### Fayetteville Senior Center

# The Beacon Of 2022





### **COOKIE FUNDRAISER**

Enclosed is an order form for our second annual cookie fundraiser. Each box will have a list of possible cookies/treats included. All treats are homemade here at the center by staff, Board Members, and volunteers. This year it is better than ever with more variety and a larger size box. Cost of the box is \$15.00 with a \$2.00 discount if ordered AND PAID FOR by April 4th. Final order date is April, 12th.

Cookie pick-up is Friday, April 15th between 1-2pm. Order will be brought to your car in the parking lot. Please do not park but line up so you will be waited on in arrival order. Due to the holiday, staff will be leaving promptly at 2:15pm

### **Volunteer Appreciation Luncheon**

please don't be late.

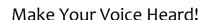
When: Tuesday, 4/19

**Time:** 12:00pm

Menu: Tuna/Egg Salad Sandwiches, Chips, Fruit and Special Dessert

Cost: FREE FREE FREE For our Volunteers RSVP: A MUST, By Thursday, April 14th

Join us to celebrate and thank our volunteers. This one day a year we recognize those who continue to serve and support our center in their own unique way.



Please join us for our **Board of Directors Annual Meeting** on **April 26th.** We will be providing



a **FREE** lunch of Deli Sandwiches, Salad, Fruit and Dessert, for those who attend the meeting, at 12pm. Attendees will be able to meet with members of our Board of Directors following the meeting to discuss concerns or ask any questions you might have. We will be discussing future fundraisers and events for the center, as well as the center's Annual Budget and introduction of new board members.

Lunch is at 12pm, the meeting will begin at 12:30pm.

FAYETTEVILLE SENIOR CENTER 584 EAST GENESEE STREET FAYETTEVILLE, NY 13066 (315) 637-9025

**OUR STAFF:** 

Director/Kitchen: Janet Best Admin. Assistant: Gracie Redmond Jr. Assistant: Abbie Carlsen



• FRIDAY, APRIL 15TH, OUR HOURS ARE
10-12:00PM THERE WILL BE NO LUNCH OFFERED
THERE WILL BE NO BRIDGE OR MAH JONG.

- COOKIE PICK-UP ON FRIDAY, APRIL 15 FROM 1-2PM PLEASE COME WITHIN THIS TIME FRAME AS IT IS GOOD FRIDAY AND STAFF WILL BE LEAVING.
- WE ARE CLOSED ON MONDAY, APRIL 18TH TO OBSERVE THE HOLIDAY.

### **A FEW REMINDERS:**

- Sign in whenever you enter the building. <u>Mask wearing is only mandatory for those not vaccinated. If you are not fully vaccinated we ask you keep your mask on.</u>
- Make sure you **sign up for ALL events**. If you are unable to come, please call to tell us.
- Please sign up for your lunch at least 24 hours ahead. We don't have items readily on hand. If you have allergies or dietary restrictions, we can make adjustments if need be.



DID YOU KNOW THAT THE SENIOR CENTER HAS A CODE OF CONDUCT? INCLUDED IN THIS NEWSLETTER IS A COPY FOR YOUR USE. IN RECENT MONTHS WE HAVE FOUND OURSELVES IN NEW SITUATIONS AND WITH DIFFERENT EXPECTATIONS. THIS CODE OF CONDUCT ALLOWS ALL- STAFF, VOLUNTEERS AND MEMBERS- TO RELAX KNOWING THAT THEY ARE TAKEN CARE OF WITH KINDESS AND RESEPCT WHILE AT THE CENTER. THERE WILL BE ONE POSTED AT THE CENTER THAT YOU CAN REFER TO AT ANY TIME. IF YOU HAVE ANY QUESTIONS DO NOT HESITATE TO ASK. THANK YOU SO MUCH FOR ALL YOUR UNDERSTANDING.

#### **ANNUAL APPEAL**

The senior center's mission has always been to provide education, all varieties of programming, entertainment, a nutritious affordable meal, and community outreach.

The Annual Appeal provides approximately 20% of the budget each year, so it plays a large part in helping us sustain our mission. No donation you provide is too small. **Please read the donation letter attached to this newsletter.** It is through donations like this we can continue our mission for our members as well as the community at large. Thank you in advance for your support. Qanet, FSC Director



In Memory of our dearly departed members:

Bernie Kaplan, and Klaus Schroder



We are looking to start an Art Group!!! Several people have asked for a place to bring their projects to work on individually or as a group. We are setting aside Parnell Hall on Thursday's at 10:30am for anyone that would like to bring any medium of art to gather together, help each other,

and share their talents. We are in the process of finding an instructor, hopefully that will be coming soon. If anyone knows of someone that would be willing to sit in as an advisor, please call Janet at 315-637-9025.



LOOKING FOR A PIANO PLAYER FOR 1-2 TIMES A MONTH TO SUPPLEMENT OUR CURRENT PIANO PLAYER. THIS IS A PAID POSITION OF \$25 PER FRIDAY. IF ANYONE KNOWS OF SOMEONE THAT MIGHT LIKE A LITTLE EXTRA AND WOULD LIKE TO HELP US OUT, PLEASE CONTACT JANET AT 315-637-9025.

If you are interested in a late afternoon or early evening TAI CHI CLASS, please let the staff know. We have been approached by an instructor and if interested we need to plan the right time and day. Call 315-637-9025



Join us on **Tues.**, **April 5th** at 12:00PM for a brief 10 minute talk with AmeriCorps Senior

Retirement Volunteer Program. Did you know volunteers live longer? After the short presentation about opportunities with RSVP, we will play a rousing game of trivia at 12:15. call to sign up.

Join us to celebrate Earth Day Friday, April 22. at 1:00pm by making free potted plants. If you would like join us for the birthday lunch at **12:00pm.** It is a \$5.00 donation.

Join us on Tues., April 12th 12:30pm for an intro to Therapeutic

Massage. By Health in Hand Therapeudic Massage with Carolyn

Henn, LMT, BCTMB, licensed Massage Therapist. You can experience a free 15 minute massage to relax and be able to talk with Carolyn

about your concerns and what she can do for you. This is a FREE program! You must sign-up so we can plan the activity.

HEALTH IN HAND THERAPEUTIC MASSAGE

Please observe change in prices for Membership, now \$20 per household and Thursday Dinner, now \$12.00. If you have questions please call (315)-637-9025

Membership was due from January-March. Anyone that didn't renew will not be receiving a newsletter. If someone you know has yet to fill out a form please have them call the office at 315-637-9025.

### **Crafting and Conversation**

Join us for this new group bringing crafters together every <u>Thursday at 10am</u>. You can bring your craft, knitting, crocheting, card making or any other craft you may be into and would like to share. Have a cup of coffee/tea and a sweet treat, and meet some new friends.

### Poetry!

We have a Poetry Group that meets

Once a week. If you are new to writing or if you are an avid writer, all are encouraged to come and are very welcome. Please call for day and time.

### **Book Club, Monday, April 11th 1pm**

April's book is "The Pact" by Jodi Piccoult. For our May book club, each person will pick a wrapped book based on three hints on the books cover. In May, tell us what you thought of the book. Would you recommend it? Did the book speak to you in any way or what intrigued you more? Of course you may not like the book at all and if that's the case, present that too. Hopefully we will all have something exciting to tell and a few new books to read.

# "Let's Sing" with Walt Price Friday, April 8th at 10:30am. No sign up required, a mask is REQUIRED.

### "BUNCO BUDDIES"

Monday, April 25th 10:30am

Come and play the classic dice game BUNCO. It is loads of fun and even if you do not know how to play, it's quick and easy to learn. This new group is a revival of the group from the past. Let's have some fun and meet new people. <u>Please sign up so</u> we know how many to set up for.

### **Tom Henry Presentation**

Join us on <u>Tues</u>, <u>April 14th at 12:30pm</u> for the continuation of our conversation on Vietnam. Join us for lunch.

\*\*MUST RSVP\*\*

### GAMES!! SIGN-UP REQUIRED







<u>Pitch Tuesday's:</u> Come play pitch with your friends every Tuesday at 11am, have lunch and play into the afternoon. Sign up required!

<u>Mexican Train Wednesday's</u>: Come play this creative domino game every Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up.

<u>Hand and Foot Thursday's:</u> A fun card game similar to Canasta, easy to learn and fun for everyone! The group meets at <u>10am every Thursday</u>. Call for more info.

Mah Jong Friday's: Come play Mah Jong Fridays at 12pm!

**Pinochle Friday's:** We have a group that plays at 10:30am on Fridays! Come join!

**Duplicate Bridge:** We have 2 different groups that play Monday, and Friday, call for info.

Party Bridge: 2 groups that play every Wednesday, call for info.

We have plenty all types of games available for use. If you have a group that needs a space, speak to Gracie or Janet about using one of our available rooms free of charge. We would love to have more groups use our facility.



### April 2022 Menu



Tues \$5.00 Wed \$5.00 Thurs \$12.00 Fri \$5.
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5	6	7	1 Breakfast Sandwiches Fruit & Yogurt Danishes/Beverage
Mild Meat Chili salad Italian bread Fruit Beverage/dessert	Hot Dogs Baked Beans fruit Beverage/dessert	Cranberry Apple pork chops Baked potatoes green beans roll w/butter fresh fruit dessert	Belgian waffles with fruit /Whipped Cream Bacon Fresh Fruit Salad Beverage/Croissants
Pancakes with assorted syrup Sausage fruit Beverage/donuts	Pulled Pork Sandwich Chips Fruit Beverage/dessert	14 NO DINNER DUE TO COOKIE EVENT	15 NO LUNCH 1/2 DAY COOKIE PICK-UP TODAY BETWEEN 1-2PM
19_Volunteer Lunch Variety Tea sandwiches Chips Fruit Beverage/dessert	20 Cheeseburgers Fries fruit beverage/dessert	21 Chicken Marsala with spaghetti carrots Roll w/butter Fresh Fruit Dessert	22 BIRTHDAYS Ham and Cheese Quiche salad Italian bread fruit Beverage/Dessert
26 Annual Meeting Deli Sandwiches (Turkey, Ham, Roast Beef) Tom/lettuce Salad fruit Beverage/Dessert	Chicken Salad Sandwich chips fruit Beverage/dessert	Spaghetti and Meatballs green salad Italian and garlic bread Fresh fruit Dessert	Chicken noodle soup salad fruit beverage/dessert

Menu is subject to change, substitutions are available for dietary restrictions only. Veggie burgers or turkey sandwich are available for an alternative, please ask in advance.



### **April 2022 Events**



Sun	Mon	<b>Tues</b>	Wed	<b>Thurs</b>	<u>Fri</u>	Sat
					1 10:30-Pinochle 12- Mah Jong 12-Duplicate Bridge 12-Lunch 12:30- Movie	2
3	4 10– Duplicate bridge 11– Bingo	5 10- Exercise 11-Pitch 12-Lunch 12:15- Trivia	6 10:30– Party Bridge 12-Lunch 12:30 – Movie 12:30– Mexican Train	7 NO EXERCISE 10- Hand & Foot 10- Crafting and Conversation 3:30-4PM To Go Dinners	8 10:30-Pinochle 10:30- Let's Sing 12- Mah Jong 12-Duplicate Bridge 12-Lunch 12:30- Tom Henry rec. Movie	9
10	11 10– Duplicate bridge 1– Book Club	12 10- Exercise 11-Pitch 12-Lunch 12:30- Massage Therapist	13 10:30– Party Bridge 12-Lunch 12:30 – Movie 12:30– Mexican Train	14 NO EXERCISE 10- Hand & Foot 10- Crafting and Conversation 12:30-Tom Henry No Dinners	15 Half Day No Mah Jong, Bridge or Lunch COOKIE PICK-UP 1-2	16
17	18 CLOSED FOR HOLIDAY	19 10- Exercise 11-Pitch 12-Volunteer Lunch	20 10:30– Party Bridge 12-Lunch 12:30 – Movie 12:30– Mexican Train	21 NO EXERCISE 10- Hand & Foot 10- Crafting and Conversation 3:30-4PM To Go Dinners	22 10:30-Pinochle 12- Mah Jong 12-Duplicate Bridge 12- BDay Lunch 1- Earth Day celebration	23
24	25 10– Duplicate bridge 10:30– Bunco	26 10- Exercise NO PITCH 12-Lunch 12:30-Annual Meeting	27 10:30– Party Bridge 12-Lunch 12:30 – Movie 12:30– Mexican Train	28 NO EXERCISE 10- Hand & Foot 10- Crafting and Conversation 3:30-4PM To Go Dinners	29 10:30-Pinochle 12- Mah Jong 12-Duplicate Bridge 12-Lunch 12:30- Movie	30

### WELCOME TO THE MOVIES

Movies are free and open to anyone. Popcorn and beverage are provided.



Wed., April 6, 12:30pm, "Lady of the Manor", R, 1 hr 36 Minutes Starring Melaine Lynskey & Judy Greer Lady of the Manor is an American comedy centering on Hannah, someone who doesn't have their life completely together. Considering herself a slacker by trade and spending her free time being stoned, Hannah is hired by the Wadsworth Estate as an actress portraying Lady Wadsworth, a Southern lady who lost her life in 1875. Hannah knows nothing about the woman she's portraying, improvising her performances until the ghost of the woman herself shows up. Lady Wadsworth demands that Hannah do better for herself, or else she will continue to haunt the girl until a positive change happens.

Wed., April 13. 12:30pm, "12 Mighty Orphans" PG-13, 1 hr 58 Minutes Starring Luke Wilson & Vinessa Shaw After seeing himself reflected in the children of an orphanage during the Great Depression, a high school football coach gives up his coveted position to take on a bigger task: making something of these kids. For reasons unknown, the scrawny orphans pull on the heartstrings of this coach with a mysterious past. Winning over the hearts of the nation, this coach takes these boys from playing barefoot without a real football all the way to the State Championships.

Wed., April 20 12:30pm, "Marry Me" PG-13, 112 Minutes Starring Jennifer Lopez & Owen Wilson
Marry Me is a romantic comedy focusing on an unexpected relationship being created in front of millions. Kat Valdez and Bastian are superstars in the music industry, so much so that the world plans to make an event out of their impending wedding. However, things fall apart when Kat learns that Bastian has been unfaithful mere moments before the vows can take place. Making an abrupt choice, she picks a man in the crowd named Charlie, not realizing that he's holding a Marry Me sign, and decides to follow the sign's suggestion.

Wed., April 27 12:30pm, "Cyrano" PG-13, 124 Minutes Starring Peter Dinklage & Haley Bennett
In this retelling of the classic story, Cyrano de Bergerac is charged with the monumental task of wooing a woman, Roxanne, who he has fallen in love with. Through his love letters, Cyrano's true spirit is revealed. His amazingly amorous nature makes itself known through his communications to his beloved. Along the way, a new recruit to his regiment makes himself useful as the face of Cyrano. Because the odds are stacked against him, Cyrano wonders whether his fate is to love Roxanne from afar.

### Friday Afternoon Classics, 12:30 pm free and open to everyone

Friday. April 1st, 12:30 pm "Mona Lisa Smile" PG-13 120 Minutes Starring Julia Roberts & Kirsten Dunst Progressive art professor Katherine Ann Watson accepts a position at the prestigious Wellesley College in the 1950s. She is a step

Progressive art professor Katherine Ann Watson accepts a position at the prestigious Wellesley College in the 1950s. She is a step ahead of the times, and this does not fit so well with the conservative environment of this women's college. In her classroom, she encourages her students not to see higher education as a means to marriage but to truly explore their potentials. Katherine inspires her students with her unusual ideas, but the school does not approve of her methods and message, and many of the young women still don't see eye to eye with her. In the midst of disappointments, she must decide whether it is worthwhile to try instilling her values in these old-fashioned students.

Friday. April 29th, 12:30 pm "Tower Heist" PG-13 1hr 45 Minutes Starring Ben Stiller & Eddie Murphy

A rich financier is arrested for defrauding his company's pension. The manager of the apartment building he lives in, named Josh, is furious to find that so many people will be hurt by this man, and moreover, that the financier is likely to be acquitted in court. In an effort to gain revenge, Josh attempts to break into the man's apartment and steal \$20 million that the man is rumored to keep stored inside his home. Josh recruits two other people that lost their jobs and pensions to the man, as well as a professional thief in an attempt to break into the apartment and steal back the money to give to the people that were defrauded.

### **Suggested Movie viewing for Tom Henry Presentation**

Friday, April 8th, 12:30 pm "We Were Soldiers" R 138 Minutes Starring Mel Gibson & Greg Kinear

Lt. Colonel Hal Moore leads his men into Ia Drang Valley in this depiction of the first major battle of America's involvement in Vietnam. Upon their arrival in November 1965, Moore learns that an American base has been attacked, and he is ordered to take his nearly 400-man unit, the newly formed 7th Air Cavalry, and seek retribution, despite the fact that little is known about the enemy's strength, resources or specific locations. The men soon find themselves fighting overwhelming odds to survive, while a naive photojournalist grows up watching the battle unfold. Back home, Moore's wife and the wife of one of his officers face the difficult task of delivering telegrams to the families of the soldiers who have fallen, while also keeping up the hopes and spirits in their own homes.

## April Birthdaya

Irene Bahouth	4/1	Linda Schwedes	4/22
Bob Myers	4/1	Karen Wortley	4/22
Rose Kascha	4/2	Clifford Buckley	4/23
Cindy Chermak	4/2	Ger Schwedes	4/23
Peter Garner-Richards	4/8	Carol Gavan	4/23
Candy Seibel	4/9	Margie May	4/23
Susan Goldner	4/10	Susan Grace Moore	4/24
Greg Saucke	4/11	Carol Ginsky	4/24
Laura Stonefoot	4/14	Roberta Hampson	4/24
Kerry Johnson	4/16	Charles Boradhead Jr.	4/25
Joseph Roth	4/18	Alice Heffron	4/26
Sharon Casper	4/20	Jean Quadrini	4/26
Darl Johnston	4/20	Maryanne Corasaniti	4/26
Kay Harvey	4/20	Joan Stephenson	4/29
Marilyn Beattie	4/21	Pat Garner-Richards	4/30
Lillian Krenick	4/21		



DID YOU KNOW THAT IF YOU COME TO THE BIRTHDAY CELEBRATION IN THE MONTH OF YOUR BIRTH, YOU GET A TALE LUNCH. JUST CALLA FEW DAYS BEFORE, TELL US
IT'S YOUR BIRTHDAY AND WE WILL SIGN YOU UP FOR
YOUR FREE LUNCH.

APRIL'S BIRTHDAY LUNCH IS ON APRIL 22 AT 12:00

For updates please check our website www.faysrctr.org

#### **Board of Directors:**

Chair:
Tony Marsallo
Secretary:
Janet Callahan
Treasurer:
Don Brown

Paulina Murray-Lee Cindy Goldstein Patsy Scala Mike Small Kevin Kelly Barbara Arnold Peter Bertone Carol D'Angelo Susan Goike

Mayor of Fayetteville: Mark Olson

Village Liaison: Daniel Kinsella

Our Staff: Ex. Dir./Kit. Mgr: Janet Best Admin. Asst. Gracie Redmond

### **Fayetteville Senior Center, Inc.**

584 East Genesee Street Fayetteville, NY 13066 315-637-9025

Dear Fayetteville Area Friends and Neighbors,

During these challenging times, all of us who are affiliated with the Fayetteville Senior Center hope this letter finds you safe and well.

As Covid-19 continues to impact our lives, we are working hard to stay connected with our seniors who rely on us for social activities, nutritious meals, programs to enrich their mental and physical health and, above all, a sense of family.

Despite the pandemic, in 2021 we:

- provided 120+ take-out meals each weekend till reopening
- •held our annual Mayor's Dinner and Chicken BBQ on a take-out basis serving over 500 people
- •held our annual rummage sale
- •welcomed our members back to the newly renovated Center, with a new kitchen, and covered porch where they can sit and relax
- updated our website, allowing seniors to receive the latest Covid in formation and access relatable websites and webinars from the comfort of their homes
- provided a call or chat to anyone that needed a friendly face

Our seniors need the Center now more than ever, and we need YOU to continue to serve them. Covid has prevented us from holding our usual fundraisers, which are a key source of revenue for our programs.

Please consider a tax-deductible gift. You can donate online at www.faysrctr.org or you can send in your donation by mail.

Thank you for making a difference. We can't do it without you, and we deeply appreciate your donation.

Warm Regards,	
Janet Best, Executive Direct	or Anthony Marsallo, Board Chair
Please maintain this section for Tax ID # 16-1143963	your records: 2022 Fayetteville Senior Center Annual Appeal Amount Donated: \$
	your generous gift to us in the enclosed envelope: print)
v	heck made payable to Fayetteville Senior Center \$200 \$100 \$50 other
OR: (	Credit CardVISAMCAMEXCVC
	PEXP



### **Board of Directors**

Chairman: Tony Marsallo Secretary: Janet Callahan Treasurer: Don Brown

Paulina Murray-Lee Mike Small Patsy Scala Kevin Kelly Cindy Goldstein Peter Bertone

Barbara Arnold Carol D'Angelo Susan Goike \*Village Liaison: Dan Kinsella

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings. Our **Annual Meeting is April 26th @12:30.** 

### **Mission Statement**

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreation programs, nutritional programs and other activities in friendly comfortable surroundings.

584 E Genesee Street Fayetteville, NY 13066

Phone: (315) 637-9025 Email: fayseniorcenter2@yahoo.com Website: FaySrCtr.org

Forwarding Service Requested

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Fayetteville Senior Center 584 East Genesee Street Fayetteville, NY 13066