruits his estranged and highly lethal brother, Brax, to help. In partnership with Marybeth Medina, they uncover a deadly conspiracy, becoming targets of

a ruthless network of killers who will stop at nothing to keep their secrets buried.

Wed., Oct 8, 12:45 pm, "Ghostlight" R, 115min. Starring: Keith Kupferer COMEDY/

**DRAMA:** When a construction worker unexpectedly joins a local theater's production of Romeo and Juliet alongside his estranged teenage daughter, the drama onstage starts to mirror his own life.

Wed., Oct. 15, 12:45 pm, "The Trouble with Jessica" PG-13 89 Min. Starring Alan Tudyk COMEDY: Sarah and Tom are in terrible financial trouble. On the brink of losing everything, they've managed to find a buyer for their stylish London home. When their best friends Richard and Beth come round for a final dinner, an uninvited old friend, Jessica, tags along. After a seemingly trivial argument, Jessica hangs herself in the garden. Tom goes to call the police when Sarah realizes if the buyer finds out, the sale will collapse, meaning definite financial ruin. The only solution - to convince Richard and Beth to take Jessica's body to her flat and make it look like she killed herself there. If they're clever enough about it, what could possibly go wrong?

Wed., Oct.22, 12:45 pm, "Lift" PG-13 146 Min. Starring Kevin Hart COMEDY/CRIME: An international heist crew is recruited to prevent a terrorist attack, and must pull off the heist on a plane mid-flight.

Wed., Oct. 29, 12:45 pm, "The Last Rodeo" PG, 118 Min. Starring Neal McDonough DRAMA: A retired rodeo legend risks it all to save his grandson. Facing his own painful past and the fears of his family, he enters a high-stakes bull riding competition as the oldest contestant ever. Along the way, he reconciles old wounds with his estranged daughter and proves that true courage is found in the fight for family.

BIRTHDAY MOVIE: THURSDAY, Oct. 30, 12:45pm "Jane Austin Wrecked my Life" R 1hr 34min Starring: Camille Rutherford ROM-COM: An aspiring author looking to get more out of life takes up a writing residency and finds herself in the sort of romantic entanglements that could come from the pages of a Jane Austen novel.



Please do not leave a message on the answering machine or in an email. Reservations made by talking with a staff member of by stopping by. Any cancelations must be made by 10:30am



- Tues. -Thurs. 12:00 Lunch \$7, Friday 4:00-4:15 Dinner \$15 take-out
- Always check for special events during the month as prices may change.
- Menu is subject to change! Dessert & Beverage included with lunch. Desserts \$1.00 w/o meal
  - Alternative meals available for food allergies, just ask ahead of time.
    - Lunch Take out available for an additional \$1.00 per meal.
    - Lunch starts promptly at NOON unless otherwise noted.

S	Mon	Tue \$7	Wed \$7	Thu \$7	Fri \$15 p/u 4-4:15	Sat
	1 CLOSED HAPPY LABOR DAY	2 Mac & Cheese Salad Fruit Dessert Beverage	3 Sweet Sausage sandwich w/ onions & pepper Waffle Fries Fruit Dessert Beverage	4 Pizzeria Pizza Salad Garlic knots Fruit Dessert Beverage	5 Beef and Broccoli Stir fry with rice Potstickers Fruit Dessert	6
7	8  popcorn & Beverage	9 Hot Meatball sandwich Onion rings Fruit Dessert Beverage	10 Chicken Fried Rice Fruit Roll Dessert Beverage	11 Fish Sandwich Fries Fruit Dessert Beverage	12 Baked Ham Mashed Potatoes Pineapple Wax Beans Roll Fruit Dessert	13
14	15 popcorn & Beverage	16 Assorted Quiche Salad Fruit Dessert Beverage	17 BLT on Toast Chips Fruit Dessert Beverage	18 Jan's Chicken Salad Chips Fruit Dessert Beverage	19 COOK ON VACAY NO DINNER TODAY	20 Fayetteville Festival 2-8pm with Fireworks
21	popcorn & Beverage	23 Baked Potato Buffet Roll Fruit Dessert Beverage	24 Goulash Salad Fruit Dessert Beverage	25 B'Day Chicken Parm on Pasta Salad Fruit Roll B'day Cake Beverage	26 Closed during the day!  OPEN at 5pm \$45 Murder Mystery Dinner 6pm	27
28	29 AARP LUNCH Chicken Noodle Soup, Choice of Egg/Tuna Sandwich Fruit Dessert Beverage	30 Turkey Club Chips Fruit Dessert Beverage	31 Taco salad Wednesday with all the fixings Fruit Dessert Beverage			



## **Events**

<u>S</u>	<b>Mon 10-3</b>	<b>Tues 10-3</b>	<b>Wed 10-3</b>	<b>Thurs 10-3</b>	<u>Fri 10-4</u>	Sat
	1 CLOSED HAPPY LABOR DAY	2 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch 12:45 BINGO	3 10:30-Wii games 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	410:30 Poetry 12-Lunch 12:30 Pitch 12:45 History Saratoga	5 10:15 Yoga DVD with Chris 11:15– Strength Class with weights 11-Crafting Corner 12– Mah Jong 12:30 Sew an Apron Craft 4-4:15 Drive thru Dinner	6
7	8 10:15 Yoga dvd 11:15— Strength Class with weights 12:30-Inter Chess 1pm Beg Chess 12:45- Movie	9 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch 12:45 military group	10 10:30-Wii games 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	11 10:15 Art with Julie 10:30 poetry 12-Lunch 12:30 Pitch 12:45 History Saratoga	12 10:15 Yoga DVD with Chris 11:15– Strength Class with weights 11-Crafting Corner 12– Mah Jong 12:30 Sew an Apron Craft 4-4:15 Drive thru Dinner	13
14	15 10:15 Yoga with Chris 11:15– Strength Class with weights 12:30-Inter Chess 1pm Beg Chess 12:45- Movie 6pm Board Meeting	16 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 French Village 6:45 Salt City Auto Modelers	17 10:30-Wii games 10:30-Beginners Party Bridge 12-Lunch 12:45 Movie 12:45- Mexican Train	18 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 History Saratoga	19 10:15 Yoga DVD with Chris 11:15– Strength Class with weights 11-Crafting Corner 12– Mah Jong 12:30 Sew an Apron Craft	Fayetteville Festival 2-8pm with Fireworks
21	22 10:15 Yoga with Chris 11:15– Strength Class with weights 12:30pm Grief Support 12:30-Inter Chess 12:45-Movie 1pm Beg Chess	23 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 French Village 12:45pm Book Club	24 10:30-Wii games 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	25 B'Day Cel. 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 Movie	26 Closed during the day! OPEN at 5pm \$45 Murder Mystery Dinner 6pm	27
28	29 8:45-4pm AARP Driving course 10:15 Yoga with Chris other side of bldg 12:30-Inter Chess 1pm Beg Chess 4-8pm Panera Fundraiser	30 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 WWW "Woman Walks Ahead"				



Please do not leave a message on the answering machine or in an email. Reservations made by talking with a staff member of by stopping by. Any cancelations must be made by 10:30am



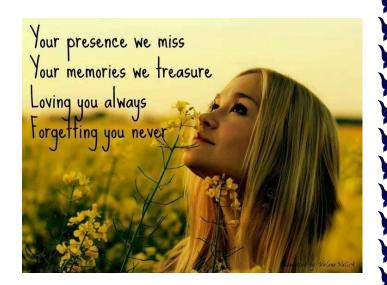
- Tues. -Thurs. 12:00 Lunch \$7, Friday 4:00-4:15 Dinner \$15 take-out
- Always check for special events during the month as prices may change.
- Menu is subject to change! Dessert & Beverage included with lunch. Desserts \$1.00 w/o meal
  - Alternative meals available for food allergies, just ask ahead of time.
    - Lunch Take out available for an additional \$1.00 per meal.
      - Lunch starts promptly at NOON unless otherwise noted.

Su	Mon	Tue \$7	Wed \$7	Thu \$7	Fri \$15 p/u 4-4:15	Sat
			1 Tuna Casserole Carrots Fruit Dessert Beverage	2 Cheeseburgers Fries Fruit Dessert Beverage	3 Mango Chicken with Rice Summer Squash Fruit Roll Dessert	4
5	6 popcorn & Beverage	7 Chicken Cobbler Casserole Fruit Dessert Beverage	8 Sloppy Joe Mac Salad Fruit Dessert Beverage	9 Tomato Soup Grilled Cheese Chips Fruit Dessert Beverage	10 Steak Medallions With baby potatoes Asparagus Fruit Roll Dessert	11
12	13 CLOSED Columbus Day	14 Breaded Chicken Tenders Fries Fruit Dessert Beverage	21 Very Mild Vegetarian Chili Salad Fruit Dessert Beverage	16 BLT on Toast Chips Fruit Dessert Beverage	17 Meatloaf/gravy Mashed Potatoes Carrots Fruit Roll Dessert	18
19	20 popcorn & Beverage	15 Hot Dogs Baked Beans Fruit Dessert Beverage	22 Jan's Chicken Salad Chips Fruit Dessert Beverage	23 Egg or Tuna Sandwich Vegetable Soup Fruit Dessert Beverage	24 closed during the day Wine, Cheese, and Silent Auction Fundraiser \$30, \$35 at door 6-8:30pm	25
26	27 popcorn & Beverage	28 Roasted Veggie Pizza Salad Garlic Knots Fruit Dessert Beverage	29 Chopped Italian Grinder Chips Fruit Dessert Beverage	30 B'Day Chicken & Broccoli Alfredo Salad Roll Fruit Dessert	31	



## **Events**

<u>S</u>	<b>Mon 10-3</b>	<b>Tues 10-3</b>	<b>Wed 10-3</b>	<b>Thurs 10-3</b>	<u>Fri 10-4</u>	<u>Sat</u>
			1 10:30-Wii games 10:30-Beginners Par- ty Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	2 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30Pitch 12:45 French Village	3 10:15 Yoga DVD Chris 11:15- Strength Class with weights 11-Crafting Corner 12- Mah Jong 12:30 Free Sew Time 4-4:15 Drive thru Dinner	4
5	6 10:15 Yoga with Chris 11:45– Strength Class with weights 12:30-Inter Chess 1pm Beg Chess 12:45- Movie	7 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch 12:45 Hearing presentation	8 10:30-Wii games 10:30-Beginners Par- ty Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	9 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30Pitch 12:45 Military Group	10 10:15 Yoga DVD Chris 11:15– Strength Class with weights 11-Crafting Corner 12– Mah Jong 12:30 Sew a Lap Blanket 4-4:15 Drive thru Dinner	11
12	CLOSED Columbus Day	14 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45pm BINGO	15 10:30-Wii games 10:30-Beginners Par- ty Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	16 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village	17 10:15 Yoga DVD Chris 11:15– Strength Class with weights 11-Crafting Corner 12– Mah Jong 12:30 Sew a Lap Blanket 4-4:15 Drive thru Dinner	18
19	20 10:15 Yoga with Chris 11:45– Strength Class with weights 12:30pm Grief Sup- port 12:30-Inter Chess 1pm Beg Chess 12:45-Movie 6pm Board Meeting	21 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 Book Club 6:45 Salt City Auto Modelers	22 10:30-Wii games 10:30 Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	23 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Vil- lage	closed during the day Wine, Cheese, and Silent Auction Fundraiser \$30, \$35 at door 6-8:30pm	25
26	27 10:15 Yoga with Chris 11:45– Strength Class with weights 12:30-Inter Chess 1pm Beg Chess 12:45-Movie	28 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 WWW "A Call To Spy"	29 10:30-Wii games 10:30-Beginners Par- ty Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	30 10:15 Art with Julie 10:30 Poetry B'Day \$8 12-Lunch 12:45 Movie 12:30 Pitch	31 10:15 Yoga DVD DVD Chris 11:15– Strength Class with weights 11-Crafting Corner 12– Mah Jong 12:30 Sew a Lap Blanket 4-4:15 Drive thru Dinner	



We offer a grief support group that meets once a month on Mondays at 12:30pm. A donation of \$10 to the councilor to facilitate the group is requested. Nicole is from the Front Porch Collective; she is well qualified and an understanding "friend" to the center. We welcome her dedication to helping our members

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through their difficult times. Check calendar for date and time.





## In Memory of our Dearly Departed members

May you rest in peace

Peter Monteleone, Edwina Norton, Nancy Hough, and Ralph Hoover





## A Word on Legacy or Planned Giving

We often long to make a connection to something bigger than ourselves. Your legacy will capture meaningful aspects of your unique personality and presence to preserve it for the benefit of those who will follow in your footsteps. Whether through work, family, or community, we all have the opportunity to leave a one-of-a-kind mark on the people and places around us. A Legacy gift is a symbol of empathy, love and sharing and a smart way to pay it forward. Please consider remembering your senior center in your Estate planning. A gift of 3-5% may seem small ,but to an organization, it is a priceless donation. We can continue on, in your name, providing the services and programs you have enjoyed. If you need any additional information you may speak with Janet, a member of the FCAA Board of Directors, or call Jan Lane at the Community Foundation, 315-883-5546



## FAYETTEVILLE CENTER FOR ACTIVE ADULTS

## **Board of Directors**

Chairman:

Arlene Pritzker **Secretary:** 

Patti Baker/Tony

Marsallo
Financial Advisor:

Barbara Arnold Gwynn Hall Barbara Hanzalik Mary Kilpatrick Jill McAndrew Stefano Selenu

\*Village Liaison:

Jane Rice

\*Mayor:

Mike Small

#### **Mission Statement**

The Fayetteville Center for Active Adults meets the challenges facing the senior community by offering social activities, education, health and recreational programs, nutritional programs and other activities in friendly, comfortable surroundings.

584 E Genesee Street Fayetteville, NY 13066 Phone: (315) 637-9025

Hours: M-TH 10am-3pm Fri 10am-4pm

Email: fayseniorcenter2@yahoo.com Website: FaySrCtr.org

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings.

Sept. and October Meetings are 6pm Mon., Sept. 15 and Oct. 20

OFFICE HOURS MONDAY-THURSDAY 10-3pm FRIDAY 10-4pm

Forwarding Service Requested

Postage Paid Permit No. 47 Non-Profit Organization

Fayetteville Center for Active Adults 584 East Genesee Street Fayetteville, NY 13066