



**Compass**  
PERINATAL PEER SUPPORT



# Free Support

## WEEKLY IN-PERSON SUPPORT GROUP MEETINGS

**PREGNANT & POSTPARTUM MOMS**

**FRIDAYS 10.30am-12pm**

**NEW PARENTS**

**SATURDAYS 1.30pm-3pm**

**Monmouth Room, 2nd Floor  
Broadway Coffeehouse  
1300 Broadway St. NE, Salem, 97301**

*Whether you are going through stress,  
adjustment to parenting, Baby Blues, or  
pregnancy or postpartum depression/anxiety,  
we are here for you.*

Call or text (971) 301-2678 for  
more local support group info

[www.compasspps.com](http://www.compasspps.com)

