

COLLECT

Almighty Father,
whose will is to restore all things
in your beloved Son, the King of
all:

govern the hearts and minds of
those in authority,
and bring the families of the
nations,
divided and torn apart by the
ravages of sin,
to be subject to his just and
gentle rule;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Jonah 3:1-5. 10

A reading from the book of Jonah.
The word of the LORD came to
Jonah, saying, "Get up, go to
Nineveh, that great city, and
proclaim to it the message that
I tell you." So Jonah set out and
went to Nineveh, according to the
word of the LORD. Now Nineveh
was an exceedingly large city, a
three days' walk across. Jonah
began to go into the city, going
a day's walk. And he cried out,
"Forty days more, and Nineveh
shall be overthrown!" And the
people of Nineveh believed
God; they proclaimed a fast, and
everyone, great and small, put on
sackcloth. When God saw what
they did, how they turned from
their evil ways, God changed his
mind about the calamity that he
had said he would bring upon
them; and he did not do it.

PSALM Psalm 62:5-end

R Wait on God alone in stillness,
O my soul.

Wait on God alone in stillness,
O my soul;
for in him is my hope.
He alone is my rock and my
salvation,

my stronghold, so that I shall not
be shaken.
In God is my strength and my glory;
God is my strong rock; in him is
my refuge. **R**

Put your trust in him always, my
people;
pour out your hearts before him,
for God is our refuge.
The peoples are but a breath, the
whole human race a deceit;
on the scales they are altogether
lighter than air.
Put no trust in oppression; in
robbery take no empty pride;
though wealth increase, set not
your heart upon it. **R**

God spoke once, and twice have I
heard the same,
that power belongs to God.
Steadfast love belongs to you,
O Lord,
for you repay everyone according
to their deeds. **R**

SECOND READING

Hebrews 9:24-28

*A reading from the letter to the
Hebrews.*

Christ did not enter a sanctuary
made by human hands, a mere
copy of the true one, but he
entered into heaven itself, now
to appear in the presence of God
on our behalf. Nor was it to offer
himself again and again, as the
high priest enters the Holy Place
year after year with blood that is
not his own; for then he would
have had to suffer again and again
since the foundation of the world.
But as it is, he has appeared once
for all at the end of the age to
remove sin by the sacrifice of
himself. And just as it is appointed
for mortals to die once, and after
that the judgement, so Christ,
having been offered once to bear
the sins of many, will appear a
second time, not to deal with sin,

but to save those who are eagerly
waiting for him.

GOSPEL Mark 1:14-20

*Hear the gospel of our Lord Jesus
Christ according to Mark.*

After John was arrested, Jesus
came to Galilee, proclaiming the
good news of God, and saying,
"The time is fulfilled, and the
kingdom of God has come near;
repent, and believe in the good
news." As Jesus passed along
the Sea of Galilee, he saw Simon
and his brother Andrew casting
a net into the lake – for they
were fishermen. And Jesus said
to them, "Follow me and I will
make you fish for people." And
immediately they left their nets
and followed him. As he went a
little farther, he saw James son
of Zebedee and his brother John,
who were in their boat mending
the nets. Immediately he called
them; and they left their father
Zebedee in the boat with the
hired men, and followed him.

POST COMMUNION

God of peace,
whose Son Jesus Christ
proclaimed the kingdom
and restored the broken to
wholeness of life:
look with compassion on the
anguish of the world,
and by your healing power
make whole both people and
nations;
through our Lord and Saviour
Jesus Christ.

