

## "Operation 22 to Zero".

Michele started out for a short tour in January and had the pleasure of meeting up with a lot of Veterans. Let's take an overview.



Massachusetts Maritime Academy

Michele had the pleasure of being a guest speaker at Celebrate Recovery in Umatilla, Florida. Thanks go out to Joe for the invitation as the support given to me from Joe and Kathleen, as well as Cheryl Yax. It was a pleasure.



Red Friday T-Shirts \$25.00 each with free shipping Order today on our website. Please wear red on Fridays till all our tours are home!!





## **Articles Released**

On January 13<sup>th</sup> Michele had the privilege of being interviewed by podcast by RV Advisor. Here is the link to the Youtube.com so you can listen to the interview. It is amazing that Michele can get her story out there to so many people to hear. She is a amazing person and working toward a great cause.

## https://youtu.be/Y7cyoLmnQWs

An article was released from VA regarding CBD oil and how they believe it may help Active Duty Military and Veterans who are suffering from Anxiety, depression, and PTSD.



https://va.org/can-cbd-oil-help-with-anxiety-ptsd-in-veterans/

**Veterans ASCEND** is a job placement for Veterans and Military spouses. Reach our today it doesn't matter whether you're a transitioning active duty member or have a been a veteran fir many years. Their mission I hep you find the career that is worthy of your talents.

https://veterans.veteransacend.com/

**Volunteers are needed for National Veteran Resources.** It would help to find dedicated individuals that would be willing to give up a few hours a week to help in our mission. We are in needed of someone to help in Marketing, Fundraising, reach out to get sponsorships.

If you are interested in joining our team please reach out to Maryanne at: <a href="mailto:support@nationalveteranresources.com">support@nationalveteranresources.com</a>

Remember to follow Michele on tour at <u>www.nationalveteranresources.com</u> also on National Veteran Resources Facebook page. Looking forward to an exciting year in 2020.

Donations are always accepted through the website, for our mission.