



People Management Skills

working at wellbeing every day



A practical course for people managers of all levels

A full day workshop to learn skills, knowledge and develop the core skills essential for a role in managing others in the workplace

With a focus on 3 core areas of Communication, Motivation and Problem Solving



Learning outcomes



COMMUNICATION

Understand the importance of being a great communicator, to manage relationships and boost engagement and productivity, learn different communication styles, the art of empathy and active listening



MOTIVATION

Be a positive role model that motivates and inspires people and teams to push themselves to achieve on a personal and collective level



PROBLEM SOLVING

Know how to support others in overcoming challenges to ensure sustainable and effective solutions are found, learning effective delegation and conflict resolution skills

The benefits



Provides critical skills development opportunity for Managers



Delivered by people who are highly experienced and skilled in People Management



Drives business growth and success, through improved engagement, productivity and talent retention



“As a business we wanted to provide our Managers the opportunity to reflect and learn core skills associated with managing people. We asked Fit for Tomorrow to deliver this workshop as we felt their experience and skills were relevant and relatable, with a good balance of theory and practical.

The feedback we received from our Managers was great and we believe they feel better equipped to deal with the challenges they face in their roles.”

How to book

Our People Managements Skills Training can be delivered in person or online

Please contact us to find out more and receive a quote

Email mike@fitfortomorrow.co.uk
Tel 07855494437
Web www.fitfortomorrow.co.uk

