

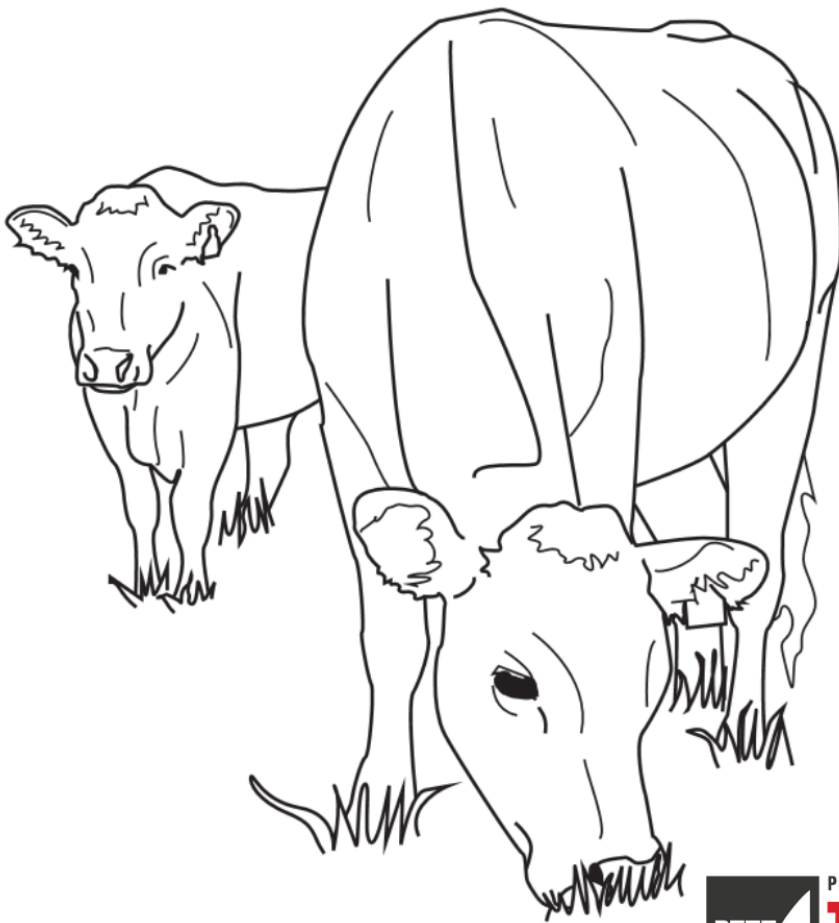
Beef comes from cows!

Steak and hamburgers come from beef cows!

Beef has 10 important nutrients that help your body grow healthy and strong!

Farmers take great care of their beef cows!

The coloring sheet comes from PA BEEF.



Funded by Beef Farmers and Ranchers