



Reiki

Information Sheet

What happens during a Reiki Session?

If an animal is ready to accept Reiki it may approach the person offering this, or may touch, or lie in front of them. During the session they may go to sleep, with their eyes partially or completely closed, and become relaxed. They may sometimes move their body to a different position to allow this part to receive Reiki.

During the session you may see some of the following reactions:

- Quivering nostrils/whiskers
- Muscle twitches/quivering of body
- Licking of lips
- Licking of feet
- Stretching out
- Intermittent tail wagging/tail movement
- Sighing
- Tongue sticking out
- Sneezing/clearing of sinuses
- Increased/decreased breathing rate
- Vocal noises
- Yawning
- Move to change position
- Changes to fur (may stand on end/become fluffed)

Do not be alarmed these responses are perfectly natural.

What may happen after a Reiki Session?


It is advisable to give your animal exercise prior to a session so they can rest if they wish to do so afterwards. Ensure water is available. After a session they may:

- Be tired
- Be highly energised
- Pass urine or faeces more often
- Eat and drink more often

Again do not be alarmed, this is perfectly normal and will soon pass.

Payment methods

Payment can be made prior to the session, or at the session itself, by using any of the following methods:

- ❖  - holistichoundaoa@gmail.com
- ❖ *Cash or card payment* at the session
- ❖ Bank transfer:
Bank: *Cashplus*, Account: *Holistic hound and other animals Limited*,
Sort Code: *08-71-99*, Account number: *00250124*.

Please quote your animal's name for reference.

Privacy Policy

Personal data collected by us will include your name and address, and data relating to the health and history of your animal, as well as any changes that may occur to their health, well-being or performance. You may have access to your data and have the right to request this to be erased. Information will only be shared with the animal's vet or other professionals as requested by you and the animal's vet. Your data will be securely stored for up to 7 years, and will only be used by us for communication with yourself. Should you have a complaint, you have the right to request contact details in order to lodge this

Tel: 07910 155552
Email: holistichoundaoa@gmail.com
Website: www.holistichoundaoanimals.co.uk

