



# Little Panda Childcare

## Preschool Daily Schedule

- 7:30-8:30 Arrival /Combined Time/Instructed activities 到达时间/班级合并/有指导性的活动（开放3-4个区域）
- 8:30-9:00 Prepare/Set up the breakfast/ Hand wash 早餐准备/洗手
- 9:00-9:30 Breakfast Time 早餐时间
- 9:30-9:45 Bathroom Time 厕所时间
- 9:45-10:00 Morning Circle Time聚会时间
- 
- 10:00-10:20 Themed Activity Time 主题活动时间
- 10:20-11:20 Outdoor Gross Motor Time户外活动
- 11:20-11:50 Children Choice Time 活动选择时间
- 11:50-12:00 Story Time故事时间
- 12:00-12:30 Lunch Time午餐时间
- 12:30-1 : 00 Brushing Teeth/Bathroom/set up rest mats 刷牙/厕所时间/铺床
- 1 : 00-3:00 Nap time 午睡时间
- 3:00-3:20 Clean up mats/ Bathroom Time 整理床/厕所时间
- 3:20-3:50 Snack Time 零食时间
- 3:50-4:10 Afternoon Circle Time 聚会时间

- 
- 4:10-4:40 Children Choice Time/Themed Activity 活动选择时间
  - 4:40-5:00 Bathroom Time 厕所时间
  - 5:00-6:00 Outdoor Gross Motor/Departure Time 户外活动时间/离开时间

