Fayetteville Senior Center

he Beacon

OUR STAFF: Director: Janet Best Office: Cindy Stein Kitchen: Dennis Murphy



lours Mon.-Thurs., 10-3pm and Fri. 10-4pm DINNER P/U 4:00-4:15pm

ONGOING WEEKLY PROGRAMMING

- Mon. 10:15 Yoga (pg5)
- Mon. 12:30 Musical Movie Monday (pg 6)
- Mon. 1pm Chess (pg3)
- Tues. 10:15 Jill Art Class (pg2)
- Tues. 10:30 Competitive Party Bridge (pg 5)
- Wed.10:30 Beginners Party Bridge (pg5)
- Wed. 12:30 New Release Movies (pg5)
- Wed. 12:30 Mexican Train (pg5)
- Thurs. 10:15 Julie Art Class (pg 2)
- Thurs. 10:30 Poetry (pg3)
- Thurs. 12:30 Pitch (pg7)
- Fri. 12:00 Mah Jong (pg5)

FEBRUARY MONTHLY PROGRAMMING

- **MEMBERSHIP RENEWAL TIME**
- 2/4 12:30 Paper Crafting w/ Barb Card Making (pg2)
- Thurs., 2/6 & 2/20 12:30pm French Ville (pg3)

- 2/7, 2/21, 2/28 Friday 11am Crafting for a Cause (cover)
- 2/10, 2/17 & 2//24 Monday 2-4 Learn to play Mah Jong (pg2)
- 2/11 12:30 BINGO with a Valentines Day Flare
- 2/13 12:30 Military History Club "Winston Churchill" Documentary (pg3)
- 2/14 11:45 Valentines day lunch & music (pg 2)
- 2/17 6pm Board of Dir. Meeting (back cover)
- 2/17 12:30pm Grief Support Program (pg7)
- 2/18 6:45 Model Car Club (pg13)
- 2/18 1:00 Book Club (pg2)
- 2/21 1pm WWW (pg2)
- 2/27 **12pm** Birthday Lunch & **12:45** Movie
- Wed. APRIL TBA 10:30 Fall Prevention Class
- 4/3, 4/10 & 4.17 12:30pm Series on Ulysses S. Grant (pg4)

IT'S MEMBERSHIP RENEWAL TIME

Our membership dues are \$25 per household for anyone that wishes to belong to and participate at our center. Each year renewal is from January-March so that we can correctly update our list and view any changes. Even if nothing has changed, you need to fill out a form. A new data base is created every year. The form is located on the inside back of this newsletter. Please make sure you register so you can still be a part of our programming.



CRAFTING FOR A CAUSE" and

"Cards For Kindness"

FSC has teamed up with the Ronald McDonald House and Creative Kindness.com

This group will meet every Friday at 11am, sit together and enjoy each others company while providing some much needed comfort and support to others.

Do you Knit, Crochet, Sew, or do any crafting you wish to share. Would you like to create cards of support or inspiration for others? We have the group for you!

Ronald McDonald House is in need of homemade blankets, pillows, ETC..., crocheted, knitted or sewn. Anything that would make the people staying at their residence feel more at home. We have sewing machines and knitting needles. Yarn, fabric and other supplies can be supplied if you do not have any.

Cards For Kindness" is a national organization that provides cards in support, thanks,

and kindness for others to enjoy. This will be a permanent display so you can come in anytime and create a card. All supplies are provided. The Card will be picked up and sent to the organization and distributed to those

We would love to have as many people as we can get to do this community project. Let's show a little love to those who need it.

Staring Date: 2/7 11am check calendar

Cards for Kindness through Creativekindness.org All supplies will be available at any point, feel free to stop in and participate.



FAYETTEVILLE SENIOR CENTER

Valentines Day Luncheon and Live Music

Join us on <u>Friday</u>, <u>February 14th at 11:45AM \$15.00 RSVP by 2/12</u> for a lovely Luncheon, appetizers, and some great local live music. The Duo of Ron and Joe, "Two Old Guys" will be here to entertain us with some great tunes. Let's liven up our day and come together to celebrate and enjoy ourselves.

Menu: BBQ-Glazed Pork Tenderloin, Parmesan Orzo, Carrots, Fruit, and Cream Puff Sundaes SORRY NO TAKEOUTS FOR THIS MEAL



MahJong 101 Course with Certified Teacher Erica Rube Monday, Feb. 10, 17, & 24 2-4pm Sign-up required by 3/31

February 10: Class 1: Object of the game, learn the tiles, get to know the "Infamous/often confusing" Mahjong Card. How to set up the game, The Deal, Picking a Hand, The

Charleston. May get to play depending on how fast we move.

February 17: Class 2: Review of above, questions and Time to play! The nuts and bolts of playing: more on hand picking, intro to points or betting

February 24: Class 3: Review and more guided play, more strategy, tips on organizing a group for regular a weekly game. Extra class to just play TBA:

Cost: \$100 (THIS INCLUDES THE NATIONAL MAHJONG LEAGUE CARD NEEDED TO PLAY)

Payment to: Venmo: @Erica-Rube Zelle: eirube@mac.com



"Women of Wit and Wisdom" (WWW)

Friday, February 21, at 1pm.

Memories and Reminiscing

Join us for a trip down memory lane. Bring a picture of you or someone that made an impact on you, a story about a memory, or an item that brings you back to a favorite time or person. Anything that will help start your discussion.



** Join us on Tues., February 11 at 12:30pm

** for a game of Valentine shaped BINGO with ** Sweethearts for dabbers. All prizes will be

* heart or Valentine inspired. This will be a

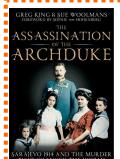
fun afternoon. Call to sign-up by 2/9



Watercolor Painting Class with Julie Gratien Thursdays 10:15-11:45 AM, Feb. 6, 13, 20.

This 6 week session will begin with a focus on color theory and brushstrokes. The class is designed to help you begin or improve your art skills through instruction in drawing and watercolor painting. If you have watercolor supplies, bring them to the first class. If not, we will discuss what is needed.

Cost is \$40 Sign-up required. Next session will be announce in March



***Book Club ***

Tuesday, Feb. 18, 1pm, "The Assassination of the Archduke" by Greg King and Sue

Woolmans. In the summer of 1914, three great empires dominated Europe: Germany, Russia, and Austria-Hungary. Four years later all had vanished in the chaos of World War I. One event precipitated the conflict, and at its hear was a tragic love story. When Austrian heir Archduke Franz Ferdinand married for love against the wishes of the emperor, he and his wife Sophie were humiliated and shunned, yet they remained devoted to each other and to their children. The two bullets fired in Sarajevo not only ended their love story, but also led to war and a century of conflict.

Book is available from Janet

Paper Crafting with Barb "Let's Make Some Cards"

Join us on Tuesday, February 4 at 12:30, for some fun and fellowship. Join us for this ever popular class on card making and paper craft. Each kit includes enough for 5 cards \$5.00.



"You don't need to have experience to write your feelings, observations or views."

Join us Thursdays
10:30am
No experience in writing is
needed, you can come hear
ideas, make a new friend or

listen to stories.

This is a wonderful supportive group to be involved with.

CHANGE

Why do they always change things? And who is they anyway? What happened to that beautiful Grove of trees near the corner? Another Mall? Kellog's is not in isle 3!! Yhey monkeyed with the notes In the Star Spangled Banner. Remember those black phones with a Mouthpiece to talk into? Basketball rules are different. Don't you think TV has more ads? Nobody cleans your windshield. What happened to fountain pens? Where are the cashiers at the grocery? I'm glad you and I are unchangeable friends.

Bobbi Hampson



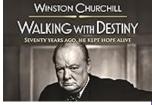
Course title: A Vichy French Ville in World War 2 Thursday, Feb. 6, 20 12:30pm with Mike O'Neal

A historical perspective that is still relevant today, this limited series on Prime, views the "what would you do if you had to collaborate with the enemy." It follows several characters through what we would consider heart breaking decisions and way of living. With accounts from historians and accounts of those that lived through it. Join Mike for a discussion of the previous episode, and a viewing of the current episode. This is a fascinating docuseries based on true events.

Military History Club Winston Churchill Documentary

- <u>Date:</u> Thursday, February 13, <u>Time:</u> 12:30pm, <u>Presenter:</u> Steve Nathan
- Winston Churchill Walking With Destiny 1hr 41min This documentary focuses on Winston Churchill's early opposition to Nazism and his support for Jews under threat by the Nazi regime.

In the next few months look forward to a discussion on Parks and Landmarks, WW1
Women phone operators "Hello Girls", "Hang Tough" Dick Winters Story, Band of Brothers and of course
Mike O'Neal's presentation on Gen Ulysses Grant.





7 WEEK FALL PREVENTION CLASS

Wednesdays, 10:30am APRIL TBA, CARE, a program from Le Moyne College and the Office of the Aging, are

sponsoring this **FREE** 7 week course in fall prevention <u>AT FSC</u>. Thru Education and Exercise, Paul Musso and Meghan Winje from LeMoyne, will be presenting proactive as opposed to reactive fall prevention. You will receive an Individual fall assessment as well as an exercise program. This program builds on the previous class. You should attend all 7 classes to get the full benefit.

Please call 315-637-9025 to sign up

Would you like to learn chess? Do you enjoy playing chess?

Chess Club meets every Monday at 1pm. We could use a few extra players and welcome teaching those who would like to learn. Now is the time to come on over to FSC, meet new people, play some chess and have a great time.

WELCOME TO 2025. INFO TO START OUT THE YEAR

LOOK WHATS COMING UP IN 2025

- January: Membership renewal
- February: Valentines Day Lunch. 2/14, Annual Appeal Fundraiser
- March: Mayor's Annual Turkey Dinner 3/2 Fundraiser, Mardi Gras Party 3/4, St Pat's Day 3/17
- April: Volunteer appreciation luncheon, Annual Meeting luncheon, TBA
- May: Spirit of Syracuse Concert & dinner for FSC 5/16 Jill Class Art Show 5/31
- June: Rummage Sale 6/27 & 28, summer

Kick-off cookout 6/20.

- July: Harvey's Beer Garden gathering TBA
- August: Chicken BBQ 8/15
- September: Fay. Festival 9/20, Murder Mystery Dinner 9/26
- October: Annual Fundraiser TBA
- November: Annual Thanksgiving Take out dinner, Village Tree lighting 11/28
- December: Holiday Party/entertainment 12/12



FOR CHARITY

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Rummage Sale is coming back in Friday, June 27 & Saturday, June 28!

Starting on May 1, 2025, 10-3pm not during 11:30-

12:30pm we will be accepting gently loved, clean, sellable items. A list of items we can accept is available in the office March 1. We will need volunteers for intake, pricing, set-up, working the sale, and clean-up. All positions will be posted on the bulletin board outside the office. All you have to do is sign your name,

Coming April 3, 10, & 17 12:30pm 3 Part Series on Ulysses S. Grant

As W.T. Sherman said "Ulysses S. Grant was of Simple Faith and Simple Success." Who was he? Ltd General, Military genius, President of the United States, Savior of the Nation, or a crook, butcher of men, bankrupt businessman or Drunk?



Series is Free please RSVP by 3/30 if you would like to attend.

Led by Charles Sparnecht, Series Arranged by Mike O'Neal.

The History Club is happy to be included in the participation of this series, this is in lieu of regular April History Club date.

Make it a day and sign up for lunch too. We offer homemade lunch at a very reasonable cost. Call 24 hours ahead to reserve.



WELCOME TO THE MOVIES, New Release Movie, Wednesdays 12:30pm, POPCORN INCLUDED

DONATION WELCOMED

Movies are open to everyone.

Popcorn and beverage are provided.

TO PREVIEW THE MOVIE, PLEASE GO TO MOVIE WEBSITE OR YOUTUBE, AND VIEW THE TRAILER.

DID YOU KNOW WE HAVE A MOVIE LICENSE?

This allows us to show movies, to our membership, free of charge and earlier than the new releases are released. With the colder months approaching let's move inside and watch a movie. We have the popcorn and your entertainment, you can bring yourself and a friend to enjoy.

Wed., February 5, 12:30 pm, "Wicked" PG 162 Min. Starring Ariana Grande DRAMA/FANTASY: In the land of Oz, ostracized and misunderstood green-skinned Elphaba is forced to share a room with the popular aristocrat Glinda at Shiz University, and the two's unlikely friendship is tested as they begin to fulfill their respective destinies as Glinda the Good and the Wicked Witch of the West.

Wed., February 12, 12:30 pm, "Number 24" N/R, 1hr 52Min. MILITARY/ DRAMA: A young Norwegian risks his life to fight the Nazi Occupation, becoming the nations most decorated war hero. This is the true story of Gunnar Sonsteby.

Wed., February 19, 12:30 pm, "From Embers" N/R 99 Min. Starring Matthew Morrison DRAMA/THRILLER: After the tragic loss of her husband Ron, Lily finds herself navigating a challenging new reality with her son Kevin. As they settle into a modest apartment, Lily's encounter with their neighbor Marty brings up an unexpected revelation about Ron's suspicious death. Marty is an alcoholic and his passion for music is only surpassed by his love for his daughter Chloe. When Lily delves deeper into the mystery surrounding Ron's demise, she forms a bond with his co-worker Angela. Together, they unravel a web of deceit involving patent theft and corporate sabotage, leading to a confrontation...

Wed., February 26 12:30 pm, "Adam the First" PG-13 103 Min. Starring David Duchovney DRAMA: Adam, a 14-year-old boy travels across the country to meet a series of men who could be his father after finding a letter with a list of names and addresses.

IS CHAIR YOGA FOR ME???

Do you want to feel more comfortable in your own skin? Do you have arthritis or some other form of muscle or bone issue? Would you like to be able develop better balance? Well, Chair Yoga may be for you. It promotes cognitive, physical, spiritual and emotional wellbeing. You won't know until you try it. JOIN US FOR CHAIR YOGA Monday 10:15am



<u>Mexican Train Wednesdays</u>: Come play this creative domino game <u>every</u> Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up. <u>Party Bridge:</u> Competitive group that plays every Tuesday, Beginners group Wednesdays.

both start at 10:30am.

Mah Jong Fridays: Mah Jong Fridays at 12pm! All levels welcome.

Musical Movie Mondays

Each Monday through March we will be showing classic or new musicals All movies will start at 12:30pm. Cookies and Cocoa will be provided for all and of course we encourage bringing a friend and singing along. What a great way to spend an afternoon during those cold winter days.

Mon., February 3, 12:30pm, "Wicked" PG-13 162 Min Starring: Ariana Grande. In the land of Oz, ostracized and misunderstood green-skinned Elphaba is forced to share a room with the popular aristocrat Glinda at Shiz University, and the two's unlikely friendship is tested as they begin to fulfill their respective destinies as Glinda the Good and the Wicked Witch of the West.

Mon., February 10, 12:30pm, "The Producers" PG-13 135min. Starring: Natan Lane. This satirical look at what it takes to create a hit show on Broadway follows the desires of accountant Leo Bloom and theatrical producer May Bialystock. The duo has plans to fleece investors of all of the money they give them to produce a new Broadway play and then leave the country to hide out in Brazil on their ill-gotten gains. But that plan never materializes when the play they hoped would quickly flop on the Great White Way becomes an overnight success instead.

Mon., February 17, 12:30pm, "Mary Poppins" PG 140 Min Starring: Julie Andrews. The four rambunctious Banks children have driven away their latest nanny, and their father is at his wits' end as he writes a want ad for a strict, no-nonsense babysitter. The children compose their own advertisement, asking for a sweet-natured and fun-loving nanny instead. Their father tears up the childrens' ad and burns it in the fireplace, and the burning scraps float up into the sky. The next day, Mary Poppins flies down on her umbrella and repeats the childrens' ad to their father. Soon, to Mr. Banks' dismay, she is taking the children on exciting, magical adventures. Hilarious chaos ensues as Mary teaches important lessons to all.

Mon., February 24, 12:30pm, "Les Mis" PG-13 158 Min Starring: Hugh Jackman. The ex-con Jean Valjean isn't able to find employment after he is released from prison. He ends up getting caught stealing from a local church. When the priest covers for Valjean by telling the police he gave him the goods, it positively changes him. He decides to break parole and elude officer Javert to create a new identity as a good citizen and businessman. Several years later, he adopts a former employee's daughter named Cosette, whose mother died in a tragic accident. As time passes, a grownup Cosette finds love, and Javert is coming closer to exposing Valjean's secret past life.

Birthday Movie Thursday, February 27, 12:45pm,, <u>"A Real Pain"</u> R, 90 min. Starring Kieran Culkin COMEDY/DRAMA: Mismatched cousins David and Benji reunite for a tour through Poland to honor their beloved grandmother. The adventure takes a turn when the pair's old tensions resurface against the backdrop of their family history.

Thursday Pitch Group 12:30

Join us for a rousing game of Pitch. If you don't know what pitch (High Low Jack) is, it is a card game that revolves around betting and trick-taking to score the most points. It can be played in partners or solo. How you play is determined by the group. It's good fun and great for your brain.

Call the center to sign up or to see if group is playing.

Snow Days

It's that time of year again!! Remember if the Fayetteville-Manlius School District is closed, the Fayetteville Senior Center <u>will be closed</u>. Please watch your television for the school closing scroll at the bottom of the screen. If



there is a delay or it is a regular day off for the school district then please call the center to make sure we're here. We are open if there is a delay.



Illness Reminder

Out of consideration for all our members and staff, please stay home if you are coughing, sneezing, or have a sore throat. The flu and/or covid, is extremely contagious and you should stay at home for at least 36 hours once symptoms have subsided. Staff may ask you to wear a mask or leave if they have concerns for the health of yourself or others.

Grief Support Group Monday, February 17, 12:30pm

Join us at our NEW monthly Grief Group led by Certified Grief Educator Nicole Kerekes. Find comfort and support with others who understand. Share and be heard, witness each other in grief, and receive support on your healing journey.

Recommended \$10*donation all grievers are welcome,

no matter their ability to donate.

Sign up today, space is limited. Nicole Kerekes is the Founder of Front Porch Collective, LLC, providing support services to adults experiencing grief. As a Certified Grief Educator, Nicole helps folks navigate grief using a come-as-you-are approach, meeting grievers where they're at with compassion and understanding. Through 1-on-1 and group sessions, grievers are provided space to share stories of loss, have their grief witnessed, and explore strategies for growth and finding purpose in life after loss.

DECEMBER WE WILL BE FOCUSING ON SURVIVING THE HOLIDAYS



In Memory of our Dearly Departed members

Jerry Dardzinski

May you rest in peace and your families find comfort.

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Ann Van Malderghan	2/1	Annette Danaher	2/14
Michelle Montroy	2/2	Debra Saucke	2/15
Cecelia Mulvey	2/2	Sherry Chin	2/16
Carol Bildstein	2/3	Barbara Madden	2/16
Anne Brandolini	2/4	Sharon Kelly	2/17
Karen Dawson	2/3	John Martin	2/19
Ltc. Alan Brandolini, USARET	2/4	Lauren Bianchi	2/20
Elena Jordan	2/5	Kay Faus	2/20
Russell Wood	2/5	Joyce Lennon	2/00
Robert Kopp	2/5	Philip Lindberg	2/20
Cathleen Brown	2/7	John Pease	2/23
Greg Long	2/7	Fred Wenthen	2/24
Maj. Robert Stewart	2/7	John Price	2/25
John Kirschenheiter	2/8	Kathy O'Connor	2/27
Carol Braund	2/9		
Martha Lacy	2/10	HAPPY BIRTHDAY TO) FVFDY/)NF
Judy Melnicoff	2/11		
Larry Novak	2/11	in February	•
Jeff Hemsley	2/12	When filling out	r your

When filling out your membership form, don't forget to

put your birthday month and day.



Ed Wortley Ronald Bort

James Mostrom Mary Kay Moore

2/12

2/13

2/13

2/13







Febrary Birthday Celebration Lunch

Lunch, Thursday, Feb. 27, at 12:00pm RSVP BY 2/25 Movie 12:45pm, Thursday, Feb 27, Birthday Movie, ""A Real Pain" R, 90 min. Starring Kieran Culkin **COMEDY/DRAMA**: Mismatched cousins David and Benji reunite for a tour through Poland to honor their beloved grandmother. The adventure takes a turn when the pair's old tensions resurface against the backdrop of their family history.

Menu: & Birthday Cake Cost—non-birthday is a donation \$8. Birthday in Febrary, FREE with birthday coupon (check the b'day card you received)

**There are NO TAKE-OUTS for this meal.

PLEASE ENJOY A FREE LUNCH ON US FOR ANY THURSDAY. JUST CALL 315-637-9025 TO RE-SERVE AT LEAST 24 HOURS IN-ADVANCE AND CUT OUT THE COUPON AND BRING IT WITH YOU. IT'S THAT EASY TO GET A HOMEMADE DELICOUS MEAL



A FEW CHANGES TO OUR LUNCH AND DINNER PROGRAM STARTING 2/1

As many of you know, the price of food is on the increase once again, in some cases, close to 45%. Plus, the size of packaging has become increasingly smaller requiring us to purchase more items. In order for us to continue to serve you with the best food and keep providing reasonably priced meals, we need to make a couple of changes to the current program.

In the last few weeks the weekly lunch members participated in a survey to determine how the membership would like to handle this complicated and ever changing issue. We know that most are on a fixed income and after taking that in consideration, we have decided not to raise the donation for lunch but to better structure it. Lunches will remain a donation of \$6.00. They will include a main portion, a side and fruit or salad. If you desire a dessert, we will provide an assortment for you to choose from for a donation of \$1.00. **Anyone** can have a dessert regardless of bringing a lunch or receiving a prepared homemade one.

The Friday Dinner program will be increased \$2 per meal. This covers the increase cost of containers and the stated above. These meals include: Main dinner size portion, side, Vegetable, fruit, roll(if called for), and dessert.

After much research, we know this could be a hardship for some people. We will never turn anyone away or have anyone go hungry. Please see Janet if you would like to discuss the changes. Remember, If participating in the meal program we do still need you to reserve 24 hours in-advance.

We thank you for your understanding and can't wait to continue serving you with the best we have to offer.

DID YOU KNOW THAT WE HAVE A LUNCH PUNCH CARD? YOU PAY \$30 FOR 6 MEALS. THAT'S 6 MEALS FOR ONLY \$5. THEY ARE AVAILABLE ANYTIME. SEE JANET OR CINDY AND WE CAN GET YOU ONE.





MENU

***PLEASE NOTE CHANGE ON THURSDAY'S PRICE AND MENU ***

RESERVE 24 hours in-advance 315-637-9025

- Tues. -Thurs. 12:00 Lunch \$6, Friday 4:00-4:15 Dinner \$14 take-out
- Always check for special events during the month as prices may change.
- Menu is subject to change! Beverages included with lunches Desserts \$1.00
 - Alternative meals available for food allergies, just ask ahead of time.
 - Lunch Take outs available for an additional \$1.00 per meal.
 - Lunch starts promptly at NOON unless otherwise noted.

Mon \$6	Tue \$6	Wed \$6	Thu \$6	**Fri \$14 p/u 4-4:15	Sat
					1
3 Cookies and Cocoa	4 Taco Tuesday And fixings Fruit	5 Baked Potato multiple topping Bar Salad Fruit	6 Homemade Cream of Broccoli soup Salad Fruit	7 Mango Chicken Rice Asparagus Fruit Roll Dessert	8
10 Cookies and Cocoa	11 Shrimp Creole With Rice Fruit	12 Hot Roast beef Sub w/ Provolone Fries Fruit	13 Chicken Salad Sandwich Chips Fruit	14 Valentine day Luncheon \$15 BBQ-Glazed Pork Tenderloin / Corn Bread Parmesan Orzo Carrots Fruit Cream Puff Sundae	15
17 Cookies and Cocoa	18 Beef Stroganoff Noodles Salad fruit	19 Chicken Divan with Broccoli and Rice Fruit	20 Homemade Chicken noodle soup Salad Fruit	21 Red Wine Braised Beef Tips Noodles Roasted Brussel Sprouts Fruit roll Dessert	22
24 Cookies and Cocoa	25 Italian Meat sub (The Godfather) Chips Fruit	26 Sloppy Joes Fries Fruit	27 B'Day Pasta Fagioli Salad Fruit Italian Bread B'Day Cake	28 No Dinner due to Mayor's Dinner Prep	
	3 Cookies and Cocoa 10 Cookies and Cocoa 17 Cookies and Cocoa	3 Cookies and Cocoa 4 Taco Tuesday And fixings Fruit 10 Cookies and Cocoa 11 Shrimp Creole With Rice Fruit 17 Cookies and Cocoa 18 Beef Stroganoff Noodles Salad fruit 24 Cookies and Cocoa 25 Italian Meat sub (The Godfather) Chips	3 Cookies and Cocoa And fixings Fruit 10 Cookies and Cocoa 11 Shrimp Creole With Rice Fruit 17 Cookies and Cocoa 18 Beef Stroganoff Noodles Salad fruit 19 Chicken Divan with Broccoli and Rice Fruit 24 Cookies and Cocoa 25 Italian Meat sub (The Godfather) Chips 26 Sloppy Joes Fries Fruit	3 Cookies and Cocoa A Taco Tuesday And fixings Fruit 10 Cookies and Cocoa 11 Shrimp Creole With Rice Fruit 17 Cookies and Cocoa 18 Beef Stroganoff Noodles Salad fruit 19 Chicken Divan with Broccoli and Rice Fruit 19 Chicken Divan with Broccoli and Rice Fruit 24 Cookies and Cocoa 25 Italian Meat sub (The Godfather) Chips Fruit 26 Sloppy Joes Fries Fruit 27 B'Day Pasta Fagioli Salad Fruit 28 Sloppy Joes Fries Fruit 29 Chicken Divan with Broccoli and Rice Fruit 20 Homemade Chicken noodle soup Salad Fruit 21 Cookies Salad Fruit 22 Cookies Salad Fruit 26 Sloppy Joes Fries Fruit 27 B'Day Pasta Fagioli Salad Fruit Italian Bread	3 Cookies and Cocoa And fixings Fruit 10 Cookies and Cocoa 11 Shrimp Creole With Rice Fruit 12 Hot Roast beef Sub w/ Provolone Fruit Fruit 13 Chicken Salad Fruit 13 Chicken Salad Fruit 14 Valentine day Luncheon S15 BBQ-Glazed Pork Tenderloin / Corn Bread Parmesan Orzo Carrots Fruit Cream Puff Sundae 17 Cookies And Cocoa 18 Beef Stroganoff Noodles Salad fruit 19 Chicken Divan with Broccoli and Rice Fruit 20 Homemade Chicken noodle soup Salad Fruit Cream Puff Sundae 21 Red Wine Braised Beef Tips Noodles Roasted Brussel Sprouts Fruit Fruit Fruit 24 Cookies and Cocoa 25 Italian Meat sub (The Godfather) Chips Fruit 26 Sloppy Joes Fries Fruit F





Sun	Mon 10-3	<u>Tues 10-3</u>	Wed 10-3	Thurs 10-3	<u>Fri 10-4</u>	Sat
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2	3 10:15-Yoga 12:30-Musical Movie Monday 1-Chess Club	4 10:15 Art Jill 10:30-Competitive Party Bridge 12:00- Lunch 12:30 Card Making	5 10:30– Beginners Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train	6 10:15 Art with Julie 10:30 Poetry 12:00 Lunch 12:30Pitch 12:30 A French Village	7 11-Crafting for a cause 12– Mah Jong 4-4:15 Drive thru Dinner	8
9	10 10:15-Yoga 12:30-Musical Movie Monday 1-Chess Club 2-4 Mah Jong Lessons	11 10:15 Art Jill 10:30-Competitive Party Bridge 12-Lunch 12:30 BINGO	12 10:30– Beginners Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train	13 10:15 Art with Julie 10:30 Poetry 12-Lunch 12:30 Pitch 12:30 Military History Club	14 NO CRAFTING 11:45 Valentine's Day Celebration 12– Mah Jong CLOSE at 3pm	15
16	17 10:15-Yoga 12:30-Musical Movie Monday 12:30 Grief Support Group 1-Chess Club 2-4 Mah Jong Lessons 6pm Board Meeting all welcome	18 10:15 Art Jill 10:30-Competitive Party Bridge 12:00- Lunch 1-Book Club 6:45 Salt City Auto Modelers	19 10:30– Beginners Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train	20 10:15 Art with Julie 10:30 Poetry 12:00 Lunch \$6 12:30 Pitch 12:30 A French Village	21 11-Crafting for a cause 12– Mah Jong 1pm WWW 4-4:15 Drive thru Dinner	22
23	24 10:15 Yoga 12:30-Musical Movie Monday 1-Chess Club 2-4 Mah Jong Lessons	25 10:15 Art Jill 10:30-Competitive Party Bridge 12:00- Lunch	26 10:30– Beginners Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train	27 10:30 Poetry B'Day \$8 12-Lunch 12:30 Pitch 12:45 Movie	28 11-Crafting for a cause 12– Mah Jong NO DINNER Close at 3pm	

A message to our valued members From the Fayetteville Senior Center Board of Directors

Preparing for 2025
The Importance of the Annual Appeal

We thank you for your generous donations in 2024. As you know, the Senior Center is a private not-for-profit that is does not receive financial support from the State of NY, County of Onondaga or Federal grants or programs. The Village of Fayetteville provides supports to 1/3 of our budget and the other 2/3 is fundraised by Staff and our Board of Directors. Last year we were extremely fortunate and our appeal very successful. It allowed us to hire two new people to help round out our staff, continue our food program, offer several new programs, and allow us to give back to our Community in new ways.

Our objectives in 2025, are to be able to adapt to the ever-changing needs of our senior members and tailor our programs and activities in a fun and enjoyable way. We look to grow our membership, bring new and exciting events, and maintain our already successful programs. This years financial goal is \$35,000, all of which will be used to help us meet those objectives. This yearly fundraiser is one of the financial backbones of FSC insuring our continued success. During February you will be receiving our plea in your mail box. (also available at FSC) As you consider financially supporting your favorite charities, we hope The Fayetteville Senior Center is high on your list. We strive to be a home away from home for all, a place of safety, friendship, and engagement. Please stop by with a friend or two to have lunch and participate in some of the daily activities. We look forward to seeing you and providing you with everything you need.

The Fayetteville Senior Center is a 501 (c) 3 not-for-profit corporation. EIN 16-1143963

Thank

We can't thank you enough for your continued support in attending our programming, participating in the meal programs and for your financial gifting. Thank you, in-advance, for your donations to 2025.

Salt City Auto Modelers

Remember building scale models as a kid? Well, some of us never gave up on this wonderful hobby, and that's where the Salt City Auto Modelers model car club comes in. We're a fun group of 10 or so that meet once a month for "show-n-tell", to share our scale modeling projects, and enjoy each other's company. Meetings are held at the Fayetteville Senior Center on the 3rd Tuesday of every month from **6:45pm-9pm**, and the next gathering is scheduled for **Feb 18**. It's all FREE, and if you have any questions, please call David Best at 315-663-7045, or talk to Janet.



\$25 per year, per household Newsletter Subscription/Membership Form **2025**

584 E. Genesee St., Fayetteville, NY 13066
** Please complete the entire form and return to the Center**

Emergency Contact and P	hone #:			
		Other		
Gardening	Work at Special	Events Help	in the Kitchen	
Help with Newsletter	Present a P	Program Handy	yman Work	
If you wish t	o volunteer at the	Center, please checl	k any you may b	e interested in:
Board Games	Movies	Suggestions		
	Book Club	AAR <u>P Cla</u> sses	Card Game	es
We offer		ties, please check an Te <u>ch Cl</u> asses		
Email Address				
State:	Zip code:	Phone #:		
City:				
Address:				
Mos & Day Birth: Registrant #2: Mos & Day Birth:				



Board of Directors

Chairman: Tony Marsallo Secretary: Janet Callahan Financial Advisor:

> Barbara Arnold Patti Baker Gwynn Hall Barbara Hanzalik Mary Kilpatrick Jill McAndrew Arlene Pritzker

*Village Liaison: Jane Rice *Mayor: Mike Small

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreational programs, nutritional programs and other activities in friendly, comfortable surroundings.

584 E Genesee Street Fayetteville, NY 13066 Hours: M-TH 10am-3pm Fri 10am-4pm

Phone: (315) 637-9025 Email: fayseniorcenter2@yahoo.com Website: FaySrCtr.org If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings.

February Meeting is 6pm Mon., February 17, 2025



Forwarding Service Requested

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Fayetteville Senior Center 584 East Genesee Street Fayetteville, NY 13066