



OCTOBER, 2025

PEER VISION FOR MENTAL HEALTH



FY 2024-25

ANNUAL REPORT

A GREETING FROM OUR EXECUTIVE DIRECTOR

When I was younger, I was a long-distance runner (believe it or not!). I recall many multi-mile runs over the gravel and dirt roads around the farm where I grew up. The first mile of such a run is high-energy, full of freshness and motivation, with feet gliding along without much thought to the effort required. Then comes the second mile, and the run changes character.

The second mile is the stretch during which the runner has to pay more attention to the bumps and dips in the road as their legs feel heavier, evaluate their capacity for the long haul, and set a sustainable pace that will see them through to the finish. There's some trial and error and readjustment before the run evens out.

This past fiscal year felt a lot to me like that second mile; still full of hope and purpose, but requiring the added awareness of what is needed to gain our bearing and then move forward. We have learned much, navigated around potholes and enjoyed open flats. Through it all we have seasoned internally and now settle in for the remainder of the run. The road is full of possibilities. Thank you for being a part of this continuing journey.

--Tamra Huesers



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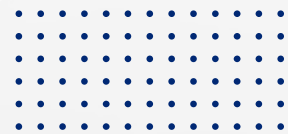
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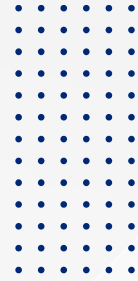
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OUR PROGRAMS



Peer Vision is a fully peer-run nonprofit organization. It serves as the managing agency for two peer support entities: The Harmony Center and Minot Vets for Vets, both located at 720 Western Avenue in Minot, ND. More information about Peer Vision and its associated entities can be found on our website at peervisionnd.org.

The Harmony Center is a community support center for individuals that self-identify as having behavioral health concerns that affect their well-being. The center provides individual and group peer support, mental health recovery education, social recreation, and drop-in availability. The center is funded through a contract with North Dakota Health and Human Services (NDHHS), and has been in existence in Minot since 1988. In 2023, the contract to manage the center was assumed by Peer Vision, making it the first fully peer-run center among the state's eight NDHHS-funded mental health recovery centers.



Minot Vets for Vets is a peer organization serving veterans and former service members in the Minot region. It is funded through a NDHHS Suicide Prevention Community Programming grant, other community and organizational grants, and private and corporate donations. The center is staffed by veterans with broad lived experience and training in Intentional Peer Support. The program has blossomed in the past year, providing not only the group peer support and veteran-dedicated meeting space that existed at this time last year, but expanding to provide several additional innovative, peer-focused approaches to building connection and honing life skills.

OUR MISSION AND ACCOMPLISHMENTS

THE PEER VISION MISSION STATEMENT

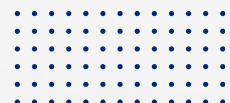
Peer Vision for Mental Health is a peer-run organization dedicated to uniting our community through advocacy, support, and empowerment for individuals living with mental health challenges. We walk alongside our peers on their journey to wellbeing, offering connection and understanding through shared experience. Our mission also includes fostering community partnerships, promoting educational opportunities, and expanding peer support services to strengthen recovery and wellness throughout North Dakota.

ACCOMPLISHMENTS TOWARD OUR MISSION

Peer Vision settled into regular operations of its two peer support entities--the Harmony Center and Minot Vets for Vets--in its second fiscal year. We saw stabilization and progress, as well as a few challenges. Through a very busy and productive year, we kept the mission of our organization in focus as we supported development and change in both of our programs.

While our purpose remained clear, we did encounter a few bumps in the road. Shifting funding and rising costs challenged our bottom line, requiring us to seek alternative funding sources and dig deeper to sustain the projects and activities we know make a difference in the lives of persons we serve. Another shift we have seen is in the population served by our Harmony Center program. We have identified needs for young adult and family support, and have set our sights on developing new activities that address these populations in the upcoming year.

Far greater than the hurdles we encountered, however, were the services sustained and the gains made. For a nonprofit organization of our small size, we saw a tremendous level of activity.

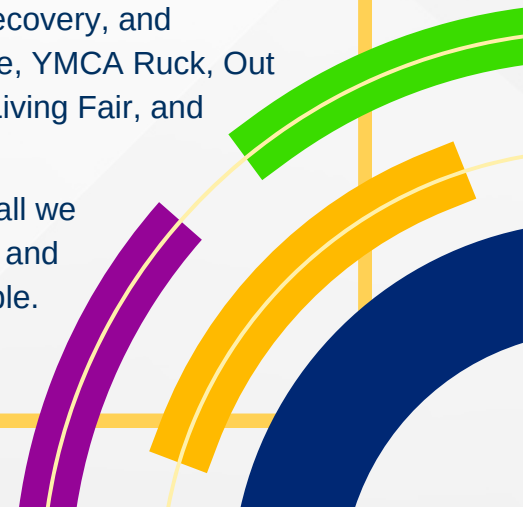
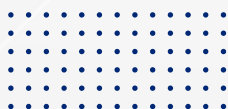




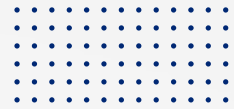
Our accomplishments in the 2024-25 fiscal year included:

- Continuing our contract with North Dakota Health and Human Services (NDHHS) as the managing agency for the Harmony Center.
- Securing an ongoing Suicide Prevention Community Programming grant from NDHHS to help fund Vets for Vets.
- Developing a number of new collaborative relationships with community resources, including other community mental health and recovery organizations, veterans' services, and local businesses. These included the Vet Center, Minot Minotauros Hockey, Town and Country Credit Union, Creative Path Counseling, Minot VFW, and more.
- Establishing Charitable Organization status through the State of North Dakota, thereby expanding fundraising capacity.
- Completing the North Dakota Community Foundation grant for community outreach, which allowed us to purchase signage and outreach equipment and materials.
- Sponsoring one veteran to become an Intentional Peer Support (IPS) trainer, and graduating our second IPS class, which included four veterans.
- Supporting our Harmony Center Director in obtaining Peer Support Specialist and Peer Support Specialist Supervisor credentials.
- Continuing our weekly peer support group and outreach at Trinity Health's mental health inpatient unit.
- Establishing regular open hours of the Vets for Vets Center, adding a new Vets for Vets Project Coordinator, and increasing the range of relevant and creative activities offered, such as *The Warrior's Pen* writing course, *Beyond the Brush* art activities, and the Women Veterans' Support Group.
- Realizing an explosion of participation in Vets for Vets based on the additions noted above.
- Receiving a Blue Cross/Blue Shield Caring Foundation grant to promote peer support for rural veterans.
- Participating in multiple outreach efforts at mental health, recovery, and veteran-related community events, such as the Day of Hope, YMCA Ruck, Out of the Darkness Walk, Veteran Stand Down, Independent Living Fair, and more.

This is just a snapshot of our activities, and we are grateful for all we have achieved and for the employees, volunteers, participants, and board members who have made our work possible.



LOOKING TO THE FUTURE



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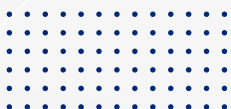
We are born makers. We move what
we're learning from our heads to our
hearts through our hands.

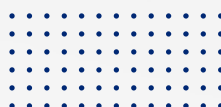
- Brené Brown

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Brené Brown's quote reflects Peer Vision's path in two key ways. Interpersonally, we use our lived experience to connect with others at a heart level, fostering understanding that goes beyond conventional knowledge. Organizationally, we build by doing—shaping our practical and intellectual strengths into programs and activities that support people at their core.

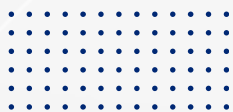
Our task for the future is to now take the basic structure we have created and add fullness and dimension. While our first fiscal year was heavily focused on preserving an existing program and laying the framework for another--in the Harmony Center and Vets for Vets, respectively--we must now examine and address overlooked community needs, flesh out programs, improve support for employees and volunteers, diversify and augment funding, and create a vision for the organization that moves past basic subsistence while maintaining our core values.





Looking forward to the next year and beyond, opportunities for development available to Peer Vision include:

- Examination of the need in our community for family peer support, and implementation of group peer support for individuals or families who carry the weight of caring long-term for persons with significant mental health concerns.
- Collaboration with a local therapist to establish a young adult peer support group focused on mental health and wellbeing.
- Addition of a part-time peer support specialist to the Harmony Center staff, supporting planned program development and adding dimension to our peer support offerings.
- Development of an annual recovery event focused on the cultivation of art and creativity as tools for wellness.
- Expansion of Vets for Vets creative projects, to include a photography course, a veterans' art show, and group guitar lessons that are open to the general public.
- Renewed focus on the *Operation Civilian Readiness* transition course, with specific measures to solidify referral sources.
- Development of an organized volunteer program for Vets for Vets, with clearly defined roles, mechanisms of supervision and support, and ongoing training.
- Expansion of our Intentional Peer Support training capacity; sponsoring an additional individual to become an IPS trainer and providing ongoing training for program participants and volunteers.
- Exploration of additional funding sources and methods for our nonprofit, with a focus on sustainability.
- Exploration of consulting opportunities, specifically regarding replication of the Vets for Vets program in other areas of the state, and peer support training and ongoing education.
- Further Board of Directors development, with the addition of one to two additional Directors and establishment of active committees.



FINANCIAL OVERVIEW

INCOME AND EXPENDITURE SUMMARY 2024-25

Income

• North Dakota Health and Human Services Contracts	\$239,254
• Minot Area Community Foundation Grant	3,720
• Private and Organizational Donations	1,325
• <u>Miscellaneous</u>	<u>714</u>
Total	\$245,013

Expenditures

• Harmony Center	\$154,432
• Minot Vets for Vets	61,776
• <u>Peer Vision Administrative</u>	<u>9,345</u>
Total	\$225,553

PROJECTED BUDGETS FOR 2025-26 FISCAL YEAR

Income

• North Dakota Health and Human Services Contracts	\$205,040
• Additional Grants	
◦ Blue Cross / Blue Shield Caring Foundation	7,495
◦ Inspiritus	7,500
◦ Verendrye Operation Roundup	2,163
◦ Additional grants, est.	10,000
• Donations received/pledged to date	7,050
• Additional Donations, est.	2,850
• <u>Miscellaneous, est.</u>	<u>2,100</u>
Total	\$244,198

Expenditures

• Harmony Center	\$164,896
• Minot Vets for Vets	74,974
• <u>Peer Vision</u>	<u>3,080</u>
Total	\$242,950



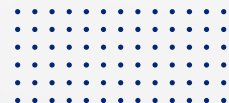
OUR BOARD OF DIRECTORS

SERVING FROM LIVED EXPERIENCE

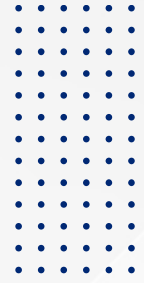
Peer Vision for Mental Health is a fully peer-run organization, from its volunteers and staff to its board leadership. Each member of the Peer Vision Board of Directors has joined bringing lived experience related to personal or family mental health concerns, substance use, veterans issues, or long-term disability. This grounding in lived experience gives us a deep, authentic understanding of the individuals we serve, and helps us uphold the core values of peer support. We recognize that lived experience comes with diverse perspectives and talents, and we respect and actively celebrate these contributions, applying them to strengthen the governance and operations of our organization.

Peer Vision for Mental Health Board of Directors October 2025

David Van Lith, President
Donita Theiler, Vice President
Denalie Morrison, Secretary
Maria Mollenhauer, Treasurer
Dawn Olson, Director
Jennifer Hills, Director
Jennifer Jerauld, Director
Vernna Anderson, Vets for Vets Liaison



NOTES



IDEAS AND SUGGESTIONS





**Peer
Vision**



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