



SLEEPY SUNSET EVENTS

# Lake Tahoe Relaxation Retreat

Offers a unique blend of adventure, relaxation, wellness activities in a breathtaking natural setting, providing participants with an unforgettable opportunity to rejuvenate their mind, body, and spirit amidst the beauty of Lake Tahoe.

⌕ July 14-18, 2026

Shared Twin Room  
\$1,899

Private Q/K Room  
\$2,199

\*\*Master Bedroom  
w/Private Bathroom  
\$2,599

== Exclusive pricing to sleepy sunset direct bookings

## ⌕ What's Included

- ✓ 4 nights accommodation, +\$135 for extra night\*\*
- ✓ Excursions & Activities (includes transportation)
- ✓ 3 Daily nutritious meals ~inform host of any food allergies upon booking
- ✓ Mindfulness Yoga & Meditation
- ✓ Special Wellness Gift
- ✓ Detailed day-by-day itinerary and workbook

## ⌕ What's Not Included

- ✓ Flights Costs -for additional cost Sleepy Sunsets can arrange everything for you
- ✓ Travel Insurance
- ✓ Airport Transfers to & from ADD-On option available for + \$120\*\*



Book Your  
Vacation Now!

[Sleepysunsetevent.com](https://sleepysunsetevent.com)



[kyleezack@sleepysunsetevent.com](mailto:kyleezack@sleepysunsetevent.com)

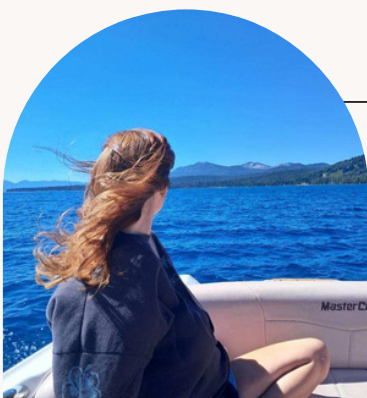


# Frequently Asked Questions



Nestled amidst the breathtaking Sierra Nevada Mountains, Lake Tahoe captivates visitors with its stunning natural beauty and year-round outdoor adventures. Surrounded by the sparkling waters of Lake Tahoe, this picturesque destination offers a perfect blend of pristine wilderness and vibrant entertainment. Immerse yourself in the charm of this mountain paradise, where every vista reveals a new adventure waiting to be discovered.

- |       |  |   |
|-------|--|---|
| 1     | Weather Information                          | With warm temperatures averaging around 75-80°F (24-27°C), it's still encouraged to bring a jacket as nighttime & early morning temperatures can get brisk.   |
| <hr/> |  |   |
| 2     | Do you offer different payment methods?      | Direct Bookings: Must secure spot with \$250 deposit.<br>Payment Plans have 2-10 month eligibility but must be paid in full prior to start date, cancellation charge of 15% applies on the final month. Venmo, Zelle, Cash App, & Cash (local).   |
| <hr/> |  |   |
| 3     | Do I need to sign your Terms and Conditions? | Prior to the retreat your host will send you a liability waiver. As well as a Photo Release form to sign. This is standard procedure, if you wish to not have your photos as part of our growing business & help with our promotional material it must be professionally noted prior.                       |
| <hr/> |  |   |
| 4     | What To Bring                                | Don't forget to bring comfortable walking shoes if you plan to explore the trails. As well as; swim suit, sunglasses, hats, we provide the sunscreen. Water shoes are not necessary but can be helpful on excursions. Beach towels are encouraged if driving but will be provided for you.                  |
| <hr/> |  |   |
| 5     | Where are we staying?                        | Location is kept private until 1 month prior to retreat date to respect our partners. Your host will send you the exact address, photos of what to expect, and thorough directions of how to reach your spectacular spot. We promise everything is handled & you will have all you need as time approaches. |



*Sleepy Sunset Events* ✨



## OPTIONAL ADD-ONS

### PRICE LIST

|                                    |                 |
|------------------------------------|-----------------|
| EXTRA NIGHT (13TH)                 | \$150 / \$135** |
| AIRPORT TRANSFERS                  | \$150 / \$120** |
| ADDITIONAL MASSAGE                 | \$140           |
| 45 MIN FACIAL                      | \$130           |
| HOT STONE                          | \$50            |
| CBD MASSAGE ADD ON                 | \$40            |
| THE AFTER WORKBOOK                 | \$20            |
| PROMPT DECK                        | \$10            |
| CUSTOM TAHOE<br>REFLECTION BOOKLET | \$15            |

VENMO: @SLEEPYSUNSET

\*INCLUDE NOTE WITH WHAT SERVICE YOU'D LIKE TO ADD

# THINGS TO DO DURING YOUR DOWNTIME

## ADVENTURE

Pick from rentals, horseback riding, guided outings, etc. options are ideal if you want to explore without the stress of planning everything yourself. Sleepy Sunsets can help coordinate logistics.

## HIKING TRAILS

From peaceful lakeside strolls to more grounding forest trails, there are plenty of options to move your body without rushing the experience. Whether you're looking for an easy walk to clear your head or a longer trail to reset your thoughts, we'll share nearby favorites that match your pace and energy.

## WATERFALLS

These stops are perfect for slowing down, listening to the water, and taking in the view.

## CHILL LOUNGING

Think hot tub sessions, slow mornings, reading by the window, music on low, and intentional rest. This is your permission slip to stay in and recharge without guilt. If you feel like doing a little something we can do always do an amature photo sesh.

## FOR THE FOODIE

Whether you're in the mood for a cozy café, a casual local favorite, or a spot perfect for solo dining, there's no shortage of good food nearby. We'll point you toward trusted options depending on cravings, dietary needs, and how social you're feeling that day.

## LOCAL FUN

Shopping boutiques, casinos, or something a little unexpected this category is for anything that doesn't fit neatly into a box. If you're feeling spontaneous or want to explore beyond the itinerary, Sleepy Sunsets can help coordinate transportation and plans based on group interest and availability.

EXACT SPOTS AND OPTIONS WILL BE SENT A MONTH PRIOR TO RETREAT.  
SUGGESTIONS ALWAYS WELCOME!