

Agreement for Private & Rehabilitative Tennis Instruction

This agreement is made between Forester Dean, DC DBA Spine Sync, known as *the instructor*, operating in the City of Manhattan Beach holding a valid City contractor's license to instruct tennis at authorized locations, and with

Name: _____ (print), known as *the student*

Residing at: _____ (Street/Apt)

_____ (City, State, Zip)

Cell Phone: _____ or _____ (other contact)

Email: _____ @ _____

Authorization to treat/teach a minor is made by the Lawful Guardian: _____ (name)

This Agreement exists to bind the instructor and the student, known as *both parties*, with the intent to teach/learn conservative safe, effective, and rehabilitative basic & intermediate tennis skills commonly performed in the sport of tennis, known as *the lesson*. Both parties agree to engage with the usual and expected tennis sport/court ethics, rules and regulations set by the industry the instructor, and by the City of Manhattan Beach. The student/s will be appropriately equipped with court attire, court shoes, fitted racquet, water, and other items as explained by the instructor. The instructor provides tennis balls and training equipment. The student/s **MUST** arrive 10-15 minutes early to warm-up, check-in, and assist to set up the court. If the student/s is not ready at the top of the hour, known as *the reserved lesson time*, the lesson is cancelled without refund. Each lesson is 55 minutes, ending 5 minutes before the top of the hour to clear the court. The instructor can terminate any lesson without refund if the student's performance is unprofessional, un-sportsman-like, or violates the rules and regulations set forth by the City of Manhattan Beach. Cancellations are required 24 hours in advance of the lesson by texting 310-663-8602. Cancellation with less than 24 hours may incur a minimum \$50 fee, or the rate paid for that lesson. Lessons are pre-paid prior to the beginning of the reserved lesson time by: cash, check, Zelle, Paypal, or credit/debit cards (require a 3 % processing fee.) Pre-paid lessons are transferrable with approval by the instructor that will not be unreasonable withheld, and must be used within 90 days. Student/s pre-pays all court and other fees. Courts are available on a reservation request/approval basis provided by the City of Manhattan Beach. 10 days notice of your requested time slots is appreciated.

Lesson Rates (55 minutes of instruction)	Kids 8-16	\$60 (1 lesson), \$275 (5 lessons), \$525 (10 lessons) Additional players add \$20 each
	Adults	\$120 (1 lesson), \$575 (5 lessons), \$1100 (10 lessons) Additional players add \$30 each

Court Reservation Rate \$15/lesson-hr

Ball Machine Rate: \$10/lesson-hr

Release of Liability: Tennis is a great way have fun, get essential exercise, learn a new sport, and interact socially. Safe Play will be encouraged by the instructor in order to minimize controllable injuries. By focusing on good form, the risk of injuries is greatly reduced. Tennis play on hard courts may cause exercise induced conditions and involves player assumed risk. The potential and known risks include but are not limited to: muscle and connective tissue strain, muscle spasm, joint compression, excessive joint range of motion, joint and muscle pain, elevated blood pressure and heart rate, shortness of breath, exercise induced asthma, overheating, seizure, exercise induced incontinence, nausea, dizziness, blackout, headache, low blood sugar, dehydration, and may include risk of falling. Any existing known and unknown injuries or conditions may be exacerbated.

I, _____ (print name) do hereby acknowledge and understand that I choose to participate in supervised physical activity under potentially strenuous conditions which are necessary to promote the desired health and skill benefits typical of tennis activities. I understand that supervision is not a guarantee against injury, physical risk, harm, or complications arising from injury. Medical clearance from your managing health care provider or managing physician does not guarantee absence of risk or harm.

Student /Guardian signature: _____ Date: _____