



What is the ELI?

The Energy Leadership™ Index is an assessment to awaken your potential and reshape your world.

Take a brief moment—and perhaps a few breaths—and consider your life. How nourishing and supportive are your relationships? How fulfilled do you feel by your work? What does your health, financial wellness, and spiritual life feel like?



*Each moment describes who you are,
and gives you the opportunity to decide
if that's who you want to be*

Your reality is a mirror reflecting your level of consciousness—your thoughts, feelings, and emotions about yourself, others, and the world. Some aspects of your consciousness serve you, while others hold you back from fulfilling your potential. And understandably so (we're human!)

With the research-backed ELI assessment, you'll take something abstract—the way you experience the world—and turn it into a tangible metric with profound and practical insights you can use to reshape your worldview and transform your life into the ideal one you envision.

Take the Assessment

Your Energy Leadership™ Index Master Practitioner (ELI-MP) will connect you with the simple online assessment which takes about 20 minutes to complete.

Once the results are in, you'll be guided through a 1:1 ELI debrief session. Through this personalized session, you'll dive deep into your results and uncover a clear path to awakening your potential, and creating a life in alignment with your work and life goals.

- Be a more **effective and inspiring** leader within your organization
- Experience **transformations** in your relationships, confidence level, and leadership skills
- Create **collaborative (and fun!)** work and family environments
- Live your most aligned and authentic life



**How ready are you to experience your world like never before?
Reach out to your coach to learn more and take the ELI assessment!**