

Self-talk session

Hey you don't you wanna sit down
You gotta stop pretendin', get your feet back on the ground
You think you have a lot of shit to do
Everything is more important than taking care of you

Hey girl won't you stop for a while
You know you ain't foolin' when you're fakin' that smile
You don't always have to keep your cool
D'you think that badass women do care 'bout approbation?

Look around, look around, look around, look around you now
There is nobody else but your reflection in the mirror

I've got my flaws and all, take it or leave it
Had my whole bunch of sufferink, I got the scars to prove it
If you don't want it all, then you'll get none of it
I'm takin' no more bullshit
So if you don't like it you can walk walk walk that walk
Coz I'm gonna talk talk talk that talk
You can walk walk walk that walk
Or hear me talk talk talk that talk

Hey fella you are more than enough
Trust me you are perfect just the way you are
And you deserve bein' respected and loved
But don't you put so much pressure on yourself, ah!

Hey people don't you wanna live a little
Relax for a while and put your struggles aside
You don't always have to be on top
It's okay to fall down as long as you get back up

Look around, look around, look around, look around you now
There is nobody else but your reflection in the mirror

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Stuck in many conventions
We're going down down down
Sick and tired of oppression
But we don't, we don't make no sound, no no!

I've got my flaws and all, take it or leave it
Had my whole bunch of sufferin', I got the scars to prove it
If you don't want it all, then you'll get none of it
I'm taking no more bullshit
So if you don't like my...Flaws and all!

Take it or leave it
Had my whole bunch of sufferin', I got the scars to prove it
If you don't want it all no, then you'll get none of it
I'm takin' no more bullshit
So if you don't like it you can walk walk walk that walk
Coz I'm gonna talk talk talk that talk
You can walk walk walk that walk
Or I'm gonna talk talk talk that talk