Fayetteville Senior Center The Beacon 2021

You Are invited to the 2021 FSC Annual Meeting

When: Tues., April 20th Time: 6:00PM

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Where: Live Streamed from the Village of Fayetteville Offices Link: https://boxcast.tv/view/fayetteville-senior-center-annual-board-meeting-507469 We will be discussing the state of the center, building improvements, future plans, reopening dates and protocol, fundraising and an introduction to the Board members and Staff. Let your voice be heard and join us.

<u>Welcome Back, Opening Monday, May 3rd</u> <u>10am – 4pm</u> <u>NEW HOURS M-F, 10am-4pm</u>

Hello to Everyone...

We are happy to finally announce our reopening. A few things will be new to all of us, including proper protocols, safe distancing, reservations for **ALL** activities and of course, **reserved** indoor/outdoor dining in addition to our Drive thru meals. If you have had both doses of the vaccine, we would appreciate you sharing that information with us.

On Monday, May 3rd you can make an appointment anytime from 10am-4pm to tour the facility. The appointments are approximately 15 minutes apart. You will be required to wear a mask, sign in and answer a few questions at the door. This will be required until the State and local governments relax the protocols. If you do not have a mask, one will provided for you. All staff and volunteers have been vaccinated and will wear a mask when socializing with the members. If you would like a viewing by appointment, please call 315-637-9025. We are allowed a certain amount of visitors at a time per building and per room so it is important to register.

Over the next few months we will be slowly introducing programming that fits all of our comfort levels. We will begin with activities that are not close contact. Activities we will be offering in the upcoming months are Art, Poetry, Bingo, Movies, book club, exercise, limited meals, socially spaced games, and our new exercise equipment room. We will be using the porch for some open air activities as well. <u>YOU MUST SIGN UP FOR THE ACTIVITIES YOU WISH TO PARTICIPATE IN!</u> If you have any questions about the protocols or information on meals or programming, do not hesitate to call. Janet & Gracie

FAYETTEVILLE SENIOR CENTER 584 EAST GENESEE STREET FAYETTEVILLE, NY 13066 (315) 637-9025

OUR STAFF: Director/Kitchen : Janet Best Admin. Assistant: Gracie Redmond

New guidelines for building usage and fitness room

- Masks must be worn in building if you don't have one, we can provide
- You **MUST** sign in at sign in table this is so we can keep track for Covid tracing.
- If you have contracted or been exposed to Covid 19, you must alert the center if you have visited in the past 7 days
- Exercise equipment use is currently only by reservation. Each machine will have a sign up sheet. You can call to reserve. Available are a treadmill, recumbent bike and exercise bike. You will need to wipe the surface down after use. Wipes are provided. Please check with your doctor before use.
- Some programs will be offered outside- see events
- Each day all surfaces will be micro banned throughout the building with a full sanitizing by the FFD.
- If you have any other questions, please do not hesitate to call or ask.

GUIDELINES FOR MEALS:

Mandatory information needed to participate in meals! **LUNCH Guidelines:**

- Seat choice (inside or outside), or drive thru pick-up
- Indoors: 4 people per table, separated by Plexiglas. Maximum 16 people.
- Outdoor: 4 people per table outside on new porch. Maximum 12 people.
- In-house Lunch is \$5.00 at 12pm
- Drive Thru pick-up at 12:30pm

DINNER Guidelines:

- Currently No Dining In, **Drive Thru only**, pick-up between 3:30pm -4:00pm
- Reservations mandatory, \$8.00



May Menu 2021



Sun	Mon	Tuesday \$5.00	Wed	Thursday \$8.00	Friday	Sat
2	3	4 BLT on White Chips Fruit Dessert	5	6 Creamy Chicken Chili Green Salad Italian Bread with butter Fresh Fruit Dessert	7	1 8
9	10	11 Cheeseburger With all the fixings Chips Fruit Dessert	12	13 Pulled Pork Sliders Streak Fries Side Salad Fresh Fruit Dessert	14	15
16	17	18 Tuna/Egg Sal- ad with lettuce/tomato on roll Chips Fruit Dessert	19	20 Grilled Chicken Breast Macaroni Salad Roll with butter Fresh Fruit Dessert	21 Doug's Fish Fry 11am- 6pm	22
23/30	24/31	25 Cheese Quiche Salad Fruit Dessert	26	27 Meatloaf with mashed potatoes and gravy Corn Roll with butter Fresh fruit dessert	28	29



June Menu 2021



Sun	Mon	Tuesday \$5.00	Wed	Thursday \$8.00	Friday	Sat
		1 Turkey cheese/ Ham cheese wraps Chips Fruit Dessert	2	3 Peach stuffed Pork Chop Baked potato and green beans Fresh Fruit Roll with Butter dessert	4	5
6	7	8 Chicken Caesar Salad Bread with but- ter Fruit dessert	9	10 Chicken and broccoli casserole with rice Roll with butter Fresh fruit Dessert	11	12
13	14	15 English Muffin Pizzas Salad Fruit Dessert	16	17 Hot Turkey Sandwich Mashed potatoes and Gra- vy Stuffing Fresh fruit Dessert	18	19
20	21	22 Hot Dog with all the fixings Chips Fruit Dessert	23	24 Fish Sandwich Cole Slaw and Fries Fresh Fruit Dessert	25	26
27	28	29 Sloppy Joe Chips Fruit dessert	30			

Movies shown twice a week Wed. and Friday 1pm, popcorn provided. Limit 16 people per movie sign up, Mask and Social Distancing required.

Wed., May 5th, 1:00pm and Fri., May 7th 1:00pm, "A Hidden Life", PG-13, 2hr 54min

As World War II begins to rage around him, one man sees the evil incarnate that is being brought forth. Unlike so many others who willingly join the Nazi party, Franz Jagerstatter chooses to buck the trend and become a conscientious objector. Bravely wearing his feelings on his sleeve, he risks everything to do what is right. But there are many who want to destroy him, and danger is close at every moment.

Wed., May 12th, 1pm and Fri., May 14th at 1pm, "Just Mercy", PG-13, 2hr 17min

Bryan Stevenson, a lawyer of unfaltering convictions, goes where few are brave enough to wander. Walter McMillian, an inmate on death row, encounters a stroke of good fortune when Stevenson takes on his harrowing case. Though McMillian was charged with murdering an 18-year-old girl, the evidence suggests otherwise. In the hopes of furnishing McMillian with the freedom he deserves, Stevenson immerses himself in the fight for justice. As affairs unfold, Stevenson is faced with seemingly insurmountable roadblocks.

Wed., May 19th, 1pm and Fri., May 21st at 1pm, "The Last Full Measure", R, 1hr 56 min

During the Vietnam War, William H. Pitsenbarger was a USAF Pararescue medic. During his time in the War, he made the ultimate sacrifice all the while saving dozens of men. Despite his heroic efforts and bravery, Pitsenbarger was never honored for his actions. A Congressional Medal of Honor request was made on behalf of the war hero, but after decades still received no reply. Scott Huffman, a Pentagon staffer, seeks to rectify this wrong. In doing so, Huffman uncovers conspiracy and corruption. Huffman must decide how far he will go for a man who made the ultimate sacrifice for his country over 30 years ago.

Wed., May 26th, 1pm and Fri., May 28th at 1pm, <u>"Emma"</u>, PG-13, 2hr 4 min

Emma Woodhouse is a young woman that lives like a queen in her small town as she is known for being clever and rich. While having her money and fame already handled for her, she runs into trouble when she is constantly being paired up with those that aren't the right romantic partner for her. Along her journey, she eventually finds out that the person she is looking to love was close to her, to begin with.

Wed., June 2nd 1pm and Fri., June 4th at 1pm, "The Call of the Wild", PG, 1hr 40 min

Is it really possible to go where nobody has ever gone before? John Thornton leaves behind his life to go out into the wild only to save a dog (Buck) who has experienced a life of hardship. After freeing the dog, the two become friends and Thornton continues to help Buck recover. When a conflict between the socialized world and the wild emerges, Buck has to choose whether or not he wants to stay with Thornton or continue his journey as a wild animal. By finding a family in each other, Thornton and Buck become connected and learn about what it means to exist in a complicated world.

Wed., June 9th 1pm and Fri., June 11th at 1pm, "Artemis Fowl", PG, 1hr 35 min

Artemis Fowl II isn't a hero. The Irish teenager is the proud descendant of criminal geniuses. After his family's ill-gotten fortune is lost and his father disappears, Artemis believes that fairies are responsible in some way. Of course, no one has actually ever proven the existence of fairies. With the help of his loyal bodyguard, Domovoi Butler, Artemis decides to not only prove that fairies exist, but also kidnap one of their number to hold for ransom. When Artemis steals and holds hostage Holly Short, an underground fairy LEP-recon officer, he soon discovers that his master plan had a few flaws.

Wed., June 16th 1pm and Fri., June 18th at 1pm, "Irresistible", R, 1hr 41 min

In a small Wisconsin town, retired Marine Colonel Jack Hastings becomes a national star when a video of his protest for undocumented workers' rights goes viral. Wanting to capitalize on a shining moment of liberal support in a traditionally conservative state, top strategist Gary Zimmer taps him for the Democratic Party to win back the Heartland. However, Zimmer is soon pitted against his Republican rival Faith Brewster who will stop at nothing to prevent Wisconsin from becoming a swing state. Hastings's bid for change in a local race morphs into an all-out brawl for America's future.

Wed., June 23rd 1pm and Fri., June 25th at 1pm, "Made in Italy", R, 1hr 41 min

A father and his son living in London decide to travel to Italy to restore and remodel a Tuscan villa inherited from the father's Italian mother. Both father and son have never gotten over the tragic death of their wife/mother in a car accident two decades earlier. Father and son clash at first as old memories and unresolved family issues come to the surface as they tackle the daunting work that needs to be done on the villa. However, they find unexpected joys, new friends and a chance to heal the past in this light and warm comedy interlaced with drama.

Wed., June 30th 1pm and Fri., July 2nd at 1pm, <u>"Tesla"</u>, R, 1hr 41 min

This biographical drama explores the life of genius inventor Nikola Tesla and his interactions with fellow innovator Thomas Edison. Events combine fact and fiction to illustrate the fierce competition between the two scientists as they race to revolutionize the world of light and electricity. The action expounds on Tesla's relationship with financial mogul J.P. Morgan's daughter, Anne, who narrates the story. The historical biography reveals Tesla's inner tension as he strives to beat the competition, please his benefactor and win the heart of the woman he loves.

May Events

Monday

<u>Tuesday</u>

Wednesday Thursday

Friday

4 Stretch Exercise	5	6 Strength Exercise	7
In house Lunch 12pm take out 12:30	Movie 1pm	Take Out Dinner 3:30-4	Movie 1pm
11 Stretch Exercise 10am&1:30nm	12	13 Strength Exercise 10am&1nm	14
Lunch 12pm	Movie 1pm	Take Out Dinner 3:30-4	Movie 1pm
18 Stretch Exercise	19	20 Strength Exercise	21
10am&1:30pm	Book Club 11am	10am&1pm	Movie 1pm
Lunch 12pm	Movie 1pm	Take Out Dinner 3:30-4	Dougs Food Truck 11-6
25 Startak Francisco	26	27 Stars th Francisc	28
Stretch Exercise 10am&1:30pm Lunch 12pm	Movie 1pm	10am&1pm Take Out Dinner 3:30-4	Movie 1pm
	Stretch Exercise 10am&1:30pm In house Lunch 12pm take out 12:30 11 Stretch Exercise 10am&1:30pm Lunch 12pm 18 Stretch Exercise 10am&1:30pm Lunch 12pm 25 Stretch Exercise 10am&1:30pm	Stretch Exercise 10am&1:30pm In house Lunch 12pm take out 12:30Movie 1pm1112Stretch Exercise 10am&1:30pm Lunch 12pmMovie 1pm1819Stretch Exercise 10am&1:30pm Lunch 12pmBook Club 11am Movie 1pm2526Stretch Exercise 10am&1:30pm26	Stretch Exercise 10am&1:30pm In house Lunch 12pm take out 12:30Movie 1pmStrength Exercise 10am&1pm Take Out Dinner 3:30-411 Stretch Exercise 10am&1:30pm Lunch 12pm1213 Strength Exercise 10am&1pm Take Out Dinner 3:30-418 Stretch Exercise 10am&1:30pm Lunch 12pm19 Book Club 11am Movie 1pm20 Strength Exercise 10am&1pm Take Out Dinner 3:30-425 Stretch Exercise 10am&1:30pm Lunch 12pm2627 Strength Exercise 10am&1pm Take Out Dinner 3:30-425 Stretch Exercise 10am&1:30pm Lunch 12pm2627 Strength Exercise 10am&1pm Take Out Dinner 3:30-4

June Events

Monday

<u>Tuesday</u>

Wednesday Thursday

Friday

	1 Stretch Exercise	2	3 Strength Exercise	4
	10am&1:30pm Lunch 12pm	Movie 1pm	10am&1pm Take Out Dinner 3:30-4	Movie 1pm
7	8 Stretch Exercise 10am&1:30pm	9	10 Strength Exercise 10am&1pm	11
Bingo Outside 1pm	Lunch 12pm	Movie 1pm	Take Out Dinner 3:30-4	Movie 1pm
14	15 Stretch Exercise	16	17 Strength Exercise	18
	10am&1:30pm Lunch 12pm	Book Club 1pm Movie 1pm	10am&1pm Take Out Dinner 3:30-4	Movie 1pm
28	29 Stretch Exercise 10am&1:30pm	30		
Trivia 1pm	Lunch 12pm	Movie 1pm		

IT'S MEMBERSHIP RENEWAL TIME!!!!!

Membership dues are now due. We have not increased the cost, it is still \$15 per household. Memberships can be paid by cash, check or card. However we have changed the form and it is <u>MANDATORY</u> you fill out a new one, <u>IF</u> you have not already done so, <u>this is the last time we are including it in the newsletter.</u>
When filling out your form, keep in mind we don't need your birth year, just the month and day so we can recognize you in our newsletters. Please be sure to fill out the sections marked with an <u>asterisk</u>, such as your emergency contact and their phone number. This is important in the case that anything happens we have someone to call.
The new form is provided for you in this newsletter, on the inside of the last page. If you need another copy for a friend, please go to our website at www.faysrctr.org and print one out.

Thank you and looking forward to once again serving our senior family.

Fish Sandwich Fish Dinner Shrimp Only Shrimp Dinner Scallop Only	We are partnering with Doug's Fish Fry Tell your friends and family you can drive on over to the center and get a meal from Doug's food truck on Friday May 21st from 11am-6pm (More dates to come). Cost and options vary and no reservations or preordering required. The more customers they have the better the percentage we will receive.
Scallop Dinner	Go to Doug's to go website for more information
Fresh Cut Fries	on the menu www.dougsfishfry.com
Cole Slaw	<u>Click on togo</u>
Bottled Drinks	

For updates please check our new website www.faysrctr.org

May and June Birthdays

	<u>May</u>		<u>June</u>	
	Barbara Forth	5/2	Judy Dennis	6/4
Λ `	Mark Sostrin	5/3	Carol Kirchgesser	6/10
	Mary Milioto	5/5	Howard Deutch	6/10
1	Marilyn Manheim	5/5	Carole Wenthen	6/10
	Bill Alden	5/6	Dorothy Cady	6/13
?	Susan Doyle	5/6	Betty Granatstein	6/14
	Monica Woods	5/6	Asher Greenhouse	6/15
	Dennis McAndrew	5/8	Dorcas Mahon	6/17
	Ellie Freeman	5/13	Margaret Schaff	6/22
	Ellen Miller	5/16	Diane Drake	6/22
	Nancy Durkin	5/17	Caroline Dimmick	6/23
	Jill McAndrew	5/22	Bernard Forth	6/24
	Joan Kinsella	5/25	Zygi Wychowski	6/27
	Henry McIntosh	5/26	Sally Alden	6/28
	Joan Rich	5/28	Charles Adams	6/28
$\mathbf{)}$	Shirley Schilts	5/28	Sheila Sostrin	6/30
	Charles Moore	5/29	Alice Brennan	6/30

5/31

Happy Birthday!

Peter Monteleone

MEMORIALS

The Fayetteville Senior Center's Building and Memorial Fund is a living memorial to our friends.

Gifts may be given on the occasion and in memory of anniversaries, birthdays and for get well wishes as a means of sharing happiness or times of sorrow. These tax deductible gifts are used to enhance the lives of the seniors in our community.

The Staff, Members and Board of Directors of the Fayetteville Senior Center offer their sincere condolences to the families of our honored members.

Richard Harding Carol Crisafulli Alice Wallace Sue Myers Reva LaPine June Mann

Donations in Memory of Donna McIntosh

Jim and Cathy Skvorak

Cathy McIntosh O'Brien

Anthony and Leah Lizzio

Renate Bevard

Alice and Stephen Heffron

Daniel and Deborah Delaney

Michael and Donna Smith

Hal Roethel and Jennifer

Edward and Sharon Nies

Ronald and Michele Bendosky

J & J Dardzinski

Marjorie Deroski

Roberta Hampson

W. Grant and Ruth McIntosh

Judith Oshea

Gregory and Rosemary Fitts

Cynthia Goldstein

Mark & Sheila Sostrin

Bernard Bregman

Patricia Anne Wortley

Susan Allen

Susan and Jerry Klineberg

Paulina Murray-Lee

Donations in Memory of Phil Norman

Clifford Buckley

Board of Directors:	Fayetteville Senior Center, Inc.				
Chair:	584 East Genesee Street				
Tony Marsallo	Fayetteville, NY 13066				
Co-Chair: Mary Gormley	315-637-9025				
Secretary:	Deen Ferretterville Anon Friends and Neighborg				
Janet Callahan	Dear Fayetteville Area Friends and Neighbors, During these challenging times, all of us who are affiliated with the Fayetteville Senior Center				
Treasurer:	hope this letter finds you safe and well. Since last March, we have all felt the effects of the				
Don Brown	isolation caused by COVID-19. The need to stay apart to slow the spread of the virus has had a				
Paulina Murray-Lee	huge impact on the population we serve—the senior members of our community— who rely on us				
Cindy Goldstein Donna McIntosh	for social activities, nutritious meals, programs to enrich their mental and physical health and,				
Patsy Scala	above all, a sense of family. Even though we have not been able to welcome seniors to the Center				
Mike Small	for many months, we have worked hard to continue to provide services and to stay connected.				
Kevin Kelly Knowlton Foote	For example, we have:				
Peter Bertone	provided 120+ take-out meals each weekend, starting last April.				
	held our annual Chicken BBQ in August, with all meals served as take-out.				
Mayor of Fayetteville:	held our annual rummage sale outdoors under tents in September.				
Mark Olson	 undergone exterior and interior renovations at the Center designed to make our facility 				
Villago Lioison.	even better for our members, with a new kitchen, an exercise room, and a beautiful new cov-				
Village Liaison: Dennis Duggleby	ered porch where seniors will be able to sit and relax when good weather returns.				
	updated our website, adding videos to update our seniors on the progress of construction at				
<u>Our Staff:</u> Ex. Dir./Kit. Mgr :	the Center and allowing them to receive updated information on Covid, relatable				
Janet Best	websites, and webinars at their convenience and from the comfort and safety of their homes.				
Admin. Assistant:	We also provided a weekly, friendly phone check-in for anyone that needed to chat,				
Grace Redmond	express concerns or request information on senior related issues.				
	Now more than ever, our seniors need the Center, and we need YOU so we can continue to serve them. While we are closed, we are unable to hold our usual fundraisers, which are a key source of				
	essential revenue for our programs. Please consider a tax-deductible gift. You can donate online at				
www.favsrctr.org or v	you can send in your donation by mail. There is much to look forward to when this passes, and we				
	you to the Center soon.				
Thank you for makin	g a difference. We cannot do it without you and we deeply appreciate your donation.				
Warm	Regards,				
-					
Janet	Best, Executive Director Anthony Marsallo, Board Chair				
	his section for your records: 2021 Fayetteville Senior Center Annual Appeal. Tax				
ID # 16-1143963					
Amount Donated S	S				
	Vou can raturn your generous gift to us in the englosed envelope:				
*	Tou can return your generous gift to us in the enclosed envelope.				
	Name (please print)				
Address					
-	Please accept my gift of:				
Enclosed is my check made payable to Fayetteville Senior Center					
\$500\$200\$50 other					
O 1 //	*Credit CardVISAMCAMEX				
Card #	CVC				
	ΔΙΥΈΧΥ				
	Signature				

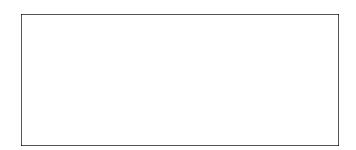
FAYETTEVILLE
SENIOR CENTER

Newsletter Subscription/Membership Form 2021 584 E. Genesee St., Fayetteville, NY 13066 ** Please complete the entire form and return to the Center** <u>***Must Answer***</u>

*Registrant #1:		
Date of Birth (IVI/D):		
Registrant #2:		
Date of Birth (M/D):		
*Address:		
*State:	*Zipcode:	*Phone #:
Winter Address:		
Newsletter to be del	ivered to winter address from:	to
We offer a	variety of activities, please checl	k any you may be interested in:
	Art Classes Tech Classes	
	Book Club AARP Classes_	Card Games
	Board Games Movies	Suggestions
If you wish to	volunteer at the Center, please cl	heck any you may be interested in:
Help with News	letter Present a Program	Handyman Work
Gardening	Work at Special Events_	Help in the Kitchen
	Other	_
*Emergency Contact	t and Phone#:	
*Registrant #1 Signa	ature:	
Registrant #2 Signat	ture:	
	\$15 Per Hous	sehold

Fayetteville Senior Center 584 East Genesee Street Fayetteville, NY 13066

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*Village Liaison: Dan Kinsella If interested in joining our Board, please contact Janet or one of our Board members for Information. Members are welcome to attend.

Paulina Murray-Lee Mike Small Patsy Scala Kevin Kelly Cindy Goldstein Knowlton Foote Peter Bertone

Board of Directors Chairman: Tony Marsallo Vice Chairman: Mary Gormley Secretary: Janet Callahan Treasurer: Don Brown

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreation programs, nutritional programs and other activities in friendly comfortable surroundings.

584 E Genesee Street

Fayetteville, NY 13066

Phone: (315) 637-9025

Email: fayseniorcenter2@yahoo.com

Website: FaySrCtr.org

