



SLEEPY SUNSET EVENTS

Quiet Christmas Retreat Near Sequoia

Hosted in a cozy cabin near Sequoia National Park, The Quiet Christmas focuses on rest, reflection, and comfort during a time of year that can often feel overwhelming. Days are gently structured with optional guided journaling, slow mornings, shared meals, and space to unplug without pressure.

**= Exclusive pricing to sleepy sunset direct bookings

⌚ What's Included

- ✓ 4 nights accommodation, +\$135 for extra night**
- ✓ Excursions & Activities (includes transportation)
- ✓ 3 Daily nutritious meals ~inform host of any food allergies upon booking
- ✓ Mindfulness Yoga & Meditation
- ✓ Special Wellness Gift
- ✓ Detailed day-by-day itinerary and workbook



⌚ What's Not Included

- ✓ Flights Costs -for additional fee Sleepy Sunsets can arrange everything for you
- ✓ Travel Insurance
- ✓ Airport Transfers to & from ADD-On option available for + \$120**



Book Your
Vacation Now!

Sleepysunsetevent.com



kyleezack@sleepysunsetevent.com

Frequently Asked Questions



There is no pressure to participate in every activity, no rigid schedule, and no expectation to "perform" wellness. Each day includes optional guided sessions alongside open downtime, allowing you to choose what feels supportive in the moment. Transportation between the cabin and nearby local spots can be coordinated, and all accommodations are chosen for comfort, privacy, and a quiet atmosphere.

This experience is best suited for guests who enjoy a slower pace, appreciate nature without needing strenuous activity, and value curated experiences over packed itineraries.

1 Weather Information

Expect cool, refreshing days and crisp evenings. Daytime temperatures typically range between 55-65°F (13-18°C), with nighttime and early morning temperatures dropping to around 35-45°F (2-7°C). While days are often clear and comfortable for light hikes and outdoor activities, layering is essential for mornings, evenings, and time spent near the water. Snow is possible but not guaranteed.

2 Do you offer different payment methods?

Direct Bookings: Must secure spot with \$250 deposit. Payment Plans have 2-10 month eligibility but must be paid in full prior to start date, cancellation charge of 15% applies on the final month. Venmo, Zelle, Cash App, & Cash (local).

3 Do I need to sign your Terms and Conditions?

Prior to the retreat your host will send you a liability waiver. As well as a Photo Release form to sign. This is standard procedure, if you wish to not have your photos as part of our growing business & help with our promotional material it must be professionally noted prior.

4 What To Bring?

Don't forget to bring comfortable walking shoes if you plan to explore the trails. As well as a swimsuit for the hot tub! Bring warm layers but also cozy options for chill downtown at the cabin.

5 Where are we staying?

Location is kept private until 1 month prior to retreat date to respect our partners. Your host will send you the exact address, photos of what to expect, and thorough directions of how to reach your spectacular spot. We promise everything is handled & you will have all you need as time approaches.



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OPTIONAL ADD-ONS

PRICE LIST

EXTRA NIGHT (23RD)	\$150 / \$135**
AIRPORT TRANSFERS	\$150 / \$120**
ADDITIONAL MASSAGE	\$140
45 MIN FACIAL	\$130
HOT STONE	\$50
CBD MASSAGE ADD ON	\$40
THE AFTER WORKBOOK	\$20
PROMPT DECK	\$10
CUSTOM REFLECTION BOOKLET	\$15

VENMO: @SLEEPYSUNSET

*INCLUDE NOTE WITH WHAT SERVICE YOU'D LIKE TO ADD

THINGS TO DO DURING YOUR DOWNTIME

ADVENTURE

PICK FROM RENTALS, SKI LIFT, GUIDED OUTINGS, ETC. OPTIONS ARE IDEAL IF YOU WANT TO EXPLORE WITHOUT THE STRESS OF PLANNING EVERYTHING YOURSELF. SLEEPY SUNSETS CAN HELP COORDINATE LOGISTICS.

HIKING TRAILS

FROM PEACEFUL LAKESIDE STROLLS TO MORE GROUNDING FOREST TRAILS, THERE ARE PLENTY OF OPTIONS TO MOVE YOUR BODY WITHOUT RUSHING THE EXPERIENCE. WHETHER YOU'RE LOOKING FOR AN EASY WALK TO CLEAR YOUR HEAD OR A LONGER TRAIL TO RESET YOUR THOUGHTS, WE'LL SHARE NEARBY FAVORITES THAT MATCH YOUR PACE AND ENERGY.

WATERFALLS

THESE STOPS ARE PERFECT FOR SLOWING DOWN, LISTENING TO THE WATER, AND TAKING IN THE VIEW.

CHILL LOUNGING

THINK HOT TUB SESSIONS, SLOW MORNINGS, READING BY THE WINDOW, MUSIC ON LOW, AND INTENTIONAL REST. THIS IS YOUR PERMISSION SLIP TO STAY IN AND RECHARGE WITHOUT GUILT. IF YOU FEEL LIKE DOING A LITTLE SOMETHING WE CAN DO ALWAYS DO AN AMETURE PHOTO SESH.

FOR THE FOODIE

WHETHER YOU'RE IN THE MOOD FOR A COZY CAFÉ, A CASUAL LOCAL FAVORITE, OR A SPOT PERFECT FOR SOLO DINING, THERE'S NO SHORTAGE OF GOOD FOOD NEARBY. WE'LL POINT YOU TOWARD TRUSTED OPTIONS DEPENDING ON CRAVINGS, DIETARY NEEDS, AND HOW SOCIAL YOU'RE FEELING THAT DAY.

LOCAL FUN

SHOPPING BOUTIQUES, SNOWBOARDING, OR SOMETHING A LITTLE UNEXPECTED THIS CATEGORY IS FOR ANYTHING THAT DOESN'T FIT NEATLY INTO A BOX. IF YOU'RE FEELING SPONTANEOUS OR WANT TO EXPLORE BEYOND THE ITINERARY, SLEEPY SUNSETS CAN HELP COORDINATE TRANSPORTATION AND PLANS BASED ON GROUP INTEREST AND AVAILABILITY.

EXACT SPOTS AND OPTIONS WILL BE SENT A MONTH PRIOR TO RETREAT. SUGGESTIONS ALWAYS WELCOME!