



STASIS TRAINING

2023 COURSE LIST

STASIS TRAINING COURSE OFFERINGS



STASIS TRAINING COURSES ARE BROKEN INTO TWO GROUPS: ACADEMY COURSES, AND REQUEST COURSES.

ACADEMY COURSES:

ALL ACADEMY COURSES CAN ALSO BE REQUEST COURSES. ACADEMY COURSES ARE COURSES THAT STASIS TRAINING OFFERS REGULARLY WITHOUT ASSOCIATION WITH ANY OTHER GROUP. COURSES LIKE LIFEGUARDING, STOP THE BLEED @, COMMUNITY CPR, ETC. THESE COURSES ARE OPEN FOR SIGN-UPS FROM THE GENERAL PUBLIC. ACADEMY COURSES ARE ALWAYS BILLED TO THE STUDENT IN THE COURSE, AND ALL SUPPLIES THE STUDENT NEEDS ARE PROVIDED. TO SEE AVAILABLE ACADEMY COURSES, SEE THE COURSE SCHEDULE ON [STASISTRAINING.COM](https://stasistraining.com).

REQUEST COURSES:

REQUEST COURSES ARE COURSES THAT STASIS TRAINING OFFERS ONLY ON REQUEST OF AN OUTSIDE ENTITY. EMS AGENCIES NEEDING CPR RECERTIFICATIONS, CITIES WISHING TO OFFER A LIFEGUARD COURSE OR RECERTIFICATION COURSE FOR THEIR EMPLOYEES, ETC. REQUEST COURSES ARE OFTEN BILLED TO THE REQUESTING ENTITY HOWEVER THEY CAN BE BILLED TO THE STUDENT IF THE OUTSIDE AGENCY PREFERS THIS. REQUEST COURSES MUST BE BOOKED BY EMAILING BOOKING@STASISTRAINING.COM.

***AVAILABLE AS ACADEMY COURSE**

†THIS CLASS IS CURRENTLY ACCEPTED BY THE NYS BUREAU OF EMS AND TRAUMA SYSTEMS AS A CPR CERTIFICATION FOR CFR, EMT, AEMT, AND PARAMEDIC LEVELS PER POLICY STATEMENT 22-08.

STASIS TRAINING COURSE OFFERINGS



COURSES:

AMERICAN RED CROSS LIFEGUARDING*:

AMERICAN RED CROSS LIFEGUARDS ARE THE STANDARD OF LIFEGUARDING NATIONWIDE IN THE US. WITH NEWLY UPDATED R.21 RED CROSS GUIDELINES ARC LIFEGUARDS ARE MORE PREPARED THAN EVER TO PROTECT SWIMMERS. THIS 30–35 HOUR COURSE OFFERS 5 DIFFERENT SPECIALTIES TO PREPARE YOU FOR WORK IN ANY AQUATIC SETTING:

1. SHALLOW WATER LIFEGUARDING:

FOR STUDENTS WHO PLAN ONLY TO WORK IN SMALL SHALLOW POOLS SHALLOW WATER LIFEGUARDING IS THE PERFECT TRIAL BEFORE MOVING TO A FULL LIFEGUARDING COURSE. SHALLOW WATER LIFEGUARDS CAN WORK IN DEPTHS UP TO 4FT AND ARE REQUIRED TO PERFORM FEWER PHYSICAL SKILLS DURING THEIR TRAINING

2. LIFEGUARDING:

THE CLASSIC AMERICAN RED CROSS LIFEGUARDING COURSE WITH THE BEST STANDARDS OF RESCUE AND RESUSCITATION SKILLS. THE LIFEGUARDING COURSE IS A 30-HOUR COURSE THAT PREPARES STUDENTS TO WORK IN ALL GENERAL POOL SCENARIOS. STUDENTS TAKING THE LIFEGUARD COURSE CAN ALSO PERFORM ALL THE SKILLS OF A SHALLOW WATER LIFEGUARD

A. WATERPARK SKILLS:

THE WATERPARK SKILLS MODULE IS AN ADDITIONAL TRAINING WITH THE STANDARD LIFEGUARD COURSE WHICH TEACHES SKILLS OF WORKING IN WATERPARK AND OTHER AQUATIC ATTRACTION SCENARIOS.

B. WATERFRONT SKILLS:

THE WATERFRONT SKILLS MODULE IS AN ADDITIONAL TRAINING WITH THE STANDARD LIFEGUARD COURSE WHICH TEACHES SKILLS OF WORKING ON A WATERFRONT. NOTE: YOU MAY REQUIRE ADDITIONAL CERTIFICATIONS TO WORK ON AN OCEANFRONT BEACH, STASIS TRAINING IS UNABLE TO OFFER THESE COURSES AS THEY ARE OFTEN PROVIDED BY THE FACILITY YOU WISH TO WORK AT.

ALL LIFEGUARDING COURSES INCLUDE A CERTIFICATION IN CPR/AED FOR THE PROFESSIONAL RESCUER AND FIRST AID.

ALL OF THE ABOVE COURSES CAN ALSO BE OFFERED AS A BLENDED COURSE, WHERE MOST CLASSROOM WORK IS DONE ON THE STUDENT'S OWN TIME AND SKILLS ARE TAUGHT AND TESTED IN PERSON WITH A LICENSED INSTRUCTOR.

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STASIS TRAINING COURSE OFFERINGS



AMERICAN RED CROSS BASIC LIFE SUPPORT[†]:

AMERICAN RED CROSS BASIC LIFE SUPPORT IS A STANDARD BLS CLASS INTENDED TO TEACH HEALTHCARE PROFESSIONALS TO RESPOND TO BREATHING AND CARDIAC EMERGENCIES IN ADULTS, CHILDREN, AND INFANTS. THIS COURSE IS OFFERED WITH THE AMERICAN RED CROSS' UPDATED R.21 GUIDELINES.

AMERICAN RED CROSS CPR/AED FOR THE PROFESSIONAL RESCUER*[†]:

AMERICAN RED CROSS CPR/AED FOR THE PROFESSIONAL RESCUER IS A SLIGHTLY HIGHER STANDARD THAN ARC BASIC LIFE SUPPORT, ALTHOUGH THIS CERTIFICATION IS MOST COMMONLY ASSOCIATED WITH THE ARC LIFEGUARDING PROGRAM IT IS A HIGH-QUALITY LIFE SUPPORT COURSE FOR ANY INDIVIDUAL OR GROUP.

AMERICAN RED CROSS FIRST AID:

AMERICAN RED CROSS' FIRST AID PROGRAM IS A BASIC FIRST AID PROGRAM COVERING ALL THE COMMON FIRST AID IDEAS OF DEALING WITH CUTS AND SCRAPES AND BRUISES, BUT ALSO WITH OTHER SUDDEN ILLNESSES THAT MAY BECOME LIFE THREATENING. STUDENTS LEARN TO RECOGNIZE SIGNS OF STROKE, SEVERE BLEEDING, ENVIRONMENTAL EMERGENCIES AND MORE.

AMERICAN RED CROSS CPR/FIRST AID/AED

IN ADDITION TO THEIR MORE ADVANCED BLS AND CPR FOR PROFESSIONAL RESCUER CLASSES, THE AMERICAN RED CROSS OFFERS BASIC CPR/AED CLASSES, THAT CAN BE TAKEN WITH OR WITHOUT FIRST AID COMPONENTS. CLASSES CAN BE OFFERED WITH ANY COMBINATION OF ADULT, INFANT, AND CHILD CPR, WITH OR WITHOUT AED AND FIRST AID TRAINING.

ADDITIONAL AMERICAN RED CROSS SKILLS

FOR STUDENTS WITH PREVIOUS CERTIFICATIONS IN FIRST AID, CPR, OR BLS, THE FOLLOWING CLASSES CAN BE TAKEN AS LONG AS THE CERTIFICATION IS STILL ACTIVE TO ADD TO THEIR SKILLS.

1. ASTHMA AND QUICK-RELIEF MEDICATION ADMINISTRATION
2. ANAPHYLAXIS AND EPINEPHRINE AUTO-INJECTOR
3. OPIOID OVERDOSE TRAINING – NASAL SPRAY OR ATOMIZER
4. LIFE-THREATENING BLEEDING – TOURNIQUET APPLICATION
5. HEAD, NECK, MUSCLE, BONE, JOINT INJURIES – SPLINTING

NOTE: CERTIFICATION IN THE ADDITIONAL SKILLS LISTED ABOVE DOES NOT GUARANTEE PERMISSION TO PERFORM THESE SKILLS AT A PARTICULAR PLACE OF EMPLOYMENT, YOUR WORKPLACE PROTOCOLS MAY NOT ALLOW YOU TO PERFORM ALL SKILLS EVEN IF YOU ARE CERTIFIED.

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AMERICAN RED CROSS WILDERNESS AND REMOTE FIRST AID:

THE WILDERNESS AND REMOTE FIRST AID CLASS IS A MORE ADVANCED LOOK INTO FIRST AID, ESPECIALLY IMPROVISED FIRST AID IN REMOTE SETTINGS WHERE PROFESSIONAL EMERGENCY SERVICES MAY BE DISTANCED.

STOP THE BLEED®:

STOP THE BLEED IS A LIFE THREATENING BLEEDING CLASS CREATED BY THE AMERICAN COLLEGE OF SURGEONS COMMITTEE ON TRAUMA. THIS IS A LAYPERSON COURSE TEACHING THE 3 BASIC SKILLS OF BLEEDING CONTROL, DIRECT PRESSURE, WOUND PACKING, AND TOURNIQUET APPLICATION.

ECSI BASIC LIFE SUPPORT†:

THE EMERGENCY CARE AND SAFETY INSTITUTE IS A NEW ORGANIZATION DEVELOPED IN CONJUNCTION WITH THE AMERICAN COLLEGE OF EMERGENCY PHYSICIANS AND AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS. THEIR BASIC LIFE SUPPORT COVERS ALL THE COMPONENTS OF BASIC CPR, AND SUDDEN ILLNESS TREATMENTS.

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