

### Chawan Maskati Jethani – CMJ Myopia Morbidity Risk Point System

Cause	Points	Patient score
One Myopic Parent 1	1	
Both Parents Myopic 2	2	
Ethnicity 1	1	
History of Myopia over Two generation 1	1	
Onset of Myopia at the age 4 to 6 3	3	
Onset of Myopia at the age of 6 to 13 2	2	
Onset of Myopia at the age of 13 to 16 1	1	
Single Vision Glass 1	1	
Astigmatism 1	1	
< 2.5 hours of outdoor activities 1	1	
Low light living condition 1	1	
Known genetic conditions 1	1	
Urban living conditions 1	1	
More than 2-hour use of screen time during day 1	1	
Homework after sunset in low light 1	1	
Poor eating habits 1	1	
History of Premature delivery 3	1	
Change of Rx every 1 year 1	1	
Rx of -0.25 to -3.00 1	1	
Rx of -3.25 D to -5.00 D 2	2	
Rx of -5.25 to -6.00 3	3	
Rx of -6.25 to - 8.00 4	4	
Rx of > -8.00 5	5	
Axial length > 24 mm 1	1	
Axial Length > 25 mm 2	2	
Axial Length > 26 mm 3	3	
	Total Points	

After taking detailed History add points in point score collumn to get the total risk points