

DESSERTS

ALL DESSERTS INCLUDE 1.5 PIECES PER PERSON

Assorted Dessert Tray

Chef's choice of assorted sweet treats and bites

Avocado Chocolate Mousse

Chia Puddings

Ask about our seasonal flavors!

Cookie Tray

Assortment of Chef's choice mini cookies

Brownies & Bars Tray

Mix of brownies, lemon squares and assorted dessert bars

Energy Bites *GF & VGN

An Aneu original and fan favorite! This is one smart cookie

Monkey Bread

A sinfully delicious and shareable treat



BREAKFAST

Acai Bowls *V & GF **

Topped with toasted coconut, berries and toasted almonds

Breakfast Meat Add-on

Bacon, Turkey Bacon, Sausage, Turkey Sausage

Breakfast Sandwiches **

Egg and cheese with your choice of breakfast meat and type of roll

Continental Deluxe

Assorted bagels, tea breads, and pastries served with butter, cream cheese, preserves, and fresh fruit salad

Egg Frittatas

Ask about our seasonal varieties!

Egg "McNuffins" *GF **

Nothing but healthy! Inside out egg and cheese sandwiches with turkey sausage, avocado, tomato and vegan sriracha aioli served with fresh fruit and gluten free scones

Healthy Start

Individual parfaits with housemade granola, vanilla almond yogurt and fresh berries served with homemade scones

Lox and Bagels **

Smoked salmon, hard boiled eggs, diced onions, tomatoes and capers served with cream cheese and bagels

Traditional Breakfast **

Choice of scrambled eggs or veggie frittata with choice of breakfast meat, served with potatoes O'Brien, fresh fruit and homemade scones

Vegan Energy Wraps

Peanut butter, banana, honey and granola in a whole wheat wrap



BEVERAGES

ASK ABOUT OUR SEASONAL FLAVORS, INFUSED WATERS AND PARTY JUG SERVINGS!

16oz. Iced Teas

Hibiscus Mint Tea
Peach Tea
Smart Tea
Unsweetened Tea

16oz. Lemonades

Regular
Ginger Lemonade
Lavender Lemonade
Limeade
Pom-Limeade
Strawberry Lemonade

12oz. Fresh Pressed Juices

ABC
Aneu Day Plus
Anti-Inflammatory
Digestive
Morning C-Breeze
Snap
Summerhouse

3oz. Health Juice Shots

Anti-Inflammatory
Antioxidant
Detox
Metabolic
Purify
Vitality



PICK-UP, POP-UP AND FULL-SERVICE EVENTS

RESIDENTIAL CATERING MENU

AVAILABLE FOR PICK-UP & DELIVERY

1556 East Lancaster Avenue

Paoli, PA 19301

610-251-9600

catering@aneucatering.com

ANEU CATERING.COM



*MENU ITEMS MAY CONTAIN OR COME INTO CONTACT WITH WHEAT, EGGS, PEANUTS, TREE NUTS, AND MILK. PLEASE INFORM OUR STAFF UPON ORDERING OF ANY DIETARY RESTRICTIONS IN YOUR ORDER.

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

6% PA sales tax will be applied to every order. A \$50 setup fee and 18% delivery charge will be added to all delivery orders.

SANDWICHES

Aneu Lunch - TOP SELLER!

Assorted sandwiches and wraps, our famous homemade potato chips, choice of house or caesar salad, seasonal pasta salad, and assorted dessert tray

Croissant Deluxe

Roast beef, ham and brie, tuna salad, chicken salad and caprese sandwiches on our homemade mini croissants, homemade potato chips, choice of house or caesar salad, seasonal pasta salad, and assorted dessert tray

Specialty Hoagie Tray

Traditional Italian, turkey, tuna, roast beef, grilled chicken, ham and vegetarian hoagies with our famous homemade potato chips, choice of house or caesar salad, seasonal pasta salad, and assorted dessert tray

Cheesesteaks

Choice of chicken or beef, served with french onions and ketchup, homemade potato chips and assorted dessert tray

Hot Roast Beef or Turkey Sandwiches

Choice of roast beef with provolone and horseradish aioli, or roast turkey with turkey jus, and served with homemade potato chips and assorted dessert tray

Meatball Subs

Homemade "Mama's Meatballs" with marinara sauce and sharp provolone cheese, served with homemade potato chips and assorted dessert tray

Pulled Pork Sandwiches

Smoked BBQ pork with homemade coleslaw and served with homemade potato chips and assorted dessert tray



SALADS

ALL SALAD PACKAGES INCLUDE ROLLS AND DESSERT TRAY, AND ARE MADE WITH ORGANIC CHICKEN. ASK ABOUT OUR SHRIMP AND SALMON UPGRADES!

Aneu Signature

Field greens, grilled chicken, apples, pistachios, cran raisins, blue cheese and strawberry vinaigrette

Asian Sesame

Field greens, crispy sesame chicken, purple cabbage, mandarin oranges, slivered almonds and soy vinaigrette



Chicken Caesar

Romaine lettuce, grilled chicken, sourdough croutons, parmesan cheese and homemade caesar dressing

Cobb

Romaine and leaf lettuce with grilled chicken, bacon, hard boiled eggs, tomatoes and blue cheese dressing

Southwest

Field greens, blackened chicken, black bean and corn salsa, cheddar jack cheese, avocado, fried tortilla strips and cilantro vinaigrette

Spinach

Baby spinach, grilled chicken, strawberries, slivered almonds, goat cheese, bacon and balsamic vinaigrette

HEALTHY BOWLS

ALL BOWLS ARE SERVED WITH CHOICE OF HOMEMADE BISCUIT OR POTATO CHIPS, AND DESSERT TRAY. ADD SHRIMP OR SALMON FOR \$4.99PPP!

Black Bean & Sweet Potato Bowl *GF

Served over quinoa with avocado and cilantro creme

Curried Lentil & Zucchini Bowl *GF & VGN

Served over fresh spinach with cauliflower and brown rice

Sesame Noodle Bowl

Served over cabbage, edamame and red peppers with sesame-peanut sauce

Taco Bowl

Served over Mexican rice and topped with chicken, lettuce, cheese, salsa and avocado

Vegan Crunch Bowl *VGN

Served over cabbage with butternut squash and farro salad, with seasonal fruit and avocado



CASSEROLES & BAKES

HALF TRAY SERVES 6-10 GUESTS. FULL TRAY SERVES 16-20 GUESTS.

Aneu Chicken & Pasta

Arroz con Pollo *GF

Baked Ziti

Bruschetta Chicken Bake

Cajun Chicken Pasta

Chicken Pot Pie

Chili -- Beef or Vegan

Corn & Bacon Bake

Green Bean Casserole

Lasagna -- Meat

Lasagna -- Cheese

Mac & Cheese

Meatballs

Penne Rosa with Zucchini "Meatballs"

Pasta Pasta with Chicken & Veggies

Potatoes Au Gratin

Shepherd's Pie

Shrimp & Grits

Spaghetti Squash Bake

Spanakopita

Sweet Potato Casserole

Turkey Sausage Pasta with Veggies and White Wine Sauce



ENTREES

ALL ENTRÉES ARE PRICED PER PIECE, PER PERSON

Aneu Chicken

Braised Short Ribs

Burritos -- Chicken or Beef

Chicken Francaise

Chicken Piccata

Chicken Marsala

Chicken Parmesan

Chicken Tenders

Coconut Chicken

Crab Cakes

Eggplant Parmesan

Enchiladas -- Beef, Chicken or Spinach

Impossible Meatloaf

Lemon Dill Salmon

Orange Ginger Glazed Salmon

Panko Crusted Salmon

Quesadillas -- Chicken or Beef

Salmon Provencal

Sesame Chicken

Stuffed Peppers -- Beef or Vegan

Turkey Meatloaf



SIDE DISHES & SIDE SALADS

PRICED BY THE HALF POUND AND SOLD IN HALF-PINT, PINT, AND QUART SIZE CONTAINERS

Broccoli Salad

Cauliflower Risotto

Citrus Edamame

Coleslaw

Fried Rice

Garlic Parmesan Potatoes & Broccoli

Green Bean Almondine

Harvest Salad

Jasmine Rice

Kale & Quinoa Salad.

Lemon Orzo Salad

Mango Chicken Salad

Mashed Potatoes

Mexican Rice

Pesto Pasta Salad

Picnic Pasta Salad

Protein Pasta Salad

Richard's Chicken Salad

Roasted Brussels Sprouts

Roasted Sweet Potato Wedges

Roasted Vegetables

Sriracha Cauliflower

Thai Noodle Salad

Tuna Salad

Vegan Tuna Salad

Wild Rice



SNACKS, APPS & MORE!

SIMPLY LET US KNOW HOW MANY GUESTS YOU WILL HAVE FOR SERVICE AND OUR CHEFS WILL MAKE SURE THERE IS PLENTY FOR EVERYONE!



Party Trays

-- priced per person

Artisan Cheese Tray

Charcuterie Tray

Mediterranean Tray

Vegetable Crudité Tray

Fresh Fruit Tray

Energy Bites (2 per person)

Homemade Trail Mix

Homemade Granola Bars

Soft Pretzel Tray

Chips

-- priced per bag

Homemade Flour Tortilla Chips

Homemade Corn Tortilla Chips

Homemade Potato Chips

Grilled Pita Points

Pesto-Garlic Crostini

Dips & Spreads

-- available in 8oz. & 16oz

Artichoke Parmesan Dip

Guacamole

Hummus

Salsa

Spinach & Tomato Dip

Tomato Bruschetta

Hors d'Oeuvres

-- priced per dozen

Arancini

Bacon Wrapped Scallops

Beef Quesadillas

Buffalo Chicken Spring Rolls

Cheesesteak Spring Rolls

Chicken Quesadillas

Coconut Chicken Bites

Crispy Asiago Asparagus

Duck Spring Rolls

Fig & Mascarpone Phyllo

Beggar's Purse

Mini Crab Cakes

Mini Filet Wellingtons

Mini Florentine Quiche

Mini Hot Dogs

Mini Pepperoni Calzones

Mini Potato Pancakes

Raspberry & Brie Pastries

Shrimp Potstickers

Stuffed Mushrooms

Vegetable Spring Rolls

