

M E N U



Truong Thanh

VIETNAMESE RESTAURANT

www.truongthanhrestaurant.ca



- 📍 2096 Kingsway (& Sidney St.)
Vancouver, BC V5N 2T5
- ☎ (604) 876-9288
- 📍 201 Fourth St - Unit 3, Nanaimo,
BC V9R 1T3
- ☎ (250) 591-6789





Welcome to Trường Thành, home of authentic and exquisite Vietnamese cuisine.

We are committed to using fresh ingredients and meticulously preparing most of the dishes in-house to ensure your satisfaction.

We have been in the business for more than six years and look forward to serving customers for many more years to come.

Proudly family-owned and operated, we are pleased to offer you a memorable dining experience.

Thank you for choosing
Trường Thành Vietnamese Restaurant.

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SINCE 2011

15 YEARS OF TRUONG THANH - A TASTE OF HOME, A STORY OF HEART

15 NĂM TRƯỜNG THÀNH - HƯƠNG VỊ QUÊ NHÀ, CÂU CHUYỆN TỪ TRÁI TIM

In the vibrant city of Vancouver, there is a quiet corner called Truong Thanh — where time slows down and the authentic taste of Vietnam has been preserved for over 15 years.

The story begins with Yen, a humble yet determined woman.

There was no grand opening, only a simple belief:

If you cook with your heart, people will feel it.

Signature dishes:

- Spicy Satay Beef Noodle Soup
- Pho
- Hue Beef Noodle Soup
- Vietnamese family-style rice meals

People come once, then return again and again for years.

Truong Thanh is not just a restaurant.

It is a place where people feel at home.





APPETIZERS

KHAI VỊ / 开胃

1. **Chả Giò Thịt hay Chay (2pc)** 8.95
Vietnamese Spring Rolls: Pork or Veggie 越式炸春卷
2. **Gỏi cuốn / Gỏi Cuốn Chay (2pc)** 8.95
Shrimp or Chicken Salad Rolls / Vegetarian Salad Rolls 蝦沙律卷 / 素食越式炸春卷
3. **Nem Cuốn (2pc)** 8.95
Minced Pork Rolls 猪肉廣卷
4. **Bì Cuốn (2pc)** 8.95
Shredded Pork Rolls 肉絲沙律卷
5. **Roll Combo (Chả Giò, Gỏi Cuốn, Nem Cốm)** 11.55
Vietnamese Spring Rolls, Shrimp Salad Rolls, Minced Pork Rolls
- 6A. **Cánh Gà Chiên Bơ** (6 pc) 7.50 (10 pc) 13.50
Deep-Fried Chicken Wings 炸雞翼
- 6B. **Hoàn Thánh Chiên (8 pc)** 8.95
Deep-Fried Wontons 炸鸡翅
- 6C. **Sủi Cảo Gà (6 pc)** 8.95
Chicken and Veggie Dumplings 鸡肉蔬菜饺子
7. **Đậu Hũ Chiên (12 pc)** 8.95
Deep - Fried Tofu 炸豆腐
8. **Chả Lụa Chiên** 8.95
Deep - Fried Vietnamese Ham 越式火腿
9. **Gà Nướng hay Sườn Nướng Không** (S) 7.50 (L) 13.50
Grilled Chicken / Pork Chops 燒香茅雞扒 / 燒香茅豬扒

VIETNAMESE SUB

BÁNH MÌ / 越南法棍三明治

\$9.95

60. **Bánh Mì Pate Thịt Nguội**
Cold Cut Meat Sub 越式火腿猪肉包
- 60A. **Bánh Mì Nem Nướng**
Minced Pork Sub 烤猪肉香肠法棍
61. **Bánh Mì Gà Nướng**
Grilled Chicken Sub 越式雞肉包
62. **Bánh Mì Thịt Nướng**
Grilled Pork Sub 越式烤猪肉
- 63A. **Bánh Mì Ốp La**
Sunny Side Up Egg Sub 越式煎蛋包



63. **Bánh Mì Bò Xả Ớt**
Lemongrass Beef Sub 香茅辣牛肉三明治

\$11.99

Kindly inform your server prior to ordering if you have any food allergy
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Everyday Special Combo

COMBO A

Phở Đặc Biệt (L) + Chả Giò & Gỏi Cuốn

Special Beef Noodle Soup + Spring Roll or Shrimp Salad Roll

特別牛肉粉 + 越式炸春卷 / 蝦沙律卷

COMBO B

Cơm Gà & Sườn + Chả Giò & Gỏi Cuốn

Grilled Chicken or Pork Chop on Rice + Spring Roll or Shrimp Salad Roll

燒香茅豬扒 / 燒香茅雞扒飯 + 越式炸春卷 / 蝦沙律卷



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BEEF NOODLE SOUP

PHỞ BÒ / 牛肉粉

(S) \$15.50 (L) \$17.95

10. Phở Tái

Rare Beef Noodle Soup 生牛肉粉

11. Phở Chín Nạm

Well Done Beef Noodle Soup 熟牛肉牛腩粉

12. Phở Bò Viên

Beef Ball Noodle Soup 牛肉丸粉

13. Phở Chín, Bò Viên

Well Done Beef, Beef Ball Noodle Soup 熟牛腩, 牛丸粉

14. Phở Tái, Bò Viên

Rare Beef, Beef Ball Noodle Soup 生炒牛肉, 牛丸粉

15. Phở Tái, Sách

Rare beef, Tripe Noodle Soup 生炒牛肉, 牛柏叶粉

16. Phở Tái, Gân

Rare Beef, Tendon Noodle Soup 生炒牛肉, 牛筋粉

17. Phở Tái, Nạm, Gân

Rare Beef, Brisket, Tendon Noodle Soup 生炒牛肉, 牛腩, 牛筋粉

18. Phở Đặc Biệt

House Special Beef Noodle Soup 特别牛肉粉

19. Phở Tái, Chín Nạm

Rare Beef, Well Done Beef Noodle Soup 生炒牛肉, 熟牛腩粉

20. Phở Chín Nạm, Gân, Sách

Well Done Beef Brisket, Tendon, Tripe Noodle Soup 熟牛腩, 牛筋, 牛柏叶粉

21. Phở Chín Nạm, Gân

Well Done Beef Brisket, Tendon Noodle Soup 熟牛腩, 牛筋粉

22. Kids Meal (under 10 year old)

Phở Chín, Bò Viên \$13.00

Well Done Beef, Beef Balls Noodle Soup

Cơm Gà / Sườn \$13.95

Grilled Chicken / Pork Chop on Rice

One Juice Box (apple or orange) Come With Kids Meal



Hủ Tiếu Bò Satay --NEW-- \$18.95

Rare Beef Satay Sauce Rice Noodle Soup (Contains Peanuts) 沙爹牛肉米粉
(Cay, và có chứa đậu phộng/ Spicy & Contains Peanuts/ 辣, 含有花生)



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SPECIAL NOODLE SOUP

特色汤面

\$18.95

23. **Phở Gà**
Free Range Chicken Noodle Soup 雞肉麵條湯
24. **Phở Gà Đặc Biệt**
Free Range Chicken, Chicken Balls, Quail Egg Noodle Soup
雞肉 · 雞肉丸 · 鵪鶉麵條湯
25. **Hủ Tiếu Đồ Biển Khô / Nước (Tôm, Cua, Chả Cá)**
Seafood Rice Noodle (Shrimp, Crab Meat, Fried Fishcake --Soup/Dried)
海鮮粉 (湯/乾撈) 蝦, 蟹柳, 黑魚, 魚丸
26. **Mì Đồ Biển / Khô / Nước (Tôm, Cua, Chả Cá)**
Seafood Egg Noodle (Shrimp, Crab Meat, Fried Fishcake --Soup/Dried)
海鮮麵 (湯/乾撈) 蝦, 蟹柳, 黑魚, 魚丸
27. **Phở Bò Kho**
Beef Stew Noodle Soup 牛腩粉
28. **Bánh Mì Bò Kho**
Beef Stew with French Bread 牛腩麵包
29. **Cơm Bò Kho**
Beef Stew with Rice 牛腩飯



23



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SPECIAL ORDERS

特別推介

30. **Bún Mang Gà** 18.50
Free Range Chicken, Bamboo Shoot with Vermicelli in Soup 雞和竹筍與粉絲湯
32. **Bún Chả Cá Rau Cần Dọc Mùng** 17.50
Fried Fish Cake with Vermicelli in Soup 炸魚餅與粉絲湯
- 32A. **Bún Riêu Cua Và Bánh Đa Cua** 18.95
Crab with Yellow Noodle or Vermicelli on Soup 蟹肉粉絲湯和蟹肉米粉
33. **Bún Chả Cá & Chả Lát Lột Dọc Mùng** 18.50
Fried Fish Cake, Fried Minced Pork with Vermicelli in Soup
炸魚餅 · 炸肉碎冬粉湯蟹肉米粉
34. **Bún Chả Cá & Cá Chiên Dọc Mùng** 20.00
Fried Fish Cake, Fried Fish Meat with Vermicelli in Soup
炸魚餅 · 炸魚肉與粉絲湯
35. **Bánh Canh Tôm / Cua / Chả Lụa** 18.50
Tapioca Noodle Soup with Shrimp / Crab / Vietnamese Pork Sausage
蝦仁 / 螃蟹 / 越南豬肉香腸湯粉
36. **Cà Ri (Bánh Mì/ Cơm/ Bún)** 18.50
Curry (with Bread / Rice / Vermicelli)
咖喱 (麵包 / 米飯 / 米粉)
37. **Miến Măng Gà** 17.95
Free Range Chicken Wrapped in Sugar Cane, Served with Vermicelli
雞肉竹筍冬粉飯



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32A

Kindly inform your server prior to ordering if you have any food allergy
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Bún Bò Huế --- 18.95

Beef Flank in Vermicelli Hot Spicy Soup 順化特別湯



RICE PLATTER

Cơm / 米饭

- | | |
|---|-------|
| 40. Cơm Sườn Xà Bì Trứng
<i>Grilled Lemongrass Pork Chop, Shredded Pork, Egg on Rice</i>
燒香茅豬扒, 肉絲, 煎蛋飯 | 19.95 |
| 41. Cơm Sườn Nướng Sả
<i>Grilled Lemongrass Pork Chop on Rice</i> 燒香茅豬扒飯 | 18.50 |
| 42. Cơm Sườn Bò Nướng Sả
<i>Grilled Lemongrass Beef Short Rib on Rice</i> 燒香茅牛仔骨飯 | 22.00 |
| 43. Cơm Sườn, Nem Nướng
<i>Grilled Lemongrass Pork Chop, BBQ Minced Pork on Rice</i>
燒香茅豬扒飯, 又燒肉碎 | 18.50 |
| 44. Cơm Gà, Nem Nướng
<i>Grilled Lemongrass Chicken, BBQ Minced Pork on Rice</i>
燒香茅雞扒肉, 又燒肉碎飯 | 18.50 |
| 45. Cơm Gà Nướng Sả
<i>Grilled Lemongrass Chicken on Rice</i> 燒香茅雞扒飯 | 18.50 |
| 46. Cơm Gà Nướng, Sườn
<i>Grilled Lemongrass Chicken, Pork Chop on Rice</i> 燒香茅雞扒, 豬扒飯 | 18.50 |
| 47. Cơm Gà Nướng, Thịt Lụi
<i>Grilled Lemongrass Chicken, Pork Brochette on Rice</i> 燒香茅雞肉, 又燒飯 | 18.50 |
| 48. Cơm Gà Nướng, Tôm Nướng
<i>Grilled Lemongrass Chicken, Grilled Prawns on Rice</i>
水稻烤雞肉, 香茅, 烤大蝦 | 18.50 |
| 49. Cơm Gà Nướng, 2 Trứng Ốp la
<i>Grilled Lemongrass Chicken, 2 Eggs on Rice</i> 香茅烤雞肉, 雞蛋水稻 | 18.50 |



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VERMICELLI

Bún / 米粉

- | | | |
|-----|--|-------|
| 50. | Bún Chả Giò, Tôm Nướng, Chạo Tôm
<i>Spring Roll, Grilled Prawn, Prawn Sugarcane with Vermicelli</i>
炸春卷, 烤大蝦, 串燒蝦米粉 | 19.95 |
| 51. | Bún Thịt Nướng, Chạo Tôm
<i>Grilled Pork, Prawn Sugarcane with Vermicelli</i> 串燒香茅豬肉, 串燒蝦米粉 | 18.50 |
| 52. | Bún Thịt Nướng, Chạo Tôm, Chả Giò
<i>Grilled Pork, Prawn Sugarcane, Spring Roll with Vermicelli</i>
串燒香茅豬肉, 串燒蝦, 炸春卷米粉 | 19.95 |
| 53. | Bún Thịt Nướng, Chả Giò
<i>Grilled Pork, Spring Roll with Vermicelli</i> 串燒香茅豬肉, 炸春卷米粉 | 18.50 |
| 54. | Bún Bì, Thịt Nướng, Chả Giò
<i>Grilled Pork, Shredded Pork, Spring Roll with Vermicelli</i>
串燒香茅豬肉, 肉絲, 炸春卷米粉 | 19.95 |
| 55. | Bún Chạo Tôm, Chả Giò
<i>Prawn Sugarcane, Spring Roll with Vermicelli</i> 串燒蝦, 炸春卷米粉 | 18.50 |
| 56. | Bún Chạo Tôm, Nem Nướng
<i>Prawn Sugarcane, Minced Pork with Vermicelli</i> 串燒蝦, 燒肉, 米粉 | 18.50 |
| 57. | Bún Thịt Nướng, Tôm Nướng
<i>Grilled Pork, Grilled Prawns with Vermicelli</i> 串燒香茅豬肉, 烤大蝦米粉 | 18.50 |
| 58. | Bún Gà Nướng, Chả Giò
<i>Grilled Chicken, Spring Roll with Vermicelli</i>
串燒香茅雞肉, 炸春卷米粉 | 18.50 |
| 59. | Bún Thịt Nướng, Nem Nướng, Chạo Tôm
<i>Grilled Pork, Prawn Sugarcane, Minced Pork with Vermicelli</i>
串燒香茅豬肉, 串燒蝦, 燒肉米粉 | 19.95 |



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59A. Bánh Hủ Thịt Nướng Nem Nướng Chạo Tôm hoặc Sườn Bò

Grilled Minced Pork or Prawn, with Vermicelli

22.95

串燒肉, 蝦, 燒肉米粉

Beef Short Ribs Sugarcane, with Vermicelli

24.95

牛仔骨米粉



FAMILY DINNERS

Cơm Phần Gia Đình / 家庭套餐饭

- | | | |
|------|---|-------|
| 64. | Canh Chua Cá Bông Lau
<i>Hot & Sour Fish Soup</i> 越式海鮮酸辣湯粉 | 34.95 |
| 65. | Cá Bông Lau / Thịt Kho Tộ
<i>Vietnamese Braised Fish or Pork</i> 紅燒魚, 或豬肉 | 25.50 |
| 66. | Canh Chua Tôm
<i>Hot & Sour Prawn Soup</i> 越南蝦酸辣湯 | 34.50 |
| 67. | Cá rô Phi Sốt Cà
<i>Deep Fried Tilapia Fish in Tomato Sauce</i> 炸羅非魚茄汁醬 | 27.50 |
| 68. | Cá rô Phi Chiên Dòn
<i>Deep Fried Tilapia Fish</i> 炸羅非魚 | 25.50 |
| 70. | Rau Cần Xào Bò
<i>Stir-fried Beef with Vegetables</i> 牛肉焗炒蔬菜 | 22.50 |
| 70A. | Tôm Xào Tỏi
<i>Stir-fried Shrimp with Garlic</i> 蒜蓉炒蝦 | 25.50 |



64



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66

CHEF'S SPECIAL NEW

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|------|--|-------|
| CS1. | Cơm Chiên Tôm / Gà
<i>Shrimp / Chicken Fried Rice</i> | 21.50 |
| CS2. | Mì Xào Tôm / Gà
<i>Shrimp / Chicken Chow Mein (Fried Noodles)</i> | 21.50 |
| CS3. | Đậu Hũ Chiên Giòn Sốt Cà Chua
<i>Deep-fried Tofu in Tomato Sauce</i> | 18.50 |



CS1



CS2

VEGETARIAN

Món chay / 素食

- | | | |
|------|--|-------|
| VG1. | Bún Chả Giò Đậu Hũ
<i>Deep Fried Tofu and Spring Rolls With Vermicelli</i> 豆腐春卷米粉 | 17.95 |
| VG2. | Phở Chay
<i>Vegetable Rice Noodle Soup</i> 什菜湯粉 | 16.50 |
| VG3. | Cơm Xào Rau Chay Đậu Hũ
<i>Stir Fried Vegetable and Deep-Fried Tofu on Rice</i> 什菜炒飯 | 18.50 |
| VG4. | Cơm Chiên Chay
<i>Vegetarian Fried Rice</i> 素食炒飯 | 19.50 |





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SMOOTHIES

NƯỚC SINH TỔ / 冰沙



69. Iced Vietnamese Coffee with Condensed Milk
Cà Phê Sữa Đá
越式雪啡奶
6.50



71. Hot Vietnamese Coffee with Condensed Milk
Cà Phê Sữa Nóng
越式熱啡奶
6.50



73. Three Kinds of Beans with Milk on Ice
Chè Ba Màu
三色冰
6.50



73A. Red bean & grass jelly with coconut milk
Chè Đậu Đỏ Sương Sáo
Nước Dừa
紅豆冰
7.00



77. Strawberry Smoothie
Sinh Tố Dâu
草莓
7.00



78. Avocado Smoothie
Sinh Tố Bơ
牛油果
7.00



79. Jackfruit Smoothie
Sinh Tố Mít
紅豆冰
7.00



80. Pineapple Smoothie
Sinh Tố Khóm / Dứa
菠蘿冰沙
7.00



81. Mango Smoothie
Sinh Tố Xoài
芒果
7.00



85. Iced Fresh Lemon Drink
Đá Chanh
檸檬水
6.00



86. Iced Fresh Lemon Soda
Soda Chanh
蘇打檸檬水
7.00



87. Salty Lime Soda
Chanh muối
鹽梅蘇打水
7.00



88. Young Coconut
Juice
Nước Dừa
椰子汁
7.00



89. Soft Drinks
Nước Ngọt
汽水
3.00



90A. Durian & Sticky Rice
with Coconut Milk
Sôi Sầu riêng
榴莲
12.00



90B. Mango & Sticky Rice
with Coconut Milk
Sôi Xoài
芒果
15.00

CLASSIC MILK TEA TRÀ SỮA TRUYỀN THỐNG / 经典奶茶

91. Traditional Milk Tea 7.0
Trà Sữa Truyền Thống 传统奶茶

92. Brown Sugar Milk Tea 7.0
Trà Sữa Đường Đen 黑奶茶



SLUSH / SMOOTHIE MILK TEA TRÀ SỮA ĐÁ XAY / 冰沙奶茶

93. Taro Slush 7.0
Khoai môn đá xay 芋头冰沙

94. Matcha Slush 7.0
Matcha Đá Xay 抹茶





Thank You!

SEE YOU AGAIN