

THE SILVER TIMES



FAYETTEVILLE CENTER FOR ACTIVE ADULTS

584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066

OUR STAFF:

Director: Janet Best
Kitchen: Dennis Murphy
Housekeeper: Annie Twichell

July & Aug 2025

**COME CHECK OUT OUR NEW FLYER STATION. FURTHER
DETAILS ABOUT EVENTS AND NEW PROGRAMS ARE AVAILABLE!**

JOIN US AT PANERA ON Monday, JULY 14th from 4-8PM

We are holding a "Raise the dough" fundraiser. You can cut out this article or pick up a flyer at the center. Invite your friends, neighbors, and family to dinner. We can earn 30% of purchases on this day after the initial \$150 is ordered. Enjoy a meal and help out the center. It's a win/win for all of us.



RAISE SOME DOUGH

Help support us!

30% of sales will benefit
FAYETTEVILLE CENTER FOR ACTIVE ADULTS

**July 14, 2025
4:00 pm to 8:00 pm
404 Towne Drive
Fayetteville, NY**

In Cafe • Drive-Thru • Pick-Up • Delivery
Enter promo code FUND4U at online checkout.

**Panera
FUNDRAISING**

ANNUAL CHICKEN BBQ DRIVE THRU FUNDRAISER with LIVE MUSIC

- **DATE:** Friday, August 15
- **PRICE:** \$15.00 each
- **TIME:** 4pm-till gone
- **NO RESERVATIONS FIRST COME, FIRST SERVED.** Open to EVERYONE
- **MENU:** 1/2 BBQ chicken, Salt Potatoes, 1/2 Corn on the cob, watermelon, bottle of water, and dessert

This year you come and eat on our porch, one of the tables in the grass, or bring your own picnic blanket.

COME ONE, COME ALL TO SUPPORT THE FCAA and enjoy a great meal and live Music.



NEW PROGRAMMING/EVENTS



and **Salt City Auto Modelers**

Present

2nd Annual Street & Scale Auto Showcase and Car Show



Saturday

August 2, 2025

10 AM to 2 PM



Free Admission! No Entry Fees!

The Fayetteville Center for Active Adults

584 East Genesee Street, Fayetteville, NY 13066

Come join us for a unique automotive event featuring:

~ Classic cars on the lawn ~

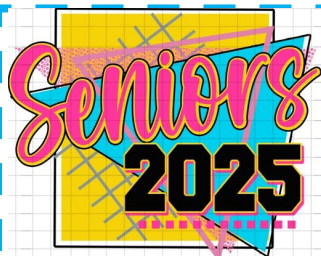
~ Scale model swap/display indoors ~

~ Free Kids Model Car "Make & Take" (while they last) ~

~ Burgers, Hot Dogs, Etc ~

~ Live Music with Jerry Cali~

~ 50/50 Raffle ~



"Senior" Fair Open House at FCAA

Join us on Thursday July 17th from 11-2pm

THANK YOU TO TESS KENNEY FROM
TOUCHING HEARTS FOR SUPPORTING OUR
COMMUNITY!!!

35+ vendors offering services and information for you and to the community. All different businesses will be represented. Prizes, Raffles and Games. No sign up required!

Flyer available in our flyer station for specifics



WE NEED YOU!! “CRAFTING FOR A CAUSE” “Cards For Kindness”

We have teamed up with the Ronald McDonald House and CreativeKindness.com This group meets Every **Friday at 11am**, let's sit together, enjoy each other's company while providing some much needed comfort and support to others.

THERE IS NO EXPERIENCE NEEDED!

Join us for a cup of coffee, tea or cocoa, meet new people, help some people in need, or just bring your own crafts and have a little fun.

Twelve O'clock High **July 10th 12:45**

Follow up to our D'Day Series, we shift to Darryl Zanuck's Academy Award winning film. The film depicts the Army Air Corps early WWII presence in Europe only eight months after Pearl Harbor. The film shows the Army Air Corp's, Bomber Command and gives us inside view of the mission, training organization, and problems.



A French Village
continuation of film/series
Thursday, July 24, Aug. 7
& 21 12:45pm



CENTER FOR
AGING RESOURCES
AND ENRICHMENT

7 WEEK FALL PREVENTION CLASS **AT FCAA CONTINUES THRU**

Tues., July 22 1:15pm,

Remember to continue coming to class. This is an assessment based exercise program. This program builds on the previous class. You need to attend all 7 classes to get the full benefit. If not attending you must call. Please call 315-637-9025 to sign up

IN JULY AND AUG. NEW INSTRUCTOR LED CLASSES

Exercise protects against anxiety, depression, reduces stress, improves sleep and digestion, and boosts self-esteem. It's wise to speak with your doctor before starting any exercise program

Mon. Yoga with Chris & Fri. with Chris's DVD 10:15am-11:30am Chair yoga Yoga Mondays with Chris DeAmicis, **\$1 donation per live** class. Fridays With DVD by Anne Pringle Burnell .

11:45am-12:30pm Stretch & Strength is a DVD program designed to help adults of all fitness levels become more active, energized and empowered to sustain independent lives. Participants are led through a brief warm up, strength training, stretching, balance exercises and a cool down.

Wednesday morning 10:30-11:30am Tai Chi for Beginners DVD by Dr. Lam, professional Tai Chi master. If program is well received we will switch to Dr. Lam's Zoom classes



Tuesdays Wii Sports During a Wii game, players hold the Wii Remote (looks like a tv remote) to control actions in the game shown on a tv screen by mimicking real-life movements (such as swinging a tennis racket or rolling a bowling ball) **7/29 1pm** & all **Tuesdays in Aug.**

ANYONE INTERESTED IN A BUS TRIP??

please see Barb Hanzalik or Janet for information.

We would like to start planning trips if anyone might be interested.



JOIN FCAA AND OTHER VENDORS AT PARTY IN THE PLAZA

**IF YOU WOULD LIKE
TO VOLUNTEER AT
OUR TABLE WE
WOULD LOVE TO
HAVE YOU.**

**JUST CALL Janet
and let her know.
315-637-9025**

PARTY IN THE PLAZA

5:30 pm - 8:30 pm | Music-Food-Vendors

LIMESTONE PLAZA, FAYETTEVILLE

Thursday-

June 19 - Menage a Soul

July 17 - Los Blancos

Aug. 21 -

Vendors should contact Chamber for a space! onondagaeast@gmail.com



WEEKLY PROGRAMS For further details call 315-637-9025 or check website

MONDAY

YOGA: Mondays 10:15-11:30 chair yoga with Chris DeAmicis

Strength and Stretch: Mondays 11:45-12:30 increase you stamina, flexibility, and balance with Arlene

Monday Movies: Mondays 12:45 classic and musicals **FREE** popcorn/beverage offered

Beginner and Intermediate Chess: Mondays 12:30 Intermediate, 1pm Beginner

TUESDAY

Jill's Art Class: Tuesday 10:15 6 week session perfecting whatever form of art medium you would like to learn or expand on.

Party Bridge: Tuesday 10:30 Competitive group

Fall Prevention Class: Tuesday 1:15 until July 22, individualized program for balance (7weeks)

Wii Sports: Tuesday July 29, 1pm, All Tuesdays in August , 12:30pm

WEDNESDAY

Tai Chi: Wednesdays 10:30 flowing movements, low impact following Dr. Lam DVD

Mexican Train Wednesdays: every Wed. at 12:45pm. Come play this creative domino game

Party Bridge: Wednesdays 10:30am. Beginners group

New Release Movies: Wednesdays 12:45 **FREE** Popcorn/Beverage offered

THURSDAY

Julie Watercolor Class: next classes begin in September 11

Poetry: Thursday 10:30 no experience needed, ideas provided, come and write or just listen

Thursday Pitch: every Thursday 12:30 Card game involving Hi-Low-Jack

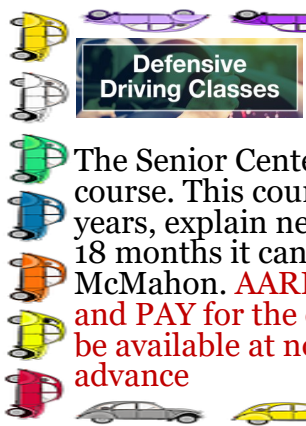
FRIDAY


YOGA: Friday 10:15-11:30 chair yoga DVD By Ann Pringle Burnell with Arlene

Strength and Stretch: Friday 11:45-12:30 increase you stamina, flexibility, and balance with Arlene

Crafting for a Cause/ Card Making: Fridays 11AM

Mah Jong Fridays: Mah Jong Fridays at 12pm! All levels welcome.

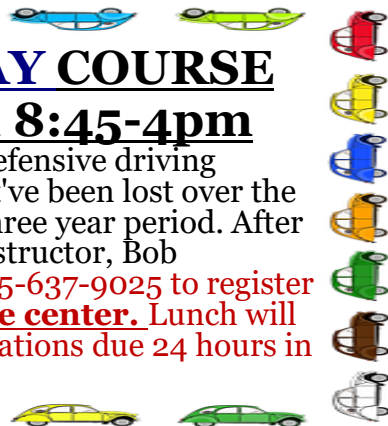




AARP SMART DRIVERS ONE DAY COURSE

AUG. 25th 8:45-4pm, Sept. 29th 8:45-4pm

The Senior Center has partnered up with AARP offering the Smart Drivers defensive driving course. This course is designed to reintroduce good driving habits that might've been lost over the years, explain new car features, and deduct 10% off of your insurance for a three year period. After 18 months it can also reduce points on your license. We have a brand new instructor, Bob McMahon. AARP members \$25 and for non-members \$30. You must call 315-637-9025 to register and PAY for the course. **Checks need to be written out to AARP not the center.** Lunch will be available at noon if you wish to participate. Lunch donation of \$7. Reservations due 24 hours in advance



LOOK WHATS COMING UP IN 2025

- ♦ **September: 9/20** Fayetteville Festival ,
- ♦ **9/26** Murder Mystery Dinner ? May change due to availability
- ♦ **October: 10/24** Annual Fundraiser
- ♦ **November: 11/25** Thanksgiving Take out dinner
- ♦ **11/28** Village Tree lighting
- ♦ **December: 12/12** Holiday Party/entertainment

Check out our July Monday Movies.

All are family friendly and rated G or PG. Bring your grandchildren, great grandchildren, or your friends. Cookies or popcorn available plus a beverage. All FREE. Join us at 12:45, Bring your lunch and sit on the porch before hand or eat while the movie is being shown. A cool afternoon in a hot and steamy month.

MONTHLY PROGRAMS For further details call 315-637-9025 or check website

MONDAY

Board Meeting: Monday, July 14, 6pm, Monday, August 18, 6pm. Monthly accounting of the business
Members welcome to attend

Grief Group: Monday, July 21, 1pm, Monday, August 18, 1pm You are not alone. Group is a support for anyone affected by a personal loss of any kind. \$10 donation **group held in private on outdoor porch, incase of rain, it will be held in front room with closed doors**

Panera Fundraiser Monday, July 14th 4-8pm Pick up a flyer, mention you are dining for FCAA, or you can cut the article from cover and take it with you.

Book Club: Monday, August 25, 1:00 "An Insignificant Case" By Phillip Margolin

AARP One day Smart Drivers Course: Monday August 25 8:45-4pm Lunch available

TUESDAY

Salt City Auto Modelers: Tuesday, July 15, 6:45pm, Tuesday, August 19, 6:45pm local model group build, show, or enjoy the craft of expert design.

Book Club: Tuesday, July 22, 1:00 "Mademoiselle Chanel" By C.W. Gortner

THURSDAY

French Village: Thursday, July 3, 24, 12:45 Thursday, August 7 & 21 12:45, Series following a village and characters through WWII

Military Club : Thursday, July 10, 12:45 Thursday, August 14, 12:45pm TBA see flyers

Senior Fair/Open House : Thursday, July 17, 12:45 TBA see flyers for all included

B'Day Celebration(12:00)Movie(12:45) : Thursday, July 31, movie "The Legend of Ochi" Thursday, August 28, Movie "The President's Wife"

FRIDAY

BINGO Friday, July 11, 1pm prizes and cookies from Noble Companion, Friday, August 8 1pm join us for a rousing game of BINGO

I Just Have To Laugh

Featuring Not quite Normal Walmart People

Not in a cruel way but simply reporting what people see
and it's usually after midnight

For your convenience I have described three types of
characters

Men, women and of course some non-binaries

Close your eyes and Imagine

It's 2am and in comes a man fully dressed in a
walrus costume

A wolfman complete with a furry tail, hairy face and
fangs

How about a small child handcuffed to his mother's
shopping cart

-Or-

A very disheveled 400lb man arguing to return recently
worn underwear

An older man cruising the isle in a full-length red dress
with high top sneakers

A 6'4" man in a tutu covering a diaper, in the fruit
section of course

A kind of kinky, adult being led on a leash through the
costume department

The decked-out snowman couple eating popsicles in the
frozen food section,

Can you picture a duck on a leash

-Or-

A wedding ceremony taking place in the photo
department

A live lizard nesting on his master's head
A toilet plunger stuck to the bareback of a "lady"

A very smug shopper taking a nap on the meat
cooler

A skinny bodied person with a gigantic smiley face
covering their upper body

A 10 foot single dread being stroked by 12 inch nails

WOW

And finally for our laughing pleasure
Such a cute father daughter pair skipping along dressed
in matching bikini's

The quiet shopper nonchalantly cutting his toenails in
the shoe department

A quite large person in a wild plaid shirt, tight shorts,
and white knee-socks

Picture a raucous someone fully wrapped in duct tape
moving slowly through the checkout

A cute baby goat resting in the backpack of their
wandering "mother"

A Footnote:

Before I enter Walmart, I do a quick look in my mirror
just to be sure I'm not.....

Tony Marsallo



BIRTHDAYS

JULY BIRTHDAY

7/2 Sara Reals
 7/5 Dave Marshall
 7/6 Jane Verbeck
 7/7 Bertie Prockup
 7/9 Cynthis McDonnell
 7/10 Carol D'Angelo
 7/10 John Seel
 7/11 Jim Moore
 7/12 Angie Greene
 7/13 Rick Gifford
 7/13 Walter Opello, Jr.
 7/15 Katie Scott
 7/16 Richard Heimerman
 7/16 Cathy Kirschenheiter
 7/16 Chuck Seereiter
 7/17 Bill Hoyer
 7/17 Eileen Deuell
 7/17 Felicia Hoover
 7/17 Edmund Sullivan
 7/18 Ed Dera
 7/19 Elaine Hatch
 7/19 Wally McRae
 7/20 Cindy Hewitt

7/22 Cheryl Noetscher
 7/23 Rosemary Reiss
 7/27 Stephen Trencansky
 7/28 Mary Zemanick
 7/28 Marlene Stunzi
 7/28 Jim Hughes
 7/29 Pat Gottschall
 7/29 Pam Ryan
 7/29 Don Falkowitz
 7/31 Donna McCann

July Birthday Celebration Lunch & Movie (subject to change)

Lunch, **Thursday, July 31, at 12:00pm** **RSVP BY 7/28**
Menu: see Menu Calendar. Cost– **non-birthday is a donation \$8. Birthday in July, FREE with birthday coupon (check the b'day card you received) Thurs., July 31 12:45 pm, "The Legend of Ochi" PG 95 Min starring: William DeFoe,** In a remote village on the island of Carpathia, a shy farm girl named Yuri is raised to fear an elusive animal species known as ochi. But when Yuri discovers a wounded baby ochi has been left behind, she escapes on a quest to bring him home.

****There are NO TAKE-OUTS for this meal****

AUGUST BIRTHDAY

8/1 Larry Byrnes
 8/1 Michael Collins
 8/5 Elaine Coppola
 8/6 Allan Curtis
 8/7 John Hunt
 8/8 Judith Friedman
 8/8 Betty Fuda
 8/10 Vanessa Darmento
 8/11 Susan Waterschoot
 8/11 Suzanne Heiligman
 8/11 Bill Fuegel
 8/12 Maggie Reid
 8/12 Joanne Adams
 8/14 Diane Adams
 8/14 Marsha Taylor
 8/14 Hal Gulliksen
 8/15 Ruth Perkins
 8/16 Carol Hubbell
 8/17 Victoria Elliot
 8/18 Anne Barton
 8/18 Robert Rupp

8/19 Robert Twichell
 8/20 Joanne Port
 8/21 Ron Ziomek
 8/21 Carrie Hunt
 8/21 Mike O'Neal
 8/23 John Klasowski
 8/27 Marilyn Schroeder

August Birthday Celebration Lunch & Movie

Lunch, **Thursday, August 28, at 12:00pm** **RSVP BY 8/26** **Menu: see Menu Calendar.** Cost– **non-birthday is a donation \$8. Birthday in August, FREE with birthday coupon (check the b'day card you received) Thurs., August 28 12:45 pm, "The Presidents Wife" NR** Long the woman-behind-the-man, Bernadette Chirac (Catherine Deneuve) arrives at the presidential Elysée Palace in 1995 frustrated and all but cast off by her newly elected husband, Jacques (Michel Vuillermoz). Having always worked in his shadow to help his ascent to the presidency, Madame Chirac now fully expects to finally get the place in the political elite she believes she deserves.

****There are NO TAKE-OUTS for this meal****



TO PREVIEW THE MOVIE, PLEASE GO TO MOVIE WEBSITE OR YOUTUBE, AND VIEW THE TRAILER.

Monday at the Movies 12:45pm
Wednesday at the Movies 12:45pm
Birthday Movie 12:45pm
POPCORN INCLUDED
DONATION WELCOMED

MONDAYS in JULY

JULY IS FAMILY MOVIE MONTH BRING YOUR GRANDKIDS

Mon., July 7, 1:30pm, "Rescued by Ruby" G 1hr 33 Min Starring: Scott Wolf. Chasing his dream to join an elite K9 unit, a State Trooper pairs with a fellow underdog: clever but naughty shelter dog Ruby. Based on a true story

Mon., July 4, 1:30pm, "Yes Day" PG 1hr. 29 min. Starring: Jennifer Garner A mom and dad who normally say no to decide to say yes to their wildest requests-with a few ground rules-on a whirlwind of a day.

Mon., July 21, 1:30pm, "Blue Miracle" PG 1hr 36Min Starring: Dennis Quaid to save their cash-strapped orphanage, a guardian and his kids pair with a washed-up boat captain for a chance to win a lucrative fishing contest.

Mon., July 28, 1:30pm, "The Boy Who Harnessed the Wind" PG 1hr 53 Min Starring: Maxwell Simba Inspired by a science book, William Kampwamba builds a wind turbine to save his Malawian village from famine. Based on a true story.

WEDNESDAYS IN JULY

NEW RELEASE WEDNESDAY

Wed., July 2, 12:30 pm, "The Luckiest Man in America" R, 90 Min. Starring Walton Goggins
DRAMA: 1984; Michael Larson, an unemployed ice-cream truck driver from Ohio, steps onto the game show "Press Your Luck" harboring a secret: the key to endless amounts of money. But his winning streak is threatened when the executives in the control room start to uncover his real motivations.

Wed., July 9, 12:30 pm, "Bob Trevino Likes It" PG-13, 1hr 41min. Starring: John Legizamo
Comedy: Lily Trevino unexpectedly befriends an online stranger who shares her self-centered father's name. This new Bob Trevino's support could transform her life

Wed., July 16, 12:30 pm, "The Penguin Lessons" PG-13 1hr 51Min. Starring Steve Coogan
COMEDY: Inspired by the true story of a disillusioned Englishman who went to work in a school in Argentina in 1976. Expecting an easy ride, Tom discovers a divided nation and a class of unteachable students. However, after he rescues a penguin from an oil-slicked beach, his life is turned upside-down.

Wed., July 23, 12:30 pm, "The Amateur" PG, 123min. Starring: Rami Malek
ACTION/THRILLER: After his life is turned upside down when his wife is killed in a London terrorist attack, a brilliant but introverted CIA decoder takes matters into his own hands when his supervisors refuse to take action.

Wed., July 30, 12:30 pm, "King of Kings" PG, 102 min. Starring: Uma Thurman
DRAMA/FAMILY: Charles Dickens tells his young son Walter the greatest story ever told, and what begins as a bedtime tale becomes a life-changing journey. Through vivid imagination, the boy walks alongside Jesus, witnessing His miracles, facing His trials, and understanding His ultimate sacrifice.

BIRTHDAY MOVIE: THURSDAY, July 31, 12:45pm "The Legend of Ochi" PG 95 Min.

starring: William DeFoe, In a remote village on the island of Carpathia, a shy farm girl named Yuri is raised to fear an elusive animal species known as ochi. But when Yuri discovers a wounded baby ochi has been left behind, she escapes on a quest to bring him home.



**TO PREVIEW THE MOVIE, PLEASE GO
TO MOVIE WEBSITE OR YOUTUBE, AND
VIEW THE TRAILER.**

Monday at the Movies 12:45pm
Wednesday at the Movies 12:45pm
Birthday Movie 12:45pm
POPCORN INCLUDED
DONATION WELCOMED

MONDAYS IN AUG.

AUGUST IS DOCUMENTARY MONTH

Mon., Aug., 4, 1:30pm, "Elephant Whisperers" PG 40 Min A moving love story about the power of a community. Follows two baby elephants.

Mon., Aug. 11, 1:30pm, "Call Me Kate" PG-13 1hr. 26min. Starring: Kate Hepburn through new uncovered audio and video footage, the inner life of immensely private screen legend, Katherine Hepburn, emerges in this documentary.

Mon., Aug., 18, 1:30pm, "Un Broken" PG-13 1hr 36Min this documentary tell the story of seven Jewish siblings who survived Nazi Germany through their own resilience and the courage of strangers.

WEDNESDAYS IN AUG.

NEW RELEASE WEDNESDAY

Wed., Aug., 6, 12:30 pm, "A Complete Unknown" R, 140 Min. Starring Timothy Chalamet
DRAMA/MUSIC: New York, early 1960s. Against the backdrop of a vibrant music scene and tumultuous cultural upheaval, an enigmatic 19-year-old from Minnesota arrives in the West Village with his guitar and revolutionary talent, destined to change the course of American music.

Wed., Aug., 13, 12:30 pm, "Fog of War" NR, 103min. Starring: John Cusak **THRILLER:**
 WWII raging around them, an injured pilot and his fiancée find themselves stranded on a remote estate. As the Allies plan the D-Day Invasion, the couple become aware of a Nazi spy hiding amongst them with stolen documents bound for Germany. Unsure of who to trust, and facing danger around every corner, they must uncover the spy's identity as the outcome of the war hangs in the balance.

Wed., Aug., 20, 12:30 pm, "The Featherweight" PG-13 99 Min. Starring James Madio
DRAMA: Set in 1964, a camera crew follows Willie Pep, retired featherweight boxing champion. Down and out in Hartford CT, married to a woman half his age and with a drug-riddled son and mounting debts, Pep decides to make a return to the ring.

Wed., Aug., 27, 12:30 pm, "Rust" NR 139 Min. Starring Alec Baldwin **WESTERN:** Infamous outlaw Harland Rust breaks his estranged grandson Lucas out of prison, after Lucas is convicted to hang for an accidental murder. The two must outrun legendary U.S Marshal Wood Helm and bounty hunter Fenton "Preacher" Lang who are hot on their tails. Deeply buried secrets rise from the ashes and an unexpected familial bond begins to form as the mismatched duo tries to survive the merciless American Frontier.

BIRTHDAY MOVIE: THURSDAY, Aug., 28, 12:45pm "The Presidents Wife" NR Long the woman-behind-the-man, Bernadette Chirac (Catherine Deneuve) arrives at the presidential Elysée Palace in 1995 frustrated and all but cast off by her newly elected husband, Jacques (Michel Vuillermoz). Having always worked in his shadow to help his ascent to the presidency, Madame Chirac now fully expects to finally get the place in the political elite she believes she deserves. In Léa Domenach's whip-smart feature film debut based on true events, Madame Chirac's rise from invisible political spouse to major media figure --as calculated as it was inevitable--is chronicled with equal parts reverence and wit.



Please do not leave a message on the answering machine or in an email. Reservations made by talking with a staff member or by stopping by. Any cancellations must be made by 10:30am

MENU

- **Tues. –Thurs. 12:00 Lunch \$7, Friday 4:00-4:15 Dinner \$15 take-out**
- **Always check for special events during the month as prices may change.**
- **Menu is subject to change! Dessert & Beverage included with lunch. Desserts \$1.00 w/o meal**
- **Alternative meals available for food allergies, just ask ahead of time.**
 - **Lunch Take out available for an additional \$1.00 per meal.**
 - **Lunch starts promptly at NOON unless otherwise noted.**

Su	Mon	Tue \$7	Wed \$7	Thu \$7	Fri \$15 p/u 4-4:15	Sat
		1 Chicken Pot Pie Salad Fruit Dessert	2 Sloppy Joe Mac Salad Fruit Dessert	3 CLOSED	4 CLOSED	5
6	7 popcorn & Beverage	8 Balsamic Chicken and Strawberry Spinach Salad Italian Bread Dessert	9 Mixed Meat Sub (The Godfather) Chips Fresh fruit Dessert	10 Baked ham & Swiss Slider Salad Fresh fruit Dessert	11 Honey Garlic Pork Chops Potato Salad Green Salad Fresh fruit Roll Dessert	12
13	14 popcorn & Beverage	15 Baked Potato topping Bar Roll Fruit Dessert	16 Smoked Turkey and Swiss Panini Chips Fresh fruit Dessert	17 Hot Dogs Chips Fresh fruit Ice Cream Available at 12pm	18 Shrimp Sub Macaroni Salad Green Salad Fruit Dessert	19
20	21 popcorn & Beverage	22 Tuna or Egg salad Sandwich Chips Fresh fruit Dessert	23 Chicken Caesar Salad Fresh fruit Italian bread Dessert	24 Pasquale's Pizza Salad Garlic knots Dessert	25 Salisbury Steak Mushroom Gravy Mashed Potatoes Beets Fruit Roll Dessert	26
27	28 popcorn & Beverage	29 BLT Onion rings Fresh fruit Dessert	30 Build your own Salad Italian Bread Fruit Dessert	31 B'Day \$8 Spaghetti with Meat Sauce Salad Italian/garlic bread Fresh fruit B'Day cake		

S

Mon 10-3

Tues 10-3

Wed 10-3

Thurs 10-3

Fri 10-4

Sat

		1 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch 1:15 Fall Prevention class	2 10:30-Tai Chi DVD Dr. Lam 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	3 CLOSED HAPPY 4th	4 CLOSED Happy 4th	5 Symphoria Beard Park 7:30pm
6	7 10:15 Yoga with Chris 11:45- Strength Class 12:30-Inter Chess 1pm Beg Chess 12:45- Movie	8 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch 1:15 Fall Prevention class	9 10:30-Tai Chi DVD Dr. Lam 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	10 10:30 poetry 12-Lunch 12:30 Pitch 12:45 military group 12 O'clock High Movie	11 10:15 Yoga DVD with Anne Burnell 11:45- Strength Class 11-Crafting for a cause 12- Mah Jong 1pm BINGO with Noble 4-4:15 Drive thru Dinner	12
13	14 10:15 Yoga with Chris 11:45- Strength Class 12:30-Inter Chess 1pm Beg Chess 12:45- Movie 4-8 Panera Fundraiser	15 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 1:15 Fall Prevention class 6:45 Salt City Auto Modelers	16 10:30-Tai Chi DVD Dr. Lam 10:30-Beginners Party Bridge 12-Lunch 12:45 Movie 12:45- Mexican Train	17 10:30 Poetry ON PORCH 11-2pm SENIOR FAIR 12:30Pitch ON PORCH 5:30-8:30 Party in the Plaza	18 10:15 Yoga DVD with Anne Burnell 11:45- Strength Class 11-Crafting for a cause 12- Mah Jong 4-4:15 Drive thru Dinner	19
20	21 10:15 Yoga with Chris 11:45- Strength Class 1pm Grief Support 12:30-Inter Chess 1pm Beg Chess 12:45-Movie 6pm Board Meeting	22 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 1:15 Fall Prevention class 1pm Book Club	23 10:30-Tai Chi DVD Dr. Lam 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	24 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village	25 10:15 Yoga DVD with Anne Burnell 11:45- Strength Class 11-Crafting for a cause 12- Mah Jong 4-4:15 Drive thru Dinner	26
27	28 10:15 Yoga with Chris 11:45- Strength Class 12:30-Inter Chess 1pm Beg Chess 12:45- Movie	29 10:15 Art Jill 10:30-Comp Party Bridge 12:00- Lunch 1pm Wii Bowling	30 10:30-Tai Chi DVD Dr. Lam 10:30-Beginners Party Bridge 12-Lunch 12:45- Movie 12:45- Mexican Train	31 10:30 Morris Dancing 10:30 Poetry B'Day \$8 12-Lunch 12:45 Movie (subject to change) 12:30 Pitch		



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Su	Mon	Tue \$7	Wed \$7	Thu \$7	Fri \$15 p/u 4-4:15	Sat
					1 Creamy Honey Mustard Chicken Rice Pilaf Spinach Salad Fruit Roll Dessert	2
3	4 popcorn & Beverage	5 Grilled Chicken Sandwich Chips Fruit Dessert	6 Grilled Hamburgers Potato Salad Fresh fruit Dessert	7 Sloppy Joe Sliders with Cheese Onion Rings Fruit Dessert	8 Stuffed Peppers with Rice Gourmet Salad Italian Bread Fruit Dessert	9
10	11 popcorn & Beverage	12 Baked Potato topping Bar Roll Fruit Dessert	13 Chicken Quesadilla Salsa & Chips Fruit Dessert	14 Pulled pork Sandwiches Fries Fresh fruit dessert	15 closed during the day 4pm– till gone Chick BBQ \$15 New Menu, Live Music	16
17	18 popcorn & Beverage	19 Cheesy Chicken Zucchini Salad Fruit Dessert	20 Build your own Salad Italian Bread Fruit Dessert	21 Hot Dogs with toppings Waffle Fries Fruit Dessert	22 Pistachio Crusted Salmon Asparagus, cucumber & tomato salad Rice Fruit Roll Dessert	23
24/ 31	25 AARP Ham or Turkey & cheese Mac Salad Fruit Dessert	26 Chicken Salad Sandwich Cottage Cheese Fresh fruit Dessert	27 Marguerita (veggie) Panini Chips Fruit Dessert	28 B'Day \$8 BBQ Chicken Baked Beans Cole Slaw Fruit B'Day cake	29 Meatloaf Mashed potatoes Gravy Peas Roll Fresh fruit Dessert	30



Events

SMon 10-3Tues 10-3Wed 10-3Thurs 10-3Fri 10-4Sat

					1 10:15 Yoga DVD Anne Burnell 11:45– Strength Class 11-Crafting for a cause 12– Mah Jong 4-4:15 Drive thru Dinner	2
3	4 10:15 Yoga DVD 11:45– Strength Class 12:30-Inter Chess 1pm Beg Chess 12:45- Movie	5 10:15 Art Jill 10:30-Comp. Party Bridge 12-Lunch 1pmWii Bowling	6 10:30-Tai Chi 10:30–Beginners Party Bridge 12-Lunch 12:45– Movie 12:45– Mexican Train	7 10:30 Poetry 12-Lunch 12:30Pitch 12:45 French Village	8 10:15 Yoga DVD Anne Burnell 11:45– Strength Class 11-Crafting for a cause 12– Mah Jong 1pm BINGO 4-4:15 Drive thru Dinner	9
10	11 10:15 Yoga with Chris 11:45– Strength Class 12:30-Inter Chess 1pm Beg Chess 12:45- Movie	12 10:15 Art Jill 10:30-Comp Party Bridge 12:00– Lunch 1pm Wii Bowling 6:45 Salt City Auto Modelers	13 10:30-Tai Chi 10:30–Beginners Party Bridge 12-Lunch 12:45– Movie 12:45– Mexican Train	14 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 Military Group	15 CLOSED DURING THE DAY CHICKEN BBQ 4pm -GONE \$15 ea NEW MENU LIVE MUSIC for those that wish to eat here	16
17	18 10:15 Yoga with Chris 11:45– Strength Class 1pm Grief Support 12:30-Inter Chess 1pm Beg Chess 12:45-Movie 6pm Board Meeting	19 10:15 Art Jill 10:30-Comp Party Bridge 12:00– Lunch 1pm Wii Bowling	20 10:30-Tai Chi 10:30 Beginners Party Bridge 12-Lunch 12:45– Movie 12:45– Mexican Train	21 10:30 Poetry 12-Lunch 12:30 Pitch 12:45 French Village 5:30-8:30 Party in the Plaza	22 10:15 Yoga DVD Anne Burnell 11:45– Strength Class 11-Crafting for a cause 12– Mah Jong 4-4:15 Drive thru Dinner	23
24 /3 1	25 8:45-4pm AARP 12:30-Inter Chess 1pm Beg Chess 12:30 Book Club	26 10:15 Art Jill 10:30-Comp Party Bridge 12:00– Lunch 1pm Wii Bowling	27 10:30-Tai Chi 10:30–Beginners Party Bridge 12-Lunch 12:45– Movie 12:45– Mexican Train	28 10:30 Poetry B'Day \$8 12-Lunch 12:45 Movie 12:30 Pitch	29 10:15 Yoga DVD 11:45– Strength Class 11-Crafting for a cause 12– Mah Jong 4-4:15 Drive thru Dinner	30

I would like to extend a hearty thank you to all that donated or worked the rummage sale. There are too many people to mention and too many tasks to list that were accomplished. Personally I would like to thank Mary Kilpatrick for organizing, pricing, and contributing, what seemed to be hundreds of hours a week for more weeks than we can count. Without this dedication this event would not have been possible. I am truly blessed to have the people of this center around me to help this center grow. XO *Janet*



In Memory of our Dearly Departed members

May you rest in peace

*Margaret Schaff, Constance Foote,
& Carol Kirchgessner*



A Word on Legacy or Planned Giving

We often long to make a connection to something bigger than ourselves. Your legacy will capture meaningful aspects of your unique personality and presence to preserve it for the benefit of those who will follow in your footsteps. Whether through work, family, or community, we all have the opportunity to leave a one-of-a-kind mark on the people and places around us. **A Legacy gift is a symbol of empathy, love and sharing and a smart way to pay it forward.** Please consider remembering your senior center in your Estate planning. A gift of 3-5% may seem small, but to an organization, it is a priceless donation. We can continue on, in your name, providing the services and programs you have enjoyed. **If you need any additional information you may speak with Janet, a member of the FCAA Board of Directors, or call Jan Lane at the Community Foundation, 315-883-5546**



FAYETTEVILLE CENTER FOR ACTIVE ADULTS

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Mission Statement

The Fayetteville Center for Active Adults meets the challenges facing the senior community by offering social activities, education, health and recreational programs, nutritional programs and other activities in friendly, comfortable surroundings.

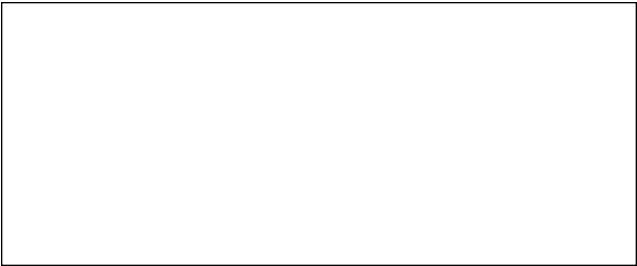
584 E Genesee Street
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Phone: (315) 637-9025

Hours: M-TH 10am-3pm Fri 10am-4pm

Email: fayseniorcenter2@yahoo.com
Website: FaySrCtr.org

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings.
July and August Meetings are 6pm Mon., July 21 and Aug 18

OFFICE HOURS MONDAY-THURSDAY 10-3pm FRIDAY 10-4pm



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