



The Beacon

December

2022



UPCOMING CHANGES!

- In December, **Dinner pick up times are changing to 3:30pm-4pm**
- In addition to Friday Dinners, we are adding **Monday dinners** (\$12) in January. Monday, **January 9th is the first dinner, pick-up from 3:30-4pm**
- Membership renewal is in January. A new form will be in the January newsletter. **Renewal is \$25.00 and due no later than March 1st.** After March 1st you will need to contact the office to renew.

UPCOMING EVENTS!

- Look in your newsletter for more info
- **11/29-** Membership Forum (**Pg. 2**)
 - **12/5-** Bingo W/ Sue (**Pg. 3**)
 - **12/6-** OCRRA Presentation (**Pg. 2**)
 - **12/8-** Tom Henry (**Pg. 3**)
 - **12/13-** Ugly Christmas Sweater Contest (**Pg. 5**)
 - **12/15-** NYS Disaster Prep Class (**Pg. 4**)
 - **12/16-** Holiday Party W/ Humorist (**Pg. 6**)
 - **12/1—12/13—** Toys-For-Tots Fundraiser (**Pg. 4**)

The Tradition of The Memory/Celebration of Life Tree

In 1979, village resident Doris Baldwin conceived the notion of a seasonal tree illumination with blue bulbs to represent the hue of the forget-me-not flower. In 2021, we altered the meaning slightly to include those that mean so much to us in our daily lives. The tree is now a way to both honor and memorialize our friends, family and neighbors. Each blue bulb represents **all** our cherished loved ones.

in 1998, during the Labor Day storm, we lost our beloved tree. Ruth Wood-Schwartz, in her generous spirit, replaced it with a beautiful blue spruce. This tree is now failing due to disease and will need to be replaced once again. Hopefully in the next few years, with the help of the McIntosh family, a new tree will be placed on the property of the Senior Center with seating and a patio for all to enjoy year round. The tree will be illuminated in stages as the donations grow. All donations are listed bi-weekly in the Eagle Bulletin, commemorating your donation. Through the years this has become an important community fundraiser for the Fayetteville Senior Center.

*Please join us in this traditional way of remembering those you cherish.
See order form on the inside of the back page.
Not associated with the Fayetteville Memory Garden*

FAYETTEVILLE SENIOR CENTER
584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066
(315) 637-9025

OUR STAFF:
Director/Kitchen : Janet Best
Admin. Assistant: Gracie Redmond
Jr. Assistant: Abbie Carlsen



Snow Days

It's that time of year again!! Remember if the Fayetteville-Manlius school district is closed, the **Fayetteville Senior Center will be closed**. Please watch your television for the school closing scroll at the bottom of the screen. If there is a delay or it is a regular day off for the school district then please call the center to make sure we're here. We are open if there is a delay.

Illness Reminder

Out of consideration for all our members and staff please stay home if you are coughing, sneezing, or have a sore throat. The flu and/or covid, is extremely contagious and you should stay at home for at least 36 hours once symptoms have subsided. Staff may ask you to wear a mask or leave if they have concerns for the health of yourself or others. We will all be here upon your return to full health.



*****Membership Forum*****

Purpose: To bring ideas for new and exciting programs, to increase membership coming into the building, and to bring your cares and concerns you may have about the center.

Place: Fayetteville Senior Center, Parnell Hall

Date: Tuesday November 29th @1pm

Snacks and beverages will be available

RSVP BY 12PM NOV. 28TH

Your input is vital to our mission of fulfilling your needs. This is your center, your home away from home, so let's fill it with your ideas bringing it to life. We look forward to seeing you. Thank you.

“Simple Steps for Saving Resources: What to Recycle in Onondaga County”

Presentation by OCRRA

Lisa Piering, Recycling Specialist, from OCRRA will be at the Senior Center on **Tuesday, December 6th at 12:30pm** to discuss the latest updates and rules for what to recycle in your home and why it's important to keep non-recyclables out of your bin.

In Memory of our dearly departed members:



Mary Locaputo, Darl Johnston, Margaret Arnold and Bob Kinsella

Bingo with Sue !!!

Come join us for Bingo, with a new twist on prizes, on **Monday December 5th @11am**
Please RSVP

*****Book Club*****

The next meeting will take place **JANUARY 17th @12:30**. Call for copy of the book, it is available in the office to be picked up.

Learn about the War in Vietnam with Prof. Tom Henry

Thursday, December 8th at 1PM join us for a continuation of the Vietnam War. Tom Henry, MS, retired social studies/history teacher and historian makes learning the ins and outs of our history interesting as well as educational. The American Vietnam experience did not end with the official withdrawal of US troops. Vietnam would hover over American politics, literature, film and society for decades and still does. It had a dramatic effect on our military and our global perspective. We will examine ideas ranging from the way Desert Storm was approached to the past and current view and treatment of Vietnam veterans as we look at the lasting impact of Vietnam over the past 50 years.

LETS SING 11:15am-12:15pm

Music sing-a-longs are on Friday 12/2 With Shirley and 12/9 With Walt

With the season changing, our activities are moving inside. How about joining us for a rousing game of Pitch or perhaps book club. We are always looking to increase our groups. Try it, we have lot of fun and who doesn't like to be cheered up on a snowy or rainy day. You just need to let us know if you are coming so we can set up for the correct number of people.

GAMES!!
SIGN-UP REQUIRED



Pitch Tuesday's: Come play pitch with your friends **every** Tuesday, have lunch and play into the afternoon. Sign up required!

Mexican Train Wednesday's: Come play this creative domino game **every** Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up.

Hand and Foot Thursday's: A fun card game similar to Canasta, easy to learn and fun for everyone! The group meets at 10am every Thursday. Call for more info.

Mah Jong Friday's: Come play Mah Jong Fridays at 12pm!

Party Bridge: 1 group that plays every Wednesday, call for info.

We have plenty all types of games available for use. If you have a group that needs a space, speak to Gracie or Janet about using one of our available rooms free of charge. We would love to have more groups use our facility.

NYS Disaster Preparedness Class

Thursday, December 15th 12:45

The **Citizen Preparedness Corps** give residents the tools and resources to prepare for any type of disaster or emergency, respond accordingly and recover as quickly as possible to pre-disaster conditions.

Citizen Preparedness Corps training began in February 2014. Trainings are led by the New York National Guard working with experts from the Division's Office of Emergency Management and Office of Fire Prevention and Control. Training sessions are coordinated with local county emergency management personnel at various venues such as armories, community centers and other locations statewide, including the New York State Fair. The class provides an introduction to responding to a natural or human-caused disaster. Participants are advised on how to properly develop family emergency plans and stock up on emergency supplies.



Please register ahead of time so the presenters have enough materials.



**THE FAYETTEVILLE SENIOR CENTER IS
DONATING TO TOYS FOR TOTS**

From Dec. 1st to Dec. 13th we are collecting unwrapped toys for Toys for Tots. If you are coming to any of our events in Dec., please bring a toy with you. If you just want to stop in and drop a toy off, do so. We would like to make sure we cover all age ranges of children so they can have a nice holiday. It's so important to give back. Toys for Tots now distributes an average of 18 million toys and books to over 7 million less fortunate children across the Nation.

This year is the 75th Anniversary, they look forward to reaching more children this holiday season with your continued help: toysfortots.org #75YearsStrong .

*******UPDATES ON MEAL PROGRAM*******

- As of Monday 10/24, a cost analysis was done on our food program. The cost of goods have increased by 25-30%. Product portion sizes in the stores have been reduced by 25%, which requires us to purchase more. In order to keep our meal program going we are forced to readjust the program and tighten our belts. **In November, we are eliminating Thursday lunches.** Please look at the front page of your December newsletter for additional changes.
- As of November 1st, Lunches will be \$6.00, Birthday Celebration lunch will be \$8.00, and Dinners will be \$12.00. We never want the cost of our meals to become a financial burden so, if anyone has any financial concerns, please speak with Janet. As always, it is personal and confidential.
- For us to ensure we have enough food for everyone to eat, **YOU MUST RSVP BY 12PM THE (BUSINESS) DAY BEFORE.** We understand if you like to live life spontaneously, however we want to make sure anyone who wants a lunch is able to get one. If we don't answer your phone call just leave us a message. You can even email us at fayseniorcenter2@yahoo.com or go to our website <https://faysrctr.org>.

Join us December 13th for an
Ugly Christmas Sweater Contest

With Lunch and Entertainment!

*****You Must RSVP for lunch!!!*****

When: December 13th 11:30-1:30

Where: Fayetteville Senior Center– Parnell Hall

Menu: Tuna/Egg/Chicken Salad Sandwich,
Chips, Fruit, Dessert

How it

works:

- Come in and show off your Ugly Christmas Sweater @11:30 (We will assign you a #)
- Enjoy your lunch and music while casting your votes
- Votes will be collected @1
- Winners will be announced @1:30 (You must be present to win)

Prizes: 1st Place– Lunch Punch Card (5 Free Lunches)

2nd Place– One Free Dinner

3rd Place– One Free Lunch

Holiday Party with Humorist Yvonne Conte

When: Friday, December 16

Where: The Fayetteville Senior Center
584 E Genesee Street
Fayetteville, NY 13066



Time: 12:00—1:30pm

Menu: The Brewster Inn

Choice of Chicken Francaise, Braised Beef, or Meatless Lasagna, with Chantilly Potatoes, Vegetable du jour, Fall Harvest Salad, Roll and Cheese Cake

RSVP: 315-637-9025 by 12/9




Cost: \$25.00 EA

Entertainment: Humorist & Comedian, Yvonne Conte

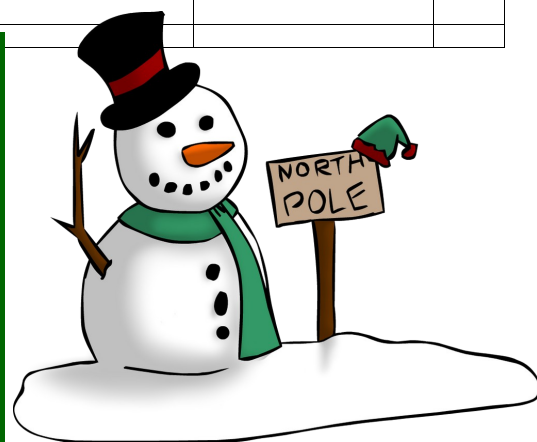


Yvonne is recognized as a motivational speaker, author, and corporate culture expert, she has earned a strong reputation in the industry. She is a trusted source of inspiration, motivation, and a whole lot of laughter and fun when she takes the stage. Yvonne Conte provides keynote speeches for conferences nationally. Yvonne's audiences are entertained, energized and moved to take positive action in their lives. Yvonne improves the way people live, work and play by changing the way they look at the world, causing them to be happier individuals.

December Menu Pg. 7

Su	Mon	Tues \$6	Wed \$6	Thurs	Fri \$12	Sa
			1 No Lunch	2 Spaghetti & Sausage Salad Italian Bread/ Garlic Bread Fruit Dessert	3	
4	5 No Lunch	6 Chicken Pot Pie Salad Fruit Dessert	7 BDAY LUNCH \$8 Turkey/Ham Sandwiches Chips Fruit Dessert	8 No Lunch	9 Beef Stroganoff w/ Noodles Veggies Salad Fruit Roll Dessert	10
11	12 No Lunch	13 Ugly Sweaters! Tuna/Egg/Chicken Salad Sandwich Chips Fruit Dessert	14 Goulash Salad Bread Fruit Dessert	15 No Lunch	16 Holiday Luncheon! See Article Pg. 6!	17
18	19 No Lunch	20 Grilled Cheese Tomato Soup Bread Fruit Dessert	21 Closed! Happy Holidays!	22 Closed! Merry Christmas!	23 Closed!	24
25	26 Closed!	27 Closed!	28 Closed!	29 Closed!	30 Closed!	31

- Lunches are **\$6.00 T/O \$1 more**
 - Friday's are **\$12.00**. Check calendar for special meal prices.
 - Punch Cards are **\$25.00** for 5 lunches
 - Menu subject to change!
 - Vegetarian Meal available as substitute!
 - If you have any food allergies let staff know ahead of time.
 - Take out available just ask!
 - Lunch starts promptly at noon unless otherwise noted.
 - All lunches are homemade and recipes available
- Call 637-9025 to reserve 24 hours ahead**



December 2022 Events

Pg. 8

Sun Mon Tues Wed Thurs Fri Sat

				1 10:30– Chair Exercise 10:30- Hand & Foot 12:00 Movie	2 10:30– Lets Sing 12– Mah Jong	3
4	5 11– Bingo With Sue!	6 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry 12:30 OCRRA	7 10:30– Party Bridge 12-BDAY Lunch <u>12:30– Movie</u> 12:30– Mexican Train	8 10:30– Chair Exercise 10:30- Hand & Foot 1:00 Tom Henry	9 10:30– Lets Sing 12– Mah Jong 12 Movie	10
11	12 11– Uno!! Call to RSVP	13 10:15– Art Class 11-Pitch 12-Ugly Sweater Contest W/ Lunch & Entertainment!! 12:30– Poetry	14 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	15 10:30– Chair Exercise 10:30- Hand & Foot 12:30 Disaster Prep Class	16 Holiday Luncheon! See Article Pg. 6!	17
18	19	20 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry	21 Closed! Happy Holidays!	22 Closed! Merry Christmas!	23 Closed!	24
25	26 Closed!	27 Closed!	28 Closed!	29 Closed!	30 Closed!	31

TOYS FOR TOTS DONATIONS FROM 12/1-12/13

WELCOME TO THE MOVIES,

New Release Movie, Wednesday's 12:30pm, POPCORN INCLUDED

Movies are free and open to anyone. Popcorn and beverage are provided.



Wednesday, December 7, 12:30 pm, "GIGi and Nate" PG-13, 114 Minutes Starring Marcia Gay Harden

Inspired by a true story, Nate Gibson is a young man who becomes paralyzed after a bacterial infection turns into a severe case of meningitis. Nate moves from North Carolina to Tennessee in an effort to undergo intensive care and rehabilitation, but his prognosis does not improve, and his suffering causes him to consider suicide. Enter Gigi, a capuchin monkey trained as a service animal, which helps Nate regain some mobility and plenty of emotional fortitude; however, the feel-good story is threatened by the misguided actions of an animal rights group that objects to Gigi's status as a service animal.

Wednesday, December 14, 12:30 pm, "The Woman King" PG-13, 135 Minutes Starring Viola Davis

The Woman King tells the powerful story of Nanisca, a young girl who is chosen to lead her people in rebellion against the all-powerful French army. When she was just a child, Nanisca's mother and father were killed by the French, and she was taken, prisoner. Now an adult, she must fight for her land and her people against impossible odds. With the help of Tariq, a rebel leader who teaches her how to fight and love again, Nanisca sets out to reclaim her kingdom.

Thursday "Bring Your Own Lunch" Classic Movies 12:00pm **POPCORN INCLUDED**

Thursday, December 1, 12:00 pm "Nicholas Nickleby" PG, 2 hr 12 min. Starring Ann Hathaway, Nathan Lane, & Alan Cumming

Written by Charles Dickens, A young, compassionate man struggles to save his family and friends from the abusive exploitation of his cold-hearted, grasping uncle.

Friday, December 9, 12:30 pm "Radio City Christmas Spectacular" G, 80 min. Starring The Rocketts

Santa Flies to New York. Jump right into Santa's sleigh as it zooms over the frozen North, past International borders, and right to the doors of Radio City Music Hall.

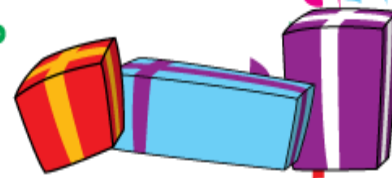
For updates please check our website www.faysrctr.org

December Birthdays

Coy Ludwig	12/1	Stella LaParne	12/14
Joseph Coppola	12/2	Virginia James	12/14
Elaine Ryan	12/3	John Zwir	12/16
James Lawton	12/4	Jacqueline Petrie	12/18
Frances Snyder	12/5	Shirley Lowell	12/19
Robert McMahon	12/8	Carolyn Hall	12/22
Andrea Goodwater	12/8	Dickson Rothwell	12/23
Rene Hebert	12/9	Sandy LaGraffe	12/23
Doug DeWitt	12/10	Carol Decker	12/24
Lea Anton	12/10	Mike Schaffer	12/24
Douglas French	12/12	Lucy Woodrow	12/25
Linda Devine	12/13	Barbara Arnold	12/27
Esther Rufo	12/13	Vernon Kessler	12/27
Stuart Schwartz	12/13		



Happy Birthday!



Would you like to volunteer at the Senior Center?

We are looking for some additional volunteers to help us with small events, fundraising, and promoting our center to the public. If you are interested in helping us become a better resource to the community, adding your talents to a program or just helping with small projects, we would love to add you to our little family. Just let Janet or Gracie know about your interest, times available, and frequency and we will get you going. If you are already a volunteer, **please remember to sign into the new 2022 Volunteer book each time you volunteer at FSC.** The binder is on the shelf outside the office in the card room.

For updates please check our website www.faysrctr.org

Fayetteville Senior Center, Inc.

584 East Genesee Street
Fayetteville, NY 13066
315-637-9025



Memory Tree
(Celebration of Life Tree)



Since 1979, the lone pine tree by the Fayetteville Fire house has been illuminated with commemorative blue lights in memory of our loved ones from seasons past. Starting this year we would like to include everyone, those that have passed and those who are still with us. Please help us celebrate the joy of the holiday season by making a donation to this meaningful community tradition. As contributions are received, bulbs will be illuminated throughout the season, and the names of the donors and those remembered will be published in the Eagle Bulletin Newspaper. We will gladly notify the person you list below of your contribution if you provide us with the necessary information. Your tax deductible contribution will help assure continued quality programming at our Fayetteville Senior Center, and honor those we love.

I would like to donate an Archangel (\$50.00) to the Memory Tree in honor or memory of:

Total# of lights: _____

I would like to donate a Seraphim (\$25.00) to the Memory Tree in honor or memory of:

Total# of lights: _____

I would like to donate an Angel (\$15.00) to the Memory Tree in honor or memory of:

Total# of lights: _____

I would like to dedicate a forget-me-not blue light (\$5.00) to The Memory Tree in honor or memory of:

Total# of lights: _____

***You can return your donation to us directly or in the mail at 584 East Genesee St.**

Name (please print) _____

Address _____

Please accept my donation of:

Enclosed is my check made payable to Fayetteville Senior Center

\$100 ___ \$50 ___ \$25 ___ \$15 ___ other ___

***Credit Card ___ VISA ___ MC ___ AMEX**

Card # _____ CVC _____

ZIP _____ EXP _____

Signature _____



FAYETTEVILLE SENIOR CENTER



Board of Directors

Chairman: Tony Marsallo
Secretary: Janet Callahan
Treasurer: Don Brown

Paulina Murray-Lee	Barbara Arnold
Mike Small	Susan Goike
Patsy Scala	Mary Kilpatrick
Kevin Kelly	*Village Liaison:
Cindy Goldstein	Jane Rice

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings. Meetings are the third Monday of every month, 6pm.

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreation programs, nutritional programs and other activities in friendly comfortable surroundings.

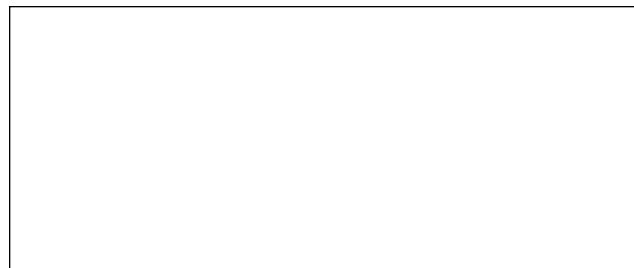
584 E Genesee Street
Fayetteville, NY 13066

Hours: M-TH 10am-3pm F 11am-4pm

Phone: (315) 637-9025

Email: fayseniorcenter2@yahoo.com

Website: FaySrCtr.org



Forwarding Service Requested

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Organization

Fayetteville Senior Center
584 East Genesee Street
Fayetteville, NY 13066