

Sessions are 50 minutes in length unless otherwise noted. Sessions longer than 50 minutes may incur an additional fee. Please contact us regarding services for children under the age of 12. All services are provided on an "out-of-pocket" basis. Insurance is not accepted.

* *Individual $60*
* *Couple $75*
* *Family (3 or more members) $90*
* *Video*
	+ *Individual $40*
	+ *Couple $50*
* *Telephone (voice) session (30 minutes) $30*
* *Premarital Coaching (6 sessions) $60/session*

*$300 if paid in full in advance*

* *Transportation fee negotiable; in home sessions 15+ miles from therapist’s office*

I/We agree to a fee of $\_\_\_\_\_\_\_\_\_\_

 \_\_\_\_\_ per session

 \_\_\_\_\_ for premarital coaching (6 sessions)

 \_\_\_\_\_ per session

 \_\_\_\_\_ for 6 sessions, paid in advance (prior to start of the first session)

 \_\_\_\_\_ other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*In some cases, fees can be adjusted due to financial limitations; please speak with your coach about alternate arrangements if needed. We do NOT want finances to be a barrier for services.*

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*Signature of Client Date Signature of Client Date*

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*Provider Signature Date*

Holding Hope CoACHING & CONSULTING

Shelley Meyers, MA, MFT

Marriage & Family Therapist

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