



## Altoona Youth Softball & Baseball 2021 COVID-19 Guidelines

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1. WHAT IF ATHLETE IS SICK OR EXPOSED
  - a. Any student-athlete that has symptoms and/or fever should not participate in any activity (meetings, practice, competition).
  - b. If your child has a positive COVID test you should follow the guidelines set forth by Eau Claire County. Eau Claire County COVID information can be found on their website:  
<https://coronavirus-and-covid-19-information-hub-eccounty.hub.arcgis.com/pages/covid-19-diagnosed-or-close-contact>
  - c. If your child is considered a close contact, they are required to stay away from team activities (practice/games) for a period of 7 days. They may return on the 8<sup>th</sup> day if they have had no symptoms. If the athlete returns on day 8 a mask is recommended for the next week of practice.
2. Equipment:
  - a. When possible, players should use their own equipment (batting helmet, bats, gloves etc)
  - b. Coaches must sanitize shared equipment before and after each game.
  - c. Dugouts – No dugouts should be used during practice. Dugouts should be permitted only during games. Players should maintain social distancing unless they are actively participating in the game.
3. Practice and Game Protocol:
  - a. Practice – Coaches are responsible for ensuring social distancing is maintained between players as much as possible.
  - b. Pitcher licking fingers – If a pitcher touches their mouth, a dead ball is called, and the pitcher must sanitize their hands. If they touch the ball after going to their mouth, call a dead ball, remove the ball from play to be sanitized and the pitcher sanitize their hands.
  - c. Players, coaches, and umpires are encouraged to provide their own hand sanitizer.
4. Other Hygiene Considerations
  - a. Any equipment that is shared should be cleaned and disinfected prior to and immediately following each use and each meet. Be responsible for your own supplies.
  - b. Each athlete should bring their own hydration/water bottles – no sharing.
  - c. Athletes, coaches, and officials are encouraged to provide their own hand sanitizer.
  - d. Emphasize to avoid touching the face throughout practice and competition.
5. Help to minimize on field contact.
6. No team beverage/water coolers are allowed. Each player should have their own labeled water bottle.
7. Sunflower seeds, bubble gum and any other shared food are prohibited for players and coaches.
8. Concessions will be run in a capacity that follow the guidelines from State & Local health departments.
9. Players can wear PPE if they choose as long as it does not pose an injury risk to themselves or others on the field. This is optional not required.
10. Bathrooms will be open subject to city staff availability to clean and sanitize properly.