

G.P.O. Box 3906, Sydney, NSW 2001 Tel +61 2 9232 6731 - Fax + 61 2 9223 8596 - Email: info@halalhelpline.org

## **Please note:**

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2. Emulsifiers and other additives contained in any product listed are either mineral or plant sourced.

AIRLINE CATERING All airlines are able to supply Halal meals on request throughout Australia and on international flights leaving Australia.

### ANIMAL FAT

ALBA INDUSTRIES Tallow

#### ASIAN SAUCES

ASIAN FOODS AUSTRALIA Chilli Garlic Sauce Curry Laksa Paste Kimchee No Moto Malaysian Satay Sauce Sambal Badjak Sambal Blachan Sambal Oelek Sambal Tumis

### BABY BISCUITS

HEINZ Bilingual Teething Rusks Kids Cheesymite Breadsticks Plain Teething Rusks Vegetable Teething Rusks Toddler Cheese Breadsticks

### BABY CEREALS

BOOTS Farex Blended infant cereal Farex biscuits with apple juice HEINZ High Protein Cereal Mixed Cereal Rice Cereal

#### BABY CUSTARDS

HEINZ Banana Custard Chocolate Custard Egg Custard Fruit Custard

#### BABY FORMULAS ALL BRANDS

### BABY FRUITS

HEINZ Apples Apricot & Rice Fruit Salad Peach & Apple Peaches Pears Tropical Fruit

#### BABYGELS HEINZ

Apple Gel Apple & Blackcurrant Gel Cherry Gel Fruit Salad Gel Kiwi Fruit Gel

Orange Gel Rosehip Gel Tropical Fruit Gel

### **BABY JUICES**

DELROSA Blackcurrant & Rosehip Juice Orange & Rosehip Juice GERBER Blackcurrant Juice Grape Juice Orange Juice Tropical Fruit Juice HEINZ ABC apple & blackcurrant Juice concentrate Apple Juice Apple & Blackcurrant Juice Apple & Rosehip Juice Orange Juice Peach & Apple Juice Pineapple Juice Tropical Fruit Juice

#### **BABY PAIN KILLERS** ALL BRANDS

#### **BABY VEGETABLES** HEINZ

Mixed Vegetables

#### **BABY YOGHURT DESSERTS** HEINZ

Apple Yoghurt Dessert Apricot Yoghurt Dessert Banana Yoghurt Dessert Fruit Salad Yoghurt Dessert Orange Yoghurt Dessert Peach Yoghurt Dessert Pineapple Yoghurt Dessert

BAKING POWDERS All Brands

#### **BISCUITS - SAVOURY** CRISPBREADS & RICE Also see CRISPS

ARNOTT'S Cheese Bites Country Grain Crackerbread Ryvita Cracked Pepper Ryvita Original Rvvita Dark Rvvita-N.A.S. Ryvita-Sesame Dark Ryvita-Sesame White Sangers Cheese & Onion Sangers-Cheese Wheat'n'Bran Wholewheat & Rye

#### **BISCUITS - SWEET** EMU BOTTOM HOMESTEAD Anzac Biscuits with Wattle Seed

Anzac Biscuits with Lemon Aspen FINE FARE Choc Mint Dark Wheats Milk Wheats

BLEACHES All Brands

#### BREAD SEE GARLIC BREAD

Organic bread from health food shops, Greek Pita, Turkish Pide, Lebanese bread, and hot bread shops arc acceptable. ALL BRANDS

**BREADCR**UMBS ALL BRANDS

BURGERS UNCLE HARRY'S NATURAL FOODS Uncle Harry's Natraburger

BUTCHERS A list of Halal butchers is available for all states

# BUTTER

ALL BRANDS Salted Unsalted BONLAC Garlic Butter GHEE DEVONDALE Dairy soft MURRAY GOULBURN Dairy Soft Extra Soft

BUTTERMILK All BRANDS

#### CAKES See PASTRY

REAL TURKISH DELIGHT 1/3-5 Station St, Auburn NSW Chocolate Cakes Turkish Delight

CATERING See Airline Catering

#### **CEREALS - BREAKFAST** GREENS All varieties PRO VITA Bran Lecithin Meal

Wheat Hearts SANITARIUM

Bran Cereal Cornflakes Fruity Bix Fruity Delight Muesli Good Start Granola Golden Toasted Muesli Granola Granose Honey Weets Light N Tasty Lite Bix Muesli Puffed Wheat Ricies Soy Tasty San Bran Unsweetened Muesli Up and Go Weet Bix Weet Bix Hi-Bran Weet Bix Plus Oat Bran Weeta Flakes Wheat Germ UNCLE TOBYS Crunchy Oat Bran Crunchy Oat Bran Plus Oat Bran Flakes Crunchy Oat Bran With Fruit Crunchy Oat Flakes Instant Porridge Oat Bran Oats Oats High Fibre One Minute Oats Rice Crispies Vita Brits Weeties Weeties With Fruit & Nuts NATIONAL FOODS B-Fast Breakfast Cereal CEREALS & GRAINS All Brands **CHEESE** 

Bran Mix

#### BEGA NATURAL CHEESE Bar-B-Cubes Cream Cheese Extra Tasty Mild Mozzarella Mozzarella Shred Pizza Cheese Block So Light So Light Shred So Light Tasty Slices So Light Vintage So Light Vintage Slices So Light Tasty Grated Natural Cheese Fingers Strong & Bitey Strong & Bitey Slices Tasty Tasty Grated Tasty Shred



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Tasty Slices Heritage Natural Vintage BEGA PROCESSED CHEDDAR 97% Fat Free Burger Slice Cracked Pepper Slice Coloured Burger Slices PCC Can Processed Block Sandwich Slices Slices Plus Calcium Slices Plus Omega 3 So Light Slices Super Slices Super Slim Thick'n'Tasty Slices BONLAC Cheddar Cream Cheese Pecorino Parmesan Mozzarella Mozzarella Type Cheese Ricotta Rindless Cheddar Cheese BODELLA CATERS SPECIAL CHEF'S CHOICE Cheddar Block Natural Tasty Slices Burger Slices Caterers Slice IWS DAIRY FARMERS Cottage Cheese Chives & Onions Gherkins Low Fat Reduced Salt Pineapple Plain DEL RE Black jack Cheddar Blackjack Mature Cheddar Black Jack Monterey High Melt Black Jack Red Cheddar Black Jack Vintage Cheddar Hidden Valley tasty Hidden Valley Vintage FLORIDIA CHEESE Mozzarella Pecorino Ricotta GRAND CHOICE HABERFIELDS DAIRY Australian Rindless Swiss Mild cheddar Pizza Cheese Reduced Fat Cheddar Ricotta Tasty Cheddar Tasty Green Waxed Vintage Cheddar Vintage Black Waxed Aussie Swiss Coloured Cheddar Emmental

Golden Brie Gruvere Mungabareena Raclette Suisse Vale Tilsit HILLWOOD CHEESES Fetta Cheese - Cow Fetta Cheese - Goat KING ISLAND DAIRIES Cape Wickham Double Brie Clover Creak Brie Admiralty Blue Bass Strait Blue Crème de la Creame Endeavour Blue Lighthouse Blue Roaring Forties' Blue Stokes Point Stormy Washed Rind Surprise Bay Surprise bay Black label Camembert Cream Pure Crème Fraiche Pizza Cheese South Cape Brie Cheese Brie Cheese Peppered LACTOS Cradle Valley Longlife Cradle Valley Onion Cradle Valley Pepper Cradle Valley Prawn Cradle Valley Salmon Cream Cheese Domaine Deep Blue Domaine Red Square Domaine Sunrise Domaine White Diamond Flag Pack Heritage Camembert Heritage Brie Heritage True Blue Lactos Edam Lactos Gouda Neufchatel (Plain) Neufchatel Chocolate Neufchatel Strawberry Rindless Swiss St Claire Swiss MAMMA LUCIA Bocconcini Caciocavallo Chilli Pecorino Fetta Fior di Latte Haloumi Mascarpone Milk Cherries Mozzarella Ovoline Parmesan Parmesan Grated Pecorino Pecorino Fresh Pecorino Grated Pecorino Pepato

Ricotta Ricotta Smooth Stracchino Trecce MAINLAND PUGLIA Bocconcini Caciocavallo Chilli Pecorino Fetta Fior di Latte Haloumi Mascarpone Milk Cherries Mozzarella Ovoline Parmesan Parmesan Grated Pecorino Pecorino Fresh Pecorino Grated Pecorino Pepato Ricotta Ricotta Smooth Stracchino Trecce TABLE CAPE WEIGHT WATCHERS Cottage Cheese With Low Fat Dressing KRAFT All cheese except Fromais NORCO All Cheese Products QUEENSCO UNITY All Cheese products CHEESE CAKE FILLING NATIONAL FOODS Pour N Chill CHEWING GUMS WRIGLEY'S EXTRA Extra White EXTRA FOR KIDS Berry HUBBA BABBA

EATRA FOR KIDS Berry HUBBA BABBA Strawberry JUICY FRUIT Citronic Strappleberry PK

Blue

CHICKEN-FRESH Buy from your trusted butcher. ADELAIDE POULTRY BAIADA POULTRY BARTTER ENTERPRISES STEGGLES (not in QLD) NERANG POULTRY

CHICKEN-FROZEN See CHICKEN-FRESH

CHICKEN-PREPARED Buy from your trusted butcher. CHIPS-POTATO See crisps - potato CHOCOLATE CONFECTIONS CADBURY After Dinner Mints Bittersweet Black Forest Block Boost Brazil Nut Block Breakaway Butter Scotch Cad Chalet Fujiya Cadbury Choc Gummies Cadbury Cocoa Cadbury Flake Gift Box Cadbury Gold Liquid Cadbury Heritage Millennium Block Caramello - Village Caramello Koala Caramello Roll Cashew Block CDM - Village CDM 'Pictorial' CDM "AFL" Multipack CDM AFL Block 'Best of the Best' CDM AFL Multipack 'Best of the Best' CDM Christmas Story Block CDM Chunky CDM Egg Milk Liquid CDM Foot Block CDM Freddo Frog CDM Freddo W&G CDM Garnish Flake CDM New Graphics CDM Refiner Powder Chalet - Crunch Chalet - Crunchie WA Chalet - Crunchie WA Chalet - Freddo WA Chalet - Tempo Chalet - Tempo WA Chalet - Wedge WA Chalet Gold Chalet Jazz Pail WA Chalet Tempo - Claremont Cocoa Mass Continental Buttons Cooking Dark Chocolate Country Mint Crumb Crunchie

Dairy Milk

Dairy Milk Block

Dairy Milk Foot

Delight Chips

EE Tablets

Energy

Eclipse Buttons

Energy Max Gem

Dairy Milk S'pack

Dark Garnish Flake



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English Fudge Ferry Friends Flake Bar Flake Pieces - Bulk Flake Sharepack Bag French Nougat Fruit & Nut Fruit & Nut Block Fruit & Nut Village Giant Basket Half Flake Happy Easter Casket Hazelnut Block Hazelnut Caramello Heart Casket Honey Comb Crisp Jelly Freddo Mixed Berry Jelly Orange Freddo Marble Mega Yowie Rumble Milk Choc Buttons Milk Chocolate Egg Milk Cooking Chocolate Milk Garfield Milky Top Freddo Milky White Block Milky White Buttons Milky White Freddo Miniatures Mixed Berry Freddo W&G Mt Hazelnut Whirls Old Gold Buttons Old Gold Chips Old Gold Drops Old Gold Roast Almond Orange Jelly Freddo W&G Peanut Brittle Pearl Compound Buttons Peppermint Truffle Polar Milk Raspberry Cream Roast Almond Block Roasted Almond Roses Hazelnut Caramel Roses Hazelnut Whirl Sienna Buttons Strawberry Cream Success Buttons Time Out Top Deck Top Deck Block Top Deck Pieces Tropical 'Summer Sensation' Turkish Delight Twirl Wheaten Milk Whirls White Garnish Flake Wild Raspberry Jelly Freddo Yowie MARS "M&M's" Crispy "M&M's" Milk Chocolate "M&M's" Minis Chocolate "M&M's" Peanut Milk Chocolate

ALMONDITES BOUNTY Bar (all varieties) **DOVE Caramel Chocolate DOVE Hazelnut DOVE Heavenly White DOVE Milk Chocolate MALTESERS** (all varieties) MARS Almond MARS Bar MARS Dark MARS Lite MILKY WAY (All Varieties) **PODS Mars PODS** Peppermint PODS Snickers PODS Twix SKITTLES **SKITTLES Tropical** SNICKERS Bar **SNICKERS** Cruncher Bar **TWIX Bar** REAL TURKISH DELIGHT Hand Made Chocolates Turkish Delight RED TULIP After Dinner Mints Chocolate Raisins Coconut Roughs Fruit Jellies Fruit & Nut Assortment Ginger Jelly Milk Chocolate Sultanas Peanut Clusters Peppermint Creams Scorched Almonds Scorched Peanuts Turkish Delight NESTLE Aero Bar Aero Peppermint Aero White Peppermint Crisp S.O.S Smarties SWEET WILLIAM Cane Sugar Free Original Rice Crackles Roasted Almond **CHOCOLATE - COOKING** CADBURY Bournville Cooking Chocolate Dark Cooking Chocolate Milk Cooking Chocolate White Cooking Chocolate

CHOCOLATE - DRINKING See DRINKS MIXES

CLEANERS - FRYPAN Hi-Speed Cookware Cleaner

<u>CLEANERS - OVEN</u> Down To Earth Oven Cleaner Hi-Speed Cookware Cleaner Hi-Speed Non-Caustic Oven Cleaner Hi-Speed Oven Cleaner Mr Muscle Oven Cleaner Oven Brite

### CLEANERS - SILVER

GODDARDS All Products CLEANERS - SURFACE AJAX All Products Bon Ami Ezi-Clean Handy Andy Pink Handy Andy White Herbon Multi-Surface Spray Cleaner Jex Without Soap Jif Mr Muscle All Purposes Mr Sheen Pure Multi-Surface Cleaner Vim

COCOA CADBURY Bournville Cocoa

COCONUT - DESSICATED All Brands

#### COFFEE SUBSTITUTES

ALTERNATIVES Alto CARO All Varieties HEALTH FOODS SUPPLIERS Perform Taxico SANITARIUM Caffex TAXICO Dandelion

COFFEE WHITENERS NESTLE Coffeemate

COFFEES GROUND All Brands

COFFEE INSTANT All Brands

#### COLOURINGS - FOOD AEROPLANE Blue Egg yellow Green Orange Red Rose Pink Violet CURRY MASTERS

Chinese Red Green Saffron Tandoori

## CONFECTIONER

CANDY LANE Barley Sugar Grannies Original Buttered Candy Oldtime Butterscotch DOUBLE D Eucalyptus Eucalyptus & Honey SNOW CONFECTIONERY Chocolate Eclairs Coffee Eclairs Grannies Butterscotch Grannies Original Buttered Candy Hazelnut Eclairs Licorice Eclairs Peppermint Eclairs CONSERVES BUDERIM Ginger Marmalades CADBURY Roses Marmalade COTTEES All Conserves COUNTRY HARVEST Fruit Spreads FARMLAND All Conserves MONBULK All Conserves **OUALITY FOODS** Fruit Spreads WEIGHT WATCHERS Low Joules Jams/Marmalades YATES Apricot Jam Blackberry Jam Plum Jam Raspberry Jam Strawberry Jam Orange Marmalade CORN CHIPS ROSITAS All products COSMETICS Products from the following companies are acceptable and available from some health food stores: A Fragrant Affair

A Fragrant Affair Ahimsa Anastasia Aloe Vital Andre Duvani Aquarius Auroma Australian Melaluca Australian Wildflower Incense & Perfumes Avory Shlain Barry M Beauty Without Cruelty Cosmetics



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All types

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Big Bubble Biokosma Blackmores Body Essentials By Natalie Body Shop Range Bosistos Eucalyptus Crest Rub Bosistos Parrot Brad Eucalyptus Oil Brigs Herbal Cream Brot Bodyline Caring Cenovis Skin Care Range Classics Clover Fields Comvita Completely Natural Cosmetics Creightons Cruacel Natural Cosmetics Dallyence Cosmetics De Lorenzo Natural Hair Cosmetics Desert Essence Dial Dragon Wisdom Dr Bronner's Catile Liquid & Bar Soap Dr Hauschka Skin Products Ecol Products Els Cosmetics Elsha Lander Products Emeis Evanol Hair Dyes Ever Bilena Cosmetics Everyday Rainwater Soft Shampoos & Conditioners Evoke Euky Bearub Floris Of London Toiletries Fragrant Delights Geisha Cosmetics Genetix Goanna Salve Ointment Golden Wattle Grace Cosmetics Greenridge Botanicals Healthiways Holdings (Nz) Helen Helms Natural Skin Care Herbon Products Hoffels Hytonsa Iguana Rubbing Lotion In Essence Products KMS Professional Haircare Products L'arome Le Crystal Natural Deodorant Luminance Meltone Products Montagne Jeunesse Monastique Products Moritz (Nature's Sunshine) Mudgee Honey Co Natalie Natural Oil Workers Co-Op Naturals Nature's Earth Massager MURRAY GOULBURN & Essential Oils NATIONAL FOODS Nature's Fruit

Nature's Herbe Nutrimetics Nature Spirit Om Products Organics Passion Incense Paul Penders Cosmetics Pricilla Clarke Natural Skin Care Puren Rainbow Herbe & Flower Remedies Rambildeene Farm Recherche Farm (Qld Only) Red Earth Rivendell Farm Rose Of Lillies Rosewood Oils & Lotions Sandy's Natural Herbal Products Sancium Pure Body Products Sharvss Products Sensual Delights Products Shahnaz-Herbal Soma Sani Sonning Wildflower Beeswax Cream Spiritual Sky/Bare Nature Sun Art Aromatic Oils Sunspirit Swami Sarasvati Tao Aromassage Oils Tasmanian Soap & Toiletries The Body Shop The Clay Company The First Aust. Organic Oil The Oil Garden Thursday Plantation Products Tiki Products Tinderbox Products T L'arbe TLC Toms Tri-Natural Tri-Nature Tru-Alo Trully Natural Wattle Creek Herbal Products Weleda West Stuff Lubricant Wildcraft CREAM-FROZEN BONLAC BURRA NORCO CREAM - PLAIN DAIRY FARMERS Plain Cream HABERFIELDS Pure Cream Rich Cream Sour Cream KING ISLAND

All Types

Double Cream

NESTLE Plain Cream Reduced Cream PETERS Plain Cream UNITED DAIRIES Cream Plain Plain Thickened Cream Thick Cream CREAMS, SOUR DAIRY FARMERS Sour Cream Sour Lite Cream HABERFIELDS DAIRY Sour Cream JALNA Leben Sour Cream MURRAY GOULBURN Sour Light Cream PETERS Sour Cream UNITED DAIRIES Light Sour Cream Sour Cream CRISPBREADS RYVITA Crispbread Dark Rye Crispbread High-Flier Crispbread No Added Salt Crispbread Original Whole Rye Crispbread Sesame Crispbread Whole Rye. No Added Salt CRISPS - POTATO SAMBOY Barbeque Chips Salt & Vinegar Chips Tomato Sauce Chips SMITH'S Barbeque Flavoured Chilli Country Kettle Chips Classic Old Style Slow Cooked Country Kettle Chips Extra Lites Lightly Salted Thin Sliced Chips French Fries Crunchy Straws Less Oil Lightly Salted Crinkle Cut Lites Lightly Salted Thin Sliced Lites Salted & Vinegar Flavoured Original Crinkle Cut Traditional Salt & Vinegar THE REAL McCOY Cheese & Chives Chips Cheesters Salt & Vinegar Chips Salted Chips Smokey BBQ Chips

CUSTARD POWDER See BABY CUSTARDS

BINGO Custard Powder FOSTER CLARKS Custard Powder KING Custard Powder SAVINGS Custard Powder UNCLE TOBY'S Custard Powder CUSTARD PREPARED See BABY CUSTARDS DAIRY FARMERS Dairy Custard Vanilla Longlife UHT Vanilla HABERFIELDS Dairy Custard MURRAY GOULBURN Longlife Custard Longlife Dairy Custard **DETERGENTS - DISHWASHING** HAND: Add Concentrate Caring Dishwashing Liquid Down To Earth Dishwashing Liquid Fab Liquid Kit Liquid Kwit Lux Liquid Palmolive Gold Palmolive Liquid Palmolive Lemon & Lime Puren Dishwashing Liquid Scotts Bio Detergent Scotts Concentrate Sunliquid Swerl Trix U-Mix Concentrate MACHINE: Care +8 Castle Powder Castle Rines Dishlex Rinse Finish Lemon Powder Finish Liquid Finish Liquid Lemon

Finish Powder Finish Rinse Harbon Automatic Dish Washing Powder Puren Automatic Dishwashing Powder Puren Rinse Aid

**DETERGENT - LAUNDRY** ALL BRANDS

DIPS

AVANTE PREMIUM DIPS Chilli Crab Crab with Corn & Spring Onion Green olives & Semi Droied Toms



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Smoked Barramundi with Dill COPPERPOT Arabian Hommus Artichoke & Parmesan Avocado Baba Ghanoush Beetroot Cheese & Chives Chives & Garlic Corn Relish French Onion Gherkin Green Olives Guacamole Hommus Kalamata Hommus Lemon/Corriander Hommus Moroccan Hommus Prawn & Crab Roasted Capsicum R/Pepper & Semi Dried Tomatoes Skordalia with Poppyseed Smoked Salmon Sour Cream & Chives Spinach & Onion Sundried Tomato Sweet Chilli Taramasalata Tzatziki Zesty Rggplant CHUNKY PESTO STYLE RANGE Artichoke, Cashew & parmesan Basil, Cashew & parmesan Chunckie Black Olive Chunkie Guacamole Chunckie Hommus with Kalamata Chu/ Mango & Corn Coconut Curry Chunkie Morrocan Hommus R/Pepper, Cashew & Parmesan DOUBLE DIP RANGE Cheese & Chives/S/Salmon Chilli Crab/Spring Onion Chives & Garlic/Roasted Capsicum French Onion/Cheese & chives French Onion/Sundried Tomato Gherkin/Sweet Chilli Hommus/Tzatziki R/Red Pepper/Artichoke& Parmesan Roasted Capsicum/Corn relish Zesty Eggplant/Green Olives SPREADS: Garlic butter Herb Butter TAKE 2 RANGE Garlic Prawn & Avocado Mayo Chilli Crab & Spring onion Fire Roasted Pepper & Basil pesto Guacamole & salsa LUNCH N GO French Onion with Grissini Hommus with Pita Bread Slims capsicum with Grissini Tzatziki with Pita Bread Zesty Eggplant with Pita Bread SLIMS

Chargrilled Capsicum Chive & Garlic Corn Relish Spring Onion

# All Brands

DISINFECTANTS

DRINK MIXES BRISTOL-MYERS Sustagen Gold CADBURY Bournville Cocoa Drinking Chocolate COTTEES Quench Lemon Saline Lemon Tang Orange HORLIČKS Malted Food Drink KIWI BRANDS Akta-Vite MEAD JOHNSON Sustagen Sport Chocolate Sustagen Sport Vanilla SUNRIPE Drink Crystals SUPERIOR Cocoa WANDER

WANDER Chocolate Time Extra Ovaltine

#### DRINKS - CARBONATED

All brands of carbonated plain and flavoured drinks including Grape Juices are acceptable. Drinks described as alcohol free do contain small amounts of alcohol and therefore unacceptable.

DRINKS - CORDIALS All flavours from all brands

**DRINKS - SOFT** See Drinks - Carbonated DRINKS - SOY BERRI Soypreme Natural Soypreme Vanilla JALNA All Flavours SANITARIUM So Good So Good Chocolate So Good Essential So Good Fat Free So Good Honeycomb So Good Lite So Good Plus So Good Sovaccino So Good Strawberry So Good Vanilla So Good Smoothie Banana So good Smoothie Mango

SUNGOLD Soy Drink

**DRINKS - SYRUP** CASCADE Blackcurrant Syrup Low Joule Blackcurrant DELROSA Blackcurrant & Rosehip Syrup With Sugar Orange & Rosehip Syrup With Sugar DONCASTER Blackcurrant Syrup Loganberry Syrup Morello Cherry Syrup Raspberry Syrup RIBENA Blackcurrant Syrup

EGGS - FRESH All Brands

<u>EGGS - FROZEN</u> GOLDEN EGG FARMS PACE FARM

EGGS - PULP GOLDEN EGG FARMS PACE FARM

# ENERGY BARS

FUTURE BAKE Almond & Apricot Almond & Nut Cocktail Assorted Nut Bars Date & Walnut Delight Macadamia & Apricot Sesame & Pepita Yoghurt Coated Almond & Apricot Yoghurt Coated Fruit & Pecan

# ESSENCES

AEROPLANE Almond Banana Caramel Chocolate Coconut Deluxe Imitation Vanilla Imitation Vanilla Lemon Orange Parisienne Passionfruit Peppermint Pineapple Pure Vanilla Raspberry Strawberry MC LINTOCK Almond Coconut Peppermint Vanilla Essence.Imitation

# FISH - FRESH

All fresh water and sea creatures

### FISH - FROZEN

All plain fillets and whole fish are acceptable, breaded, battered and fish with sauce are not always acceptable. EDGELL-BIRDSEYE Bubble'N' Squeak Crumbed Natural Shaped Fish Fillets Crunchy Potato Fish Fillets Deep Sea Dory Crumbed Fish Fillets Fish & Lemon Burger Fish Burger Fish Cakes Fish Fingers Halal Fish Fingers Herb & Garlic Fish Fillets Junior Crumbed Fish Fillets Lemon Crumbed Fish Fillets Lightly Battered Fish Fillets Original Crumbed Fish Fillets Original Crumbed Fish Fillets Value Pack Tangy Salt & Vinegar Fish Fillets FARMLAND Fish Fingers HOMEBRAND Battered Fish Portions Crumbed Fish Portions SEALORD Calamari in a Crisp Golden Crumb Deep Sea Dory Fillets in a Lemon Pepper Crumb Deep Sea Dory Fillets in a Light Crispy Crumb Deep Sea Dory Fillets in a Tasty Cheddar Crumb Hoki Fillets in Tempura Butter Hoki Fillets in Tasty Bread Crumb FISH - SMOKED AQUATAS All products TASSAL All Products FISH - TINNED

All brands in brine or vegetable oils are acceptable.

### **FLOUR**

ALL BRANDS: Arrowroot Buckwheat Carob Cornflour Gluten Gluten Free Maise Pea Plain Potato



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Rice Self-Raising Soy Wholemeal

FLAVOURING MASSEL

Bouillon Cubes Bouillon Powders VEGETA

Gourmet Stock Powder Seafood Stock Powder Chicken Stock Powder

FRUIT - FRESH All varieties.

#### FRUIT - DRIED

All varieties from: ANCHOR ANGUS ARNOTTS ETA DESSERT MAID (except Brandy Prune) FARMLAND MACQUARIE FOODS NATYURA SANATARIUM SUNBEAM SUNNY BOY

### FRUIT - FROZEN

All varieties

FRUIT - GLACE

BIG SISTER Glace Multi Cherries Glace Red Cherries ROBERN SUNNYBOY TOORAVALE Apples Apricots Grapefruit Figs Kiwifruit Lemon Nectarines Orange Orange Peel Peaches Pineapple Ouinces TOM PIPER Dried Bakers Peel Glace Cherries Glace Cherries Multicoloured Mixed Peel WINN Cooking Ginger Crystallised Ginger Glace Cherries Glace Ginger Golden Ginger

FRUIT JUICE CONCENTRATES All brands FRUIT JUICE DRINKS All brands

#### FRUIT JUICE

Mixed Peel

All brands of: Pure Fruit Juices 100% Fruit Juices Fresh Squeezed Juices Fruit Juice Drinks

FRUIT - TINNED ARDMONA All Fruits

COTTEES Fruit Snacks Apple Apple Peach Apple Pineapple Fruit Salad Pear GOLDEN CIRCLE All Fruits Apple And Cinamon Puree Apple Puree Pear Puree Fruit Puree MOUNTAIN MAID All Fruits ORCHARD Mango Pulp Passionfruit Pulp SPC All Fruits WEIGHT WATCHERS All Fruits

GARLIC BREAD AGB INTERNATIONAL

SAVINGS HOME BRAND ALDI WAGLE BOYS PIZZA HUT DOMINOS

GELATINE See BABY GEL & JELLY LEINER DAVIS HALAL GELATINE Only from Christchurch, New Zealand with the Halal logo of NZIMM on the pack. Products listed here and containing Gelatine are approved. Other products containing gelatine even if marked "Halal" are not approved. Use Agar, Vegetable, gums or Isinglass. GRAVIES MASSEL Gravies HERBS & SPICES All BRANDS Allspice Pimento Whole Allspice Pimento Ground Anise Whole Anise Ground Anised Star Basil Sweet Bay Leaves Bouquet Garni Caraway Seeds Cardamom Pods Cardamom Powder Cardamom Seeds Cayenne Pepper Celery Salt Celery Seeds Chilli Crushed Chilli Powder Chilli Whole Chives Chopped Cinnamon Ground Cinnamon Whole Coriander Powder Coriander Seeds Curry Powder Madras Dill Seeds Fennel Seeds Fennel Powder Fenugreek Seeds Fenugreek Powder Five Spice Powder Garam Masala Garlic Flakes Garlic Mince Garlic Powder Orach Salt Ginger Powder Juniper Berries Mace Ground Marjoram Mint Mixed Herbs Mixed Spice Monosodium Glutamate (M.S.G.) Mustard Powder Nutmeg Ground Nutmeg Whole Onion Flakes Onion Powder Onion Salt Oregano Paprika hot Paprika Sweet Parsley Flakes Pepper Black Corns Pepper Black Cracked Pepper Black Powder Pepper White Corns Pepper White Powder Pepper Corns Green Pickling Spice Poppy Seeds Rosemarv Saffron Powder Saffron Strands

Sage Seasoned Salt Sesame Seed Tarragon Thyme Turmeric Powder Vanilla Sugar MASTER FOODS All Purpose Seasoning Allspice Ground Basil Leaves Sweet Bay leaves Bouquet Garni (Sachet) Caraway Seeds Cayenne Pepper Ground Celery Salt Chilli Flakes Chilli Freshly Chopped] Chillies Ground Chinese Five Spice Chives Chopped (Dried) Cardamom Ground Cinnamon Quills Cinnamon Sugar Cloves Coriander Leaves Cuisine Essentials Indian Cuisine Essentials Mexican Cumin Seed Ground Curry Powder Dill Green Tips Dill Leaf Tips French Gourmet Herbs Fresh Chopped Chilli Garlic Salt Seasoning Herb Pepper Seasoning Italian Herbs Lemon Pepper Seasoning Paprika Ground Parsley Leaves Pepper Ground Bulk Pepper Ground White Pepper Seasoning Sesame Seeds Spaghetti Bolognese Blend Tandoori Seasoning Turmeric Ground HONEY

All Brands

ICE BLOCKS See Ice Cream

#### ICE CREAM-CONES

BETTA Bena Cone Cup Carnival Cups Cornet Cones Cup Cones (Original Natural) Fan Wafers Honey Cones Kiddy Cups Mini Cones Tiny Treats Single Ice Cream Cones



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Space Cones Square Cups MERLIN'S Cup Cones Single Cones Square Cup Cones PETERS Double Cones Giant Cones Single Cones THE SUPERCONE COMPANY Sundae Wafers Super Cones Super Top Ice Cream Cones Super Wafer Cups The Natural Cocoa Cone The Natural Ice Cream Cup Cone The Natural ice Cream Cone The Natural Square Cup Cone The Natural Waffle Cone ICE CREAMS BLLO Water Ice BLACK & GOLD All flavours in VIC & NSW DAIRY BELL Apricot Ribbon Blackberry Cappuccino Chocolate Chocolate Ribbon Citrapolitan Citrus Natural 94% Fat Free Natural Vanilla Neapolitan Strawberry Strawberry, Pineapple & Chocolate Vanilla FARMLAND Icy Pole Kool Tubes GOLDEN CREST Orange Juicvs GOLDEN NORTH Giant Twins (contains approved and certified Halal gelatine) NATIONAL FOODS See GOLDEN NORTH NO FRILLS All Flavours in Victoria NO NAME All Flavours in Victoria NORGEN VAAZ Banana-Chocolate Ripple Double Swiss Chocolate Hazelnut Nougat New York Choc Chip Peach-Mango Strawberry Serenade Victina Coffee PAYLESS

All varieties PETERS Crazy Critters Blue Lemonade Crazy Critters Crazy Orange Crazy Critters Raspberry Crazy Critters Screaming Soda Icv Poles Creaming Soda Icy Poles Lemonade Icy Poles Lime Spider Icy Poles Orange Icy Poles Pineapple Icy Poles Pineapple-Orange Icy Poles Raspberry SAVINGS Water Ice SHOPRITE Water ice STREETS Calipo Magnum Solaro Vienta SERENDIPITY ICE CREAM Chocolate Date Espresso Fig Honey Almond Pistachio Kulfi Rose Sesame SUNBURST REGENCY Sunny Boys Orange Sunny Boys Passionfruit Sunny Boys Cola Sunny Boys Lime Sunny Boys Razz Sunny Roller Fruit Tube Orange Fruit Tube Orange-Mango Ice Drops Bubble Gum Ice Drops Ice Drops Lime Ice Drops Multipack Ice Drops Raspberry Zooper Dooper Blackcurrant Zooper Looper Cola Zooper Dooper Lemon Zooper Dooper Lime Zooper Dooper Multipack Zooper Dooper Orange Zooper Dooper Raspberry SWAN All flavours VITARI Banana Strawberry Wildberry WHITE WINGS Alpine Cool Stick Fruity Freez Orange Fruity Freez Orange-Mango Fruity Free Tropical Funny Faces

Kool Pops

ICE CREAM - SOFTSERVE NORCO All Flavours ICING Plastic and prepared icings are unacceptable. AUSTRALIAN BAKELS Fondant SNOWDROP Fondant

JAMS See Conserves

JELLY See BABY GEL and GELATINE. Use Agar, Vegetable Gum or Isinglass. SPC Jelly Fruit

MARGARINE ALBA INDUSTRIES All Varieties BECEL Becel Becel Diet Becel Lite Becel Spread ETA Eta 5 Star FARMLAND Salt Milk Cholesterol Free Polyunsaturated FLORA Cook'n Bake Country Style Flora Flora Canola Spread Flora Monosun Sunflower Spread Flora Sunflower Oil Flora Country Style Sunflower Flora Salt Reduced Sunflower Custilla Monarch Cake Margarine Perfex Margarine Royal Danish Margarine Solite Vegetable Vegetable Gilt Edge Margarine Calvav Flex Shortening Gateau Shortening Olivio Salt Reduced Spread Pride Margarine Salvina Oil Vantage Shortening MEADOW LEA Golden Pastures NUTLEX Polyunsaturated Table Margarine SAVINGS Polyunsaturated Table Margarine SUNDEN Polyunsaturated Salt Free Milk Free MARMALADES See Conserves

<u>MARMITE</u> SANITARIUM

MASALA Chicken Tikka Dahl

MAYONNAISE See SALAD DFESSINGS

MEAT-FRESH See BUTCHERS.

#### MEDICINES

BOOTS Glucodin Powder Strepsils Antiseptic Throat Spray Strepsils Plain Strepsils with Honey & Lemon Strepsils with Vitamin C FAWNS & MCALLAN Parulgin FISONS Paraspen Suspension

MILK - CONDENSED

CARNATION Sweetened Condensed Milk Sweetened Condensed Skim Milk NESTLE Sweetened Condensed Skim Milk Sweetened Condensed Milk

#### MILK - EVAPORATED

BEAR BRAND Evaporated Milk Reduced Fat Evaporated Milk CARNATION Evaporated Milk Slender Reduced Fat Milk IDEAL Evaporated Milk

MILK FLAVOURED DAIRY FARMERS Good One Carob Good One Milk & Honey Moove All Flavours Moove Long life UHT' Chocolate Moove Long life UHT Coffee Moove Long life UHT Strawberry Moove Long lite UHF Vanilla Malt HABERFILEDS DAIRY All Varieties NESTLE Milo Ready To Drink Quick Ready To Drink Chocolate Quick Ready To Drink Coco & Banana Quick Ready To Drink Strawberry

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Water Ice

PETERS BROWNES

Connoisseurs



G.P.O. Box 3906, Sydney, NSW 2001 Tel +61 2 9232 6731 – Fax + 61 2 9223 8596 – Email: info@halalhelpline.org

Macadamia Kernel

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Quick Ready To Drink Vienna Coffee MARS Mars Milk Snack Milky Way Chocolate Whip Shake MILKY WAY Shake OVALTINE Ready To Go PAULS Breaka All Flavours SHAYKS Chocolate Strawberry

### MILK-FRESH

All unflavoured, plain, skimmed and long life milk in bottles, cartons or plastic containers. DAIRY FARMERS Hi-Lo Shape Skim Milk UHT Slum Milk HABERFIELDS All Varieties LITE WHITE Milk PETERS Skim Milk PHYSICAL Milk Skim Milk SHAPE Milk SKINNY Skim Milk

#### MILK POWDERS BEGA Skim Milk Powder

DEVONDALE Instant Non Fat Milk Powder FARMLAND Full Cream Instant Milk Powder Instant Non Fat Skim Milk MURRAY GOULBURN Skim Milk Powder PETERS Powdered Milk PETERS FARM Dutch Jug Dutch Jug Plus 7 SUNSHINE Instant Full Cream Milk Powder UNIGATE Diploma Instant Milk Powder

MILK - SKIMMED See Milk Fresh ALL BRANDS

<u>MILK- SUBSTITUTES</u> BERRI

Soypreme Natural Soyprerne Vanilla FARMLAND Soy Drink SANITARIUM So Good Honeycomb So Good Caramel So Good Jaffa So Good Strawberry So Good Unflavoured So Good Lite SUNGOLD Soy Drink MINERAL WATERS ALL BRANDS MINERAL WATERS -FLAVOURED ALL BRANDS

#### MOUTHWASHES

See toothpaste STERADENT Powder Tablets

MUFFINS MUFFIN BREAK VALLEY CENTRE

MUESLI SLICES UNCLE TOBY'S All Varieties WHOLESOME BAKE All Varieties

#### MUSTARDS - POWDER All brands

MUSTARDS - PREPARED EPICURE French KEENS French MASTERFOODS American French German Hot English Mild English Tomato Wholegrain

NOODLES All brands without flavours

NUTS - FRESH All types

NUTS - PACKED ASIAN FOODS AUSTRALIA Spicy Macadamia BUSH TUCKER Bunya Bunya Nuts Macadamia Nuts INTERNATIONAL MACADAMIA

Dry Roasted Macadamia Salted Dry Roasted Macadamia Unsalted NOBY'S Salted Beer Nuts Salted Cashews Salted Mixed Nuts Salted Peanuts Dry Roasted Peanuts Savoury Roasted Peanuts PEANUT COMPANY OF AUSTRALIA Peanut Meal Roasted Peanuts SANTOS Natural Nuts All Varieties SELECT HARVEST Roasted Blanched Slivered Almonds THE NUT STAND Dry Salted Nuts all Varieties Dry Roasted Nuts all Varieties STAHMANN FARMS Abalone Pecans Chicken Curry Pecans Chilli Pecans Cuttlefish Pecans Dry Roasted Nuts all Varieties Honey Roasted Nuts all Varieties Maple Flavoured Pecans Natural Edible Pecan Kernel Oriental Spice Pecan/Karubi Pecan Pecan Nut in a Shell Sugar & Cinnamon Pecans Sugar Coated Pecans PASTAS JUST PASTA All Varieties

LA TOSCA Capellira Fenuccine Lasagne Lasagne Sheet Lasagna Instant Lasagna Special Ouadranti Tagliatelle Taglatelle Rosse Tagliatelle Verde PASTA KITCHEN Dried Pasta Fresh Pasta Vegetarian Pasta Meat Pasta Chicken Pasta SAN REMO Alphabets Cannelloni Instant Egg Noodles Hearty all varieties Egg Noodles Nidi all varieties Egg Noodles with Spinach Elbows Eliche Grande Fettuccine Fettuccine with Egg Fettuccine with Spinach

Lasagna Wavy Lasagna Traditional Instant Lasagna Wholemeal Curly Macaroni Macaroni Wholemeal Penne Rigati Rigatoni Risoni Shells All Sizes Spaghetti Flat Spaghetti Instant Spaghetti Thin Spaghetti Tubular Spaghetti Wholemeal Spirals Spirals wholemeal Tagliatelle With Egg Vegeroni Egg Noodles Vegeroni Spirals Vermicelli Vermicelli Egg Noodles SARA LEE Gourmet Vegetable Lasagna VET'TA All plain pasta PASTES ASIAN FOODS AUSTRALIA Curry Laksa Paste Malaysian Curry Paste Rendang Curry Paste PASTRY See CAKES ANTONIOU Filo Kataifi CREATIVE GOURMET Single Serve Passionfruit Pavlova Single Serve Strawberry Pavlova I&I Country Light Natural Puff Pastry REAL TURKISH DELIGHT Baklava Chocolate Cakes TEE YIH JIA FOOD MANUFACTURE Spring Roll Pastry PATE EVERYDAY PATE Mushroom

Lasagna Spinach

Salmon <u>PEANUT BUTTE</u>R

KRAFT All Varieties Sanitarium All Varieties

PICKLES ASIAN FOODS AUSTRALIA Lime Pickle Mango Chutney Mango Pickles

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Gnocchi



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VILLI's PIES

# 2. Emulsifiers and other additives contained in any product listed are either mineral or plant sourced.

4 SEASONS Eggplant & Peppers Gherkins Homestyle Gherkins Sweet Giardiniera Lupini Beans Olives Black Olives Green Onions Sweet Onions Homestyle Pickled Tomatoes in Salad Oil CEREBOS Fountain Fruit Chutney EPICURE Capers Gherkin Spread Mustard Pickles Stuffed Olives Sweet Gherkins LEGGO Traditional Sweet Mustard Pickles MASTERFOODS Capers Corn & Chilli Relish Corn Relish Dill Cucumber Slices Dill Cucumber whole Farmhouse Relish Giardiniera Salad Mint Jelly Mustard Relish Spicy Fruit Relish Sweet Mustard Pickle Tomato & Chilli Pickle White Onions ROSELLA Fruit Chutney Fruit Chutney Low Joule Sweet Mustard Pickles Sweet Mustard Pickles Low Joules TASTY Banana Chillies Capers Cherry Hot Pepper Dill Cucumbers Gherkins Relish Gherkins Sour Gherkins Sweet Giardiniera Green Tomato Olives Black Olives Cocktail Olives Green Olives Green Olives Stuffed **Onions** Cocktail Onions Sour WHITE CROW Gherkins Sweet Spiced Mustard Pickle Olives Green Olives Stuffed **Onions** Cocktail **Onions Pickled** 

POTATOES-FRIES Avoid potato products containing tallow. PUDDINGS BETTY SYDNEY Instant Puddings all flavour COTTEES Instant puddings all flavours COUNTRY HARVEST Pudding Mix RICE-GRAINS All brands of plain & wild rice LEETON RICEGROWERS CO-OP All pre-steamed rice products UNCLE BEN Basmati Boil in bag Long Grain Long Grain & Wild Pure Wild Uncle Ben Rice Wholegrain Wild Rice Mix Natural **RICE-CRISPS** FARMLAND Plain HUNZA Plain LITE ENERGY Corn Plain Sesame PURE HARVEST Plain Sesame SUN RICE TORTLLA SENSATION Flamin'BBQ Nachos Cheese Red Chilli RICE PUDDING NATIONAL FOODS Le Rice SALAD DRESSINGS COUNTRY HARVEST Natural Soya Mayonnaise FOUNTAIN No Oil Salad Magic French Dressing No Oil Salad Magic Herb & Garlic No Oil Salad Magic Italian HEINZ. Style Cream English Salad Mayonnaise KRAFT Coleslaw Dressing Coleslaw Dressing Spoonable Free Coleslaw Dressing Free French Dressing Free French & Herb Dressing Free Italian Dressing Free Mayonnaise Free Thousand Island Dressing

French & Herb Dressing French Herb & Garlic Dressing Garlic & Parsley Dressing Herb & Garlic Dressing Italian Dressing Light Coleslaw Dressing Light French Dressing Light Garlic & Parsley Dressing Light Herb & Garlic Dressing Light Italian Dressing Light Natural Mayonnaise Light Thousand Island Dressing Miracle Whip Natural Mayonnaise Low Oil Nat. Mayo. Low Oil No Added Salt Dressing Thousand Island Spoonable MASTERFOODS Dressing French Italian Mayonnaise Classic Homestyle Salad Dressing Coleslaw Squeeze On French Dressing Tartare Thousand Island Yoghurt & Dill PRAISE Lifestyle Coleslaw Lifestyle Mayonnaise Light Coleslaw Light Mayonnaise Traditional Mayonnaise SALADS - PREPARED HEINZ Coleslaw Salad Potato Salad Potato Salad Chunky Potato Salad Country Style Traditional Vegetable Salad MASTERFOOD Bean N Corn Salad Mixed Bean Salad Mixed Bean Salad in Oil & Vinegar Mixed Veg Salad in French dressing Rice Salad Tropical Salad Vegetable & Pasta Salad Zucchini Salad SALSAS MASTERFOODS Original Salsa Spicy Original Salsa SALT SUBSTITUTES CEREBOS

Light Salt DIET RITE FOODS SALT - COOKINGS All brands

SALT - ROCK All brands

Lite Salt

SALT - TABLE All Brands

SAUCES 4 SEASONS Horseradish Sauce ETA Barbecue Sauce FARMLAND Tomato Sauce Tomato Sauce No Added Salt HEINZ Tomato Sauce Tomato Ketchup IXL. Tomato Sauce KIKKOMAN Soy Sauce KRAFT Tartare Sauce LETONA Apple Sauce MANDARIN FOOD CO Black Bean Paste Hoi Sin Sauce Mushroom Sauce Say Bean Paste Soy Sauce MASSEL Sauces MASTERFOODS Barbeque Sauce B.B.Q. Rib Sauce Chilli Sauce Mint Jelly Satay Sauce Seafood Cocktail Sauce Spicy Tomato ketchup Squeeze On BBQ Sauce Squeeze On Seafood Dressing Squeeze on Tomato Sauce Squeeze on Tomato & Chilli Sauce Squeeze on Tomato & Mustard Sauce Tartare Sauce Worcestershire Sauce TIAMO Bolognese Garlic Bolognese Italian Herbs Bolognese DOLMIO Capsicum & Chilli Capsicum & Garlic Chunky Garden Vegetables Eggplant, Capsicum & Shallot Extra Garlic Farmhouse Veg

PIES



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PASCALL

100's & 1000's

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Vegetable Condensed Soup

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Olives & Mushroom Onion & Mushroom Pesto with Sundried Tomatoes Roast Capsicum Pesto Spicy Peppers Tomato Onion & Garlic Traditional Mushroom Traditional Tomato MCWLIENNY & CO Tabasco Sauce NEWMANS Worcestershire Sauce OCEAN SPRAY Cranberry Sauce ROSELLA Tomato Sauce Tomato Sauce Low Joule Tomato Sauce No Added Salt SANITARIUM Gravy Quik SPC Chunk Style Apple Sauce Home Style Apricot Sauce Traditional Apple Sauce WEIGHT WATCHERS Tomato Sauce

SAUSAGES See BUTCHERS

SEASONING ASIAN FOODS AUSTRALIA Singapore Noodle Seasoning KEEN Curry Madras Curry MCCORMICK Curry Mince Seasoning Hamburger Mince Seasoning Savoury Mince Seasoning

See BUTCHERS. FAISEL SMALLGOODS (Melbourne) All variety SPIESS AUSTRALIA Air-dried Beef SYDNEY SMALL GOODS All Products

#### SOAPS

See Cosmetics ALL BRANDS REXONA Dove

<u>SOY MILK</u> See MILK SUBSTITUTES

#### SOUPS - TINNED

HEINZ Tomato Condensed Soup Tomato Condensed Soup Reduced Salt

MASTERFOOD

SPICES Barley Sugar See Herbs & Spices Country Mint SPREADS See PEANUT BUTTER, HONEY & VEGEMITE FERRERRO Nutella MONBULK Lemon Spread SANATARIUM SUN Honey Marmite Peanut Butter Vitamite STOCK PODRAVKA INTERNATIONAL Chicken Stock Powder Gourmet Stock Powder Seafood Stock Powder MASELL All Vartieties SUGAR TEAS All types of sugars including white and icing are Halal. Plastic icing and prepared icings are not approved See ICING and SUGAR SYRUPS SUGAR SUBSTITUTES ABBOT Sucaryl Liquid Sucaryl Sachets Sucaryl Tablets BOOTS **Dimins** Tablets Sugarine Liquid FAULDING Liquid Saccharin Liquid Sugarella SUGAR SYRUPS CSR BERRI Golden Syrup Molasses Treacle LOG CABIN Maple Flavoured Syrup MASTERFOODS Maple Flavoured Syrup SWEETS Sweets containing gelatine are not approved. ALLEN'S Butter Menthol BARRAT'S Barley Sugar IXL GILSEAL Barley Sugar MASTERCRAFT Barley Sugar

Fruit Bonbons Fruit Drops Jelly Beans REAL TURKISH DELIGHT Boiled Sweets ROWNTREE - HOADELY Throaties Stick Pack SCANLEN Barley Sugar Almond & Honey Bar Cashew Bar Hazelnut Bar Macadamia Bar Peanut Bar Sunflower & Nut Bar TIC TAC All flavours TAKE AWAY See list of establishment for your state. All Brands of: Bags Instant Leaves TEAS - HERBAL All Flavours from: Celestial Seasoning Lipton Milford Natureland Twinings TOMATO PRODUCTS See VEGETABLES - TINNED ARDMONA Peeled Tomatoes Tomato Magic Tomato Magic Italian Style Whole Peeled Tomato EDGEL Peeled Tomatoes Tomato Puree Tomato Pieces Whole Tomatoes FARMLAND Tomato Paste GOULBURN VALLEY Peeled Tomatoes HEINZ Tomato Paste Whole Peeled Tomatoes No Waste Tomato Paste Sachets Tomato Paste LEGGO'S Diced Tomatoes with Onions & Herbs

Tomato Paste with Onions & Herbs Tomato Puree LETONA Tomato Paste Tomato Puree Tomatoes MACQUARIE FOODS Sun Ripened Dried Tomatoes SPC Peeled Tomatoes Tomato & Onion Capellery Tomato Puree TOOTHPASTES See Mouthwashes AIM Original Fresh Mint Minty Gel Gum Health CLOSE UP Red Green Icy Mint COLGATE All Varieties HERBON Herbal Toothpaste IPANA Mint Toothpaste Regular Floored Toothpaste MACLEANS Bubble Mirit for Kids Gel-Stripe Toothpaste Triple Stripe Toothpaste **TOPPINGS** COTTEES All toppings except Ice Magic DICKSON'S All flavours FARMLAND Caramel Chocolate Strawberry MAYNOR Caramel Chocolate Strawberry WEIGHT WATCHERS All flavours TURKISH DELIGHT REAL TURKISH DELIGHT

Tomato Paste

Turkish delight
<u>VEGEMITE</u>

KRAFT

VEGETABLE OILS

ALL BRANDS: Blended Vegetable oil Canola Light Canola



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## **Please note:**

Maize

Olive Peanut

Safflower

Soybean

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Sunflower VEGETABLE SHORTENING Vegetable shortenings may contain animal fat

**VEGETABLES - DRIED** All Brands

**VEGETABLES - FRESH** All Varieties

### **VEGETABLES - FROZEN**

Avoid frozen prepared potato products containing tallow. BIRDS EYE All products except rice originals CHEFF'S PRIDE Asparagus Spears IOF Whole Baby Corn COPPER KETTLE All products Halal except: Cauliflower with White Sauce Peas with White Sauce Stir Fry Vegetables EDGELL All products FABULOUS All products GREEN VALLEY All Products WOOLWORTHS

#### **VEGETABLES -PROCESSED**

All Products

DEWCRISP Chopped Onions Vegetable Mix Vegetable Mix with Noodles

#### **VEGETABLES - TINNED**

See Tomato Products EDGELL Asparagus Cuts Asparagus Spears Baked Beans in Tomato Sauce Beetroot Baby Beetroot Crinkle Cut Beetroot Homestyle Beetroot Sliced Butter Beans Capsicum Carrots Baby Carrots sliced Carrots Julienne Carrots No Added Salt Carrots Whole Corn Creamed Corn Kernel Corn Whole

Four Bean Mix Green Beans Cross Cuts Green Beans Sliced Green Peas Green Peas No Added Salt Mixed Vegetables Mushrooms Sliced in Brine Peas & Carrots Potatoes Whole Red Cabbage Red Kidney Beans Sauerkraut Seasoned Green Beans Tiny Taters FARMLAND (Including no added salt) Asparagus Baby Carrots Baked Beans in Tomato sauce Creamed Corn Green Beans Green Peas Peeled Tomatoes Sliced Beetroot Sliced Mushrooms in Butter Sauce Sweet Corn Creamed Sweet Corn Whole Kernel GOLDEN CIRCLE Baby Carrots Beans Beetroot Corn Creamed Corn Whole Kernel Peas Sliced Beetroot Sliced Cucumber MASTERFOODS Corn Kernels Red Kidney Beans Soy Beans Three Beans Mix MOUNTAIN MAID Asparagus Asparagus Cuts Asparagus Spears Asparagus Tips Baked Beans Corn Niblets Potatoes Ratatouille WINDSOR FARM Sliced Mushroom in Butter Sauce VINEGAR All Brands VITAMITE SANITARIUM WASHING DETERGENTS ALL BRANDS YEAST-DRIED TANDACO

**YEAST - FRESH** 

All Brands

# YOGURTS PLAIN

See BABY YOGHURT DESSERTS All Brands of Plain, Natural and Acidophilus BAS FOODS (AUST) Natural Yoghurt BURRA Thick Yoghurt IDEAL DAIRY Natural Yoghurt NATIONAL FOODS Greek Lite Greek Yogurt NAT SET White Yogo Yo Plus Light Yo Plus Regular **YOGURTS - FLAVOURED** Flavoured yoghurts containing gelatine are not approved even if marked Halal unless the yoghurt carries Halal Certification. ATTIKI

All Yoghurt Products JALNA Honey Yoghurt Natural Non Fat Yoghurt Premium Brand Creamy Yoghurt Vanilla Yoghurt PETERS FARM Natural Honey Yoghurt Vanilla Yoghurt WEIGHT WATCHERS Natural Yoghurt

### YOGHURTS FROZEN

CAPE BYRON SUPREME RICHMOND