

# Application to TEACH YOGA at Triyoga w LQ, 1341 Main St, Cincinnati, OH 45202

[www.TriYogawithLQ.com](http://www.TriYogawithLQ.com)

This is a yoga boutique with great instructors who give students personal attention.  
We share the rent at this unique urban space, as we build our own yoga clientele.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Cell: \_\_\_\_\_ Address: \_\_\_\_\_

## Day & Time(s) You Would Like to Teach, Yoga Style or Class Name

Day(s) and Time(s) \_\_\_\_\_ Class Name \_\_\_\_\_

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## Rental Fees for 2019

Teach 1 class/week \$30/week, reduced to \$25/week after 3 months with studio.

Teach 2 classes/week \$40/week, reduced to \$35/week after 3 months w studio.

Teach 3 classes/wk - \$50/week 4-5 classes/wk - \$55/week 6-7 classes/wk - \$65/week

Referrals: Refer a yoga instructor who joins us, and get \$25 off your next month's rent.

Rent is due the 30<sup>th</sup> of the month prior to the rental month. Check to: LQ Consulting.

## Commitments & Rights

Your desired commitment to rent the space is for \_\_\_\_\_ months, beginning \_\_\_\_\_ (month/year). Instructors have the right to renew their class times/days, before timeslot(s) offered to another teacher. Instructor commits to giving LQ at least 2 weeks' notice in writing when you plan to stop teaching your class.

Instructor decides what to charge for his/her class(es) and handles & keeps all payments.  
Students sign up online at [www.TriYogawithLQ.com](http://www.TriYogawithLQ.com)

We sell 5 & 10-class passes at the studio, good for any class. \$60 for 5 classes, \$90 for 10. When a class pass is used in your class, LQ reimburses you that pass amount.

Instructors ensure yoga students sign in at each class, and first-timers fill out a waiver. Instructors encouraged to post photos and videos from your class on TriYoga with LQ FaceBook & Instagram pages, and tag your own social media pages.

Instructors expected to sign up at least once/month to teach Sunday 10:30 Yoga & Mimosas class No rental fee- you keep the \$ proceeds and bring your own champagne.

Instructors will provide LQ with 3 good 5x7 photo prints for studio window display, a 100-word bio and five or more digital photos of you in yoga poses.

Laure Quinlivan has the right to audit all classes, gratis. Laure's TriYoga classes are free to instructors. LQ Consulting interns may take any yoga class for free. (they do social media)

Comments or Questions: \_\_\_\_\_

References: (Two Yoga-related and One Personal)

Name \_\_\_\_\_ Cell/Email \_\_\_\_\_

Name \_\_\_\_\_ Cell/Email \_\_\_\_\_

Name \_\_\_\_\_ Cell/Email \_\_\_\_\_

Yoga Certifications and year awarded. (Please attach them with your application)

\_\_\_\_\_

Are you CPR certified? \_\_\_Yes \_\_\_No Do you have insurance? \_\_\_Yes \_\_\_No

Do you have certified instructor friends who will sub your class? \_\_\_\_\_Yes \_\_\_\_\_No

Sub Name \_\_\_\_\_ cell \_\_\_\_\_ email \_\_\_\_\_

Sub Name \_\_\_\_\_ cell \_\_\_\_\_ email \_\_\_\_\_

Return to: [laurequinlivan@gmail.com](mailto:laurequinlivan@gmail.com). 513-520-4809 Cell. Call me with any questions!