

Build Stronger Teams

From the Inside Out



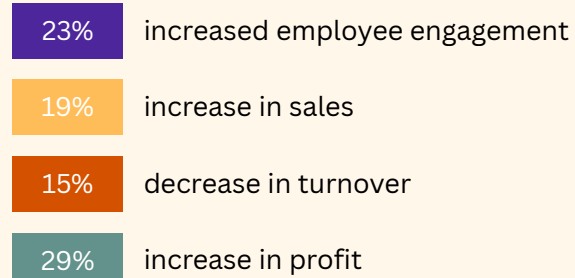
Unlock your team's potential with CliftonStrengths®

Backed by over 50 years of research and trusted by leading organizations around the world, the CliftonStrengths® assessment helps individuals and teams identify and apply their greatest talents. When strengths are understood and intentionally leveraged, teams experience stronger collaboration, higher engagement, and measurable improvements in performance.

Key Offerings

- ✓ Facilitated Team Workshops (In-person or virtual)
- ✓ 1:1 and group debriefs of CliftonStrengths® assessment
- ✓ Custom Strategy Sessions to align people with purpose
- ✓ Build Team Grids to develop strategic alignment and maximize team potential
- ✓ Gain Tools and Teaching to improve mindset, reduce conflict, develop strengths, & increase EQ

Impact Metrics



Gallup's research—spanning 2.1 million individuals and over 20,000 businesses—reveals the measurable impact of a strengths-based approach in today's workplace.



Why Choose Jeshanna?

Jeshanna Forrister is a certified ICF & Gallup-Strengths Coach who helps individuals and teams transform from the inside out. With experience guiding executives, military special operators, and organizations through change, she brings a deeply human and results-driven approach to coaching and facilitation.

Let's Build Your Best Team Yet!

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