

THE SILVER TIMES



FAYETTEVILLE CENTER FOR ACTIVE ADULTS

584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066

OUR STAFF:

Director: Janet Best
Kitchen: Dennis Murphy
Housekeeper: Tina Lauria

Sept. & Oct. 2026

Fayetteville Center for Active Adults

Please join us for our

**19th Annual Wine & Cheese Silent Auction
with Live Music by Singer Jilissa**

**Friday, October 23, 2026
6pm-8:30pm**

**\$35.00 RSVP in advance
\$40 at the door**

584 E Genesee St. Fayetteville, NY 315-637-9025

Join us for an enchanting evening of fine wines, artisanal
cheeses and appetizers, live music, browse and bid on
unique items and experiences in our silent auction.

FUNDRAISER IN SUPPORT OF FCAA

RSVP by October 16, 2026



Trivia Night, Spices for Sale & Spaghetti Dinner

Join us for a fun evening of trivia, a delicious spaghetti dinner, and a selection of spices available for purchase!

□ **Date:** Friday, September 25 **RSVP by 9/21**

□ **Time:** Dinner at 5:30 Trivia to follow

□ **Cost:** \$18.00 for dinner and trivia

Bring your friends, test your knowledge, enjoy a great meal, and browse Josh's new spice selection. All are welcome! Prizes will be awarded. See menu for meal.



President Cleveland Series

Tuesday, Sept. 8, 15, & 22 at 12:45

President Grover Cleveland, **Tues. Sept. 8, 15, & 22 at 12:45.** From his early years in Fayetteville to his two presidential terms, this program will be an interesting walk through our history.

PROGRAMMING/EVENTS

FREE CLASS **Senior Dance Aerobics for Fall Prevention**

Wednesdays at 10:15am Do you like music, moving to the rhythm of the beat? This is the class for you. Using upbeat music, this dance-like exercise can be done sitting or standing. Your instructor, Robin Ormsby, is from CARE at LeMoyne College. Drop ins welcome.

CLASS IS FREE

Come Join us on Fridays for Card Making

Each Friday Barb Arnold shows us the wonderful world of creative card making. We make and take for home, the military services, those in need of a pick-me-up or for special occasions. Come and join us to meet new friends and to have a conversation and some fun, and it's FREE.



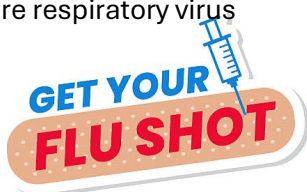
OPEN FLU CLINIC

Friday, Sept. 18th from 9am-3pm

Protect Yourself This Fall with the Updated Flu & COVID-19

No appointment needed – walk-ins are welcome!

- **No out-of-pocket cost** with all major insurance plans.
- **High-dose flu vaccine (65+)** available for older adults.
- **"Drive-thru" services** for limited mobility 1PM-3PM
- Vaccines administered by the trusted pharmacists from **Dougherty Pharmacy**. Protect yourself, your family, and your community before respiratory virus season begins.



Monday Afternoon Meditation

With Amy Mayer

Mondays 12:30pm we will learn the practice of relaxation and calm. Amy, a certified Meditation practitioner, will teach you to clear your head and relax, no matter what is going on in the world at the moment. We will have meditation twice a month once with Amy and then practice on our own. Please check calendar.



Scam Awareness Presentation for seniors & community

Join Officer Gabriella Weirman, Town of Manlius Police, for an hour long presentation on **Tuesday, Sept. 29th at 12:30pm**

Scams are fraudulent schemes designed to steal money, personal information, or access to accounts, often using impersonation, urgency, and fear, to trick individuals. We all know someone that has been affected by these kinds of crimes. Please RSVP and sign-up to educate yourself and a friend of the schemes we can all fall into.

Free Workshop on Estate Planning

Tuesday, October 13th at 12:30

Crisafulli Estate Planners will be here to discuss end of life planning and Estate Planning. This is an educational workshop that will help you if you are either in the process, what to make revisions to your current plan, or want to explore other options. Crisafulli law also handles Elder Law so if you know someone in need,



CRISAFULLI
ESTATE PLANNING & ELDER LAW, P.C.

bring them with you.

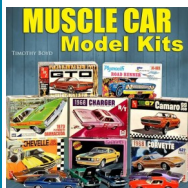


Join us for our 3rd Annual Model Swap/Display & Car Show Saturday, Oct 3rd 9am-1pm

Free admission. Free model kits for the kids, (while they last), Burgers, hot dogs etc... Live music and a 50/50 raffle.

Come one come all and support the Salt City Auto Modelers Club. They meet at FCAA the 3rd Tues. of the month

Salt City Auto Modelers



Remember building scale models as a kid? Well, some of us never gave up on this wonderful hobby, and that's where the Salt City Auto Modelers model car club comes in. We're a fun group of 10 or so that meet once a month for "show-n-tell", to share our scale modeling projects, and enjoy each other's company. Meetings are held at the Fayetteville Center for Active Adults on the **3rd Tuesday** of every month from **6:45 pm-9 pm**, and the next gatherings are scheduled for **Sept. 15 & Oct. 20**. It's all FREE, and if you have any questions, please call David Best at 315-663-7045.

Book for Book Club books available from Janet



Thursday, Sept. 17 12:45, "Summon up the Blood" by R.N. Morris Tuesday, October 27, 12:45, "Wise Gals" By Nathalia

Daylight Savings Time is **Sunday Nov. 1st** Don't forget to Fall back.



FCAA will be at the Fayetteville Festival Saturday, Sept. 19th. 2-8pm Beard Park Food Trucks, demonstrations, local businesses, raffles and giveaways, plus Fireworks at 8pm. Come see us. We can't wait to see you there.

Join our History Group. Give Janet your email and we will inform you of upcoming history discussions. Don't forget our series "The French Village" on Thursdays. A historical look at one French village during WWII. Check calendar for viewing times.



THURSDAYS
10:30am

Poetry

Hard Times

It Awaits.
Furtively.
Hiding in the folds
All black and white
No hint of grey
I and many others
Will try
Few to fully succeed
Yet nearly all return
To seek
To strive
To uncover
Truths.

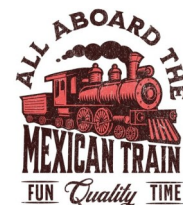
I await
Anxiously.
Memories of
Past struggles
Up's
And downs
Left and rights
Mind seeking
Answers eluding
Challenges met
Less often solved.
The Sunday Times crossword
Devilish.

By Scott Shablak

LOOKING FOR MORE MEXICAN TRAIN PLAYERS....

For your convenience we now have two different times for this domino game.

Wed. mornings at
10:30 and
Wednesday
afternoons at 12:45
Anyone is welcome
to play at either



Annual Appeal **UPDATE 2026**

Dear Friends, I would like to thank everyone that has donated to the Annual Appeal. We are currently in 4th month of the campaign and, it has come to my attention that the importance of our annual campaign may not be totally understood. Contributions are the financial life blood of the center. The center fundraises 2/3 of our \$205,000 budget, 25% of that figure is our Annual Appeal.

These are a few of the things you as a donor support:

- everyday expenses including those invisible expenses
- year round programming, maintaining reasonably priced meals, free projects, and providing services vital for seniors and the community
- All the fun extras, special dinners, free birthday month lunches and cards, bands and free orchestra performances, and educational/historical presentations

Without funds, we risk our not being able to provide the space for gathering, meals, programming, plus the ability to repair equipment needed to operate.

Did you know the community also comes together each year to help us sustain our work by donating to our fundraisers, special dinners, and other events.

Please, we are 1/2 way to our Appeal goal of \$50,000 for 2026. We appreciate all the support you can give.

Remember, it's not the size of the gift received, it's the part you play in the support of your Center.

Whether you are here once in a while or everyday, every dollar helps.

Thank you for your time. Jan

To Our Membership,

The Center is more than a building—it's a lifeline. It means connection instead of loneliness, hope instead of silence. Through your continued generosity and support we offer a variety of activities, community-based programming, and initiatives, as well as healthy meals for our 50+ population. We can't do this alone. The saying "It Takes a Village" is more than figurative... Your donations are vital to our organization. Just a \$10 donation per household would put us well on our way to success. In 2025, your generous donations brought kindness beyond measure to our members. Our heartfelt thanks to those who help our cause with a charitable donation.

Your financial support has helped us in the past year in so many ways, such as:

- Providing thousands of meals, educational programs, and social activities
- Offering new concepts in physical and mental health programs
- participation in several community outreach projects

Please help us build a solid foundation for the changing needs of tomorrow.

We invite you to stop by and see our home away from home. This year, The Board of Directors at the Fayetteville Center for Active Adults has established a goal of \$50,000 for our Annual Appeal Campaign.

We are thankful for **all** donations, no matter the level of giving.

You can truly make a difference in someone's life.

The Center is a 501 (c) (3) Not-For-Profit Corporation

Warm Regards,

Barbara Arnold, Board Chair

Janet Best, Director

Please maintain this section for your records:

Fayetteville Center for Active Adults Annual Appeal. Tax ID # 16-1143963

Amount Donated \$ _____

2026

Cut ----- *Cut*

You can return your generous gift to us in the mail or by dropping it off to the office

Name (please print) _____

Address _____

Enclosed is my check made payable to Fayetteville Center for Active Adults

\$500(Gold)

____ \$200(Silver) ____ \$100(Copper) ____ \$50(Nickel) ____ other ____

Credit Card ____ VISA ____ MC ____ AMEX ____

Card # _____ CVC _____ ZIP _____ EXP _____

Signature _____





**TO PREVIEW THE MOVIE, PLEASE GO
TO MOVIE WEBSITE OR YOUTUBE, AND
VIEW THE TRAILER.**

Monday at the Movies 12:45pm
Wednesday at the Movies 12:45pm
Birthday Movie 12:45pm
POPCORN INCLUDED
DONATION WELCOMED

MONDAYS in SEPT

Netflix series month

Mon., Sept. 14, 12:45pm, “Little House Netflix Series #1” PG-13 52 Min The Ingalls Family trades the Wisconsin woods for the wide-open plains of Kansas, where their new life brings both breathtaking beauty and genuine danger

Mon., Sept. 21, 12:45pm, “Little House Netflix Series #2” PG-13 51 min. Full-time detectives. A neighbor steps up to help the Ingalls build their new home, but their growing bond is threatened by the shadows of his past-and Caroline’s.

Mon., Sept. 28, 12:45pm, “Little House Netflix Series #3&4” PG-13 40/42 Min As the house on the prairie approaches completion, a troubling encounter makes the family reconsider their decision to settle in Independence. With fever gripping the town and medicine in short supply, the Ingalls face their most perilous challenge yet.

WEDNESDAYS IN SEPT

NEW RELEASE WEDNESDAY

Wed., Sept. 2, 12:45 pm, “I Can Only Imagine 2” PG, 110 Min. Starring Milo Ventimiglia
DRAMA/Music: Following the breakout success of the song 'I Can Only Imagine', MercyMe's Bart Millard is living the dream—sold-out arenas, a devoted fanbase, and a thriving career. But behind the spotlight, Bart's past threatens the family he's built, especially the fragile bond with his son Sam. When hopeful newcomer Tim Timmons joins the band for their biggest tour yet, he unknowingly brings a renewed gratitude to Bart's life through their unlikely friendship. Bart soon discovers that Tim carries hardships—and secrets—of his own, forcing him to face his past and repair his relationships with Sam and his wife Shannon before fame costs him what matters most.

Wed., Sept. 9, 12:45 pm, “Reminders of Him” PG-13, 114 Min. Starring: Bradley Whitford
DRAMA/ROM: When Diem's custodial grandparents adamantly refuse Kenna's attempts to see her daughter, Kenna discovers unexpected compassion, and then something truer and deeper, with former NFL player and local bar owner Ledger. As their secret romance develops, so do the dangers for both of them, leading Kenna toward heart-break and, ultimately, the hope for a second chance.

Wed., Sept. 16, 12:45 pm, “Crime 101” R, 104 Min. Starring Chris Hemsworth
Thriller/Crime: When an elusive thief whose high-stakes heists unfold along the iconic 101 freeway in Los Angeles eyes the score of a lifetime, with hopes of this being his final job, his path collides with a disillusioned insurance broker who is facing her own crossroads. Determined to crack the case, a relentless detective closes in on the operation, raising the stakes even higher.

Wed., Sept. 23, 12:45 pm, “Death of Robin Hood” R, 123 min. Starring: Hugh Jackman
Action/Adventure: Grappling with his past after a life of crime and murder, Robin Hood finds himself gravely injured after a battle he thought would be his last. In the hands of a mysterious woman, he is offered a chance at salvation.

Wed., Sept. 30, 12:45 pm, “The Last Laugh” PG-13 1hr 38 Min. Starring Chevy Chase
COMEDY: When retired talent manager Al Hart is reunited with his first client, Buddy Green, a comic who quit show business 50 years ago, he convinces Buddy to escape their retirement community and hit the road for a cross-country comedy tour.

BIRTHDAY MOVIE: THURSDAY, Sept. 24, 12:45pm “Young Washington” PG-13 125 Min.
HISTORY/DRAMA: Starring: Ben Kingsley, Before he led a nation, George Washington was a young soldier thrown into a global conflict. With alliances crumbling and war closing in, he must choose who to trust and confront the leader he's becoming.



**TO PREVIEW THE MOVIE, PLEASE GO
TO MOVIE WEBSITE OR YOUTUBE, AND
VIEW THE TRAILER.**

Monday at the Movies 12:45pm
Wednesday at the Movies 12:45pm
Birthday Movie 12:45pm
POPCORN INCLUDED
DONATION WELCOMED

MONDAYS IN OCT.

Netflix series month

Mon., Oct. 5, 12:45 pm, , “Little House Netflix Series #5&6” PG-13 46/42 Min Caroline and the girls struggle to fit in at a ladies event. Charles sets out to find the family’s missing horses and to clear an innocent man’s name. Snowed in and far from family, the Ingalls try to find a little cheer on a quiet Christmas Eve. But Santa has a surprise or two in store.

Mon., Oct. 19, 12:45 pm, “Little House Netflix Series #7” PG-13 52 Min The Osage gather for a pivotal tribal council, the fate of the land-and Laura’s friendship with Good Eagle-in the balance.

Mon., Oct. 26, 12:45 pm, “Little House Netflix Series #8” PG-13 57 Min After catching wind of their parents debts, Laura and Mary resolve to save the day by winning money at the town’s first Founders Day.

WEDNESDAYS IN OCT.

NEW RELEASE WEDNESDAY

Wed., Oct. 7, 12:45 pm, “Pressure” PG-13, 101min Min. Starring Brendan Fraiser

THRILLER/HISTORY: In the tense 72 hours before D-Day, and the fate of the free world hanging in the balance, General Dwight D. Eisenhower and Captain James Stagg face an impossible choice—launch the largest and most dangerous seaborne invasion in history or risk losing the war altogether.

Wed., Oct 14, 12:45 pm, “The Breadwinner” PG, 100min. Starring: Nate Bargatze

COMEDY/FAMILY: After his wife Katie lands a once-in-a-lifetime deal on Shark Tank that takes her on a prolonged business trip - lifelong breadwinner Nate Wilcox now has to fend for his family as a first-time stay-at-home dad.

Wed., Oct. 21, 12:45 pm, “The Wizard of the Kremlin” R 136 Min. Starring Jude Law

DRAMA: In the chaos of post-Soviet Russia, rising KGB officer Vladimir Putin joins forces with master manipulator Vadim Baranov to reshape life behind the Iron Curtain, using violence and deception to change the world forever.

Wed., Oct.28, 12:45 pm, “Jay Kelly” R 2 Hr 13 Min. Starring George Clooney COMEDY/ DRAMA Famous movie actor Jay Kelly embarks on a journey of self-discovery, confronting both his past and present, accompanied by his devoted manager, Ron.

BIRTHDAY MOVIE: THURSDAY, Oct. 29, 12:45pm “Power Ballad” R 1hr 38min Starring:

Paul Rudd COM-MUSIC: When Rick, a past-his-prime wedding singer, meets fading boy-band star Danny during a gig, the two bond over music and a late-night jam session. But when Danny turns one of Rick's songs into the hit that reignites his career, Rick sets out to reclaim the recognition he believes he deserves - even if it means risking everything he cares about.



**ANYONE CAN COME TO THE MOVIES! THESE ARE OPEN TO THE PUBLIC SO
BRING A FRIEND, A NEIGHBOR, OR THE FAMILY. YOU CAN'T BEAT A NEW RE-
LEASE MOVIE FOR FREE. WE WELCOME EVERYONE, SO JOIN US, 12:45PM,
MONDAYS, WEDNESDAYS AND ON THE BIRTHDAY DAY.**



Please do not leave a message on the answering machine or in an email. Reservations made by talking with a staff member or by stopping by. Any cancellations must be made by 10:30am

MENU

• Mon. –Thurs. 12:00 Lunch \$7

- **Always check for special events during the month as prices may change.**
- Menu is subject to change! **Dessert & Beverage Included with lunch.** Desserts \$1.00 w/o meal
- **Alternative meals available for food allergies, just ask ahead of time.**
 - Lunch Take out available for an additional \$1.00 per meal.
 - **Lunch starts promptly at NOON unless otherwise noted.**

S	Mon \$7	Tue \$7	Wed \$7	Thu \$7	Fri	Sat
		1 Bacon Cheese Burgers Fries Fruit Dessert Beverage	2 Fettucini Alfredo w/ broccoli bread Salad Fruit Dessert Beverage	3 Egg/tuna salad sandwich Salad Fruit Dessert Beverage	4 No Lunch	5
6	7 CLOSED	8 Taco Tues. with all the fixins Chips and Salsa Fruit Dessert Beverage	9 BBQ chicken Baked Beans Fruit Dessert Beverage	10 Tomato Basil Soup Grilled Cheese Sandwich Fruit Dessert	11 No Lunch	12
13	14 Greek Yogurt Protein Bowl Smoothie Granola Bar Beverage	15 Baked potato bar Green Beans Fruit Dessert Beverage	16 Hot dogs with fixings fries Fruit Dessert Beverage	17 Lentil Soup Salad Fruit Dessert Beverage	18 No Lunch	19
20	21 Hummus veggie Panini Salad Smoothie Protein Bar Beverage	22 Homemade Assorted Quiches Salad Fruit Dessert Beverage	23 Chicken and Veggie Stir Fry Rice Fruit Dessert Beverage	24 B'Day \$8 Lasagna with meatballs Salad Italian Bread Fresh fruit salad Birthday Cake Beverage	25 \$18 Dinner/ trivia Cheese & crackers Spaghetti and Meatballs Salad Italian and garlic bread Fresh fruit Cream puffs	26 Fayetteville Festival 2-8pm with Fireworks Food Trucks
27	28 Chicken Caesar Wrap Veggie sticks Smoothie Protein Bar Beverage	29 Homemade chicken noodle soup Salad Fresh Fruit Dessert Beverage	30 Turkey Panini w/ apples slices, swiss cheese Macaroni salad Fruit Dessert Beverage			



Events

Pg.8

<u>S</u>	<u>Mon 10-3</u>	<u>Tues 10-3</u>	<u>Wed 10-3</u>	<u>Thurs 10-3</u>	<u>Fri 10-3:30</u>	<u>Sat</u>
		1 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch	2 10:15 Senior Dance Aerobics 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	3 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village	4 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	5
6	7 CLOSED Labor Day	8 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 Grover Cleveland	9 10:15 Senior Dance Aerobics 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	10 10:30 poetry 12-Lunch 12:30 Pitch 12:45 French Village	11 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	12
13	14 10:15 Strength and Stretch 11:00- Yoga with Chris 12:00 Lunch 12:30-Inter Chess 12:45- Movie 12:30 Meditation 1pm Beg Chess	15 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 Grover Cleveland 6:45 Salt City Auto Modelers	16 10:15 Senior Dance Aerobics 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45 Movie 12:45 Mexican Train 2	17 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 Book Club 12:45 French Village	18 9-3pm FLU CLINIC 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	19 Fayetteville Festival 2-8pm with Fireworks
20	21 10:15 Strength and Stretch 11:00- Yoga with Chris 12:00 Lunch 12:30-Inter Chess 12:45- Movie 1pm Beg Chess 6pm Board Meeting	22 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 Grover Cleveland	23 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	24 B'Day Cel. 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 Movie	25 <u>OPEN AT</u> <u>11AM</u> 11-Card making 12- Mah Jong 12:30 Free crafting \$18 Spaghetti Dinner trivia with Josh Amidon after dinner	26
27	28 10:15 Strength and Stretch 11:00- Yoga with Chris 12:00 Lunch 12:30-Inter Chess 12:45- Movie 12:30 Meditation 1pm Beg Chess	29 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:30 Manlius Police Scam presentation	30			



Please do not leave a message on the answering machine or in an email. Reservations made by talking with a staff member or by stopping by. Any cancelations must be made by 10:30am

MENU

- Mon. -Thurs. 12:00 Lunch \$7
- **Always check for special events during the month as prices may change.**
- Menu is subject to change! **Dessert & Beverage Included with lunch.** Desserts \$1.00 w/o meal
- **Alternative meals available for food allergies, just ask ahead of time.**
 - Lunch Take out available for an additional \$1.00 per meal.
 - **Lunch starts promptly at NOON unless otherwise noted.**

Su	Mon \$7	Tue \$7	Wed \$7	Thu \$7	Fri	Sat
				1 Baked Sweet Potatoes w/ toppings Salad Dessert Beverage	2 No Lunch	3
4	5 Caprese Panini Salad Smoothie Protein bar Beverage	6 Mac & Cheese Broccoli Fruit Dessert beverage	7 Spaghetti with meat sauce Salad Bread Fruit Dessert Beverage	8 Carrot Ginger Soup Salad Fruit Dessert Beverage	9 No Lunch	10
11	12 Closed for Columbus Day	13 Taco Tuesday with all the fixins Chips and salsa Fruit Dessert Beverage	14 Grilled Chicken Sandwich Pasta Salad Fruit Dessert Beverage	15 Strawberry Avocado Salad Italian bread Fruit Dessert Beverage	16 No Lunch	17
18	19 Mozzacado sandwich Smoothie Protein Bar Beverage	20 Sloppy Joes Waffle Fries Fruit Dessert Beverage	21 Chicken, Broccoli, Rice & Cheese Casserole Fruit Dessert Beverage	22 Closed to set up for Wine and cheese event	23 Wine and Cheese Event 6-8:30pm	24
25	26 Creamy Potato Leek Soup Salad Smoothie Protein Bar Beverage	27 Egg/Tuna Sandwich Chips Fruit Dessert Beverage	28 Pulled Pork on Roll Potato Salad Fruit Dessert Beverage	29 B'day \$8 Herb roasted chicken w/ gravy Mashed potatoes Gr beans Roll Fruit B'day cake Beverage	30 No Lunch	31



Events

<u>S</u>	<u>Mon 10-3</u>	<u>Tues 10-3</u>	<u>Wed 10-3</u>	<u>Thurs 10-3</u>	<u>Fri 10-4</u>	<u>Sat</u>
				1 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village	2 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	3 Model Car Swap and show 9-1pm
4	5 10:15 Strength and Stretch 11:00- Yoga with Chris 12:00 Lunch 12:30-Inter Chess 12:45- Movie 12:30 Meditation 1pm Beg Chess	6 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch	7 10:15 Senior Dance Aerobics 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	8 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village	9 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	10
11	12 CLOSED Columbus Day	13 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:30 Workshop by Crisafulli Estate planning	14 10:15 Senior Dance Aerobics 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	15 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village	16 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	17
18	19 10:15 Strength and Stretch 11:00- Yoga with Chris 12:00 Lunch 12:30-Inter Chess 12:45- Movie 12:30 Meditation 1pm Beg Chess 6pm Board Meeting	20 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 6:45 Salt City Auto Modelers	21 10:15 Senior Dance Aerobics 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	22 Closed to set up for wine and cheese event	23 closed during the day Wine, Cheese, and Silent Auction Fundraiser \$30, \$35 at door 6-8:30pm	24
25	26 10:15 Strength and Stretch 11:00- Yoga with Chris 12:00 Lunch 12:30-Inter Chess 12:45- Movie 1pm Beg Chess	27 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 12:45 Book Club	28 10:30-Beginners Party Bridge 10:30- Mexican Train 12-Lunch 12:45- Movie 12:45 Mexican Train 2	29 10:15 Art with Julie 10:30 Poetry B'Day \$8 12-Lunch 12:45 Movie 12:30 Pitch	30 10:15 Strength and Stretch 11:00- Yoga 11-Card making 12- Mah Jong 12:30 Free crafting	31

Member Birthdays **in September** **HAPPIEST OF** **BIRTHDAYS**

9/4 Bob Livingston
 9/5 Denise Kingsley
 9/6 Lenore Ralph
 9/7 Janet Shaw
 9/7 Nancy Italiano
 9/7 Thomas Krisak
 9/8 Rosemary Bell
 9/10 Diana Yeager
 9/10 Michael Lynch
 9/11 William Foley
 9/11 Edward Veaudry
 9/12 Martha Twichell
 9/13 Shirley D'Hollander
 9/13 Gary Rake
 9/14 Cheryl Matt
 9/14 Sharon Westcott
 9/14 Patrick Ryan
 9/15 Barry McCann
 9/15 Joan Girardi
 9/16 Mike Ramont
 9/17 Ann Reed

9/18 Barbara Hemmerlein
 9/18 Kathleen Timmins
 9/19 Sylvia Brodhead
 9/19 Sylvia Westfall
 9/21 Pam Mosey
 9/21 Nancy Collins
 9/22 Sally Richer
 9/23 Lynn Greene
 9/23 Jack Moffett
 9/23 Sandra Quinn
 9/24 Frank Middleton
 9/24 Susan Patten
 9/24 Kevin Peterman
 9/25 Margaret Taeler
 9/25 Peter Ricardo
 9/27 Alan Brandolini
 9/27 Diane Phillips
 9/27 Patricia Weart
 9/29 Christine Garritano
 9/29 Janet Callahan



Birthday festivities will be on Thursday, September 24th, at 12:00.

Menu: **Lasagna with meatballs, Salad, Italian Bread, Fresh fruit salad, Birthday Cake, & Beverage.**

Any one with a birthday in September eats for free. All others eat for \$8.00.

Movie at 12:45pm "Young Washington" PG-13 125 Min. HISTORY/DRAMA:
Starring: Ben Kingsley, Before he led a nation, George Washington was a young soldier thrown into a global conflict. With alliances crumbling and war closing in, he must choose who to trust and confront the leader he's becoming.

**All need to reserve by Tuesday, September 22nd.
 Come and enjoy!!!!**

Member Birthdays in October

HAPPIEST OF BIRTHDAYS

10/1	Amy Lutz	10/15	Janet Terwilliger
10/3	Dane Lavoie	10/15	Philma Neidzwiecki
10/4	Brenda Fish	10/16	Linda Stone
10/4	Nancy Tourville	10/16	Lorraine Mork
10/5	Mary McCrystal	10/20	Jim Wagner
10/6	Sarah O'Hara	10/23	Amy Mayer
10/6	Stephen Morgan	10/24	Carl Chermak
10/6	Theresa Demaio	10/26	Dale Roth
10/7	Diane Galko	10/26	Marylea Lombard
10/8	Sharon Bailhe	10/26	Sandra Lutz
10/9	Debbie Johnson	10/27	Julie Gratien
10/9	Jean Wolfe	10/28	Linda Malik
10/10	Tony Corasaniti	10/28	Raelene Shippee-Rice
10/10	Betsy Merriam	10/30	Victoria White
10/10	MaryAlice Hickey	10/31	Carol McBride
10/11	Geraldine Veaudry		
10/11	Anina Hodge		
10/12	Richard Lamb		
10/13	Faith Nelson		



Birthday festivities will be on Thursday, October 29th, at 12:00.
Menu: **Herb roasted chicken w/ gravy, Mashed potatoes, Gr beans, Roll, Fruit, B'day cake, & Beverage**

Any one with a birthday in October eats for free. All others eat for \$8.00.

Movie at 12:45pm "Power Ballad" R 1hr 38min Starring: Paul Rudd COM-MUSIC: When Rick, a past-his-prime wedding singer, meets fading boy-band star Danny during a gig, the two bond over music and a late-night jam session. But when Danny turns one of Rick's songs into the hit that reignites his career, Rick sets out to reclaim the recognition he believes he deserves - even if it means risking everything he cares about.

**All need to reserve by Tuesday, October 27th.
Come and enjoy!!!!**



We offer a **grief support group** that meets **once a month on Mondays at 12:30pm**. A donation of \$10 to the councilor to facilitate the group is requested. Nicole is from the Front Porch Collective; she is well qualified and an understanding “friend” to the center. We welcome her dedication to helping our members through their difficult times. Check calendar for date and time.



In Memory of our Dearly Departed members

May you rest in peace

*Reta Stanley, Bill Hoyer, Linda Schwedes, &
Natalie Kinsella-Flatt*



A Word on Legacy or Planned Giving

We often long to make a connection to something bigger than ourselves. Your legacy will capture meaningful aspects of your unique personality and presence to preserve it for the benefit of those who will follow in your footsteps. Whether through work, family, or community, we all have the opportunity to leave a one-of-a-kind mark on the people and places around us. **A Legacy gift is a symbol of empathy, love and sharing and a smart way to pay it forward.** Please consider remembering your senior center in your Estate planning. A gift of 3-5% may seem small, but to an organization, it is a priceless donation. We can continue on, in your name, providing the services and programs you have enjoyed. **If you need any additional information you may speak with Janet, a member of the FCAA Board of Directors, or call Jan Lane at the Community Foundation, 315-883-5546**



FAYETTEVILLE CENTER FOR ACTIVE ADULTS

Board of Directors

Interim Chairman:

Barbara Arnold

Secretary:

Patti Baker

John Disque

Barbara Hanzalik

Mary Kilpatrick

Jill McAndrew

Mark Olson

Stefano Selenu

Susan Ryan

Village Liaison:

Jane Rice

*Mayor:

Mike Small

*Financial Advisor:

Tina Leonard

"Profit and Sense"

Mission Statement

The Fayetteville Center for Active Adults meets the challenges facing the senior community by offering social activities, education, health and recreational programs, nutritional programs and other activities in friendly, comfortable surroundings.

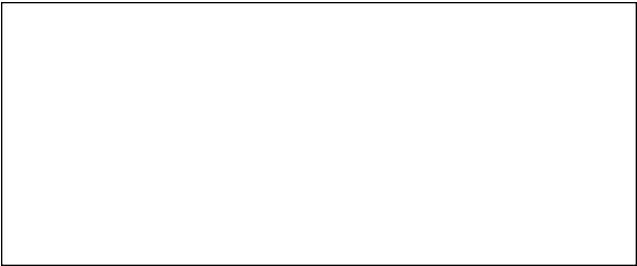
**584 E Genesee Street
Fayetteville, NY 13066
Phone: (315) 637-9025**

Hours: M-TH 10am-3pm Fri 10am-4pm

**Email: fayseniorcenter2@yahoo.com
Website: FaySrCtr.org**

**If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings.
Sept. and October Meetings are 6pm Mon., Sept. 15 and Oct. 20**

OFFICE HOURS MONDAY-THURSDAY 10-3pm FRIDAY 10-4pm



Forwarding Service Requested

US Postage
Paid
Permit No. 47
Non-Profit
Organization

Fayetteville Center for Active Adults
584 East Genesee Street
Fayetteville, NY 13066