



The Beacon

January 2023!

UPCOMING CHANGES!

- In January, **Dinner pick up times are 3:30pm-4pm**
- In addition to Friday Dinners, we are adding **Monday dinners** (\$12). Monday, **January 9th is the first dinner, pick-up from 3:30-4pm.**
- Membership renewal is in January. The form is on the inside page of this newsletter. **Renewal is \$25.00 and due no later than March 1st.** After March 1st you will need to contact the office to renew.
- Our hours on **Monday and Friday are 11-4.** Tues-Thurs remain 10-3.

UPCOMING EVENTS!

Look in your newsletter for more info

- 1/5– Chair Yoga w/ Chris
- 1/6– Let's Sing w/ Shirley (pg. 6)
- 1/9– Bingo w/ Jim (pg. 6)
- 1/9– First Monday Dinner!! (pg. 7)
- 1/12– Calendars w/ Barb (pg. 4)
- 1/13– Let's Sing w/ Walt (pg. 6)
- 1/13– Rescheduled Holiday Lunch
- 1/17– Tom Henry (pg. 6)
- 1/24– Book Club (pg. 6)
- 2/11– Smart Drivers Course (pg. 5)

The Holiday Luncheon is rescheduled for Friday, January 13th at 12:00pm.

If you signed up for the original meal, you are still signed up. There is no need to do anything unless you can't participate. If you can't participate, and you need to cancel, PLEASE CALL US ASAP!! If you prepaid for the meal and cancel, we will give you a refund. If you still plan on coming, you are already paid up.

It will be catered by The Brewster Inn. \$25.00 per person. Menu: Chantilly Potatoes, Chicken Francaise, Braised Beef, Vegetable Du Jour, Lasagna, Warm Roll, Fall Harvest Salad, and Cheese cake for dessert.

ENTERTAINMENT TBA

FAYETTEVILLE SENIOR CENTER
584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066
(315) 637-9025

OUR STAFF:
Director/Kitchen : Janet Best
Admin. Assistant: Gracie Redmond
Jr. Assistant: Abbie Carlsen

*****UPDATES ON MEAL PROGRAM*****

- As of November 1st, Lunches will be \$6.00, Birthday Celebration lunch will be \$8.00, and Dinners will be \$12.00. We never want the cost of our meals to become a financial burden so, if anyone has any financial concerns, please speak with Janet. As always, it is personal and confidential.
- For us to ensure we have enough food for everyone to eat, YOU MUST RSVP BEFORE THE DAY OF. PLEASE SIGN UP FOR EACH INDIVIDUAL MEAL YOU WOULD LIKE TO HAVE. This counts as volunteering as it helps the staff tremendously. We understand if you like to live life spontaneously, however we want to make sure anyone who wants a lunch is able to get one, and it goes smoothly. If we don't answer your phone call just leave us a message. You can even email us at fayseniorcenter2@yahoo.com or go to our website <https://faysrctr.org>.

PLEASE READ, IMPORTANT INFO

- || In the past few months we have either had an overload of unreserved lunches or ||
 || dinners for people who show up to eat, or no call/no shows that result in wasted food ||
 || and a loss of money. This was discussed in length with the Board of Directors and in ||
 || order to get this under control, we need to make a few changes. ||
- If you do not call 24 hours ahead to have a reservation for lunch, you will have to wait ||
 || at the end of the line to see if there is enough for you to have a meal. ||
 - If you are signed up for a lunch or dinner and you do not show, you will receive a notice ||
 || informing you of the missed obligation. If you call to cancel you need to do as soon as ||
 || you possible. Please do not give your message to another member who may or may ||
 || not be coming that day. ||
 - Special events will now be prepay with your reservation. We will list it in the article ||
 || description so you know if it qualifies as a prepay meal. ||
- || We understand that sometimes people forget or change their minds. We are looking ||
 || for a little more responsibility and communication on all our parts so everyone is ||
 || informed, happy and taken care of. If you have questions call Janet at 315-637-9025 ||

MEMBERSHIP RENEWAL TIME

It's that time again. Membership renewal is due by March 1st. Our Dues are **\$25 per household** and it is required to fill out a form each year regardless of any changes. We update our database every year and we need the accurate information to include you. We are also asking for your emails so we can start contacts for email blast. If we don't receive your membership in time you won't be included in the data base and you will stop receiving the newsletter as of April. Please make sure you send it in ASAP. As always if there are any questions or you have any financial hardships please call Janet at 315-637-9025

New Process for Requesting Programs/Events

Gracie is now the Event/Programming Coordinator and will be handling all new program ideas as well as fundraising and event ideas. There is a process in place so that ideas are not duplicated, new programming gets the correct space and dates, and of course some brainstorming can be done to make it a success.

Gracie has created a form to be filled out with a few simple questions to start the process of research or discussion. Once these forms are handed in, Gracie will be able to see if it is a viable and cost effective event that can be pursued. The ideas are great and plentiful but it has to be attainable and realistic. We can't have a weekend event without considering several variables so, if you are available to discuss the event, that makes it even better. Nothing like getting involved to make whatever we choose to do a success to make us proud.

Let's open our hearts, hands and brains to come up with some new and innovative programming for your center.

Notes from 11/29 Membership Forum

- Suggestions of a group of seniors to help with petitioning funding for the center from the Town of Manlius
- New fundraising ideas that are more concise but less complicated
- Volunteer expansion for events and programming
- Would like to see the center be used more as a social gathering place, not just for groups
- Would like to see Board Members on a more consistent basis
- Grant writing should be utilized more
- Transportation to the center
- More outdoor events, trips, groups, ect.

The next Membership Forum will take place *February 2023*. Its purpose is to bring ideas for new and exciting programs, to increase membership coming into the building, and to bring your cares and concerns you may have about the center. Please come prepared with a short list of questions, comments, concerns or ideas.

Your input is vital to our mission of fulfilling your needs. This is your center, your home away from home, so let's fill it with your ideas bringing it to life. We look forward to seeing you. Thank you.

The Tradition of The Memory/Celebration of Life Tree

In 1979, village resident Doris Baldwin conceived the notion of a seasonal tree illumination with blue bulbs to represent the hue of the forget-me-not flower. In 2021, we altered the meaning slightly to include those that mean so much to us in our daily lives. The tree is now a way to both honor and memorialize our friends, family and neighbors. Each blue bulb represents all our cherished loved ones.

in 1998, during the Labor Day storm, we lost our beloved tree. Ruth Wood-Schwartz, in her generous spirit, replaced it with a beautiful blue spruce. This tree is now failing due to disease and will need to be replaced once again. Hopefully in the next few years, with the help of the McIntosh family, a new tree will be placed on the property of the Senior Center with seating and a patio for all to enjoy year round.

The tree will be illuminated in stages as the donations grow. All donations are listed bi-weekly in the Eagle Bulletin, commemorating your donation. Through the years this has become an important community fundraiser for the Fayetteville Senior Center.

***Please join us in this traditional way of remembering those you cherish.
See order form on our website at Faysrctr.org under the Fundraising tab.
Not associated with the Fayetteville Memory Garden***

LIBRARY USEAGE

Our library has been lovingly organized by an amazing volunteer. If you would like to borrow a book, CD, or DVD, please return them to the box provided in the library. This way they will be placed in the correct spot for the next person to borrow and the library will stay clean and organized. We are extremely thankful for such a knowledgeable and dedicated volunteer.



Snow Days!!!!



It's that time of year again!! Remember if the Fayetteville-Manlius school district is closed, the **Fayetteville Senior Center will be closed**. Please watch your television for the school closing scroll at the bottom of the screen. If there is a delay or it is a regular day off for the school district then please call the center to make sure we're here. We are open if there is a delay.

Illness Reminder

Out of consideration for all our members and staff please stay home if you are coughing, sneezing , or have a sore throat. The flu and/or covid, is extremely contagious and you should stay at home for at least 36 hours once symptoms have subsided. Staff may ask you to wear a mask or leave if they have concerns for the health of yourself or others. We will all be here upon your return to full health.



Make and Take Calendars With Barb!

Come join our creative board member Barb and make a unique calendar to kick off the new year!! This will take place **Thursday January 12th @ 12:30pm.**

Please make sure to call and RSVP so we have enough materials for everyone.



In Memory of our dearly departed members:

Mary Locaputo, Darl Johnston, Margaret Arnold, Bob Kinsella, Ann Hall, Joan Casey, Peter Christiana, Rose McMahon, and Barbara Gouldthorpe.

Donations made for Mary Locaputo
By Steve and Alice Heffron

CENTER WISH LIST:

The Senior Center is looking to the membership for some specific donations, if you're looking to help us here are some things we could use.

Thank you so much for your support!

1. Toilet Paper
2. Paper Towel
3. 1 gal, quart, sandwich and 2 gal storage bags
4. Kitchen garbage bags
5. 55-65gal garbage bags
6. Bathroom/toilet cleaner
7. Dish detergent
8. Windex
9. Reams of white copy paper
10. Mayo/ketchup
11. Brownie/cookie/cake mix
12. Frozen carrots/peas/gr beans
13. Spaghetti
14. Frozen Fries/tater tots
15. Refrigerated pie crust
16. Frozen rolls
17. Salted Butter
18. Jarred apple sauce
19. Gift certificates for Tops, BJ's, Walmart or Wegmans



Smart Drivers Course with the Empire Safety Council.

Once completed you will receive 10% off your yearly car insurance.

Instructor Mark Smith will be doing a one day course on **Saturday,**

February 11, from 8:15am-2:30pm. You must register with The Fayetteville Senior Center, prepay the \$35.00 fee with a check made out to

Empire Safety Council, arrive 15 minutes early to the class, and Bring a snack and beverage for your breaks.

There are no walk-ins for this class.



**Empire
Safety
Council**

**How are stars like dentures?
They both come out at night.**

For updates please check our website www.faysrctr.org

Bingo with Jim !!!

Come join us for Bingo, with a new twist on prizes, on **Monday January 9th @11:30am**
Please RSVP

*****Book Club*****

The next meeting will take place **JANUARY 24th @12:30**. Call for copy of the book, it is available in the office to be picked up.

Learn about the War in Vietnam with Prof. Tom Henry

Tuesday, January 17th at 12:30PM join us for the conclusion of the Vietnam War. Tom Henry, MS, retired social studies/history teacher and historian makes learning the ins and outs of our history interesting as well as educational. The American Vietnam experience did not end with the official withdrawal of US troops. Vietnam would hover over American politics, literature, film and society for decades and still does. It had a dramatic effect on our military and our global perspective. We will examine ideas ranging from the way Desert Storm was approached to the past and current view and treatment of Vietnam veterans as we look at the lasting impact of Vietnam over the past 50 years.

LETS SING 11:15am-12:15pm

Music sing-a-longs are on **Friday 1/6 With Shirley and 1/13 With Walt**

With the season changing, our activities are moving inside. How about joining us for a rousing game of Pitch or perhaps book club. We are always looking to increase our groups. Try it, we have lot of fun and who doesn't like to be cheered up on a snowy or rainy day. You just need to let us know if you are coming so we can set up for the correct number of people.

GAMES!!
SIGN-UP REQUIRED



Pitch Tuesday's: Come play pitch with your friends **every** Tuesday, have lunch and play into the afternoon. Sign up required!

Mexican Train Wednesday's: Come play this creative domino game **every** Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up.

Hand and Foot Thursday's: A fun card game similar to Canasta, easy to learn and fun for everyone! The group meets at 10am every Thursday. Call for more info.

Mah Jong Friday's: Come play Mah Jong Fridays at 12pm!

Party Bridge: 1 group that plays every Wednesday, call for info.

We have plenty all types of games available for use. If you have a group that needs a space, speak to Gracie or Janet about using one of our available rooms free of charge. We would love to have more groups use our facility.

January 2023 MENU

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Sun	Mon \$12	Tue \$6	Wed \$6	Thu	Fri \$12	Sat
1	2 NO DINNER	3 BLT sandwich Chips Fresh fruit dessert	4 Hot dogs w/ condiments Fries Fresh fruit dessert	5 NO LUNCH	6 Pork Tenderloin Wild rice Mixed veggies roll Dessert	7
8	9 Roast beef/gravy Mashed potatoes Green beans Fresh fruit dessert	10 Egg/tuna sandwich Chips Fresh fruit Dessert	11 Chicken noodle soup Salad Fresh fruit Dessert	12 NO LUNCH	13 12pm Rescheduled Holiday Dinner Entertainment TBA	14
15	16 CLOSED	17 B'Day \$8 Chicken pot pie Salad Warm roll Fresh fruit B'day cake	18 Goulash Salad Italian bread Fresh fruit dessert	19 NO LUNCH	20 Cheese Lasagna Salad Fresh fruit Italian bread dessert	21
22	23 Pineapple chicken with rice Carrots Fresh fruit Salad Dessert	24 Tomato soup Grilled cheese Fruit dessert	25 Chicken Salad Sandwich Chips Fruit Dessert	26 NO LUNCH	27 Beef stew w/ potatoes Mixed veggies Roll fresh fruit dessert	28
29	30 Meatloaf baked potato green beans roll dessert	31 Pizzeria Pizza Salad Fresh fruit dessert	LUNCH @12pm DINNER P/U 3:30pm-4pm			

- Lunches are \$6.00
 - Monday's & Friday's are \$12.00. check calendar for special meal prices.
 - Menu subject to change!
 - Vegetarian Meal available as substitute!
 - If you have any food allergies let staff know ahead of time.
 - Take out available (+\$1) just ask!
 - Lunch starts promptly at noon unless otherwise noted.
 - All lunches are homemade and recipes available
- Call 637-9025 to reserve 24 hours ahead**



January 2023 Events

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Sun Mon 11-4 Tues 10-3 Wed 10-3 Thurs 10-3 Fri 11-4 Sat

1	2	3 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry	4 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	5 10:30– Chair Yoga w/ Chris!!! 10:30- Hand & Foot <u>12– Movie</u>	6 11:15– <u>Let's Sing</u> 12– Mah Jong 3:30-4pm– TOGO Dinners	7
8	9 11:30-Bingo W/ Jim! 3:30-4pm– TOGO Dinners	10 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry	11 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	12 10:30– Chair Yoga 10:30- Hand & Foot <u>12– Movie</u> 12:30– Calendar Making w/ Barb	13 11:15– <u>Let's Sing</u> 12– Mah Jong <u>12– HOLIDAY PARTY!!</u>	14
15	16 Closed	17 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry 12:30– <u>Tom Henry</u>	18 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	19 10:30– Chair Yoga 10:30- Hand & Foot <u>12– Movie</u>	20 12– Mah Jong 3:30-4pm– TOGO Dinners	21
22	23 3:30-4pm– TOGO Dinners	24 10:15– Art Class 11-Pitch 12-Lunch 12:30– Book Club 12:30– Poetry	25 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	26 10:30– Chair Yoga 10:30- Hand & Foot <u>12– Movie</u>	27 12– Mah Jong 3:30-4pm– TOGO Dinners	28
29	30 3:30-4pm– TOGO Dinners	31 10:15– Art Class 11-Pitch 12-Lunch 12:30– Poetry				

January Birthdays

Patricia Gasparini	1/1	Bill Woodrow	1/19
Madeline Bort	1/2	Laurie Walter	1/19
Corrine Kraus	1/4	James Cooke	1/21
Christa DeBottis	1/5	Steven Schroeder	1/23
Rosie McMahon	1/8	Cora Reals	1/23
Laurel Huff	1/11	Peg McCarthy	1/25
Herbert May	1/11	Annette Fudesco	1/25
Avery Sinclair	1/11	Beatrice Ceilly	1/25
George Anderson	1/11	Elizabeth Wychowski	1/26
Carol Shoudy	1/13	Mil Owens	1/26
Richard Liss	1/14	Pat Curtin	1/27
Eileen Lowell	1/14	Father Daniel Mulhauser	1/28
Joanne Greenhouse	1/16	Lois Powers	1/29
Ann Schofield	1/17	Karen Meiner	1/30
Richard Greene	1/17	Elaine Corcoran	1/30

Happy Birthday!

Would you like to volunteer at the Senior Center?

We are looking for some additional volunteers to help us with small events, fundraising, and promoting our center to the public!! If you are interested in helping us become a better resource to the community, adding your talents to a program or just helping with small projects, we would love to add you to our little family. **Just let Janet or Gracie know about your interest, times available, and frequency and we will get you going.** If you are already a volunteer, **please remember to sign into the new 2022/2023 Volunteer book each time you volunteer at FSC.** The binder is on the shelf outside the office in the card room.



WELCOME TO THE MOVIES, New Release Movie, Wednesday's

12:30pm, POPCORN INCLUDED

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Movies are free and open to anyone. Popcorn and beverage are provided.

Wednesday, Jan. 4, 12:30 pm, "Lyle, Lyle Crocodile" PG, 106 Minutes Starring Javier Bardem
Josh Primm and his family move to New York City. At first, Josh struggles with this new chapter in his life. However, the Primm's lives are turned upside down when they discover a singing crocodile named Lyle. Josh and Lyle take an immediate liking to each other. His owner, the eccentric Mr. Valenti, informs the family that his pet crocodile is missing. Lurking behind the scenes is Mr. Grumps, their nasty neighbor who would do anything to have Lyle captured. It's up to Josh to keep Lyle safe and show the world the unique talent of a special crocodile.

Wednesday, Jan. 11, 12:30 pm, "Ticket To Paradise" PG-13, 104 Minutes Starring Julia Roberts

For one divorced couple, there can be no agreement; for several decades, they fight like cats and dogs. Then, their daughter decides to get married in Bali, and they realize that there is actually is one thing they do agree upon, that marriage is an awful idea. After so many years of acrimony, they decide to team up in order to stop the marriage they know will be a disaster. Fairly quickly, however, the failed couple starts to grapple with an unexpected turn of events.

Wednesday, Jan. 18, 12:30 pm, "Secret Headquarters" PG, 104 Minutes Starring Owen Wilson

Charlie Kincaid is a young man living an average life. He goes to school, hangs out with his friends and does his best to have fun just like any other kid. His life is completely normal until he discovers a secret headquarters under his home that could only belong to a superhero. Charlie shows his friends this secret room, and they all start to believe that his father might be living a secret hero life.

Wednesday, Jan. 25, 12:30 pm, "Till" PG-13, 130 Minutes Starring Whoopie Goldberg
Mamie Till-Mobley seeks justice for the 1955 killing of her 14 year old son, Ernest Till. During the Civil Rights Movement, Mamie is an educator and activist. Her true story depicts Ernest's visit to Mississippi to visit his cousins. While in Mississippi, Ernest, still a child, whistled at a white woman. Beaten and killed by white supremacists, his body was drowned in the Talahatchee River. His mother feels the need to do something to shed light on this situation. Through her grief, she educates the world in this emotional drama that is all told through her perspective.

Thursday "Bring Your Own Lunch" Classic Movies 12:00pm POPCORN

Thursday, January 5, 12:00 pm "The Lucky One" PG-13, 101 min. Starring Zac Efron & Blythe Danner

Thursday, January 12, 12:00 pm "Shall We Dance?" PG-13, 106 Min. Starring Richard Gere, Jennifer Lopez & Susan Sarandon

Thursday, January 19, 12:00 pm "In Her Shoes" PG-13, 130 min. Starring Cameron Diaz & Toni Collette

Thursday, January 26, 12:00 pm "Ground Hog Day" PG-13, 101 min. Starring Bill Murray

For updates please check our website www.faysrctr.org



Newsletter Subscription/Membership Form 2023

584 E. Genesee St., Fayetteville, NY 13066

**** Please complete the entire form and return to the Center****

*****Must Answer*****

***Registrant #1:** _____

***Date of Birth (M/D):** _____

Registrant #2: _____

Date of Birth (M/D): _____

***Address:** _____

***City:** _____

***State:** _____ ***Zipcode:** _____ ***Phone#:** _____

Are you interested in volunteering and helping out the center? Yes ____ No ____

***If yes, please list what your interests are (ex: Kitchen, Newsletter, Fundrasiers, ect.):**

***Emergency Contact and Phone#:** _____

I have read and understand the Fayetteville Senior Centers Code of Conduct. I agree to abide by the rules described above for as long as I am an active member of the center. I also understand that I may be removed as a participant if I violate any of these rules.

***Registrant #1 Signature:** _____

Registrant #2 Signature: _____

\$25 Per Household (January-January)



FAYETTEVILLE SENIOR CENTER



Board of Directors

Chairman: Tony Marsallo
Secretary: Janet Callahan
Treasurer: Don Brown

Paulina Murray-Lee	Barbara Arnold
Mike Small	Susan Goike
Patsy Scala	Mary Kilpatrick
Kevin Kelly	*Village Liaison:
Cindy Goldstein	Jane Rice

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings. Meetings are the third Monday of every month, 6pm.

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreation programs, nutritional programs and other activities in friendly comfortable surroundings.

584 E Genesee Street
Fayetteville, NY 13066

Hours: T-TH 10am-3pm M&F 11am-4pm

Phone: (315) 637-9025

Email: fayseniorcenter2@yahoo.com

Website: FaySrCtr.org



Forwarding Service Requested

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Paid
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Non-Profit
Organization

Fayetteville Senior Center
584 East Genesee Street
Fayetteville, NY 13066