



The Beacon

♥ February 2023 ♥

UPCOMING CHANGES!

- **Dinner pick up times on Monday and Friday are 3:30pm-4pm**
- Membership renewal is in January. The form is on the inside page of this newsletter. **Renewal is \$25.00 and due no later than March 1st.** After March 1st you will need to contact the office to renew.
- Our hours on **Monday and Friday are 11-4.** Tues-Thurs remain 10-3.

UPCOMING EVENTS!

Look in your newsletter for more info

- 2/2– Thursday Bagged Lunches (pg. 4)
- 2/6– Bingo (pg. 5)
- 2/9– Yoga w/ Chris (pg.5)
- 2/9– V-Day Crafts (pg. 3)
- 2/14– Valentines Day Lunch
- 2/17– Game Day (pg. 8)
- 2/21– Birthday Lunch
- 2/21– Tom Henry (pg. 5)
- 2/27– Trivia Night (pg. 2)
- 2/28– CPR Certification Class (pg. 2)

VALENTINE'S DAY

LUNCHEON

Tuesday, February 14th at 12:30

Join us for the songs and music of Dale Randall, eat a great meal and of course take home a little present from the staff.

Cost: \$8.00

Menu: Cheese Lasagna with meatballs and sauce on side, Salad, Italian/garlic bread, and a decadent dessert.

Bring a friend (non-member) and they get half off the meal (\$4.00). You just need to RSVP by Friday, February 10th and tell us your friends name and that they are not a member. This is a great way to introduce your friends and loved ones to your home away from home at a great price.

MEMBERSHIP RENEWAL DUE BY MARCH 1ST

Membership renewal is due by March 1st. Our Dues are \$25 per household and it is **REQUIRED** to fill out a form each year regardless of any changes. We update our database every year and we need the accurate information to include you. We are also asking for your emails so we can start contacts for email blast. If we don't receive your membership in time you won't be included in the data base and you will stop receiving the newsletter as of April. Please make sure you send it in ASAP. As always if there are any questions or you have any financial hardships please call **Janet at 315-637-9025**

FAYETTEVILLE SENIOR CENTER
584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066
(315) 637-9025

OUR STAFF:

Director/Kitchen : Janet Best
Admin. Assistant: Gracie Redmond
Jr. Assistant: Abbie Carlsen

MAYOR'S TURKEY DINNER DRIVE THRU **SUNDAY, MARCH 5th, 3-5pm \$12**

Did you know that the Mayor of Fayetteville and the Trustees hosts a fundraiser just for us? Former Mayor Henry McIntosh originated this dinner to help fund FSC's programs. Mayor Mark Olson has taken it to another level, getting business sponsorships, adding more than 300 dinners, and getting all the food donated by very generous benefactors. This dinner/Fundraiser, is a labor of love to all that participate. This is one tasty dinner and is a beloved fundraiser. **You must RSVP by March 1st.** Payment is due at pick-up, cash, check or card. No Need to leave your car, we will bring it to you.

Menu: Oven Roasted Turkey, Mashed Potatoes & Gravy, Squash, Vegetable, Stuffing, Cranberry Sauce, Roll, Choice of pie (TBA)



FAYETTEVILLE FIRE DEPARTMENT WILL BE HERE ON TUESDAY, FEBRUARY 28, AT 1PM TO TEACH AND CERTIFY FOR CPR.

THE COURSE COSTS \$18 PAYMENT AT CLASS.

YOU MUST REGISTER FOR THIS CLASS BY FRIDAY, FEBRUARY 24TH, NO EXCEPTIONS.

THIS IS A LIFESAVING COURSE, OPEN TO ALL, SENIORS AND NON-SENIORS SPREAD THE WORD SO WE CAN TEACH AS MANY PEOPLE AS WE CAN.

New Process for Requesting Programs/Events

Gracie is now the Event/Programming Coordinator and will be handling all new program ideas as well as fundraising and event ideas. There is a new process so that ideas are not duplicated, and some brainstorming can be done to make it a success.

There is a form to be filled out with a few simple questions to start the process of research or discussion. Once these forms are handed in, we will be able to see if it is a viable and cost effective event that can be pursued. The ideas are great and plentiful but it has to be attainable and realistic. We can't have any event without considering several variables so, if you are available to help with the event, that makes it even better. Nothing like getting involved to make whatever we choose to do a success to make us proud.

COMMUNITY TRIVIA NIGHT, FOOD, BYOB AND PRIZE **MONDAY, FEB. 27th 7PM. \$5 PER PERSON**

The last Trivia night we had was so much fun we decided to do it again. Join us for a fun filled evening of friendship and competition. Get a group of friends together to form a team and come compete to eat some pizza and win some prizes. Invite your neighbors to join us, trivia is open to everyone of all ages. Sign up your team by Thursday, Feb 23rd.

This event is being sponsored by our Board of Directors.

CENTER WISH LIST:

1. Toilet Paper
2. Clorox toilet scrubbers
3. 1 gal, quart, sandwich and 2 gal storage bags
4. 55-65gal garbage bags
5. Bathroom/toilet cleaner
6. Dish detergent
7. Windex
8. Mayo/ketchup
9. Brownie/cookie/cake mix
10. Frozen carrots/peas/gr beans
11. Frozen Fries/tater tots/onion rings
12. Refrigerated pie crust
13. Salted Butter
14. Jarred apple sauce
15. Gift certificates for Tops, BJ's, Walmart or Wegmans

Join us for a Valentines Day Craft! February 9th @1

With the help of The Grand, we will be making holiday metal form wreaths. There is no cost to participate, just bring yourself, maybe a friend and have some fun. You do need to register for the class by Friday, February 3rd so the materials can be purchased.

Snow Days!!!!



It's that time of year again!! Remember if the Fayetteville-Manlius school district is closed, the **Fayetteville Senior Center will be closed**. Please watch your television for the school closing scroll at the bottom of the screen. If there is a delay or it is a regular day off for the school district then please call the center to make sure we're here. We are open if there is a delay.

Illness Reminder

Out of consideration for all our members and staff please stay home if you are coughing, sneezing , or have a sore throat. The flu, covid, and RSV are extremely contagious and you should stay at home for at least 36 hours once symptoms have subsided. Staff may ask you to wear a mask or leave if they have concerns for the health of yourself or others. We will all be here upon your return to full health.



AFTER MUCH CONSIDERATION, WE ARE SO SAD TO ANNOUNCE WE WILL NO LONGER BE OFFERING OUR "LET'S SING" PROGRAM ON FRIDAY MORNINGS. MAYBE IN THE FUTURE, WITH INTEREST, WE WILL BE ABLE TO START UP ONCE AGAIN. THANK TO ALL THAT PARTICIPATED.



For updates please check our website www.faysrctr.org



*****NEW*****

BAG LUNCH THURSDAY'S!!!

You will notice we now have lunches on Thursday's. We are introducing "Bag Lunch Thursday" The meal is premade in our kitchen, and easy to take with you or eat here with your friends. The meal will include a turkey or ham sandwich with cheese on white, chips, fruit and a dessert. At lunch you will be able to add condiments, or fresh tomato and lettuce to your sandwich. Lunch is at noon, cost is a donation of \$6.00 for eating in \$7.00 for take out, reservations 24 hours in advance. We are hoping that this will fit the needs of those that still want to participate in the lunch program.

THERE ARE NO MEAL SUBSTITUTIONS ON THIS DAY!

*****PLEASE READ, IMPORTANT*****

In the past few months we have either had an overload of unreserved lunches or dinners of people who show up to eat or, no calls and no shows that result in wasted food and a loss of money. This was discussed in length with the Board of Directors and in order to get this under control, we need to make a few changes.

- If you do not call 24 hours ahead to have a reservation for lunch, you will have to wait at the end of the line to see if there is enough for you to have a meal.
- If you are signed up for a lunch or dinner and you do not show, you will receive a notice informing you of the missed obligation. If you call to cancel you need to do as soon as possible. Please do not give your message to another member who may or may not be coming that day.
- Special events will now be prepay with your reservation. We will list it in the article description so you know if qualifies as a prepay meal.

We understand that sometimes people forget or change their minds. We are looking for a little more responsibility and communication on all our parts so we everyone is informed, happy and taken care of. If questions call Janet at 315-637-9025

In Memory of our dearly departed members:



Margaret Arnold, Peter Christiana, Rose McMahon, Dolores Ridley, Merle
Melvin, Barbara Stine, Barbara Gouldthorpe, Ursula Waldron

Donations made for Ursula Waldron

By Robert Ovaginian, Ken & Tammy Waldron, Martin Waldron, Pamela &
Harold Christie, and Cynthia McCann

Donations made for Mary Locaputo

By Norma Metz and David and Marie Oppedisano

What did the big flower say to the little flower?
"Hey there, Bud."

Reminder!!

Smart Drivers Course with the Empire Safety Council.

Saturday February 11th, 8:15am-2:20pm



Join us for a live Yoga class
with Yoga Master, Chris
D'Amicis, on Thursday, Feb.
9th at 10:30am. This is an
open class and anyone can
attend.

*****Book Club *****

The next meeting will take place
FEBRUARY 23rd @12:30. Call for copy of
the book, it is available in the office to be
picked up.

Bingo!!!

Come join us for Bingo, with a new twist on
prizes, on **Monday February 6th @11:30am**
Please RSVP

Tom Henry Travel Log

Tuesday, February 21st, 12:30pm

Join Tom for a wondrous adventure of his travels out west. He will be presenting beautiful pictures, great dialog and of course the history of the area. This is a wonderful uplifting and beautiful event. We have a very special program coming up in March, look to your March newsletter for information.



With the season changing, our activities are moving inside. How about joining us for a rousing game of Pitch or perhaps book club. We are always looking to increase our groups. Try it, we have lot of fun and who doesn't like to be cheered up on a snowy or rainy day. You just need to let us know if you are coming so we can set up for the correct number of people.

GAMES!! **SIGN-UP REQUIRED**



Pitch Tuesday's: Come play pitch with your friends **every** Tuesday, have lunch and play into the afternoon. Sign up required!

Mexican Train Wednesday's: Come play this creative domino game **every** Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up.

Hand and Foot Thursday's: A fun card game similar to Canasta, easy to learn and fun for everyone! The group meets at 10am every Thursday. Call for more info.

Mah Jong Friday's: Come play Mah Jong Fridays at 12pm!

Party Bridge: 1 group that plays every Wednesday, call for info.

We have plenty all types of games available for use. If you have a group that needs a space, speak to Gracie or Janet about using one of our available rooms free of charge. We would love to have more groups use our facility.

February 2023 MENU

Pg. 6

Sun	Mon \$12	Tue \$6	Wed \$6	Thu \$6	Fri \$12	Sat
	LUNCH 12pm DINNER P/U 3:30pm-4pm		1 Tuna/egg salad sandwich Chips Fresh Fruit dessert	2 Turkey/Ham/cheese on white chips fruit Dessert	3 Baked Ham with Scalloped Potatoes Glazed Carrots Roll w/butter Fresh fruit dessert	4
5	6 Chicken Parm Spaghetti Salad Fresh fruit Italian bread dessert	7 Homemade Cream of Mushroom Soup Salad Fresh Fruit Dessert	8 Sloppy joe on a roll Fries Fresh fruit dessert	9 Turkey/Ham/cheese Sandwich chips fruit Dessert	10 Spaghetti and meatballs Salad Italian/garlic bread Fresh fruit dessert	11
12	13 Meatloaf mashed potato w/ gravy corn roll fruit dessert	14 Valentines Day \$8 Cheese Lasagna meatballs sauce on side Salad Italian/garlic bread dessert	15 Chicken Salad Sandwich Chips Fresh Fruit Dessert	16 Turkey/Ham /cheese Sandwich chips fruit Dessert	17 Honey BBQ Pork Loin Roasted potato Green beans Fresh fruit Dessert	18
19	20 Oven Baked Fried Chicken rice Carrots Fresh fruit Salad Dessert	21 B'Day \$8 Cheese & Crackers Chicken pot pie Salad roll Fresh Fruit B'Day cake	22 BLT on White Chips Fresh fruit dessert	23 Turkey/Ham/cheese Sandwich chips fruit Dessert	24 Baked Fish Wild rice Mixed veggies Fresh fruit Roll dessert	25
26	27 Apple Butter Pork chops Rice Pilaf Asparagus Fresh fruit dessert	28 Baked Potato Shepard's pie Fresh fruit Roll dessert	<div> <ul style="list-style-type: none"> • All meals \$6.00 • Mon. & Fri. dinners are \$12.00. • Check calendar for special meal prices. <ul style="list-style-type: none"> • Menu subject to change! • Vegetarian Meal available as substitute! • If you have any food allergies let staff know ahead of time. <ul style="list-style-type: none"> • Take out available just ask! • Lunch starts promptly at noon unless otherwise noted. <ul style="list-style-type: none"> • All lunches are homemade and recipes available <p>Call 637-9025 to reserve 24 hours ahead</p> </div>			

February 2023 Events

Pg. 7

Sun Mon 11-4 Tues 10-3 Wed 10-3 Thurs 10-3 Fri 11-4 Sat

			1 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	2 10:30– Chair Yoga 10:30- Hand & Foot 12-Lunch	3 12– Mah Jong 3:30-4pm– TOGO Dinners	4
5	6 11– Art Club 11:30-Bingo 3:30-4pm– TOGO Dinners	7 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry	8 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	9 10:30– Chair Yoga <u>w/ Chris!!!</u> 10:30- Hand & Foot 12-Lunch 1– Crafts w/ The Grand	10 12– Mah Jong 3:30-4pm– TOGO Dinners	11 Drivers course 8:15- 2:30
12	13 11– Art Club 3:30-4pm– TOGO Dinners	14 10:15– Art Class 11-Pitch <u>12-V-Day Lunch</u> 12:30– Poetry	15 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	16 10:30– Chair Yoga 10:30- Hand & Foot 12-Lunch	17 11– Game Day! 12– Mah Jong 3:30-4pm– TOGO Dinners	18
19	20 11– Art Club 3:30-4pm– TOGO Dinners	21 10:15– Art Class 11-Pitch <u>12-B-Day Lunch</u> 12:30– Poetry 12:30– Tom Henry	22 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	23 10:30– Chair Yoga 10:30- Hand & Foot 12-Lunch 12:30– Book Club	24 12– Mah Jong 3:30-4pm– TOGO Dinners	25
26	27 11– Art Club 3:30-4pm– TOGO Dinners 7pm– Trivia Night	28 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry 1– CPR Class				



WELCOME TO THE MOVIES, New Release Movie,
Wednesday's 12:30pm, POPCORN INCLUDED
Movies are free and open to anyone. Popcorn and beverage are provided.

Wednesday, Feb. 1, 12:30 pm, "Glass Onion, A Knives Out Mystery" PG-13, 139 Minutes

Starring Daniel Craig

Benoit Blanc is back, and this time, the detective is headed to a luxury resort in the Greek Islands! A billionaire tech genius is hosting a murder mystery party, but it doesn't take long for the blood to actually start flowing. To solve the case, Blanc will have to do what he does best: investigate the crime, interrogate the suspects, and snark his way to answers. Of course, it would help if the billionaire's eclectic group of friends actually cared about things like "truth" and "justice," but when has that ever stopped Blanc from cracking a case?

Wednesday, Feb. 8, 12:30 pm, "Strong Father's, Strong Daughter's" NR, 98 Minutes Starring Bart Johnson

Steve is a loving family man, but that won't be enough to save him from the woes of raising three daughters! The eldest, Abby, returns from business school with a new plan: getting married to a missionary that her family has never met. The middle daughter, Zoey, is going through a rebellious phase, and everything from her punk-rock fashion to her penchant for partying puts a strain on the household. The youngest, Bridget, is just trying to hold on as she grows up. Steve will certainly have his hands full as he navigates the changing dynamics of his family and God's role in it all.

Wednesday, Feb. 15, 12:30 pm, "Angry Neighbors" R, 104 Minutes Starring Frank Langella

Harry is an acclaimed, retired novelist who lives a quiet life on an island in the Hamptons. He's also a very grumpy individual who refuses to read other writers' unpublished works and enters into regular arguments with his white terrier, Hector, who he hears talking to him. Of course, Hector is a capitalist and born-again Christian, which is why he and Harry often have disagreements. When his neighbor, Kevin, a multi-millionaire who bought land across from his home, decides to loudly build a huge mega-sized mansion, Harry decides that the end of the world is almost here. The mansion and Kevin represent everything that's wrong with the world. With these thoughts in mind, Harry decides that he must do everything he can to stop Kevin and his plans.

Wednesday, Feb. 22, 12:30 pm, "The Fabelmans" PG-13, 151 Minutes Starring Michelle Williams

For one young man, growing up in Arizona in the years after World War II has been interesting. Transfixed by film, he tries to see life from several different angles. It's not long, though, before he discovers a family secret that threatens to shatter all of the ideals that he holds dear. In a world that is rapidly expanding and seeming to want to forget the past, the Fabelmans must decide how they fit in, or if they even want to.



Friday, February 17th at 11:00am,
Game Day

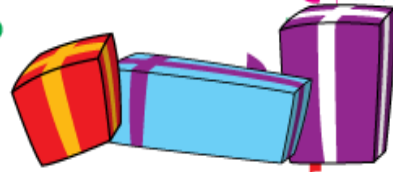
If you have a group or would just like to get a few people together to play UNO, YAHTZEE, or SCRABBLE, today's the day. Each month we will feature three different games on a Friday morning, that are popular requests. If interested, call 315-637-9025 to reserve a table. Maybe we could even start a group to play together each week/bi-weekly. Take a chance, bring a friend

February Birthdays

Mary Nitzberg	2/1	Judy Melnicoff	2/11
Perry Harvey	2/1	Edward Wortley	2/12
Karen Pauly	2/2	Ronald Bort	2/13
Michelle Montroy	2/2	James Mostrom	2/13
Cecilia Mulvey	2/2	Debra Saucke	2/15
Carol DeRegis	2/3	Barbara Madden	2/16
Karen Dawson	2/3	Richard Penhall	2/17
Robert Kopp	2/5	Sharon Kelly	2/17
Russel Wood	2/5	Jean Westfall	2/19
Greg Long	2/7	Bill Lindberg	2/20
John Kirschenheiter	2/8	Fred Wenthen	2/24
Carol Braund	2/9	Martin Liquori	2/25
Martha Lacy	2/10	Catherine O'Connor	2/27



Happy Birthday!



Would you like to volunteer at the Senior Center?

We are looking for some additional volunteers to help us with small events, fundraising, and promoting our center to the public!! If you are interested in helping us become a better resource to the community, adding your talents to a program or just helping with small projects, we would love to add you to our little family. **Just let Janet or Gracie know about your interest, times available, and frequency and we will get you going.** If you are already a volunteer, **please remember to sign into the new 2022/2023 Volunteer book each time you volunteer at FSC.** The binder is on the shelf outside the office in the card room.



FAYETTEVILLE SENIOR CENTER



Board of Directors

Chairman: Tony Marsallo
Secretary: Janet Callahan
Treasurer: Don Brown

Paulina Murray-Lee	Barbara Arnold
Mike Small	Susan Goike
Patsy Scala	Mary Kilpatrick
Kevin Kelly	*Village Liaison:
Cindy Goldstein	Jane Rice

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings. Meetings are the third Monday of every month, 6pm.

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreation programs, nutritional programs and other activities in friendly comfortable surroundings.

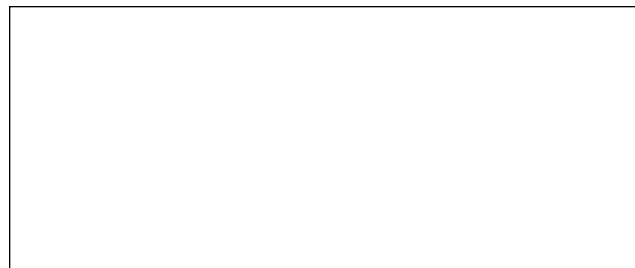
584 E Genesee Street
Fayetteville, NY 13066

Hours: T-TH 10am-3pm M&F 11am-4pm

Phone: (315) 637-9025

Email: fayseniorcenter2@yahoo.com

Website: FaySrCtr.org



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Fayetteville Senior Center
584 East Genesee Street
Fayetteville, NY 13066