**REGARDING INSURANCE/INSURANCE REIMBURSEMENT:**

**Please note that I do not currently accept insurance.**

**Many clients actually prefer to avoid using insurance** **as there are two distinct advantages:**

**1. Confidential information remains solely between the client and provider rather than shared with the insurance company or an employer.**

**2. Insurance coverage requires a diagnosis to justify payment; some clients would prefer to avoid this.**

**Please feel free to ask if you have any questions.**